Contemplative Practices, Contemplative Pedagogies

Tim Lilburn

Thursday, November 21
5:00-6:00 p.m.
David Turpin Building, Room A110

University classrooms are places where information and skills, at various levels of sophistication and complexity, are transmitted. I wish to consider the possibility that they are, as well, environments where contemplative exercises may occur, that they are one of a few promising locations where this sort of thought, contemplative insight, might unfold. I suspect, in fact, that taking a contemplative approach in teaching would enhance the learning of certain skills and the absorption of information; in an atmosphere of permeable attentiveness, items of knowledge shine with a liberating newness, opening up new ranges of interior possibility and from this, new areas of knowledge.

Tim Lilburn, poet and essayist, teaches in UVic’s Dept. of Writing. His poetry collection Kill-site won the Governor General’s Award. His most recent book of essays is The Larger Conversation (2017).

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