



## Mock overdose response Scenario 2

### Setting:

Hospital entrance  
Single-use bathroom

### Three-person response:

One staff acting as the bathroom occupant, one staff acting as the security guard who is first at the scene, and one staff playing the co-worker coming to help.

### Case scenario:

You work in a hospital as a security guard. You are assigned to the emergency entrance today. There is a universal, single-use bathroom with an occupied sign that turns red when in use. It locks from the inside. The door opens inward and has a safety mechanism on the outside that is accessible with a key for emergency situations. A person entered the bathroom – the occupied sign is red. Five minutes have passed, and the occupied sign is still displayed, so you go to check on the person.

Follow the hospital bathroom safety check protocol to respond to the situation. What do you do next? Describe the steps you will take to check on the person's safety inside the bathroom.

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There is no response from the person inside the bathroom. You proceed to use the bathroom key to open the door.

Describe how you will let the person know that you are coming in. Describe what you communicate to your co-worker who just arrived to help you, including any actions you will take or delegate.

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As you try opening the door, you notice resistance. You realize that the person is on the ground and up against the door.

Describe what you will do next:

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Once inside the bathroom, you see an uncapped syringe on the floor and other personal belongings. The person is unconscious, and their breathing is slow and shallow. You notice that their lips and fingertips are blue and see a minor cut with blood on the back of their head.

Describe what you and your co-worker will do next:

- How will you discard the uncapped syringe, and when?
- What steps will you take to provide first aid to the person?
- Talk through what you will prioritize and any additional supports you may need.

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The person has regained consciousness and is now waking up.

How will you handle the situation at this point? What will you tell them?

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## Debrief checklist

- Feedback from the perspective of the staff responding and the person needing help, as well as any observers.
- Any knowledge or skills to review? Training to refresh?
- Any issues with your current bathroom safety check protocol? Changes needed?
- Any issues with the bathroom itself? Changes required?
- Make an action plan to address needs, issues, and areas of improvement.



Visit [saferbathrooms.ca](https://saferbathrooms.ca)  
for more information  
on bathroom safety and  
to download resources:



Bathroom safety  
assessment  
walkthrough  
checklist



Safer bathroom  
policy and  
protocol guide



Examples of  
safer bathroom  
signage



Safer bathroom  
design  
fact sheet

The safer bathrooms toolkit provides a repository of potentially useful documents to assist with communication, training, policy and protocol development, and design. They were developed in 2022 using experiential knowledge, lessons learned in practice, and existing resources. The usefulness of these documents and outcomes may vary depending on the setting. The team responsible for the toolkit's development does not accept legal liability or responsibility for the toolkit or any consequences arising from its use.

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