November 8, 2022



The Regional Municipality of Durham

Health Department

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The Honourable Jean-Yves Duclos, PC, MP Minister of Health House of Commons Ottawa, ON K1A 0A6

Dear Minister Duclos:

RE: Support for 'M-61 Warning Label Strategy for Alcoholic Products'

As Durham Region's Medical Officer of Health, I am writing to express support for the motion put forward by Member of Parliament, Lisa Marie Barron at the 44th Parliament, 1st Session, <u>M-61 National Warning Label</u> <u>Strategy for Alcoholic Products</u>, calling on the federal government of Canada to implement alcohol warning labels. I request **that you please support motion M-61** and the implementation of federally mandated labels on all alcohol containers sold in Canada to better inform your constituents about the health risks of alcohol. This is especially important given that the **majority of Canadians are unaware that alcohol is classified by the** <u>WHO as a Class 1 carcinogen</u> and causes seven different types of cancer including breast and colon.

Motion M-61 aligns with the recent call for warning labels that formed part of the Canadian Centre on Substance Use and Addiction's proposed new <u>Canadian Guidance on Alcohol and Health</u> and the recommendation that Health Canada: "require, through regulation, the mandatory labelling of all alcoholic beverages to list the number of standard drinks in a <u>container, the Guidance on Alcohol and Health, health warnings and</u> <u>nutrition information</u>." This recommendation comes from leading scientific experts in the field and is supported by <u>Evidence-based Recommendations</u> for Labelling Alcohol Products in Canada developed by the <u>Canadian</u> <u>Alcohol Policy Evaluation (CAPE)</u> project researchers, who have been leaders in the alcohol policy field for over 10 years. Importantly, Australia and New Zealand recently <u>mandated a pregnancy warning</u>,

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the Irish government has passed regulations requiring a <u>cancer warning label</u> and a recent study in Yukon demonstrated the <u>impact of warning labels</u>.

I also support calls for the federal government to develop a federal Alcohol Act, within which alcohol labelling regulations can be housed, **and we urge you to do the same**. <u>Tobacco</u> and <u>cannabis</u> products, two other legally regulated psychoactive substances, are already subject to mandatory warning labels and governed by federal Acts. It is time to call on the Government of Canada, without interference from the alcohol industry, to do the same with alcohol, a drug that cost Canada <u>\$16.6 billion</u> and was responsible for more than 18,000 deaths in 2017 alone.

In summary, I support motion <u>M-61 National Warning Label Strategy for Alcoholic Products</u>. I also ask for our government to implement a federal Alcohol Act. I look forward to your support on these important issues for the health of Canadians.

Yours sincerely,

Robert Kyle, BSc, MD, MHSc, CCFP, FRCPC, FACPM Durham Region Medical Officer of Health

 cc Ms. Lisa Marie Barron, MP Nanaimo/Ladysmith Dr. Colin Carrie, MP Oshawa The Honourable Mark Holland, PC, MP Ajax Mr. Philip Lawrence, MP Northumberland/Peterborough South Ms. Jennifer O'Connell, MP Pickering/Uxbridge The Honourable Erin O'Toole, MP Durham Mr. Jamie Schmale, MP Haliburton/Kawartha Lakes/Brock Mr. Ryan Turnbull, MP Whitby