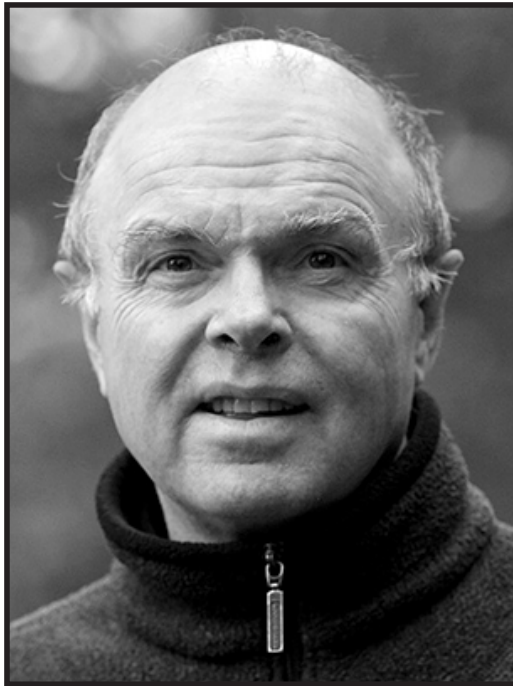




University
of Victoria



Contemplative Practices, Contemplative Pedagogies

Tim Lilburn

Thursday, November 21

5:00-6:00 p.m.

David Turpin Building, Room A110

University classrooms are places where information and skills, at various levels of sophistication and complexity, are transmitted. I wish to consider the possibility that they are, as well, environments where contemplative exercises may occur, that they are one of a few promising locations where this sort of thought, contemplative insight, might unfold. I suspect, in fact, that taking a contemplative approach in teaching would enhance the learning of certain skills and the absorption of information; in an atmosphere of permeable attentiveness, items of knowledge shine with a liberating newness, opening up new ranges of interior possibility and from this, new areas of knowledge.

Tim Lilburn, poet and essayist, teaches in UVic's Dept. of Writing. His poetry collection *Kill-site* won the Governor General's Award. His most recent book of essays is *The Larger Conversation* (2017).

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