

*PHE: Physical Health Education

SS: Social Studies

ELA: English Language Arts

LESSONS	THEMES/TOPICS	GRADE LEVEL	SUBJECTS*	STIMULI	HANDOUTS	COMPETENCIES/ SKILLS
<u>The Breadwinner</u>	<ul style="list-style-type: none"> Decision-making Risk-taking Bravery Personal agency 	6	<ul style="list-style-type: none"> ELA 	<ul style="list-style-type: none"> Novel: <i>The Breadwinner</i> 	<ul style="list-style-type: none"> No handouts 	<ul style="list-style-type: none"> Critical thinking, analyzing and evaluating decisions and risks Personal and social responsibility Communication skills and sharing perspectives, justifying decisions with reasoned explanations Cultural awareness
<u>Charlie and the Chocolate Factory</u>	<ul style="list-style-type: none"> Chance and Probability Personal Responsibility Greed and self-control Decision-making 	4,5,6	<ul style="list-style-type: none"> ELA 	<ul style="list-style-type: none"> Novel: <i>Charlie and the Chocolate Factory</i> <u>Probability scale</u> <u>George's grandparents' conversation</u> 	<ul style="list-style-type: none"> <u>Probability scale</u> <u>George's grandparents' conversation</u> 	<ul style="list-style-type: none"> Critical analysis of society and economics Self-reflection and decision-making Critical, creative, and reflective thinking Creative and personal response
<u>How Much Land Does a Man Need?</u>	<ul style="list-style-type: none"> Temptation and moral choices Greed Motivation Distribution of wealth Risk/uncertainty Consequences Materialism vs. simplicity Selfishness 	6,7,8,9,10,11,12	<ul style="list-style-type: none"> ELA 	<ul style="list-style-type: none"> <u>Novel: How Much Land Does a Man Need?</u> <u>Article: I want to be rich</u> 	<ul style="list-style-type: none"> <u>Novel: How Much Land Does a Man Need?</u> (also included at the end of the lesson) <u>Article: I want to be rich</u> 	<ul style="list-style-type: none"> Developing comprehension strategies Thinking critically about our desires Developing empathy Managing emotions and temptations Exchanging ideas to build shared understanding

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<u>I Want to be Rich</u>	<ul style="list-style-type: none"> Motivations for gambling Chance and risk Wealth and materialism Greed 	6	<ul style="list-style-type: none"> SS 	<ul style="list-style-type: none"> <u>Video: people share their lottery-winning dreams</u> Handout: I want to be rich 	<ul style="list-style-type: none"> <u>Video: people share their lottery-winning dreams</u> Included at the end of the lesson 	<ul style="list-style-type: none"> Using social studies inquiry skills to ask questions and analyze ideas Thinking critically about why people gamble Critical analysis of cause and effect Thinking critically about the impact of materialism on oneself and others
<u>Probability and Games of Chance</u>	<ul style="list-style-type: none"> Probability Risk management Decision-making Choice 	4,5,6	<ul style="list-style-type: none"> ELA Arts Math 	<ul style="list-style-type: none"> <u>Article: Giving is living: gambling for charity</u> Handouts: <ul style="list-style-type: none"> Raffle ticket Raffle costs Fundraising pros and cons Fundraising strategy 	<ul style="list-style-type: none"> <u>Article: Giving is living: gambling for charity</u> Handouts included at the end of the lesson 	<ul style="list-style-type: none"> Cultural, social, and Emotional impacts of gambling Exploring emotions Reflecting on decision-making Collaboration and critical thinking Developing mathematical and creative art competencies

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<u>Rolling with Life's Challenges</u>	<ul style="list-style-type: none"> • Healthy stress • Stress management • The role of physical activity in well-being • Coping strategies • Mental and physical health 	6,7,8,9	<ul style="list-style-type: none"> • PHE 	<ul style="list-style-type: none"> • <u>Hula hoop activities</u> • <u>Great stress relieving stretches</u> • <u>Website: Hopscotch</u> • <u>Video: Ted talk by Kelly McGonigal</u> • <u>The McCreary centre society: Youth action grants</u> 	<p>Teacher handout: <u>How physical activity can help alleviate stress</u></p> <p>Student handouts:</p> <ul style="list-style-type: none"> • <u>Hula hoop activities</u> • <u>Great stress relieving stretches</u> • <u>Website: Hopscotch</u> • <u>Video: Ted talk by Kelly McGonigal</u> • <u>The McCreary centre society: Youth action grants</u> 	<ul style="list-style-type: none"> • Goal setting for healthy living • Understanding the impact of physical activity on stress management • Mental well-being strategies • Self-reflection and personal responsibility
<u>Thinking about Bingo</u>	<ul style="list-style-type: none"> • Emotions • Self-awareness • Emotional management • Fun vs. problematic engagement 	K,1,2,3,4,5,6,7	<ul style="list-style-type: none"> • N/A 	<ul style="list-style-type: none"> • Bingo game 	<ul style="list-style-type: none"> • No handouts 	<ul style="list-style-type: none"> • Exploring and understanding emotions • Understanding gambling influences • Self-reflection and management