

# Student Research Award Winner Profiles

## Mary Catherine Marshall Award Winner



disorders and in relation to school-based mental health supports. This study is a first step in identifying the supports accessed by youth and their parents within the local school system in order to examine current practices and to gather data on whether more refined practices, interventions, and support are warranted, especially in relation to adolescents' learning needs. The research directly impacts

*"The research directly impacts youth and their families because specific intervention programs and support strategies will be explored"*

youth and their families because specific intervention programs and support strategies will be explored. The findings from this research will be of interest to diverse stakeholders and could influence community mental health programs, policy Development, and collaboration with schools for youth.

CFYS Congratulates Breanna Lawrence, winner of the 2014 Mary Catherine Marshall Award. The **Mary Catherine Marshall Memorial Award** was created thanks to a generous donation from Gloria and Duncan Marshall. The award is for graduate students who are members of the Centre for Youth & Society and whose research is directed at improving the lives of youth and their families. This award will support Breanna's research on the unique needs of youth with learning challenges and co-occurring emotional and or behavioural

## Myer Horowitz Award Winner

The Myer Horowitz Award provides opportunities for graduate student affiliates to conduct community based research or present at conferences. The award reflects Dr. Horowitz's commitment to enriching graduate student interdisciplinary training by creating opportunities for learning outside of the university and across disciplines. With support

*"The conference will be a great opportunity to showcase the work being done here at Uvic and provide valuable information about the development of children"*

from the Myer Horowitz Award this year, doctoral student Jeff Crane made his presentation, "Perceptions of Physical Competence and Motor

Proficiency in Middle Childhood" at the



Society of Health and Physical Educators (SHAPE America) National Convention in Seattle, Washington. Jeff's research examined motor skill proficiency and perceptions of competence of grade 3 children, as well as relationships with sex, finding that contrary to theory, mean perceptions of competence of both boys and girls were high.

## CFYS Youth & Family Research Exchange Launched

CFYS is delighted to announce the pilot of our new Youth and Family Community Research Exchange. The Research Exchange responds rapidly to community evidence requests while at the same time offering training to UVic students and an opportunity to serve the community while studying. The Research Exchange is inspired by community engaged research scholarship, the European Science Shop movement, the rapid review approach to evidence synthesis, and most importantly by CFYS local partnerships with youth serving organizations. CFYS has been practicing community engaged research and offering innovative training since its inception in 1997. CFYS regularly receives numerous research evidence requests from our many partners, including youth and family serving non-profit organizations. Simultaneously, youth and family funding partners require evidence based justification for the development of new and continuing projects. Small non-profit

organizations are faced with a dilemma: investing in evidence gathering is often viewed as taking funds away from much needed direct



Victoria Foundation Community Initiatives Coordinator, Sasha Gronsdaal; CFYS Director, Anne Marshall; and Associate Dean of Education, Helen Raptis launch CFYS Youth & Family Research Exchange

services. In the end, vital research is being deferred and CFYS has been documenting this gap by cataloguing some of these requests. The Community Research Exchange allows us to respond to the numerous small scope but critically ...con't p.3

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The Centre for Youth & Society mission is to promote the health and well-being of youth from diverse social, economic and ethnic backgrounds in evolving societal circumstances. The Centre facilitates university-community partnerships to generate and mobilize knowledge regarding the strengths, challenges, and opportunities of youth. Current research clusters include: mental health, literacy, youth and new technologies, Indigenous youth, youth and the economy, health and recreation, community-youth engagement, and knowledge mobilization for youth audiences.

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## Supporting CFYS

Donations to the Centre can take many forms, from one-time gifts to established endowment funds. Please contact us for more information.

Alternatively, donors may visit [external.uvic.ca/development](http://external.uvic.ca/development) and click on the "Ways to Give" tab. You can then specify the Centre for Youth & Society as the department to receive your gift. Thank you.

## CFYS On the Web



[www.youth.society.uvic.ca](http://www.youth.society.uvic.ca)



Centre for Youth & Society



@UVic\_CFYS

## Listening to Young People - CFYS at IdeaFest 2015

On Wednesday March 4, CFYS hosted an interactive research showcase entitled "Listening to Young People - Research that Makes a Difference." As half the world's population is under the age of 25, research that includes the perspectives of young people is critical. This event, a part of UVic's

2015 IdeaFest, brought together students, faculty, and community members with a common interest in respecting youth voices. Attendees had the opportunity to visit nine stations that highlighted innovative methods designed to engage youth in research. Student researchers gave...con't p.2





# Message from Our Director



**CFYS and the UVic Edge**—Dynamic learning, vital impact and extraordinary environment are the foundation of our work at UVic. At CFYS, it is easy to see these three features coming together whether through our research services, KM and learning events, or student awards - all profiled in this newsletter.

We are excited by the community and student enthusiasm we are witnessing with the launch of our Youth and Family Community Research Exchange. The student-produced rapid reviews will make a vital contribution to youth and family serving nonprofit organizations. Also, in this issue, I am reminded of the important ways our donors facilitate the impact of student research as we profile the Myer Horowitz and Mary Catherine Marshall award winners. These awards support student research that directly impacts youth and their families.

“Listening to Young People - Research that Makes a Difference” was the theme of our March Ideafest event that provided a dynamic learning opportunity for students and community partners exploring participatory methods of youth engagement in research. We remain convinced of the excellence of research training at CFYS where students are supported to both produce and apply research.

Finally, we know that our learning environment and the vital impact of our research would not be possible without the work of our extraordinary Advisory Board members. In this issue, we say thank you to two departing members: Dick Brown from School District 61 and Gayle Read from the Ministry of Children and Family Development. Their years of commitment have helped us to advance our mission in concert with educational and community priorities.

- Anne

## CFYS at IdeaFest Continued



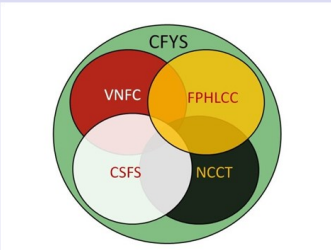
Con’t from p.1 ... short presentations on innovative methods used to gather youth

perspectives. The methods profiled at this event included graphic novels, participatory photography, possible selves mapping, Facebook, smartphone polling, collage and drawing as data, youth community mapping, quilt stories, and Indigenous methods.



## Stronger Together Final Partner Meeting

**Stronger Together:** Helping each other to strengthen and sustain Indigenous youth identity and cultural knowledge, a SSHRC Partnership Development research project, is nearing completion. On July 16th at First People’s House, the research teams will gather to share findings. The event will feature presentations of research relating to canoe journeys, language and cultural camps, innovative pre-employment programs and other youth cultural identity initiatives.



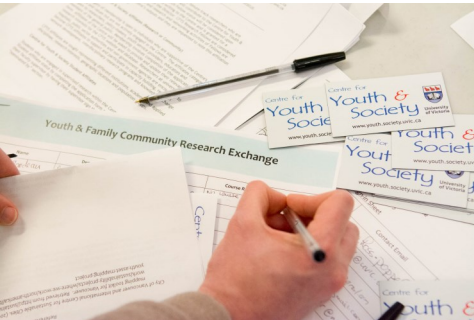
## CFYS with AGES



The Association of Graduate Education students (AGES) and CFYS co-hosted two graduate student research cafes in March on the topics of preparing for conference presentations and effective research posters. CFYS fellow Dr. Deborah Begoray and Centre Director Anne Marshall and Dr. Joan Wharf-Higgins were also keynote speakers at the AGES Research Conference 2015 where over 24 graduate students presented their research papers or posters.

# Youth & Family Research Exchange Continued

Con’t from p.1...important evidence requests from youth and family serving organizations. The Community Research Exchange aims to improve the lives of children, youth and families through leading edge information/evidence gathering and knowledge mobilization. The project offers a seamless match to the community engagement priorities of the university and is an innovative example of “bringing learning to life while supporting community needs” (UVic Academic Priorities and Plan 2013-14). The project will deploy one of the greatest assets of the university - the enthusiasm of students for community engagement in a supervised training setting. Regionally the project has the potential to lift the youth and family sector’s use of evidence in multiple



ways: providing evidence of successful practices and interventions; documenting program/intervention effectiveness; and building case examples to guide program improvement. To find out more about the CFYS Research Exchange that will provide training while contributing to solutions to real-world problems - visit our website [youth.society.uvic.ca](http://youth.society.uvic.ca).

## CFYS Researchers at IdeaFest Graphic Novel Event



CFYS Director, Dr. Anne Marshall, Research Fellow, Dr. Deborah Begoray and student affiliate, Robin Wilmot, present at the Uvic Bookstore Comic Book Fair, “Graphic Ideas @ Uvic” during IdeaFest 2015.

## CFYS Director & Past Director Win Provost's Engaged Scholar Awards

CFYS Director, Dr. Anne Marshall, and past director, Dr. Bonnie Leadbeater have been named the 2015 recipients of the Provost’s Community Engaged Scholar Awards. This is the second year for the annual awards program, which celebrates the integration of outstanding scholarship, inspired teaching and real-life, community engagement. This year’s awards were presented at IdeaFest on Mar. 3. Dr. Marshall’s research on Indigenous youth employment and cultural identity has been shared with academic audiences and communities. Her research laid the foundation for the new Indigenous Communities Counselling Psychology Program, a unique graduate program that incorporates Indigenous knowledge and ways of sharing knowledge to

promote healing. She has also worked with youth in prison to create a graphic novel, In and Out, exploring successful transitions from custody to a healthy, productive life. With funding from the Truth and Reconciliation Commission of Canada, Marshall gathered stories and strategies about survivor resistance to the residential school system. The findings were transformed by Indigenous post-secondary students into digital stories that have been incorporated into school curricula. Dr. Marshall’s work is always guided by her commitment to community engagement and relationship building. The two recipients will be conferred the title of University of Victoria Engaged Scholar, which will be held for a period of 5 years and may be renewed after that time.

## Become a CFYS Member

There are four membership categories within the Centre for Youth & Society: Research Fellow, Research Affiliate, Student Affiliate, or Community Member.

Membership is free. Members support the mission and goals of CFYS and are expected to adhere to high ethical principles in the conduct and dissemination of research.

To apply for membership, download the application package on our website and email it to [cys@uvic.ca](mailto:cys@uvic.ca) or fax to 250-472-5470.