

Publications

All publications listed below are refereed.

In Press

- Connell Bohlen, L., Emerson, J., **Rhodes, R.E.**, & Williams, D.M. (in press). A systematic review and meta-analysis of the outcome expectancy construct in physical activity research. *Annals of Behavioral Medicine*.
- Kulis, E., Szczuka, Z., Keller, J., Banik, A., Boberska, M., Kruk, M., Knoll, N., Radtke, T., Scholz, U., **Rhodes, R.E.**, Luszczynska, A. (in press). Collaborative, dyadic, and individual planning and physical activity: A dyadic randomized controlled trial. *Health Psychology*.
- Kwan, M., Brown, D., Dutta, P., Haider, I., Cairney, J., & **Rhodes, R.E.** (in press). Application of the Multi-Process Action Control Model to predict physical activity during late adolescence. *Journal of Sport & Exercise Psychology*.
- Maltagliati, S., Sarrazin, P., Isoard-Gautheur, S., **Rhodes, R.E.**, Boisgontier, M.P., & Cheval, B. (in press). I sit but I don't know why: Integrating controlled and automatic motivational precursors within a socioecological approach to predict sedentary behaviors. *Research Quarterly for Exercise and Sport*.
- Moore, S., Faulkner, G., **Rhodes, R.E.**, Vanderloo, L., Ferguson, L., Guerrero, M., Brussoni, M., Mitra, R., O'Reilly, N., Spence, J., Chulak-Bozzer, T., & Tremblay, M. (in press). Few Canadian children and youth were meeting the 24-hour movement behaviour guidelines 6-months into the COVID-19 pandemic: Follow-up from a national study. *Applied Physiology, Nutrition, and Metabolism*.
- Pfeffer, I. & **Rhodes, R.E.** (in press). Physical activity across the lifespan: Personality, physical activity and sedentary behavior. In J. Schüler, M. Wegner, H. Plessner & R. Eklund (Eds.), *Sport Psychology: Theory and Practice*: Springer.
- Rasera, M., Jayasinghe, H., Parker, F., Short, C.E., Conroy, D.E., Jackson, B., Dimmock, J.A., **Rhodes, R.E.**, de Vries, H., Vandelanotte, C., & Rebar, A.L. (in press). An early phase trial testing the proof of concept for a gamified smartphone app in manipulating automatic evaluations of exercise. *Sport, Exercise, and Performance Psychology*.
- Schumacher, L.M., Thomas, J.G., Wing, R.R., Raynor, H.A., **Rhodes, R.E.**, & Bond, D.S. (in press). Sustaining regular exercise during weight loss maintenance: The role of consistent exercise timing. *Journal of Physical Activity & Health*.
- Schwartz, J., Oh, P., Perotto, M.B., **Rhodes, R.E.**, Firth, W., Bredin, S.S.D., Gaytán-González, A., & Warburton, D. (in press). A critical review on new approaches for chronic disease prevention in Brazil and Canada: From holistic dietary guidelines to physical activity security. *Frontiers in Cardiovascular Medicine*.
- Wright, C.E., **Rhodes, R.E.**, Ruggiero, E.W., & Sheeran, P. (in press). Benchmarking the effectiveness of interventions to promote physical activity: A meta-synthesis. *Health Psychology*.

- Beauchamp, M.R., Hulteen, R.M., Ruissen, G.R., Liu, Y., **Rhodes, R.E.**, Wierts, C.M., Waldhauser, K.J., Harden, S.M., & Puterman, E. (2021). Online-delivered group and personal exercise programs to support low active older adults' mental health during the COVID-19 pandemic: A randomized controlled trial. *Journal of Medical Internet Research*, 23(7), e30709.
- Beauchamp, M.R., Liu, Y., Dunlop, W.L., Ruissen, G.R., Schmader, T., Harden, S.M., Wolf, S.A., Puterman, E., Sheel, A.W., & **Rhodes, R.E.** (2021). Psychological mediators of exercise adherence among older adults in a group-based randomized trial. *Health Psychology*, 40(3), 166-177.
- Branscum, P., Williams, D., & **Rhodes, R.E.** (2021). Are current elicitation techniques for barriers and enablers confounded with motivation? How natural language may hinder theory-guided research. *British Journal of Health Psychology*, 26(3), 839-860.
- Davis, J.C., Khan, K., Mansournia, M.A., Khosravi, A., **Rhodes, R.E.**, Chan, P., Zhao, M., Jehu, D.A., Parmar, N., & Liu-Ambrose, T. (2021). A 'case-mix' approach to understand adherence trajectories for a fall prevention exercise intervention: Longitudinal cohort study. *Maturitas*, 147, 1-6.
- Davis, J.C., **Rhodes, R.E.**, Khan, K.M., Mansournia, M.A., Khosravi, A., Chan, P., Zhao, M., Jehu, D.A., & Liu-Ambrose, T. (2021). Cognitive function and functional mobility predict exercise adherence in older adults who fall. *Gerontology*, 67(3), 350-356.
- Divine, A., Blanchard, C., Naylor, P.J., Benoit, C., Symons-Downs, D., **Rhodes, R.E.** (2021) Effect of housework on physical activity during transitions to parenthood. *Women & Health*, 61(1), 50-65.
- Duan, Y., Shang, B., Liang, W., Du, G., Yang, M., & **Rhodes, R.E.** (2021). Effects of eHealth multiple health behavior intervention for physical activity, healthy diet and weight in people with non-communicable diseases: A systematic review and meta-analysis. *Journal of Medical Internet Research*, 23(2), e23786.
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- Jarvis, J.W., Berry, T.R., Carson, V., **Rhodes, R.E.**, Lithopoulos, A., & Latimer-Cheung, A.E. (2021). Examining differences in parents' perceptions of children's physical activity versus screen time guidelines and behaviours. *Journal of Paediatrics and Child Health*, 57(9), 1448-1453.
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- Lim, C., Wharf Higgins, J., & **Rhodes, R.E.** (2021). F.I.D.O. (Frequency, Intensity, Duration, & Outcomes): A feasibility randomized controlled trial. *Human-Animal Interaction Bulletin*, 9(1), 76-127.
- Liu, S., Perdew, M., Lithopolous, A., & **Rhodes, R.E.** (2021). The feasibility of using Instagram data to predict exercise identity and physical activity levels: A cross-sectional observational study. *Journal of Medical Internet Research*, 23(3), e20954.

- Liu, S., **Rhodes, R.E.**, Lithopoulos, A., Garcia-Barrera, M., Zhang, C.Q. (2021). Personality and perceived stress during COVID-19 pandemic: Testing the mediating role of perceived threat and efficacy. *Personality and Individual Differences*, 168(1), 110351.
- Perdew, M., Liu, S., **Rhodes, R.E.**, Ball, G., Masse, L., Hartrick, T., Strange, K., & Naylor, P.J. (2021). The effectiveness of a blended in-person and online family-based childhood obesity management program. *Childhood Obesity*, 17(1), 58-67.
- Phipps, J.D., Hannan, T.E., **Rhodes, R.E.**, & Hamilton, K. (2021). A dual-process model of affective and instrumental attitudes in predicting physical activity. *Psychology of Sport & Exercise*, 54, 101899.
- Rebar, A.L., Hamilton, K., **Rhodes, R.E.**, & Gardner, B. (2021). Habit facilitates actioning sun protective behavior intentions. *Behavioral Medicine*, Online First, 1-7.
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- Rhodes, R.E.**, La, H., Quinlan, A. & Grant, S. (2021). Enacting physical activity intention: A multi-process action control approach. In C. Englert & I. Taylor (Eds.), *Motivation and Self-Regulation in Sport and Exercise* (pp. 8-20). New York: Taylor & Francis.
- Rhodes, R.E.**, Quinlan, A., Naylor, P.J., Warburton, D.E.R., & Blanchard, C.M. (2021). Predicting family and child physical activity across six-months of a family-based intervention: An application of theory of planned behavior, planning and habit. *Journal of Sports Sciences*, 39(13), 1461-1471.
- Rhodes, R.E.** & Sui, W. (2021). Physical activity maintenance: A critical review and directions for future research. *Frontiers in Psychology, section Health Psychology*, 12, 725671.
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- Spence, J.C., **Rhodes, R.E.**, McCurdy, A., Mangan, A., Hopkins, D., & Mummery, W.K. (2021). Determinants of physical activity among adults in the UK during the COVID-19 pandemic: The DUK-COVID study. *British Journal of Health Psychology*, 26(2), 588-605.
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