Helping Schools: K-12 Professional Support Resources

Helping Schools helpingschools.ca

THEORETICAL PAPERS	GRAPHICAL SUMMARIES	SKILL SHEETS	GUIDES
Professional Learning			
• Health education is education: an introduction to iMinds • Evaluating substance use and gambling education • From avoiding risk to nurturing resilience: Shifting our upstream approach to youth substance use	• Understanding drug use and gambling • iMinds' 5-i model • Why should schools move away from punitive responses? • Rethinking risk in health education • Understanding and nurturing social-emotional learning	• Constructing an iMinds lesson • Understanding and nurturing imagination and wonder • Facilitating dialogue in the classroom • Understanding and nurturing critical thinking • Philosophical inquiry: a tool for drug and gambling education • Talking with kids about drug use and gambling	• Engaged philosophical inquiry: a self-directed inquiry group guide • Nurturing resilience: a self-directed inquiry group guide • Art of motivation • The gift of listening: A guide to mentoring peers
School Policy			

• Comprehensive school health
• The ethics of risk and resilience
• Evidence review – Comprehensive program
• Healthy schools: Some foundational theory
		• Alternatives to suspension
		• Developing healthy drug policies
		   ○ School policy assessment tool
		   ○ School policy process tool
		• Helping peer mentors address substance use	

Parents and others			
• Let's talk dialogue: community conversations about drugs		• Parenting: The drugs question • Talking with kids about drug use and gambling • Tips for hosting a teen party • Screening and brief intervention tools	• Cannabis use and youth: A parent's guide • Quick guide to drug use • Substance use and young people: A Guide for families and their caring communities
Dialogue			
• Understanding dialogue	• Principles of dialogue • Asking good questions • The art of listening • The challenge of empathy	• Dimensions of dialogue • Hosting Dialogue • 10 Common Tools for Dialogue • Conversation Cafe • Photovoice • Walking Tours	• A Guide to Nurturing Community Dialogue