Grants

Investigators	Period	Project Title	Agency	Amount
Lee, A.S.Y., & Rhodes., R.E.	2026	Exploring Together: Family Functioning through NatureKids BC Explorer Days	Social Sciences and Humanities Research Council of Canada (SSHRC)	$47,936
Rhodes, R.E.	2026	Horizon Europe International Mobility Award (IMA) for Travel	Mitacs	$5,000
Rhodes, R.E. (PI), Wake, S., Lee, A.S.Y., & McKay, E.	2026-2028	Prototyping a smartphone application (APP) to improve patient handling and reduce musculoskeletal injury time-loss rate.	WorksafeBC Proof of principle and prototyping grant.	$100,000
Brennan, C., O'Donoghue, G., Matthews, J., **Rhodes, R. E.**, Liu, S.	2025	Co-creating a School-Research Partnership Empowering Mothers to Support Their Daughters' Physical Activity	SSHRC Partnership Engage Grant	$25,000
Liu, S., Kwan, M., Ames, M., Buckler, G., Ruissen, G., **Rhodes, R. E.,** McCormack, G.	2025	Examining the Impact of Smartphone Use on Movement Behaviours and Wellbeing Across the Transition into Emerging Adulthood	SSHRC Insight 2025	$390,817

Valerie, C., **Rhodes, R. E.,** Naylor, P.J., Potter, M., Liu, S., Buckler, J., Mitchell, D.	2025	Building a new partnership to spread a parent-focused physical literacy program for early childhood called PLAYshop	SSHRC Partnership Engage Grant	$25,000
Kwan, M. Y. W., McCormack, G., Konopaki, J., Hosein, K., Kandasamy, S., Aghajafari, F., Aubertin, P., Barrick, S., Buckler, J., Emery C., Faulkner, G., Gabel, L., Georgiades, K., Hall, N., Harris, S., Hayhurst, L.M, Kilborn, M., Legg, D., Liu, S., Lou, N.M., Manyanga, T., Ramey, J., **Rhodes, R. E.**, Richard, V., Robinson, D., Salami., O., Sim, M.L.S., Stone, M., Van Wyk, N., Vanderloo, L., Wahi, G., Woodend, J., Wu, Haorui, & Yi, K.J.	2025-2030	Building a pan-Canadian community of practice: The **C**reating **O**pportuniti es through **P**hysical **L**iteracy for **A**ll newcomer children and **Y**outh (Co-PLAY) Hubs	SSHRC Partnership Grant	$2,500,000
Beauchamp, M. R., Lubans, D. R., **Rhodes, R. E.**, Ruissen, G. R., Liu, Y., Liu, S. S. L., Rebar, A. L., Puterman, E., & Swann, C.	04/2025-03/2030	The 'Global Goals Project': An international randomized trial to examine the effectiveness of open goals to promote physical activity	SSHRC Insight Grant	$359,963
Kwan, M., **Rhodes, R.** E., Liu, S., Bray, S., Bourke, M., Brown, D., Wang, S. D., Yang, C.,	2025-2029	Sustaining physical activity during transition into emerging adulthood	SSHRC Insight Grant	$353,390

Cairney, J., & Kandasamy, S.				
Liu, S., Paterson, T. S. E., **Rhodes, R. E**., & Rush, J.	2025	Implementing Virtual Reality for Cognitive Engagement and Social Interaction in Community-Based Settings for Aging Populations	SSHRC Partnership Engage Grant	$24,997
Rhodes, R.E., Beauchamp, M.R., Blanchard, C.M., Bouchard, D., Liu, S.X., Strachan, S. M., & Vanderloo, L.M.	2025-2030	Reframing Retirement: An Examination of Identity Change and Self-Regulation Approaches to Promote Physical Activity	Canadian Institute of Health Research, Social Dimensions in Aging	$615,825
Conroy, D., Abdullah, S., Almeida, D., Calo, W., Hakun, J., Lagoa, C., Maher, J., Oravecz, Z., Sciamanna, C., Sliwinski, M., **Rhodes, R.E.,** & William, B.	04/2024-03/2029	Penn State Roybal Center for Promoting Adherence to Behavior Change and Enhancing Cognitive Function	National Institute on Aging	$5,698,199
Liu, S., Ames, M., Buckler, J., Chester, S., Paterson, T., **Rhodes, R.E.,** Rush, J., & Turner, B.	2024	Planning for a mobile health research and knowledge translation platform for chronic disease prevention and management	Canadian Institute of Health Research, Planning and Dissemination Grants.	$9857.50.
Ames, M., Bucker, J., Rush, J., **Rhodes, R.E.,** Liu, S., Garcia-Barrera, M., & Craig., S.	April 1, 2024 -	Testing a Novel Model of the Bidirectional Associations between the Canadian 24-hour Movement Behaviour	SSHRC Insight Grant	$91,334

		Guidelines and Emotion Regulation in Adolescents' Daily Lives		
Lou, N. M. (PI), Chou, F., Costigan, C., Kil, H., Liu, S., **Rhodes, R.E.** (co-apps), Mah, J. Quan C. (collaborators).	2024-2027	Development of a digital education program to promote mental health among East Asian Canadian families	SSHRC Insight Grant	$ 96,201
Trinh, L. (PI), Alibhai S., Campbell, K., Chan, B., Chang, E., Colella T., Langelier, D., McAuley, E., Oh, P., & **Rhodes, R.E.** (Co-PI's listed in alphabetical order)	April 1, 2024-March 31, 2029	A Randomized Controlled Trial Adding Behavioural Counselling to Supervised Physical Activity in Cancer Survivors	Canadian Institutes of Health Research (CIHR) Project Grant	$713,745
Blanchard, C.M. (PI), Jones, J. (Co-PI), Grandy, S., Theou, O., Kendall, C., Shepherd, T., & **Rhodes, R.E.**	2024-2027	Development of an intervention to increase moderate to vigorous physical activity and reduce sedentary time in people living with inflammatory bowel disease.	Nova Scotia Health – Research Fund	$99,350
Rhodes, R.E.	2023-2025	VR Fitness: Randomized Controlled Trial	Meta Platforms Inc	$462,094 for 2 years
Rhodes, R.E. & Hollman, H.	January 1, 2024 – August 31, 2024.	To enhance translation of the intention-physical activity gap amongst Canadian adults by integrating the multi-process action control	Mitacs Accelerate	$15,000

		framework into the ParticipACTION app		
Rhodes, R.E. Beauchamp, M.R., Blanchard, C.M., Carson, V., Madigan, S., Strachan, S., & Vanderloo, L.	2023-2028	"All in the Family: Promoting Family Function through Physical Activity."	SSHRC Insight Grant	$359,980
Robinson, D.J., Warburton, D.E.R., Bredin, S.S.D., Perotta, A.S., Miles, R., Oh, P., & **Rhodes, R.E.**	2023-2024	"Empowering Indigenous Youth with KIJIKATIG Carving to Strengthen Wholistic Health and Wellness"	CIHR Project Grant	$99,881
Trinh, L., Adams, S., Campbell, K., Chang, E., Langelier, D., McAuley, E., Oh, P., & **Rhodes, R.E.**	2023-2024	A Randomized Controlled Trial Adding Behavioural Counselling to Supervised Physical Activity in Cancer Survivors	CIHR Project Grant	$100,000
Rhodes, R.E. & Manankil-Lakusta, A.	2022	Evaluating the efficacy of a 91-day self-talk mental health self-care journal	Mitacs Accelerate	$15,000
Rhodes, R.E. (PI), Beauchamp, M.R., Blanchard, C.M., Carson, V., Smith, K. Strachan, S. Vanderloo, L., Koutsodimos, R.	2022-2025	"We are an Active Family": Promoting Child Physical Activity through Social Identity Formation in the Family System	Diabetes Canada – End Diabetes Award	$300,000
Bouchard, D.R., Graham, I., Sibley, K., Kehler, D.S., Dogra, S., Senechal, M., Cleland, C., Copeland, J., **Rhodes, R.E.**, Herman, K., Dionne, I., Byrne, J., Saunders, T., McDonald, T., Richard, L., Battistini, B., McCain, J.E., & Albert, W.J.	2022-2028	Understanding how to Attract, Adapt, Implement and Sustain an evidence-informed fall prevention exercise program in Community Settings: The AAIMS project	CIHR Team Grant: Health Cities Implementation Science (HCIS) Team Grants	$2,992,083

Burrel, S. & **Rhodes, R.E.**	2022-2023	Assessing the Acceptability and Feasibility of a Virtual Coach Smart Phone Application Prototype to Promote Safe Patient Handling in Island Health	Worksafe BC Applied Innovation Grant	$50,000
Rhodes, R.E. & Gibson, S.	2022-2023	Evaluating the efficacy of a 60-day emotion regulation self-care journal	Mitacs Accelerate	$15,000
Dunton, G., Huh, J., Coleman, A., Hekler, E., **Rhodes, R.E.**, Dieli-Conwright, C.M., Van Dyck, D., Lyons, R., Hewus, M., Kaslander, J., Hatzinger, L., Do, B., Naya, C., & Wang, W.-L.	2022-2027	Using real-time data capture to examine affective mechanisms as mediators of physical activity adherence in interventions	US-National Cancer Institute, Preventive Medicine	Obligated: $684,743 USD Anticipated: $3,421,403 USD
Baldwin, D. & Shea, H. (**Rhodes, R.E.** as a consultant)	2022-2025	Myaamia nipwaayoni: Tribal knowledge as a source of well-being	Robert Wood Johnson Foundation, Pioneering Ideas	$472,397
Hagger, M.S., Knittle, K., Lintunen, T., Polet, J., Hassandra, M., Ruiz Cerezo, M. Laukkanen, A., Schneider, J., & Toivonen, H.M. (**Rhodes, R.E.** as collaborator)	2022-2025	A collaborative theory-based intervention to promote physical activity among sedentary parents and their children (ProAct)	Finland Ministry of Education, Science and Culture	$298,759 EUR
Sui, W., Liu, S., & **Rhodes, R.E.**	2022-2024	Development of a research process for the creation of mental health self-care resources	Mitacs Elevate Postdoctoral Fellowship Program	$140,000
Kracht, C. (**Rhodes, R.E.,** Mentor)	2022-2027	A home-based intervention to improve adherence to the 24-Hour Movement Guidelines in young children	National Institutes of Health	$959,620 USD

Bouchard, D., Senechal, M., Louis, R., Kehler, S., Sibley, K., Byrne, J., Cleland, C., Copeland, J., Dionne, I., Dogra, D., **Rhodes, R.E.**, Saunders, T., Framptom, S., Nowell, S.E., & McCain, J.E.	2022-2023	Zoomers on the Go: Implementation of a Peer-Led Exercise Program for Falls-Prevention Across Canada	CIHR Team Grant: Health Cities Implementation Science	$25,000
Cohen, T.R., Gouin, J.P., Alberga, A.S., Bouguila, N., Kakinami, L., Kebbe, M., & **Rhodes, R.E.**	2022-2027	Assessing the usability and acceptability of iCANPlate, a mobile dietary self-monitoring tool that aligns with Canada's Food Guide: A multi-methods study	CIHR Project Grant Fall 2021	$378,675
Liu, S., **Rhodes, R.E.**, & Chester, S.	2022-2023	Family-based just-in-time adaptive physical activity intervention for cancer prevention	Canadian Cancer Society Action Grant	$191,743
Rhodes, R.E.	2021-2022	Feasibility of a virtual reality exercise game	Within, Inc.	$77,490
Carson, V., Day, M., Jackman, F., Koutsodimos, R., Liu, S., Naylor, P.-J., Raine, K., & **Rhodes, R.E.**	2021-2022	The expansion of a parent-focused physical literacy intervention for early childhood called PLAYshop	CIHR – Operating Grant: Understanding and mitigating the impacts of the COVID-19 pandemic on children, youth, and families in Canada	$150,000
Carson, V., **Rhodes, R.E.**, Liu, S., & Naylor, P.-J.	2021-2023	PLAYshop: A parent-focused physical literacy intervention for early childhood	Women & Children's Health Research Institute (WCHRI) Innovation Grant	$60,000
Cheung, D.S.T., Liu, S., & **Rhodes, R.E.**	2021-2023	A Web-based Intervention for Promoting Physical Activity among Post-treatment Cancer	Food and Health Bureau: 2020 Health and Medical Research Fund application	HK$996,208.1

		Survivors (WExercise) Using the Multi-process Action Control Framework: Development, Usability, and Efficacy	for Research Fellowship Scheme	
Alberga, A.S., Cohen, T., Piccinini-Vallis, H., Ball, G., Farnesi, C., Adamo, K., Nagpal, T., **Rhodes, R.E.**, Gaudet, L., Vallis, M., Cook, J., Ramos-Salas, X., Graham, T., Di Gironimo, A., & Ehman, W.	2021-2024	Conversation Cards for Moms: A mixed methods study to create and evaluate a new clinical tool for use in maternity care settings	CIHR-Early Career Investigator Operating Grant in Maternal, Child and Youth Health	$105,000
Carson, V., Naylor, P.J., **Rhodes, R.E.**, & Liu, S.	2021-2022	Exploring the feasibility of the virtual PLAYshop program: A parent-focused physical literacy intervention for early childhood.	Faculty of Kinesiology Sport, and Recreation, University of Alberta: Human Performance Fund (HPF)	$10,000
Warburton, D.E.R., Miles, R., Bredin, S.S.D., Hare, J., Norman, M., Oh, P., **Rhodes, R.E.**, & Whitinui, P.	2021-2022	Enhancing culturally-safe ways for community wholistic health and wellness aspirations during COVID-19	CIHR Indigenous COVID-19 Rapid Research Funding Opportunity	$99,324
Blanchard, C.M., Giacomantonio, N., Firth, W., Grandy, S., Keats, M., Rehman, L., Rainham, D., Theou, O., Urquhart, R., Reid, R., & **Rhodes, R.E.**	2021-2022	Location-based physical activity and sedentary time in cardiac rehabilitation patients and their partners	Nova Scotia Health – Research Fund	$49,298
Li, L., Davis, J., **Rhodes, R.E.**, Madden, K., Wong, H., Falck, R., Sadatsafavi, M., Pahor, M., & Liu-Ambrose, T.	2021-2027	SuPA Mobility: Supporting Physical Activity to Promote Mobility in Mobility-Limited Older Adults	Canadian Institutes of Health Research	$649,128

Hollman, H. & **Rhodes, R.E.**	2021-2024	Promotion of Physical Activity by Postpartum Women with Lumbopelvic Pain	Canadian Chiropractic Research Foundation Early Career Researcher Grant	$10,000
Liu, S., **Rhodes, R.E.**, Naylor, P.J., Day, M., & Bradbury, J.	2021-2022	Supporting Healthy Living among B.C. Families during the COVID-19 Recovery	University of Victoria Research Accelerator Fund Grant	$30,000
Hofer, S., **Rhodes, R.E.**, Fisher, K., Graham, R., Hayashi, A., Rush, J., & Shafonsky, E.	2021-2022	An Examination of Stellate Ganglion Block for Post-Traumatic Stress Disorder	University of Victoria Collaborative Health Grant	$34,000
Jabbari, H., Miller, J.A., Mallidou, A., Zhang, J., Paterson, T., Newton, L., & **Rhodes, R.E.**	2021-2022	Development of a Novel Multi-Disciplinary Model to Explore Biological Aging	University of Victoria Collaborative Health Grant	$34,000
Boudreau, F., Bernard, P., Caron, M., Caron, P.-O., Gilbert-Ouimet, M., Miquelon, P., & **Rhodes R.E.**	2021-2022	Modeling individual trajectories that encourage university students to limit their sedentary time: A multilevel analysis using momentary ecological assessment.	Subventions de démarrage, Réseau Intersectoriel de de recherche en Santé de l'Université du Québec	$30,000
Blanchard, C.M., Tennankore, K., Vinson, A., Clark, D., Skinner, T., McLeod, M., Gala-Lopez, B., Rainham, D., Keats, M., Grandy, S., Theou, O., Urquhart, R., & **Rhodes, R.E.**	2020-2021	Physical activity and sedentary time in solid organ transplant recipients: A dyadic approach.	Dalhousie University Internal Medical Research Fund – Pilot Grant	$25,000
Spence, J.C, Clark, M., & **Rhodes, R.E.**	2020-2022	Acceptance of autonomous vehicles and	SSHRC Insight Development Grant	$61,778

		potential impact on active transport		
Rhodes, R.E., Beauchamp, M.R., Strachan, S., Gardner, B., Hofer, S., Carson, V., & Warburton, D.E.R.	September 2020-March 2021	Promoting Reflexive Family Physical Activity: A Test of Habit and Identity Formation	Canadian Institute of Health Research Foundation Grant Operating Supplement	$14,299
Rhodes, R.E.	2020	Mitigating the impact of COVID-19 on Behavioural Medicine Lab Research	University of Victoria Research Recovery Fund, Research Services	$15,000
Cohen, T., **Rhodes, R.E.,** Kakinami, L., Farnesi, C., & Gouin, J.P.	2020-2022	Development of a diet self-monitoring tool for assessing dietary behaviours according to the new Canada's Food Guide	SSHRC Insight Development	$74,980
Rhodes, R.E., Liu, S., Lithopoulos, A., Zhang, C.Q., & Garcia-Barrera, M.	2020	COVID-19 and its impact on health behavior: Predicting physical distancing and physical activity in a representative sample of adult Canadians	University of Victoria Faculty of Education COVID-19 Emergency Research Fund	$5000
Warburton, D.E.R., Hare, J., Miles, R., Bredin, S.S.D., Foulds, H., Oh, P., Horn-Miller, W., **Rhodes, R.E.,** Little Mustache, Webster, J., & Norman, D.	2020-2021	A Culturally Respectful Approach to Identifying the Roles Sex and Gender Play in the Health and Wellness of Nlaka'pamux First Nations Communities	CIHR Indigenous Gender and Wellness Development Grants	$75,000
Warburton, D.E.R., Hare, J., Miles, R., Bredin, S.S.D., Horn-Miller, W., Little	2020-2022	Culturally and Traditionally Appropriate Disease Prevention and Risk Factor Modification	CIHR Catalyst Grant	$100,000

Mustache, R., Norman, M., Oh, P., **Rhodes, R.E.,** & Webster, J.		in First Nations Communities		
Hartson, K.R., & **Rhodes, R.E.**	2020-2021	A Feasibility Study of a Web-based Physical Activity Program for University Students	Sigma Theta Tau International Research Grant	$5,000
Beauchamp, M.R., Cruwys, T., Côté, C., Hoppmann, C., Liu Y., Liu-Ambrose, T., Mckay, H., Puterman, E., Rees, T., **Rhodes, R.E.,** Sheel, W.	2020-2021	A group-based social connectedness intervention to support sustained physical activity adherence among older adults	CIHR Project Grant Bridge Funding	$100,000
Liu, S., Ball, G., Masse, L., Naylor, P.J., Nolan, R., Rac, V., **Rhodes, R.E.,** Xing, L., Zhang, X.	2020-2024	Childhood Obesity Management Using Innovative Digital Technology: A "Real World" Randomized Community Trial	CIHR Project Grant	$443,700
Warburton, D.E.R., Foulds, H., Oh, P,m Miles, R., Hornmiller, W., **Rhodes, R.E.,** Bredin, S.S.D., Little Mustache, R., Webster, J., Norman, M., & Hare, J.	2020-2021	Wholistic Indigenous Health and Wellness through Empowerment and Self-determination	CIHR Planning Grants	$24,896
Zhang, C.Q., Liu, S., **Rhodes, R.E.**	2019-2020	Towards developing and testing a web-based and family-based intervention for promoting physical activity among preschool children in Hong Kong	Health and Medical Research Fund (HMRF)-Research Fellowship Scheme	HK$946,950
Spence, J.C, Clark, M., & **Rhodes, R.E.**	2019-2020	The potential impact of autonomous vehicles on movement behaviour: Identifying research priorities	CIHR Planning and Dissemination Grants	$23,900

Warburton, D.E.R., Hare, J., Bredin, S., **Rhodes, R.E.,** Foulds, H., Norman, M., & Oh, P.	2019-2024	Engaging Indigenous Ways of Knowing to Enhance Health and Wellness Indigenous Peoples' Health	CIHR Project Grant	$707,625
Bredin, S., Warburton, D.E.R., Hare, J., Miles, R., Norman, M.,, Oh, P., **Rhodes, R.E.,** Foulds, H., Mihalynuk, T., Webster, J., Sparrow, G., Kyba, G., & Johnson, S.	2018-2019	Engaging Indigenous Ways of Knowing Within Higher Education	SSHRC Indigenous Research Capacity and Reconciliation – Connection Grants	$45,300
Warburton, D.E.R., Hare, J., Bredin, S., Mihalynuk T., Miles, R., Norman, M., Oh, P., **Rhodes, R.E.**	2018-2019	Lytton First Nation: Enhancing health and wellness through a community-based, health research network	CIHR Operating Grant: Network Environments for Indigenous Health Research	$75,000
Chen, E., Grant, K.E., et al.	2018-2023	An interpersonal relationships intervention for improving cardiovascular health in youth	National Institutes of Health, National Heart, Lung, and Blood Institute	$815,601 for 5 years
Stamatakis, E., McGreevy, P., Bauman, A., Guastella, A., Podbercek, A., Sherrington, C., & **Rhodes, R.E.**	2018-2020	Increasing dog-walking in the community: what is the potential of wearable dog trackers? The PAWalks Trial	Human-Animal Bond Research Institute	($73,000 USD for 2 years)
Liu, S., Ulrich, M., & **Rhodes, R.E.**	2018-2020	Evaluating the Effects of a Smartphone Education Program on Student Learning and Wellbeing	Social Sciences and Humanities Research Council of Canada Insight	($74,961 for 2 years)

			Development Grant	
Whitinui, P., McIvor, O., **Rhodes, R.E.,** Thomas, R., Ormiston, T., Asmanahi, A., Hobenshield, S.	2018-2020	Developing an Indigenous Cultural Safety Training Impact Assessment Tool in Higher Education Settings	Social Sciences and Humanities Research Council of Canada Insight Development Grant	($61,748 for 2 years)
Presseau, J., Grimshaw, J.M., Squires, J.E., Armitage, C., Bacon, S., Conner M., Desroches, S., Gaudreau, P., Horsley, T., Ivers, N., Lavoie, K., McCleary, N., Patey, A., Rhodes, R., Sniehotta, F., Taljaard, M., Kednapa, T., Welch, V., & Witteman, H.	2018	Using 'brain hacks' for multiple health behaviour change: Planning the first-in-Canada evaluation of implementation intentions at scale	CIHR Planning and Dissemination Grants	($20,000 for 1 year)
Allain, K. A., Marshall, B. L., **Rhodes, R. E.,** Phoenix, C., & Whittaker R. C.	2018-2023	Snow on the roof, fire on the ice: Aging embodiment, gender, and national identity in Canadian winter sport	Social Sciences and Humanities Research Council of Canada	($99,882 for 5 years)
Kwan, M., Graham, J.D., Cairney J., **Rhodes, R.E.,** & Bray, S.R.	2018-2022	Integrative approaches in understanding physical activity change during the transition into emerging adulthood: application of the multi-process action control model	Social Sciences and Humanities Research Council of Canada	($248,056 for 4 years)

Chan, D.K.C., & **Rhodes, R.E.**	2018-2019	Development and Validation of Perceived Social Influence Scale in Sport, Physical Activity, and Education Contexts	The University of Hong Kong Research Committee	$63,460
Warburton, D.E.R., Hare, J., Miles R., Webster, J., Bredin S.S.D., Norman, M., Oh, P., **Rhodes R.E.**	2018-2019	Creating a Healthier Community through Indigenous Approaches to Health and Wellness	CIHR Planning and Dissemination Grants	($10,000 for 1 year)
Warburton, D.E.R., Hare, J., Bredin S.S.D., Miles, R., Norman, M., Oh, P., **Rhodes, R.E.,** Sparrow, G.	2018-2019	Indigenous Approaches to Wellness Research Funding	Canadian Institutes of Health Research (CIHR) Catalyst Grant	($109,911 for 1 year)
Beauchamp, M., **Rhodes, R.E**., Liu, Y., Faulkner, G., Naylor, P.J. Nathan, N., & Lubans, D.	March 15, 2017-March 31, 2021	Peer leadership and physical literacy promotion among elementary school children	Social Sciences and Humanities Research Council of Canada	$211,018
Rhodes, R.E., Beauchamp, M.R., Blanchard C.M., Carson, V., Gardner, B., and Warburton, D.E.R	2016-2020	Parents and children active together: Examining motivational, regulatory, and habitual intervention approaches	Canadian Cancer Society Research Institution Prevention Grant	($421,863 for 4 years)
Naylor, P.J., Beauchamp, M., Caperchione, C., **Rhodes, R.E.,** Temple, V.	2016	Ex-Change Makers: 2017 International Meeting to Advance Behaviour Change Science	Canadian Institute of Health Research Meetings Grant	($14,858 for 1 year)
Rhodes, R.E., Beauchamp, M.R.,	September 2016-	Promoting Reflexive Family Physical Activity:	Canadian Institute of Health	($959,663 for 7 years)

Strachan, S., Gardner, B., Hofer, S., Carson, V., & Warburton, D.E.R.	September 2023	A Test of Habit and Identity Formation	Research Foundation Grant	
Rhodes, R.E., & Hoffert, G.	July 2016-July 2017	Increasing adherence to physical activity prescription among cystic fibrosis patients: A feasibility study.	Collaborative Grant Competition Island Health	($15,000 for 1 year)
Rhodes, R.E., Beauchamp, M.R., Blanchard, C.M., Carson, V., Gardner, B. & Warburton, D.E.R.	June 2016 – June 2019.	Promoting Family Physical Activity through Habit Formation.	Heart and Stroke Foundation of Canada	($297,163 for 3 years)
Rhodes, R.E., Beauchamp, M.R., Blanchard, C.M., Carson, V.	June 2016-June 2022	Promoting Sport Participation during Early Parenthood.	Social Sciences and Humanities Research Council of Canada	($310,303 for 6 years)
Hofer, S., Price, M., Weber, J., Bater, M., Malone, M., **Rhodes, R.**, Gruppuso, V., McArdle, K., Sawchuck, D., Hundza, S., McGavin, C., Kaye, J., Moselle, K.	October, 2015 – October 2019	Evaluating the Effectiveness of Integrating Patient Reported Outcomes and Assessments in the Care for Seniors with Complex Needs (e-Pro) Aging	Canadian Institute of Health Research	$187,500
Storey, K., Torrance, B., Montemurro., Veugelers, P., Naylor, P.J., **Rhodes, R.,** Masse, L.	September 2015 – September 2017	School's Out… Let's move after school project	Women and Children's Health Research Institute (WCHRI) Innovation Grant	$49,350.00
Carson, V., Spence, J., Rodgers, W., Rinaldi, C., **Rhodes, R.,** Hesketh, K.	July 2014-July 2015	The role of parents in establishing healthy physical activity and	Canadian Institute of Health Research -	$100,000

		sedentary behaviour habits in young children	Reproductive and Child Health	
Blanchard, C.M., Warburton, D., **Rhodes, R.E**., King-Shier, K., Grace, S., Reid, R., Sweet, S., Giacomantonio, N., McGowan, E., Saunders, T., & Rainham, D., & Witcher, C.	2014	Cardiac rehAbilitation sedentaRy bEahviour correlateS (CARES).	Heart & Stroke Foundation of Nova Scotia – Bridge Grant	$59,820
Carson, V., **Rhodes, R.,** Rinaldi, C., Rodgers, W., Spence, J., Hesketh, K.	2014-2016	Parents' role in establishing healthy physical activity and sedentary behaviour habits in young children	Women & Children's Health Research Institute-Innovation Grant	$49,876 Declined
Rhodes, R.E., Beauchamp, C.M., Symons Downs, D., and Warburton, D.E.R.,	2014 - 2018	Evaluation of a Physical Activity Intervention for New Parents	Canadian Institutes of Health Research	$305,578
Basset-Gunter, Rebecca, **Rhodes, R.E.**	2014	"Understanding the role of parents in supporting children's sport participation"	Social Sciences and Humanities Research Council of Canada	$3,970
Rhodes, R.E., Graham, N., Beauchamp, M., Latimer, A. & Warburton, D.E.R.	2013-2016	Exercise games and physical activity: Does multi-player online play improve adherence?	Canadian Cancer Society	$199,648

Beauchamp, M, Dunlop, W; Estabrooks, P; Liu, Y; **Rhodes, R.**	2013-2016	A self-categorization theory approach to fostering physical activity adherence among older adults: A randomized controlled feasibility trial.	Canadian Institutes of Health Research	$332,399
Faulkner, G., Spence, J.C., & **Rhodes, R.E.**	2012-2014	ParticipACTION after 5 years: Assessing impact on the promotion of physical activity and the behaviour of Canadians	Canadian Institutes of Health Research	$152,237
De Bruijn, Gert-Jan, **Rhodes, R.**	2012	Promoting physical activity in the elderly - an examination of affective and self-regulatory messages on the development of moderate physical activity habits.	Amsterdam School of Communication Research	20,000 euros
Blanchard, C.M., Fowles, J., Giacomantonio, N., Plotnikoff, R., Rainham, D., **Rhodes, R.**, Shields, C., & Vallis, M.	2012 - 2015	Lifestyle actIvity correlates For diabEtics (LIFE).	Canadian Institutes of Health Research Regional Partnership Program – Operating Grant.	$384,679
Faulkner, G., Costas-Bradstreet, C., Berry, T., Deshpande, S., Latimer, A., **Rhodes, R.**, Spence, J., & Tremblay, M	2012	Developing an Evaluation Plan for a National Physical Activity Policy	Canadian Institutes of Health Research Planning Grants	$24,812
Graham, N., (PI) **Rhodes, R.E.**	2012	CP Cycle to Fun	Natural Sciences and Engineering Research Council of Canada - Collaborative Health Research Projects	

Rhodes, R. E. (PI) Blanchard, C. Naylor, P. J. Warburton, D.E.R.	2012-2016	Family planning for physical activity: A randomized controlled trial.	Canadian Institutes of Health Research, Operating Grant	$260,000
LIU-AMBROSE, Teresa Y.L. , BRASHER, Penelope Margaret Ann , COOK, Wendy Laurel, DAVIS, Jennifer Colleen, DONALDSON, Meghan Gordon, GRAF, Peter, MARRA, Carlo A, MIRAN-KHAN, Karim, **RHODES, R.E.**	2011-2014	Action Seniors! An RCT of Secondary Falls Prevention in Community-Dwelling Senior Fallers.	Canadian Institutes of Health Research, Operating Grant	$425,132
Li, L. (PI) Cibere, J. Crooks, V. Esdaile, J. Jones, C. Kopec, J. Lear, S. **Rhodes, R. E.** Lineker, S. Pencharz, J.	2011-2013	Capitalizing on the teachable moment: the OPEN (Osteoarthritis Physical Activity & Exercise Net) for improving physical activity in early knee osteoarthritis.	Canadian Institutes of Health Research, Operating Grant	$197,602
Beauchamp, M.R.(PI) Barling, J. **Rhodes, R. E.**	2011-2014	Transformational teaching and physical education engagement among elementary school children: Development and evaluation of a multimedia-based intervention program.	Social Sciences and Humanities Research Council of Canada, Operating Grant	$99,125
Rhodes, R.E. (PI) Beauchamp, M. Conner, M. de Bruijn, G.J. Latimer, A.	2011-2014	Evaluation of instrumental, affective, and self-regulatory messaging on intention and behaviour.	Social Sciences and Humanities Research Council of Canada, Operating Grant	$104,488
McKay, H. A. (PI) Bryan, S. Frank, L Ashe, M. Clarke P.	2010-2016	Walk the Talk: Transforming the Built Environment to Enhance Mobility in Seniors	Canadian Institutes of Health Research	$1.5 million

Mitton, C. Paez, A. **Rhodes, R.** Scott, V. Sims-Gould, J.				
Rhodes, R.E. (PI) Benoit, C. Blanchard, C. Downs, D. Hausenblas, H. Levy-Milne, R. Naylor, P.J. Warburton, D.	2010-2011	Obesogenic behaviours of new parents: an 18-month trial	Canadian Diabetes Association	$64,927
Rhodes, R.E. (PI) Beauchamp, M. Blanchard, C.M. Bredin, S.S.D. Maddison, R. Warburton, D.E.R.	2010-2014	Interventions to Prevent Cancer Interactive video game bikes and their effect on exercise adherence and health related fitness among families	Canadian Cancer Society	$377,062.00
Wharf Higgins, J. (PI) **Rhodes, R.E.** Naylor, P.J. Strange, K. Gibbons, S.	2010-2013	Health Promoting Secondary Schools: a pilot project	Canadian Cancer Society	$599,034
Graham, N. **Rhodes, R.E.** Warburton, D.E.R. Gooch, B. McNulty, K. Stanley, K. Mandryk, R.	2009-2014	Games for physical fitness	Canadian Networks of Centres of Excellence (NCE)	$5,000,000
Blanchard, C.M. (PI) **Rhodes, R.E.** Rainham, D. Giacomantonio, N. Reid, R. Kirkland, S. Spence, J. Young, W.	2009-2012	Environmental Physical activity cOrrelates after Cardiac Hospitalization (EPOCH)	Canadian Institutes of Health Research/Heart and Stroke Foundation of Canada	$484,988

Murnaghan, D. Lyons, R.				
McKay, H (PI) **Rhodes, R.E.** Boyd, S.K. Burrows, M. Li, L.C. MacDonald, H.M. Miran-Khan, K. Mulpuri, K. Naylor, P.J.	2009-2013	An investigation into risk-taking behaviour, bone microstructure and fracture between the sexes: What underpins fracture in boys compared to girls during growth?	Canadian Institutes of Health Research	$595,143

Previously-Held Grants

Investigators	Period	Project Title	Agency	Amount
Rhodes, R.E. (PI) Benoit, C., Blanchard, C.M., Levy-Milne, R., Naylor, P.J., Symons Downs, D. Warburton, D.E.R.	2008-2011	Health behaviours during early parenthood: Exploring the impact of multiple children	Social Sciences and Humanities Research Council of Canada	$217,879
Blanchard, C.M. (PI), Dechman, G., Hernandez, P. Spence, J.C. McGannon, K. **Rhodes, R.E.**	2008-2011	Explaining gender differences during and after pulmonary rehabilitation using a mixed-methods social ecological approach.	Social Sciences and Humanities Research Council of Canada	$146,000
Rhodes, R.E.	2006-2011	Initial Effects of Diverse Contexts and Channels of a Physical Activity Campaign: An Evaluation of Canada's Physical Activity Guide to Healthy Active Living	Canadian Institutes of Health Research (New Investigator Operating Grant)	$50,000
Rhodes, R.E. (PI) Benoit, C. Blanchard, C. Downs, D. Hausenblas, H. Levy-Milne, R. Naylor, P.J. Warburton, D.	2009-2010	Parenthood and family health behaviour: Current findings and research planning collaboration	Canadian Institutes of Health Research (Institute of Nutrition, Metabolism and Diabetes) Meetings, Planning and Dissemination Grant	$12,403
Warburton, D.E.R. (PI) **Rhodes, R.E.** Bredin, S. MacKenzie, D.	2009-2010	A pilot study testing the effectiveness of interactive video games on the health status and quality of life of post-menopausal breast cancer survivors	Canadian Breast Cancer Research Alliance (National Cancer Institute of Canada)	$35,000
Penny MacCourt (PI) Tuokko, H.A.	2008-2009	Seeing is believing? Using social science	Canadian Institutes of Health Research	$10,000

Rhodes, R.E. Cloutier-Fisher, D. Dobson, W. Prendergast, M. McGee, P. Pauluth-Penner, T.		theory to examine how theatre performance affects audience beliefs (play development)	NGO Outreach Initiative	
Miran-Khan, K. (PI) **Rhodes, R.E.** (Co-PI) Li, L.C. Liu-Ambrose, T.Y. Marra, C.A. McKay, H.A. et al.	2008-2014	Institute Centre for Hip Health and Mobility: A Team Approach to Mobility in Vulnerable Seniors	Canadian Institutes of Health Research (New and Emerging Teams Grant)	$1,500,000
Naylor, P.J. (PI) **Rhodes, R.E.** Barr, S. Forster-Coull, L.	2008-2009	Evaluating the impact of a School Fruit and Vegetable Snack Program on Canadian School Children's Knowledge, Social Cognitions and fruit and vegetable consumption	Canadian Institutes of Health Research	$100,000
Rhodes, R.E. (PI) Benoit, C., Blanchard, C.M., Levy-Milne, R., Naylor, P.J., Symons Downs, D. Warburton, D.E.R.	2007-2010	Obesogenic behaviours of new parents: An 18-month trial	Canadian Diabetes Association	$191,644
Blanchard, C.M. (PI) Giacomantonio, N., Rhodes, R., Reid, R., Spence, J.C., McGannon, K.M., Lyon, R.	2007-2010	Understanding gender differences in exercise from a social ecological perspective during and after cardiac rehabilitation	Canadian Institutes of Health Research	$335,307
Rhodes, R.E.	2007-2010	Experimental evaluation of salient versus nonsalient belief-based markers for the	Internal Grant	$41,705

		promotion of leisure-time walking		
Blanchard, C.M. (PI) Cyr, C. Giacomantonio, N. **Rhodes, R.** Reid, R. Stevenson, R.	2007-2010	Understanding exercise behaviour from a social ecological perspective during and after cardiac rehabilitation. A Multi-site trial in New Brunswick	Heart and Stroke Foundation of New Brunswick	$133,177
Rhodes, R.E. (PI) Benoit, C., Blanchard, C.M., Levy-Milne, R., Naylor, P.J., Symons Downs, D. Warburton, D.E.R.	2007-2010	Obesogenic behaviours of new parents: An 18-month trial.	Social Sciences and Humanities Research Council of Canada	$116,392 (Awarded but Declined)
Tuokko, H.A. (PI) **Rhodes, R.E.** Cloutier-Fisher, D. Dobson, W. Prendergast, M. McGee, P. Pauluth-Penner, T.	2007-2010	Seeing is believing? Using social science theory to examine how theatre performance affects audience beliefs	Social Sciences and Humanities Research Council of Canada	$98,735
Blanchard, C.M. (PI) Giacomantonio, N. **Rhodes, R.** Reid, R. Spence, J.C. McGannon, K.M.	2007-2010	Why aren't women engaging in as much exercise during and after cardiac rehabilitation as men? A social ecological perspective	Heart and Stroke Foundation of Nova Scotia	$142,192
Dean, R. (Co-PI) **Rhodes, R.E.** (Co-PI) Tuokko, H. Wharf Higgins, J.	2007-2008	Factors influencing strength training participation in older adults	British Columbia Network for Aging Research	$3,500
Courneya, K.S. (PI) Friedenreich, C. **Rhodes, R.E.** Blanchard, C.M. Mackey, J. Culos-Reed, N.	2007-2008	Identifying and eliminating barriers to participation in physical activity and sport in cancer survivors	Canadian Institutes of Health Research (in collaboration with Sport Canada)	$52,591
Wharf Higgins, J. **Rhodes, R.E.**	2007	We Built this City to Walk and Roll: A	Heart and Stroke Foundation of	$1,568

Fyfe, M. Stirling, B. Pennock, M. Diamond, L. McCauley, S. Warburton, D.E.R.		Natural Experiment to Understand the Impact of Pedestrian and Cyclist-Friendly Development in Victoria	Canada (Built Environment, Obesity and Health seed grant)	
Rhodes, R.E.	2006-2008	Incentive Payment	Michael Smith Foundation for Health Research	$27,000
Porter, M. (PI) Myers, A. Bedard, M. Tuokko, H. **Rhodes, R.E.**	2006-2007	Quantifying mobility in older adults: A mixed modality approach	Canadian Institutes of Health Research (Mobility RFA)	$73,000
Blanchard, C.M. (PI) **Rhodes, R.E.** Giacomantonio, N. Spence, J. Lyons, R. Murnaghan, D. Reid, R.	2006-2009	Using a Social Ecological Approach to Explain Exercise Behaviour from a Gender Perspective in Cardiac Patients not Attending Cardiac Rehabilitation in Nova Scotia	Nova Scotia Health Research Foundation	$150,000
McIntyre, C. (PI) **Rhodes, R.E.**	2006-2007	The Relationship between Parental Efficacy and Child Physical Activity Participation: A pilot study in Greater Victoria.	Human Early Learning Partnership	$4,000
Rhodes, R.E. (PI) Naylor, P.J. McKay, H.A. McIntyre, C.A.	2006-2008	The Effectiveness of an Implementation Intention Intervention on Physical Activity Behaviours within the Family: A Pilot Study in Greater Victoria	Human Early Learning Partnership	$28,311
Rhodes, R.E. (PI) Warburton, D.	2006	Evaluating television-based physical activity interventions in the family home	University of Victoria Health Research Grants Applications Assistance Program	$4,000
Bredin, S.D. (PI)	2005-2007	Making an enemy our ally: A	Hampton Foundation	$17,800

Rhodes, R.E. Warburton, D.		pilot study testing the effects of interactive video games on exercise preference in young girls and boys		
Rhodes, R.E.	2005-2009	Behavioural Medicine Laboratory Operating Grant	Canadian Foundation for Innovation	$18,566
Naylor, PJ (Co-PI) McKay, H.A. (Co-PI) **Rhodes, R.E.** Wharf Higgins, S.J. Manske, S.	2005-2008	Evaluating the effectiveness of the dissemination of Action Schools! BC: A socio-ecological intervention to increase physical activity and healthy eating in school children	Heart and Stroke Foundation of Canada (Excellence, Innovation and Advancement in the Study of Obesity and Healthy Body Weight Childhood Obesity Operating Grants)	$200,000
Zehr, P. (PI) **Rhodes, R.E.** Ferris, D.	2005-2007	Efficacy of coupled rhythmic arm and leg movement as an alternative to body weight supported walking training for recovery of walking after incomplete spinal cord injury	Rick Hansen Man In Motion Research Fund	$35,000
Naylor, PJ (Co-PI) McKay, H.A. (Co-PI) **Rhodes, R.E.** Wharf Higgins, S.J. Manske, S.	2005-2008	Evaluating the effectiveness of the dissemination of Action Schools! BC: A socio-ecological intervention to increase physical activity and healthy eating in school children	Canadian Institutes of Health Research (Excellence, Innovation and Advancement in the Study of Obesity and Healthy Body Weight Childhood Obesity Operating Grants)	$400,000
Blanchard, C.M. (PI) **Rhodes, R.E.** McGannon, K. Spence, J. Edwards, N.	2005-2008	Social ecological determinants of exercise during home-based cardiac rehabilitation:	Social Sciences and Humanities Research Council of Canada	$145,000

Morrin, L. Reid, R.		Should gender be considered?		
Mazzoni, E. Southward, J. Virji-Babul, N. Purves, L. Temple, V. **Rhodes, R.E.**	2005-2006	Effect of indoor rock climbing on balance, global self esteem and self efficacy of children with special needs	VIHA child, youth, and family health program research advisory committee grant	$6,620
Rhodes, R.E.	2005-2006	SSHRC Top-Up Grant	University of Victoria	$750
Temple, V. (PI) Naylor, P.J. Pacini-Ketchabaw, V. **Rhodes, R.E.** Wharf Higgins, S.J. Wolsky, L.	2005-2006	Healthy opportunities project for preschool children: A pilot of an environmentally-based physical activity and healthy eating intervention for daycare settings	Canadian Institutes of Health Research (Excellence, Innovation and Advancement in the Study of Obesity and Healthy Body Weight Childhood Obesity Operating Grants)	$49,995
Rhodes, R.E.	2005	Summer Studentship Funding	Human Resources and Development Canada	$1,650
Rhodes, R.E. (PI) Blanchard, C.M. Courneya, K.S. Plotnikoff, R.	2004-2007	Development of a theory-based leisure-time walking program	Social Sciences and Humanities Research Council of Canada	$95,000
Rhodes, R.E.	2004-2007	Establishment Grant	Michael Smith Foundation for Health Research	$18,500
McKay, H. (PI) **Rhodes, R.E.** Warburton, D. Kopelow B.	2004-2005	Action Schools! BC: A multi-health outcome physical activity program for children and youth in BC.	Provincial Health Services Authority	$178,375
Rhodes, R.E.	2004-2005	Evaluating the Behavioural Economics of Leisure Time Physical Activity	Michael Smith Foundation for Health Research (Internal Seed Grant)	$5,000

Centre on Aging Research Team: Hultsch, D. (PI) **Rhodes, R.E.**	2003-2008	Infrastructure Grant	Michael Smith Foundation for Health Research	$1,250,000
Rhodes, R.E.	2003-2008	Research Grant	University of Victoria	$25,000
Rhodes, R.E.	2003-2006	Infrastructure Grant	Michael Smith Foundation for Health Research	$75,000
Blanchard, C.M. (Co-PI) Fisher, J. (Co-PI) Courneya, K.S Sparling, P. **Rhodes, R.E.** Baker, F.	2003-2006	Does the theory of planned behavior moderate the relationship between ethnicity and moderately intense physical activity in college-aged students.	National Institutes of Health (U.S.) via the Research Center for Minority Institutions	$80,303 USD
Warburton, D. (PI) Sheel, W. **Rhodes, R.E.**	2003-2005	Effect of two exercise training programmes on central and peripheral limitations to exercise capacity in spinal cord injured individuals	B.C. Neurotrauma Fund	$61,333
McKay, H. (PI) **Rhodes, R.E.** Warburton, D. Kopelow B.	2003-2004	Action Schools! BC: A multi-health outcome physical activity program for children and youth in BC.	Provincial Health Services Authority	$1,300,000
Rhodes, R.E.	2003-2005	Development of the Behavioral Medicine Laboratory	B.C. Knowledge and Development Fund	$32,790
Rhodes, R.E.	2003-2005	Development of the Behavioral Medicine Laboratory	Canadian Foundation for Innovation	$43,720
Rhodes, R.E.	2003-2004	Examining Health Canada's Physical Activity Guide as a motivational tool	Social Sciences and Humanities Research Council of Canada Internal Grant	$4,000
Rhodes, R.E.	2003-2004	SSHRC Development Grant	University of Victoria	$1,500

McKay, H. (PI) **Rhodes, R.E.** Warburton, D. Kopelow B.	2002-2003	Action Schools! BC: A multi-health outcome physical activity program for children and youth in BC.	Provincial Health Services Authority	$219,500
Rhodes, R.E. (PI)	2002-2003	Parsimony versus precision in the theory of planned behavior.	Social Sciences and Humanities Research Council of Canada Internal Grant	$6,500
Rhodes, R.E.(PI) Lauzon, L. Van Gyn, G. Gaul, C. Gibbons, S. Warf Higgins, J. Docherty, D.	2001-2003	Centre for Physical Activity Research on Health and Quality of Life: Networking, feasibility assessment, capacity building, and grant preparation.	Special UVic Health Research Initiative Development Grant Program	$4,500
Rhodes, R.E.	2001-2002	Research Grant.	University of Victoria, Faculty of Education	$12,000
Rhodes, R.E. Courneya, K.S.	1999-2001	Personality-Matched Exercise Interventions for Cancer Survivors.	Alberta Heritage Foundation for Medical Research	$3,000