

Publications

All publications listed below are refereed.

In Press

Hollman, H., Vanderloo, L.M., Duncan, M.J., Faulkner, G., Tremblay, M.S., O'Reilly, N., Lee, E.-Y., Spence, J.C., & **Rhodes, R.E.** (In Press). Characteristics of Canadian adult physical activity persona profiles. *Journal of Physical Activity and Health*.

Li, J., Potter, M., Hwang, Y. Boyd, M., Moldenhauer, R. Hills, J., Naylor, P.J., **Rhodes, R.E.**, Liu, S., Buckler, J., & Carson, V. (in press). Psychometric properties of a virtual physical literacy assessment for preschool-aged children. *Australasian Journal of Early Childhood*.

Rhodes, R. E., Lee, A. S. Y., & Brennan, C. (in press). The motivational basis of physical activity. In M. E. G. Armstrong, K. Gebel, R. Macniven, M. Western, & A. Bauman (Eds.), *Routledge Handbook of Physical Activity and Health*. Routledge.

2026

Alberga, A.S., Forouhar, V., Valentina Lurye, V. Adamo, K.B., Avery, S., Ball, G.D.C., Farnesi, B.C., Gaudet, L., Nagpal, T.S., Piccinini-Vallis, H., Ramos-Salas, X., **Rhodes, R.E.**, Vallis, M., Cook, J., Graham, T.M., Stanworth-Belleville, K., & Cohen, T.R. (2026). Conversation cards for pregnancy: A protocol for a multi-methods study. *Pilot and Feasibility Stud.* <https://doi.org/10.1186/s40814-026-01793-y>

Hollman, H., Davenport, M.H., Liu, S., & **Rhodes, R.E.** (2026). Postpartum physical activity action control – is it impacted by the presence of pregnancy-related lumbopelvic pain? *International Journal of Sport and Exercise Psychology*, 1–22.

Kompf, J.M., & **Rhodes, R.E.** (in press). Daily predictors of resistance training behavior among glucagon-like peptide 1 users. *Translational Journal of the American College of Sports Medicine*. DOI:[10.1249/TJX.0000000000000347](https://doi.org/10.1249/TJX.0000000000000347)

Kracht, C.L., Blanchard, C.M., Symons Downs, D., Beauchamp, M.R. & **Rhodes, R.E.** (2026). The association between paternal housework and childcare with parents' health in the postpartum period. *Midwifery*, 157, 104777. <https://doi.org/10.1016/j.midw.2026.104777>

Kracht, C. L., Berge, J. M., LeBlanc, M., Newton, R. L., Jr., **Rhodes, R. E.**, Bolamperti, G., Snodgrass, M., & Redman, L. M. (2026). A home-based intervention to improve adherence to the 24-hour movement guidelines in young children: Protocol for a mobile app-based randomized control trial. *JMIR Research Protocols*, 15, e75621. <https://doi.org/10.2196/75621>

Lee, A. S. Y., Rudner, B. A., **Rhodes, R. E.**, & Harper, N. J. (2026). From Nature to Strength: A Proof-of-Concept Study Integrating a Nature-Based Intervention with Virtually Supported Resistance Training in Young Men. *Healthcare*, 14(7), 937. <https://doi.org/10.3390/healthcare14070937>

- Lee, E.-Y., Vanderloo, L. M., Faulkner, G., Jeon, J. Y., **Rhodes, R. E.**, & Spence, J. C. (2026). Climate change and youth in South Korea: A gendered analysis of psychosocial and behavioral profile. *The Journal of Climate Change and Health*, 28, 100663. <https://doi.org/10.1016/j.joclim.2026.100663>
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- Spence, G.B and **Rhodes, R.E.**, (2026). Affective Reappraisal of Physical Activity Using Guided Autobiography: A Proof-of-Concept. *Journal of Physical Activity Research*. 2026; 11(1):10-20. doi: 10.12691/jpar-11-1-2
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Hollman, H., Vanderloo, L.M., Duncan, M.J., Faulkner, G., Lee, E.-Y., Spence, J.C., Tremblay, M.S., & **Rhodes, R.E.** (2025). The development of a physical activity persona profile classification for public education campaigns. *Journal of Physical Activity and Health*. Advance online publication.

Hough, S. B. E., Graham, C. A., Lee, A. S. Y., & **Rhodes, R. E.** (2025). Dog and guardian relationships: Application of a dual-process actor–“partner” interdependence model to predict regular walking. *Behavioral Sciences*, 15(5), Article 607. <https://doi.org/10.3390/bs15050607>

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Kompf, J. M., & **Rhodes, R. E.** (2025). Predictors of resistance training behavior among glucagon-like peptide-1 medication users. *Translational Journal of the ACSM*, 10(1), e000279. <https://doi.org/10.1249/TJX.0000000000000279>

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Brennan, C., O'Donoghue, G., Keogh, A., **Rhodes, R. E.**, & Matthews, J. (2024). "It's what mothers do": A qualitative exploration of mothers' experiences of supporting their daughter to be physically active. *PLOS ONE*, 19(4), Article e0303456. <https://doi.org/10.1371/journal.pone.0299260>

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