Sub study 1.

Harm Reduction for Older Adults: Expanding and Sustaining an Integrated Housing and Healthcare Model

Background:
- Adults aged 50 and over:
  - experience co-occurring addiction, homelessness, and poverty in Alberta in growing numbers.
  - accounted for 40% of non-fentanyl, opioid-related deaths in 2016.
- Peter Coyle Place (PCP) offers a model of integrated housing and primary health care informed by harm reduction. Multidisciplinary health and social supports are offered on-site to older adults (55+) with histories of chronic mental illness and/or addiction and homelessness.

Aim:
Increase access to overdose prevention and harm reduction services at PCP by:
- Empowering frontline service providers with knowledge, skills, and supports for service delivery.
- Strengthening collaboration between health, housing, and social service providers/agencies. Co-develop data-informed policies and programs with stakeholders across sectors to enable housing-based overdose prevention/harm reduction services for older adults across Alberta.

Action Plan:
2019-20:
- Strike Advisory Groups to aid in co-design of expanded services and oversee research.
  - at PCP, including residents & staff.
  - Calgary Expert Community Advisory Group (ECAG) with representation from community agencies, AHS, and individuals with lived experience of addiction/homelessness.
- Formalize community collaborative partnerships related to on-site service delivery at PCP.
- Scan environment of current stakeholders and innovations offering housing-based primary health care, overdose prevention, and harm reduction across Alberta.
- Review and report synthesized literature on local, national, & international innovations in housing-based primary health care, overdose prevention, and harm reduction.
- Plan and produce protocols for implementing expanded model of care at PCP.
- Expand PCP team (recreation therapist, nurse, support workers x2) and training provision.

2020-23:
- Implement, monitor/adapt, evaluate expanded model of care (incl. OD prevention & harm reduction) at PCP.
- Contribute to a community of practice with service providers from various Alberta rural and urban settings.