## HARM REDUCTION in British Columbia

**COLUMBIANS SUPPORT** 

HARM REDUCTION

**OF BRITISH** 

## What is harm reduction?

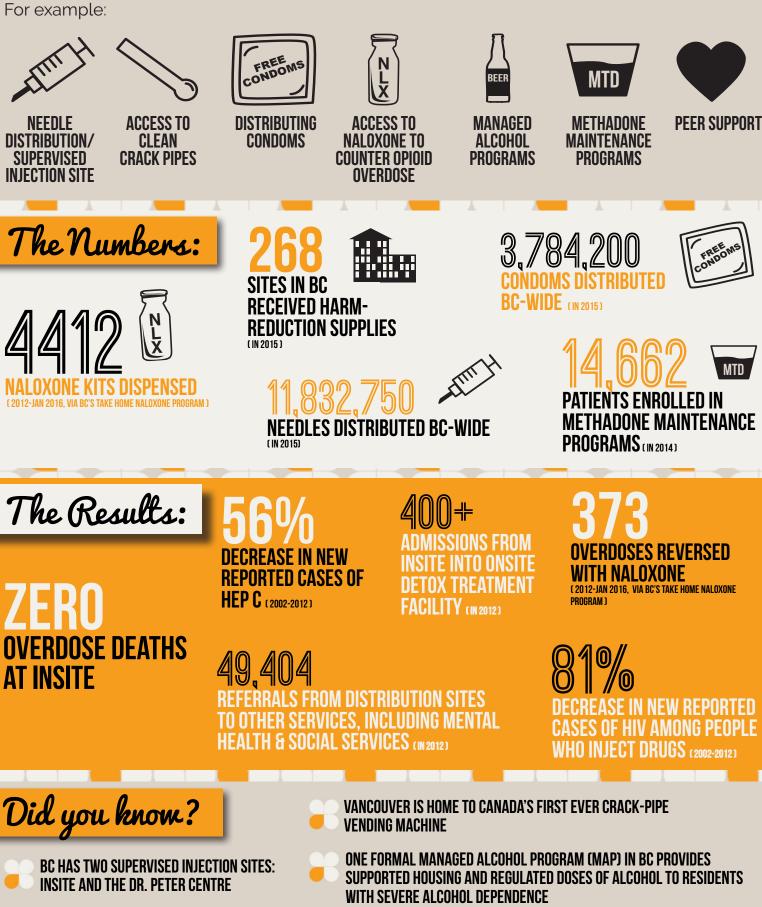
University

of Victoria

**Centre for Addictions** 

**Research of BC** 

Harm reduction is a respectful nonjudgmental approach to reducing harms of drug and alcohol use that meets people "where they are at." For example:



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Sources: College of Physicians and Surgeons of BC, towardtheheart.com, supervisedinjection.vch.ca, BC Harm Reduction Strategies and Services Committee Policy Indicators Report, BC Centre for Disease Control, July 2014