



University  
of Victoria

Centre for Studies in  
Religion and Society

# SCHOLARS IN THE SQUARE



Leah Mernaugh Bergman

## Yoga and Christianity: A Stretch, or a Perfect Match?

Can a Hinduism-infused practice like yoga really be Christianized? Does yoga threaten Christian commitment, or does it supplement it or even deepen it? Drawing from my ethnographic fieldwork among Christian yoga practitioners in British Columbia, I will consider several ways Christianity and yoga inform and transform one another for those at the intersection of two seemingly incompatible traditions.

**Leah Mernaugh Bergman** is a PhD Candidate in the Department of Anthropology at UVic. Her research interests revolve around Christian communities in Canada and the United States and their interactions with “outside” cultural and religious practices.

January 9, 2025  
5:00–6:00pm PT

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