



Mock overdose response Scenario 1

Setting:

Drop-in centre

Multi-use bathroom

Two-person response:

One staff acting as the bathroom occupant, and one acting as the staff who is first to arrive at the scene.

Case scenario:

You work in a drop-in centre and are assigned to bathroom checks today. The main door to the bathroom does not lock. The bathroom is multi-use, with six stalls that lock from the inside. They have safety mechanisms on the outside, accessible with a key for emergency response.

When you arrived for your shift, you ensured the bathroom was stocked with naloxone. You saw someone go into the bathroom 5 minutes ago. You go to check on them.

Follow your workplace bathroom safety check protocol to respond to the situation. What do you do next? Describe the initial steps you will take to check on the person inside the bathroom.

There is no response from the person inside the bathroom. You approach the stall and see the person's legs lying on the floor.

Describe how you will let the person know that you are coming into the stall and how you will call for help.

After opening the stall door, you see the person lying on the floor between the toilet and the stall wall. They are not responding to your verbal cues. They are pale and clammy with shallow breathing.

Describe what you will do next:

- How will you handle the other bathroom occupants who are trying to help?
- What steps will you follow to provide first aid to the person?

The person has regained consciousness and is now waking up. They want to leave immediately and are slightly agitated.

How will you handle the situation at this point? What will you tell them?

Debrief checklist

- Feedback from the perspective of the staff responding and the person needing help, as well as any observers.
- Any knowledge or skills to review? Training to refresh?
- Any issues with your current bathroom safety check protocol? Changes needed?
- Any issues with the bathroom itself? Changes required?
- Make an action plan to address needs, issues, and areas of improvement.



Visit saferbathrooms.ca for more information on bathroom safety and to download resources:



Bathroom safety assessment walkthrough checklist



Safer bathroom policy and protocol guide



Examples of safer bathroom signage



Safer bathroom design fact sheet

The safer bathrooms toolkit provides a repository of potentially useful documents to assist with communication, training, policy and protocol development, and design. They were developed in 2022 using experiential knowledge, lessons learned in practice, and existing resources. The usefulness of these documents and outcomes may vary depending on the setting. The team responsible for the toolkit's development does not accept legal liability or responsibility for the toolkit or any consequences arising from its use.

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