

Published abstracts

In Press

Grant, S. J., Lithopoulos, A., Williams, D. M., **Rhodes, R. E.** (in press). Disentangling perceived capability from motivation using vignettes: Examination of self-efficacy measures applied to physical activity. *European Health Psychologist*.

Lai, H.P.H., Miles, R.M., Bredin, S.S.D., Kaufman, K.L., Chua, J. H., Norman, M.E., **Rhodes, R.E.**, Oh, P., & Warburton, D.E.R. (in press). Health-related benefits of a community-based and Indigenous-led healthy lifestyle intervention on reducing sedentary behaviours. *Journal of Cardiopulmonary and Rehabilitation*.

Rhodes, R.E., Naylor, P.J., Blanchard, C., Quinlan, A., & Warburton, D.E.R. (in press). Effect of family physical activity planning and child physical activity and fitness: A randomized trial. *European Health Psychologist*.

Rhodes, R.E., Berry, T., Faulkner, G., Latimer-Cheung, A.E., O'Reilly, N., Tremblay, M.S, Vanderloo, L., & Spence, J.C. (in press). Parental Support of the Canadian 24-Hour Movement Guidelines for Children and Youth: Prevalence and Correlates. *European Health Psychologist*.

2019

Marques, I.G., Perdew, M.A., Liu, S., Strange, K., Hartrick, T., Weismiller, J., **Rhodes, R.E.**, Ball, G., Mâsse, L., Naylor, P.J. (2019). Formative assessment of a family-based, healthy living intervention for children with overweight and obesity and their families. *Annals of Behavioral Medicine*, 53, S842.

Fransen, D., Husband, C., Mueller, U., **Rhodes, R.E.**, & Liu, S. (2019). The effects of cellphone addiction on well-being related outcomes in middle school students. *Annals of Behavioral Medicine*, 53, S240.

Shellington, E.M., Bredin, S.S.D., Kaufman, K.L., Lai, H., Hare, J., Norman, M., Oh, P., **Rhodes, R.E.**, Warburton, D.E.R. (2019). Arterial compliance is improved following a community-led 12-week Indigenous wholistic health and wellness program. *Medicine and Science in Sports and Exercise*, 51(6, Supplement), 232.

2018

Bennett, E., Hurd Clarke, L., Wolf, S. A., Dunlop, W., Harden, S., Liu, Y., Estabrooks, P., **Rhodes, R.E.**, & Beauchamp, M. (2018). Older adults' experiences of group-based physical activity: A qualitative study from the 'GOAL' randomized controlled trial. *Journal of Sport & Exercise Psychology*, 40(Suppl), S76.

- Connell, L., Williams, R.E., **Rhodes, R.E.**, & Emerson, J. (2018). A systematic review and meta-analysis of the outcome expectancy construct in physical activity research. *Annals of Behavioral Medicine*, 52, S341.
- Grant, S., Juba, M., Quinlan, A., & **Rhodes, R.E.** (2018). Understanding action control of physical activity among mothers with young children. *Annals of Behavioral Medicine*, 52, S815.
- Husband, C., & **Rhodes, R.E.** (2018). Initial validation of a new three phase habit measure in the physical activity domain. *Annals of Behavioral Medicine*, 52, S108.
- Lim, C., & **Rhodes, R.E.** (2018). Working out with F.I.D.O. (Frequency, Intensity, Duration, & Outcomes) - A feasibility randomized controlled trial. *Annals of Behavioral Medicine*, 52, S352.
- Rhodes, R.E.** (2018). Bridging the intention-behavior gap in physical activity: A review of evidence from the multi-process action control framework. *Annals of Behavioral Medicine*, 52, S182.

2017

- Beauchamp, M.R., Dunlop, W.L., Ruissen, G.R., **Rhodes, R.E.**, Estabrooks, P.A., Harden, S.M., Wolf, S.A., Liu, Y., Schmader, T., Puterman, E., & Sheel, A.W. (2017). GrOup based physical Activity for oLder adults (GOAL) randomized controlled trial: 3-and 6-month adherence outcomes. *Annals of Behavioral Medicine*, 51, S1680.
- Boudreau, P., & **Rhodes, R.E.** (2017). Adventure physical activities and personality: A systematic review. *Annals of Behavioral Medicine*, 51, S2713.
- Lithopoulos, A., Berry, T.R., Faulkner, G., LeBlanc, A., O'Reilly, N., **Rhodes, R.E.**, Spence, J.C., Tremblay, M.S., & Latimer-Cheung, A.E. (2017). Predicting physical activity attitudes, perceived behavioral control, and intentions from aspects of the ParticipACTION brand. *Journal of Sport and Exercise Psychology*, 39, S279.
- Rhodes, R.E.**, Kaushal, N., & Quinlan, A. (2017). Forming an exercise identity: A review of correlates and potential theoretical frameworks. *Annals of Behavioral Medicine*, 51, S1607.
- Rhodes, R.E.** & Lim, C. (2017, August). Promoting parent and child physical activity together: Elicitation of potential intervention targets and preferences. *European Health Psychologist*, 19, S1098.
- Rhodes, R.E.** & Rebar, A. (2017, August). Reviving the conceptual intricacies of the intention construct in health research: Recommendations and future directions. *European Health Psychologist*, 19, S786.

Williams, D., Dunsiger, S., Emerson, J., Dionne, L., **Rhodes, R.E.**, & Beauchamp, M. (2017). Are self-efficacy measures confounded with motivation? An experimental test. *Annals of Behavioral Medicine*, 51, S1191.

2016

Gray, S., & **Rhodes, R.E.** (2016). Leadership in recreational physical activity: a systematic review. *Annals of Behavioral Medicine*, 50, S145.

Kaushal, N., & **Rhodes, R. E.**, (2016, June). Testing the Multi-Process Action Control Model in a randomized controlled trial. *Journal of Exercise, Movement, and Sport*.

Kaushal, N., & **Rhodes, R. E.** (2016, May). Facilitating an exercise habit and identity via the Multi-Process Action Control Model- A randomized controlled trial. *Clinical Journal of Sport Medicine*, 26(3), e74–e82.

Lim, C., & **Rhodes, R.E.** (2016). Breeding physical activity: The relationships between dog characteristics, dog owners' motivations, and regular walking. *Annals of Behavioral Medicine*, 50, S321.

Orr, K., LeBlanc, A., Berry, T., Deshpande, S., Latimer-Cheung, A., O'Reilly, N., **Rhodes, R.E.**, Spence, J., Tremblay, M., & Faulkner, G. (2016). Awareness of Canadian physical activity guidelines and self-reported physical activity: Cross-sectional analysis. *Applied Physiology, Nutrition, and Metabolism*, 41(5), S1.

Rhodes, R.E., Graham, N., Beauchamp, M., Bursick, S., Latimer-Cheung, A., Hernandez, H., Ketcheson, M., Richards, C., Warburton, D.E.R., Yao, C. & Ye, Z. (2016). Comparison of multi-player vs. computer controlled opponent stationary cycling exergame use among children in the family home: A randomized trial. *Annals of Behavioral Medicine*, 50, S165.

Rhodes, R.E., & Lim, C. (2016). Understanding action control of dog walking. *Annals of Behavioral Medicine*, 50, S30.

Rhodes, R.E., Kaushal, N., & Quinlan, A. (2016). Is physical activity a part of who I am? A review and meta-analysis of identity, schema and physical activity. *Annals of Behavioral Medicine*, 50, S145.

Vallerand, J.R., **Rhodes, R.E.**, Walker, G.J., & Courneya, K.S., (2016). Understanding strength exercise intentions and behavior in hematologic cancer survivors: An analysis of the intention-behavior gap. *International Journal of Behavioral Nutrition and Physical Activity*.

2015

- Kaushal, N., & **Rhodes, R.E.**, (2015). Exercise habit formation in new gym members- A longitudinal study. *Medicine and Science in Sports and Exercise*, 47, S5.
- Mistry, C. D. & **Rhodes, R. E.** (2015). Physical activity and its relationship with other goals or behaviours: A systematic review. *Journal of Sport & Exercise Psychology*, 37, S132.
- Mistry, C. D. & **Rhodes, R. E.** (2015). Comparing opportunity and perceived capability as predictors of walking and strength training behaviors. *Journal of Sport & Exercise Psychology*, 37, S131.
- Mistry, C. D. & **Rhodes, R. E.** (2015). Affective judgements of exercise may depend on reflections of feelings during and after exercise and the type of activity. *Journal of Sport & Exercise Psychology*, 37, S131.
- Mistry, C. D., Sweet, S. N., Latimer-Cheung, A. E. & **Rhodes, R. E.** (2015). Can the regulatory and reflexive processes of the Multi-Process Action Control (M-PAC) model predict exercise adoption and maintenance? *Journal of Sport & Exercise Psychology*, 37, S132.
- Rhodes, R. E.**, Williams, D. M., & Mistry, C. D. (2015). Using short vignettes to disentangle perceived capability from motivation: A test using walking and resistance training behaviors. *Journal of Sport & Exercise Psychology*, 37, S140.
- Rhodes, R.E.**, (2015) Effects of message framing, kernel state, and norm adherence on exercise intentions and resolve: An experimental study. *CPA Health Psychology and Behavioural Medicine Section Newsletter*, 4(2), 2-3.
- Trinh, L., Larsen, K., Faulkner, G. E., Plotnikoff, R. C., **Rhodes, R. E.**, North, S., & Courneya, K. S. (2015). Social-ecological correlates of physical activity in kidney cancer survivors. *Annals of Behavioral Medicine*, 49, S222.

2014

- Gainforth, H., Jarvis, J., Berry, T., Chulak-Bozzer, T., Deshpande, S., Faulkner, G., **Rhodes, R.**, Spence, J., Tremblay, M., & Latimer-Cheung, A. (2014). Assessing the effectiveness of a social marketing campaign drawing parents' attention to their child's physical activity. *Annals of Behavioral Medicine*. 47, S218.
- Kaushal, N., & **Rhodes, R.E.**, (2014). A deeper investigation of exercise habits: Automaticity antecedents and the action control framework. *Journal of Sport and Exercise Psychology*, 35, S94.

Kaushal, N., & **Rhodes, R.E.**, (2014). Habit in exercise phases: Assessing automaticity in exercise preparation and performance. *Journal of Sport and Exercise Psychology*, 35, S94.

Kaushal, N., & **Rhodes, R.E.**, (2014). Habit models and theories: A systematic review. *Journal of Sport and Exercise Psychology*, 35, S95.

Mistry, C., **Rhodes, R.E.**, Sweet, S., & Latimer-Cheung, A. (2014). Treating planning as a discrete behavior towards physical activity. *Annals of Behavioral Medicine*, 47, S278.

Luciani, A., White, L., Faulkner, G., Berry, T., Deshpande, S., Latimer-Cheung, A., Spence, **Rhodes, R.E.**, Spence, J., & Tremblay, M. (2014). 43 Sports Day in Canada: Examining benefits for community organizations. *Journal of Physical Activity and Health*, S169.

Trinh, L., Plotnikoff, R. C., **Rhodes, R. E.**, North, S., & Courneya, K. S. (2014). Effects of supervised physical activity plus behavioral counseling on motivational outcomes in kidney cancer survivors: A pilot study. *Annals of Behavioral Medicine*.

2013

Bassett-Gunter, R., Levy-Milne, R, Naylor, P.J., Symons Downs, D., Benoit, C. Warburton, D.E.R., Blanchard, C.M., & **Rhodes, R.E.** (2013). Oh baby! Theory of planned behavior motivation for healthy eating during parenthood transitions. *Annals of Behavioral Medicine*, 45, S120.

Blanchard, C.M., Giacomantonio, N., Lyons, R., Cyr, C., **Rhodes, R.E.**, Reid, R.D., McGannon, K., & Spence, J. (2013). Are we placing too much emphasis on social support during and after cardiac rehabilitation? A physical activity perspective. *Annals of Behavioral Medicine*, 45, S231.

Ferrier, S., Blanchard, C., Dechman, G., Spence, J., Hernandez, P., & **Rhodes, R.E.** (2013). Are there gender differences in physical activity of COPD patients during and after pulmonary rehabilitation. *Annals of Behavioral Medicine*, 45, S297.

Kaushal, N. & **Rhodes, R.E.** (2013, June). Extraversion and conscientiousness personality facets as predictors of exercise habit formation. *Journal of Sport and Exercise Psychology*, 35, S75.

Kaushal, N. & **Rhodes, R.E.** (2013, June). The home physical environment and its impact on physical activity and sedentary behaviour: A systematic review. *Journal of Sport and Exercise Psychology*, 35, S75.

- Kaushal, N. & **Rhodes, R.E.** (2013, June). Research methods of measuring physical activity habit. *Journal of Sport and Exercise Psychology*, 35, S75.
- Kowalski, K., **Rhodes, R.E.**, Naylor, P.J., Tuokko, H., & MacDonald, S. (2013). A systematic review of direct and indirect measurement of physical activity in older adults. *Annals of Behavioral Medicine*, 45, S298.
- Naylor, P.J., Gibbons, S., Sulz, L., **Rhodes, R.E.**, McKay, H.A., Voss, C., & Wharf-Higgins, J. (2013). To PE, or not to PE, that is the question. *3rd Canadian Obesity Summit Canadian Obesity Network. Canadian Journal of Diabetes*, 37(Suppl. 2), S263.
- Quinlan, A., & **Rhodes, R.E.** (2013). Predictors of Natural Physical Activity Change: A Systematic Review. *Annals of Behavioral Medicine*, 45.
- Rhodes, R.E.**, Berry, T., Craig, C.L., Faulkner, G., Latimer-Cheung, A., Spence, J.C. & Tremblay, M.S. (2013). Understanding parental support of child physical activity behavior. *Annals of Behavioral Medicine*, 45, S39.
- Rhodes, R.E.** & Horne, L. (2013). Deepening the measurement of motivation in the physical activity domain: Introducing behavioural resolve. *Annals of Behavioral Medicine*, 45, S39.
- Rhodes, R.E.**, Blanchard, C.M., Benoit, C., Levy-Milne, R., Naylor, P.J., Symons Downs, D. & Warburton, D.E.R. (2013). Physical activity and sedentary behavior trajectories across 12 months in cohort samples of couples without children, and expectant parents. *Annals of Behavioral Medicine*, 45, S188.
- Temmel, C., & **Rhodes, R.E.** (2013). Correlates of sedentary behavior in children and adolescents aged 7-18: A systematic review. *Annals of Behavioral Medicine*, 45, S287.
- Yao, C. & **Rhodes, R.E.** (2013). Parental correlates in child and adolescent physical activity: A meta-analysis. *Annals of Behavioral Medicine*, 45, S187.

2012

- Blanchard, C.M., McSweeney, J., Giacomantonio, N., Reid, R., **Rhodes, R.E.**, Spence, J., Murnaghan, D., McGannon K. & Balish, S. Distinct trajectories of light and moderate to vigorous physical activity in heart disease patients who do not attend cardiac rehabilitation. *Journal of Sport and Exercise Psychology*, 34, S204.

- Costa-Bradstreet, C., Berry, T., Craig, C., Deshpande, S., Faulkner, G., Latimer, A., **Rhodes, R.**, Spence, J.C., & Tremblay, M. (2012). Think again: Social marketing campaign. *Journal of Physical Activity and Health*, 15(1), S205.
- Gainforth, H. L., Berry, T., Craig, C., Faulkner, G., **Rhodes, R.**, Spence, J. C., Tremblay, M., & Latimer, A. E. (2012). Evaluating the uptake of Canada's new physical activity guidelines. *Annals of Behavioral Medicine*, 43, S276.
- Latimer-Cheung, A. E., Tomasone, J. R., **Rhodes, R. E.**, Kho, M. E., Gainforth, H. L., Kowalski, K., Nasuti, G., Perrier, M. J. & The CPAG Messaging Recommendation Workgroup. (2012). Developing evidence-based messages for translating physical activity guidelines. *Annals of Behavioral Medicine*, 43, S93.
- McGowan, E., Speed-Andres, A., **Rhodes, R.**, Blanchard, C., Culos-Reed, N., Friedenreich, C. & Courneya, K.S. (2012). Sport participation in colorectal cancer survivors: An unexplored approach to promoting physical activity. *Annals of Behavioral Medicine*, 43, S92.
- Murumets, K., Costas-Bradstreet, C., Berry, T., Craig, C.L., Deshpande, S., Faulkner, G., Latimer, A., **Rhodes, R.**, Spence, J.C., & Tremblay, M.S. (2012). Think again: Social marketing campaign. *Journal of Medicine and Science in Sport*, 15(6 Suppl.), 233.
- Nasuti, G., **Rhodes, R. E.**, & Rickwood, G. (2012). Affective expectancies and physical activity in children: A review and meta-analysis. *Journal of Sport and Exercise Psychology*, 34, S263.
- Nehl, E.J., Blanchard, C.M. Kupperman, J., Sparling, P., **Rhodes, R.E.**, Torabi, M.R. & Courneya, K. (2012). Exploring physical activity by ethnicity and gender in college students using the Social Cognitive Theory. *Annals of Behavioral Medicine*, 43, S122.
- Rhodes, R.E.** (2012). An action control approach to understanding exercise behaviour. *Annals of Behavioral Medicine*, 43, S250.
- Rhodes, R.E.** & Dickau, L. (2012). Experimental evidence for the intention-behaviour relationship in the physical activity domain: A meta-analysis. *Annals of Behavioral Medicine*, 43, S250.
- Rhodes, R. E.**, Djukic, J., & Temmel, C. (2012). Neighbourhood aesthetics and its association with walking in a Canadian setting: A pilot study. *Journal of Sport and Exercise Psychology*, 34, S275.

Rhodes, R.E., Mark, R. & Temmel, C. (2012). Correlates of adult sedentary behaviour: A systematic review. *Annals of Behavioral Medicine*, 43, S273.

Rhodes, R. E., Murray, H., Temple, V., Tuokko, H. & Wharf Higgins, J. (2012). Pilot study of a dog walking intervention: Effects of a focus on canine health. *Journal of Sport and Exercise Psychology*, 34, S274.

Rhodes, R. E., Nasuti, G., & Fiala, B. (2012). Automaticity as a predictor of exercise action control. *Journal of Sport and Exercise Psychology*, 34, S9.

Trinh, L., Plotnikoff, R. C., **Rhodes, R. E.**, North, S., & Courneya, K.S. (2012). Understanding physical activity among kidney cancer survivors using the theory of planned behaviour. *Medicine and Science in Sports and Exercise*, 44(Suppl. 5), S349.

Voss, C., Race, D., Wharf Higgins, J., Naylor, P.J., Gibbons, S., **Rhodes, R.**, Macdonald, H., Sulz, L., & McKay, H. (2012). Is the bus an overlooked source of active transport to school in Canadian youth? *Journal of Science in Medicine and Sport*, 15, S209.

2011

Beauchamp, M.R., **Rhodes, R.E.**, Hua, S., Morton, K. L., Kreutzer, C., Liang, J., Khou, K.Y., Daoud, D.M., Sherman, M. F.B., Dunlop, W.L., & Sheel, A.W. (2011). Great expectations and false dawns: Can placebos be used to enhance physical health among adolescents? *Annals of Behavioral Medicine*, 41, S35.

Beauchamp, M.R., **Rhodes, R. E.**, Kreutzer, C., & Rupert, J. L. (2011). Experiential versus genetic accounts of inactivity: Implications for inactive participants? *Annals of Behavioral Medicine*, 41, S36.

2010

Fiala, B., **Rhodes, R.E.**, Blanchard, C.M. & Anderson, J.O. (2010). Using Social Cognitive constructs to predict preoperative physical activity before total joint replacement. *Journal of Sport and Exercise Psychology*, 32, S161.

Focht, B.C., **Rhodes, R.E.**, Gurusurthy, P., Wallis, J. & Petosa, R.L. (2010). Utility of the activity trait and the theory of planned behavior for explaining resistance exercise participation. *Annals of Behavioral Medicine*, 39, S154.

Kirk, M., & **Rhodes, R.E.** (2010). Occupation correlates of adults' participation in physical activity: A systematic review. *Journal of Sport and Exercise Psychology*, 32, S186.

- Kirk, M. A., & **Rhodes, R. E.** (2011, February). Performance Pressure: Are new faculty at risk of "letting themselves go" due to the demands of their profession. *Academic Matters*. http://www.academicmatters.ca/current_issue.article.gk?catalog_item_id=4784&category=/featured_articles/web_exclusive
- Lochbaum, M., Litchfield, K., **Rhodes, R.**, & Podlog, L. (2010). Advancing the exercise personality in an adult sample: A look into mechanisms of change. *Journal of Sport and Exercise Psychology*, 32, S192.
- Mark, R., **Rhodes, R.E.**, Casiro, N., & de Zwager, A.M. (2010). Understanding usage of exercise videogame bikes using the theory of planned behaviour among parents with young children in the home-setting: A pilot study. *Journal of Sport and Exercise Psychology*, 32, S196.
- Petosa, R., Focht, B.C., Gurumurthy, P., Wallis, J., & **Rhodes, R.E.** (2010). Social Cognitive Correlates of Drive for Muscularity and Resistance Exercise Participation. *Medicine and Science in Sports and Exercise*, 42(5), 560.
- Rhodes, R.E.**, Benoit, C., Blanchard, C.M., Symons Downs, D., Levy Milne, R., Naylor, P.J., Warburton, D.E.R., Riecken, K. & Pfaeffli, L.A. (2010). Predicting regular physical activity continuation after the onset of first-time parenthood. *Annals of Behavioral Medicine*, 39, S31.
- Rhodes, R.E.**, Benoit, C., Blanchard, C.M., Symons Downs, D., Levy Milne, R., Naylor, P.J., Warburton, D.E.R., Riecken, K., Pfaeffli, L.A., & Mark, R. (2010). Comparison of physical activity motivation and behaviour between age-matched parent and nonparent couples. *Journal of Sport and Exercise Psychology*, 32, S212.
- Rhodes, R.E.**, de Bruijn, G.J., & Mark, R. (2010). Automatic and motivational correlates of physical activity: Does intensity moderate the relationship? *Journal of Sport and Exercise Psychology*, 32, S212-S213.
- Rhodes, R.E.**, de Bruijn, G.J., & Matheson, D.H. (2010). Characterizing habit in the physical activity domain: Integration with intention temporal stability and action control. *Annals of Behavioral Medicine*, 39, S188.
- Rhodes, R.E.**, & Dickau, L. (2010). Moderators of the intention-behaviour relationship for physical activity: A systematic review. *Journal of Sport and Exercise Psychology*, 32, S213-S214.

Rhodes, R.E., & Nasuti, G. (2010). Trends and changes in behavioural physical activity research over the last two decades: A quantitative review. *Journal of Sport and Exercise Psychology* 32, S213.

Rhodes, R.E., Naylor, P.J. & McKay, H.A. (2010). RCT of a family physical activity planning intervention among parents and their children. *Annals of Behavioral Medicine*, 39, S212.

Rhodes, R., & Pfaefli, L. A. (2010, July). Mediator of physical activity behaviour change among adult non-clinical populations: A review update. *Canadian Society for Exercise Physiology Member Newsletter, Communique, July*, <http://www.csep.ca/english/view.asp?x=724&id=226>.

2009

Blanchard, C.M., Reid, R.D., Morrin, L.I., McDonnell, L., McGannon, K., **Rhodes, R.E.**, Spence, J.C. & Edwards, N. (2009). The role of the community and home environment when examining exercise behaviour during home-based cardiac rehabilitation. *Annals of Behavioral Medicine*, 37, S168.

Blanchard, C.M., Reid, R.D., Morrin, L.I., McDonnell, L., McGannon, K., **Rhodes, R.E.**, Spence, J.C. & Edwards, N. (2009). Understanding exercise behaviour during home-based cardiac rehabilitation: Is there a need for theory integration? *Annals of Behavioral Medicine*, 37, S83.

Faktor, M.D., Warburton, D.E.R., **Rhodes, R.E.** & Bredin, S.S.D. The Effects of administering the Canadian Physical Activity Fitness & Lifestyle Approach (CPAFLA) on health-related physical fitness knowledge as well as beliefs, attitudes, and intentions towards regular physical activity participation. *Applied Physiology, Nutrition and Metabolism*.

Focht, B., **Rhodes, R.E.** Gurumurthy, P., Wallis, J. & Petosa, R. (2009). The utility of the theory of planned behavior in explaining resistance exercise participation. *Annals of Behavioral Medicine*, 37, S173.

Hausenblas, H.A., **Rhodes, R.E.**, Hagan, A.L. & Giacobbi, P.R. (2009). Integrating five-factor model facet level traits with the theory of planned behavior and exercise. *Annals of Behavioral Medicine*, 37, S83.

Johnson, M.Z., Warburton, D.E.R., **Rhodes, R.E.** & Bredin, S.S.D. (2009). Heart rate response to interactive video games in young adults. *Medicine and Science in Sports and Exercise*, 41, S550-S551.

Mark, R. & **Rhodes, R.E.** (2009). Interactive video games: A review of literature. *Annals of Behavioral Medicine*, 37, S168.

Mark, R. & **Rhodes, R.E.** (2009). Active video games: A good way to exercise? *Wellspring*, 20, <http://www.centre4activeliving.ca/publications/wellspring/2009/aug-video-games.html>

McGannon, K., Blanchard, C.M., Busanich, R., McDonnell, L., Reid, R.D., **Rhodes, R.E.**, Spence, J.C., Morrin, L.I. & Edwards, N. (2009). Understanding gender differences in physical activity participation during home-based cardiac rehabilitation: A Grounded theory approach. *Annals of Behavioral Medicine*, 37, S84.

Rhodes, R.E., Conner, M. & Fiala, B. (2009). Affective expectations of physical activity among adults: A review and meta-analysis. *Annals of Behavioral Medicine*, 37, S171.

Rhodes, R.E., Temple, V.A., Pfaeffli, L.A. & Tuokko, H.A. (2009). Adverse events during physical activity participation in populations with cognitive conditions and mental disorders: A systematic review. *Applied Physiology, Nutrition and Metabolism*.

Rhodes, R.E. & Pfaeffli, L.A. (2009). Mediators of behaviour change among adult non-clinical populations: A review update. *Annals of Behavioral Medicine*, 37, S85.

Rhodes, R.E., Plotnikoff, R.C. & Courneya, K.S. (2009). Predicting the physical activity intention-behaviour profiles of adopters and maintainers using three social cognition models. *Annals of Behavioral Medicine*, 37, S82.

Scott, F., **Rhodes, R.E.** & Symons Downs, D. (2009). Does physical activity intensity moderate social cognition and behavior relationships? *Annals of Behavioral Medicine*, 37, S85.

2008

Blanchard, C.M., Nehl, E., **Rhodes, R.E.**, & Baker, F. (2008). Individual versus group-level effects of task and barrier self-efficacy on physical activity. *Journal of Sport and Exercise Psychology*, 30, S152.

Coble, J. & **Rhodes, R.E.** (2008). Physical activity behaviors and motivations in an adult First Nation population. *Annals of Behavioral Medicine*, 35, S171.

Johnson, M.Z., Warburton, D.E.R., **Rhodes, R.E.**, & Bredin, S.S.D. (2008). Free choice: Examining leisure-time activity of young adults when exposed to interactive video games. *Applied Physiology, Nutrition and Metabolism*, 33(Suppl.), S50.

Rhodes, R.E. (2008). Intention-behaviour discordance: Personality, social cognitive and

environmental explanations in the physical activity domain. *Journal of Sport and Exercise Psychology*, 30, S1.

Rhodes, R.E., Blanchard, C.M. & Blacklock, R.E. (2008). Should age and gender be considered when targeting for physical activity promotion? *Annals of Behavioral Medicine*, 35, S208.

Rhodes, R.E., Courneya, K.S., Blanchard, C.M. & Plotnikoff, R.C. (2008). Prediction of leisure-time walking: An integration of social cognitive, perceived environmental, and personality factors. *Annals of Behavioral Medicine*, 35, S208.

Rhodes, R.E. & Matheson, D.H. (2008). Does personality moderate the effect of implementation intentions on physical activity? *Annals of Behavioral Medicine*, 35, S209.

Rhodes, R.E., Warburton, D.E.R. & Coble, J. (2008). Effect of interactive video bikes on exercise adherence and social cognitive expectancies in young men: A pilot study. *Annals of Behavioral Medicine*, 35, S62.

Smith, N.E.I. & **Rhodes, R.E.** (2008). Parental reported physical activity and the symptoms of attention-deficit hyperactivity disorder in children. *Annals of Behavioral Medicine*, 35, S210.

2007

Bellows, K.H., **Rhodes, R.E.** & Hoffert, K. (2007). Comparing motives for lifestyle and exercise activities using the theory of planned behavior. *Medicine and Science in Sports and Exercise*, 39, S335.

Blacklock, R.E. & **Rhodes, R.E.** (2007). Effects of exercise intensity and self-efficacy on state-anxiety with cancer survivors. *Medicine and Science in Sports and Exercise*, 39, S452.

Blanchard, C.M., Fisher, J., Sparling, P., Nehl, E., **Rhodes, R.**, Courneya, K., & Baker, F. (2007). The importance of ethnicity within the theory of planned behavior in the exercise domain. *Annals of Behavioral Medicine*, 33, S190.

Blanchard, C.M., **Rhodes, R.E.**, Reid, R., McDonnell, L., Edwards, N., McGannon, K., Morrin, L. & Spence, J. (2007). Using social cognitive theory to explain exercise behavior in patients receiving home-based cardiac rehabilitation: A preliminary analysis. *Annals of Behavioral Medicine*, 33, S188.

McIntyre, C.A. & **Rhodes, R.E.** (2007). Transitions to motherhood and its effect on physical activity. *Journal of Sport and Exercise Psychology*, 29, S186.

Rhodes, R.E. & Blanchard, C.M. (2007). Evaluating physical activity cognitions in diseased populations: Preliminary evidence for integrated content in chronic disease prevention and rehabilitation. *Annals of Behavioral Medicine*, 33, S187.

Rhodes, R.E. & Smith, N.E.I. (2007). Personality correlates of physical activity: A review and meta-analysis. *Medicine and Science in Sports and Exercise*, 39, S341.

Symons Downs, D., DiNallo, J.M. & **Rhodes, R.E.** (2007). Youth exercise intention: Does age moderate the associations among the Theory of Planned Behavior constructs? *Annals of Behavioral Medicine*, 33, S189.

Trinh, L. & **Rhodes, R.E.** (2007). Gender differences in belief-based markers for physical activity among adolescents. *Medicine and Science in Sports and Exercise*, 39, S339.

2006

Bellows, K. & **Rhodes, R.E.** (2006). The birth of inactivity? A review of physical activity and parenthood. *Journal of Sport and Exercise Psychology*, 28, S32.

Blacklock, R., **Rhodes, R.E.** & Brown, S.G. (2006) Relationship between regular walking, physical activity and health-related quality of life. *Journal of Sport and Exercise Psychology*, 28, S35.

Brown, S.G. & **Rhodes, R.E.** (2006). Dog ownership and regular walking. *Alberta Centre for Active Living Research Update*, 13.
http://www.centre4activeliving.ca/publications/research_update/2006/activelivingjune06.html

Coble, J.D. & **Rhodes, R.E.** (2006). Physical activity and aboriginal populations in North America: A review. *Annals of Behavioral Medicine*, S157.

Dean, R.N., Tuokko, H. A. & **Rhodes, R. E.** (2006). Physical activity and driving difficulties in older adults. *Canadian Association on Gerontology*.

Kliman, A. & **Rhodes, R.E.** (2006). An evaluation of Health Canada's Physical Activity Guide to Healthy Active Living as a motivational instrument. *Annals of Behavioral Medicine*, S052.

Rhodes, R.E. (2006). Physical activity and children: Predictors of activity across a school year. *Centre for Youth & Society Newsletter*, June, www.youth.society.uvic.ca

Rhodes, R.E. & Blanchard, C.M. (2006). Do sedentary motives correlate with physical activity? Adding behavioural choice principles to the theory of planned behaviour. *Journal of Sport and Exercise Psychology*, 28, S153.

Rhodes, R.E., Brown, S.G. & McIntyre, C. A. (2006). Integrating social cognition and the perceived environment when predicting walking. *Annals of Behavioral Medicine*, S154.

Sarkany, D., Bredin, S.S.D., Whitford, W., Esch, B.T.A., Scott, J.M., Jongkind, B., Yuen, R., **Rhodes, R.E.** & Warburton, D.E.R. (2006). A comparison of the metabolic requirements of interactive video game and traditional stationary cycling. *Applied Physiology, Nutrition and metabolism*.

Smith, N.E.I., **Rhodes, R.E.**, Naylor, P.J. & McKay, H.A. (2006). Exploring moderators of the relationship between physical activity behaviours and television viewing in elementary school children. *Annals of Behavioral Medicine*, S156.

Wallbrecht, K., Rhodes, E.C., Langill, R.H. & **Rhodes, R.E.** (2006). The effects of a 12-week cardiac rehabilitation program on four measures of health outcomes. *Medicine and Science in Sports and Exercise*, 38, S368.

2005

Courneya, K.S., Jones, L. W., **Rhodes, R.E.** & Blanchard, C.M. (2005) Effects of different combinations of intensity categories on self-reported exercise. *Annals of Behavioral Medicine*, 29, S094.

Hopper, T.F., Brown, S.G. & **Rhodes, R.E.** (2005). Augmenting the aptitude of learning how to teach physical education: Situated learning and an application of the theory of planned behaviour. *Council of University Professors and Researchers*, 44.

Rhodes, R.E. & Blanchard, C.M. (2005). Testing higher-order measurement structures of the theory of planned behavior and exercise. *Annals of Behavioral Medicine*, 29, S089.

Rhodes, R.E. & McKay, H.A. (2005). Self-esteem and competency outcomes among 4th to 6th grade students across 15 months of a school-based physical activity program. *Annals of Behavioral Medicine*, 29, S067.

Rhodes, R.E. & McKay, H.A. (2005). Ethnic and gender differences in physical activity motivation and behavior among 4th to 6th grade students. *Annals of Behavioral Medicine*, 29, S169.

Rhodes, R.E. & Plotnikoff, R.C. (2005). Can past physical activity act as a reasonable proxy measure of future physical activity? An evaluation using social cognition models. *Annals of Behavioral Medicine*, 29, S089.

Tuokko, H., McGee, P. & **Rhodes, R.** (2005). Readiness to change driving behavior: A pilot study using a new decisional balance scale. *Canadian Association on Gerontology*, 34, 117.

Warburton D.E.R., Bredin S.S.D., Horita L.T.L., Esch B.T.A., Scott J.M., Zbogar D., & **Rhodes R.E.** (2005). The health benefits of interactive video game exercise. *Canadian Journal of Applied Physiology*, 30, S84.

2004

Blanchard, C.M., Fisher, J., Sparling, P., Nehl, E., Courneya, K.S., **Rhodes, R.E.** & Baker, F. (2004). Using the theory of planned behavior to explain exercise behavior in a community sample of African-Americans and Caucasians. *Journal of Sport and Exercise Psychology*, 26, S36.

Rhodes, R.E., Blanchard, C.M. & Matheson, D.H. (2004). Motivational antecedent beliefs of endurance, strength, and flexibility activities in a college student sample. *International Journal of Behavioral Medicine*, 11, S146.

Rhodes, R.E., Blanchard, C.M. & Matheson, D.H. (2004). A multi-component model of theory of planned behavior structure for predicting exercise behavior. *International Journal of Behavioral Medicine*, 11, S146.

Rhodes, R.E. & Matheson, D.H. (2004). Moderators of the exercise intention and expectation relationship. *Journal of Sport and Exercise Psychology*, 26, S153.

Rhodes, R.E., Matheson, D.H. & Blanchard, C.M. (2004). Testing continuous open scaling for theory of planned behavior measurement in the exercise domain. *International Journal of Behavioral Medicine*, 11, S102.

Spence, J. C., Wild, T. C., **Rhodes, R.**, Melanson, C. L., & Thiem, A. (2004). The weight appropriateness of characters in popular movies. *International Journal of Behavioral Medicine*, 11, S116.

Spence, J. C., Wild, T. C., **Rhodes, R.**, Thiem, A., & Melanson, C. L. (2004). The portrayal of obesogenic behaviours in popular movies, 1952-2001. *International Journal of Behavioral Medicine*, 11, S300.

2003

Blanchard, C.M., Nehl, E.J., **Rhodes, R.E.**, Fisher, J, Sparling, P., & Courneya, K.S. (2003). The moderating influence of ethnicity on the theory of planned behavior in the exercise domain. *Annals of Behavioral Medicine*, 25.

Courneya, K.S., Friedenreich, C.M., Sela, R.A., Quinney, H.A., **Rhodes, R.E.**, & Jones, L.W. (2003). Understanding Exercise Adherence in Cancer Survivors After Participation in a Randomized Controlled Trial: An Attributional Perspective. *Annals of Behavioral Medicine*, 25.

Courneya, K.S., Jones, L.W., **Rhodes, R.E.**, & Blanchard, C.M. (2003). Effect of response scales on self-reported exercise frequency. *Annals of Behavioral Medicine*, 25..

Rhodes, R.E., Berry, T., Naylor, P.J., & Wharf Higgins, S.J. (2003). The processes of change and physical activity: Three-step validation in a sample of adolescents. *Journal of Sport and Exercise Psychology*, 25, S110..

Rhodes, R.E. & Courneya, K.S. (2003) Threshold Assessment of the theory of planned behavior for predicting exercise intention and behavior. *Medicine and Science in Sports and Exercise*, 35, S149.

Rhodes, R.E., Courneya, K.S., & Jones, L.W. (2003). Translating exercise intentions into behavior: Social cognitive and personality influences. *Annals of Behavioral Medicine*, 25, S006.

Rhodes, R.E., Courneya, K.S., & Jones, L.W. (2003). Lower-order personality traits and the theory of planned behavior: Interaction effects in the exercise domain. *Annals of Behavioral Medicine*, 25, S006.

2002

Courneya, K.S., Friedenreich, C.M., Sela, R., Quinney, H.A., & **Rhodes, R.E.** (2002). Correlates of adherence and contamination in a randomized controlled trial of exercise in cancer survivors. *Annals of Behavioral Medicine*, 24, S049.

Courneya, K.S., Friedenreich, C.M., Sela, R., Quinney, H.A., **Rhodes, R.E.**, & Handman, M. (2002). Home-based exercise improves quality of life in cancer survivors beyond group psychotherapy: Results of a randomized controlled trial. *Annals of Behavioral Medicine*, 24, S160.

Plotnikoff, R.C., Courneya, K. S., Spence, J. C., & **Rhodes, R. E.** (2002). The development of an integrated stage model for population-based physical activity interventions. *International Journal of Behavioral Medicine*, 9, S219.

Rhodes, R.E. & Courneya, K.S. (2002). Does personality moderate the theory of planned behavior in the exercise domain? *Annals of Behavioral Medicine*, 24, S133.

Rhodes, R.E. & Courneya (2002). Relationships between personality, an extended theory of planned behavior model and exercise behavior. *Annals of Behavioral Medicine*, 24, S133.

Rhodes, R.E., Jones, L.W. & Courneya, K.S. (2002). Moderating effects of personality on exercise motivation. *Medicine and Science in Sports and Exercise*, 34, S351.

Spence, J.C., **Rhodes, R.E.**, & Plotnikoff, R.C. (2002). Does self-efficacy mediate the relationship between sociodemographic variables and exercise? *International Journal of Behavioral Medicine*, 9, S256.

2001

Courneya, K.S., Friedenreich, C.M., Quinney, A.H., Sela, R.R., Jones, L.W., **Rhodes, R.E.**, & Handman, M. (2001). Baseline characteristics of group therapy cancer patients involved in a randomized clinical trial of exercise. *Annals of Behavioral Medicine*, 23, S083.

Courneya, K.S., Friedenreich, C.M., Quinney, A.H., Sela, R.R., **Rhodes, R.E.**, Jones, L.W., & Handman, M. (2001). Baseline relationships between exercise and quality of life in group therapy cancer patients participating in an exercise trial. *Annals of Behavioral Medicine*, 23, S075.

Plotnikoff, R., Bercovitz, K., **Rhodes, R.E.**, Brown, S., McDonald, P. & Driezen, P. (2001). Does the relationship between body weight perceptions, desires and concerns with exercise and smoking vary between Canadian high school males and females? *Annals of Behavioral Medicine*, 23, S079.

Rhodes, R.E. & Courneya, K.S. (2001). Personality and exercise preferences. *Journal of Sport and Exercise Psychology*, 23, S45.

Rhodes, R.E., Courneya, K.S., & Bobick, T. (2001). Personality and exercise participation across the breast cancer experience. *Annals of Behavioral Medicine*, 23, S074.

Rhodes, R.E., Jones, L.W., & Courneya, K.S. (2001). Extending the theory of planned behavior in the exercise domain: A comparison of social support and subjective norm. *Medicine & Science in Sports & Exercise*, 33, 632.

2000

Plotnikoff, R., **Rhodes, R.E.**, Courneya, K.S., Hotz, S., & Birkett, N. (2000). Physical activity in a Canadian population-based sample: A three-wave, two group structural equation model of protection motivation theory. *Journal of Sport and Exercise Psychology*, 22, S86.

Rhodes, R.E., Courneya, K.S., & Jones, L.W. (2000). Relationships between extraversion, the Theory of Planned Behavior, and exercise: The unique role of extraversion's activity facet. *Journal of Sport and Exercise Psychology*, 22, S89.

Rhodes, R.E., & Courneya, K.S. (2000). The relationship between exercise behavior, intention, self-efficacy, and the personality dimensions of extraversion and neuroticism. *Annals of Behavioral Medicine*, 22(Suppl.).

1999

Rhodes, R.E., Martin, A.D., Taunton, J.E. & Craig, K.D. (1999). Self-efficacy, social support, age, education, and muscular strength as predictors of exercise adherence among older women. *Medicine and Science in Sports and Exercise*, 31, S314.

1998

Rhodes, R.E., Martin, A.D. & Taunton, J.E. (1998). The relationship of self-efficacy, education, and social support to regularly exercising older adults. *Medicine and Science in Sports and Exercise*, 30, S121.