Some in the Sikh community argue that Panjabi culture promotes the consumption of alcohol while Sikhi prohibits it. Yet culture and religion are not so easily separated or characterized in such simplistic ways. Simply blaming “the culture” neglects the impacts of intergenerational trauma and contemporary formations of masculinity, culture, and religion that are rooted in colonialism. Stating that Sikh is vehemently anti-alcohol also fails to engage lived reality and central thesis of the Sikh, namely *IkOankar* (1-Ness).

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