

ALCOHOL & DRUG USE AMONG Adults

IN CLUB AND PARTY SETTINGS* in Victoria, BC 2010-2016



Who took part in the study?

*Data are drawn from the "High Risk Populations" study and based on a sample of adults over 19 recruited using informational flyers distributed at post-secondary institutions and other locations in Victoria, as well as via social media. Participants must have used substances other than alcohol and marijuana at least once every month for the past 6 months to be eligible for the study. Data are not representative of the general population in Victoria. A total of 623 interviews were completed between 2010 and 2016.

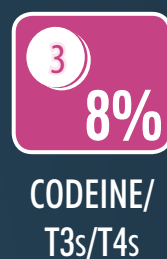
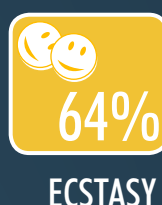
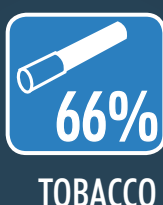
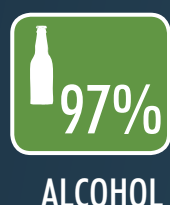
AVERAGE AGE
23

83% CAUCASIAN
2% ABORIGINAL
15% OTHER

82% STRAIGHT
12% BISEXUAL
12% GAY/LESBIAN
3% OTHER

44% FEMALE
56% MALE
<1% TRANS + OTHER

What are the most commonly used drugs? In the past 30 days



Where are these adults usually using these substances?



ECSTASY



MUSHROOMS



LSD



GHB

57%
NIGHTCLUB OR BAR

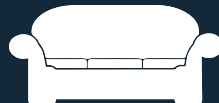
66%
OUTDOORS

47%

41%
OWN HOME



COCAINE



KETAMINE

53%

FRIEND OR ACQUAINTANCE'S HOME

41%

What is the average age these adults start using substances?

14
ALCOHOL

15
TOBACCO

15
CANNABIS

18
MAGIC MUSHROOMS

19
ECSTASY

19
COCAINE POWDER

Are these adults experiencing harms from their substance use?

57%

self-reported an
OVERDOSE ever

AVERAGE #
of OVERDOSES ever: **5**
(overdose is self-defined by participant)

1% of OVERDOSES
were by INJECTION



ALCOHOL

was the main substance in
72% of
OVERDOSES

49% WERE TAKING AT LEAST ONE OTHER DRUG AT OVERDOSE

Other substances involved in overdose:

CANNABIS



ALCOHOL



COCAINE



ECSTASY



76% REPORTED EXPERIENCING AT LEAST
ONE ALCOHOL-RELATED HARM &

78% AT LEAST ONE DRUG-RELATED
HARM IN THE PAST YEAR

TOP 4 TYPES OF HARMS REPORTED:



PHYSICAL HEALTH



FINANCIAL POSITION



WORK, STUDIES, OR
EMPLOYMENT OPPORTUNITIES



PHYSICAL ASSAULT



FRIENDSHIPS/SOCIAL LIFE

ALCOHOL

49%

DRUGS

58%

47%

40%

34%

36%

27%

14%

22%

31%

Why are these adults using alcohol and other drugs?

"Opening
your mind"

"Bond with
other people"

"An escape"

"It's fun"

"Pain and anxiety
reduction"

"Personal
reflection"

"No benefits"

"Focus
during exam
time"

"Getting
high"

"Gives me
pleasure and makes
me relax"

"Helped me
connect to
nature"

Thank you to the participants and community agencies who make this research possible

Data drawn from "High Risk Populations" study: <https://www.uvic.ca/research/centres/cisur/projects/aod-monitoring/high-risk/index.php>



University
of Victoria

Canadian Institute for
Substance Use Research

