## iMinds Lessons: Drug Literacy, Grade 7

**THEMES/TOPICS** 



**HANDOUTS** 

www.iminds.ca

\*PHE: Physical Health Education ELA: English Language Arts

**LESSONS** 

SS: Social Studies
SJ: Social Justice

GRADE

HCE: Health & Career Education

**SUBJECTS\*** 

**STIMULI** 

22000110		LEVEL	00232010		124120010	SKILLS
Ancient Peoples and Cannabis Use	Relationship between humans and cannabis	7	• SS	Drug History Timeline	• <u>Drug History</u> <u>Timeline</u>	<ul> <li>Critical thinking</li> <li>Assessing complex drug impacts</li> <li>Cause and consequence</li> <li>Perspective-taking</li> <li>Ethical judgment</li> </ul>
Ancient Peoples and Psychoactive Plants (EN)  Peuples anciens et plantes psychoactives (FR)	<ul> <li>Cannabis/drugs and ancient people</li> <li>Reasons people use drugs</li> </ul>	7	• SS • ELA • HCE	<ul><li> Handouts</li><li> Game: Factors Game</li></ul>	Handouts at the end of the Module	Module (6 lessons)
<u>The Giver</u>	<ul><li>Safe drug use</li><li>Emotions &amp; choices</li><li>Freedom &amp; choice</li><li>Pain &amp; painkillers</li></ul>	6,7,8	• ELA	• Novel: The Giver	No handout	<ul> <li>Assessing drug impact on health and wellbeing</li> <li>Thinking critically and creatively</li> <li>Developing social and communication skills</li> </ul>
Highs and lows: Cannabis use compared with other drugs	<ul> <li>Attitudes &amp; influences</li> <li>Human behavior</li> </ul>	7,8,9,10	• PHE	Report: <u>Blunt Talk</u> , by the McCreary Centre Society	Teacher handout:     Facilitating Dialogue in the Classroom	<ul> <li>Communicating and</li> <li>collaborating</li> <li>Creative, critical and reflective thinking</li> <li>Personal awareness and responsibility</li> <li>Personal and cultural identity</li> <li>Evaluating mental health strategies</li> <li>Social awareness and</li> <li>responsibility</li> </ul>

THEMES/TOPICS

**LESSONS** 

GRADE

LEVEL

**SUBJECTS\*** 

**HANDOUTS** 

**COMPETENCIES** 

**SKILLS** 

<u>The Hunger</u> <u>Games</u>	<ul><li>Human interactions with drugs</li><li>Why drug use?</li></ul>	7,8,9	• ELA	<ul> <li>Novel: The Hunger Games</li> <li><u>Drug History Timeline</u></li> </ul>	No handout	<ul> <li>Assessing drug impact</li> <li>Exploring drug use diversity</li> <li>Developing social and communication skills</li> <li>Thinking critically and creatively</li> </ul>
The Man Who Walked Between the Towers	<ul><li>Risk</li><li>Identity</li><li>Authority/legality</li></ul>	6,7	• ELA	Video: <u>The Man Who</u> <u>Walked Between the</u> <u>Towers</u>	No handout	<ul> <li>Assessing binary constructs</li> <li>Understanding risks and risky behaviours</li> <li>Improving social &amp; communication skills</li> <li>Developing personal and social strategies</li> </ul>
<u>Rat Park</u>	<ul><li>Why drug use?</li><li>Addiction</li><li>Freedom</li><li>Connection</li><li>Support/human relationships</li></ul>	6,7	<ul><li>Arts</li><li>ELA</li><li>PHE</li></ul>	<ul> <li>Short video: <u>Rat Park</u></li> <li><u>Nominal group</u> <u>technique</u></li> </ul>	Rat Park comic	<ul> <li>Critical thinking and inquiry skills</li> <li>Discussion and collaborative skills</li> <li>Conceptual understanding of wellness and community</li> <li>Creative and critical engagement with media</li> <li>Artistic expression and communication</li> </ul>
Rethinking Risk: ways to assess and manage risk as a part of life	<ul><li> Understanding risk</li><li> Managing risk</li></ul>	7,8,9,10	• PHE	<ul> <li>Blunt Talk II: A picture         of cannabis use among         BC youth</li> <li>Factors Game</li> </ul>	Teacher     handout:     Facilitating     dialogue in the     classroom	<ul> <li>Communicating and collaborating</li> <li>Creative, critical and reflective thinking</li> <li>Personal and social development</li> <li>Understanding and managing health choices</li> <li>Substance use and promoting mental well-being</li> <li>Personal identity and social influences</li> </ul>

**STIMULI** 

THEMES/TOPICS

**LESSONS** 

GRADE

LEVEL

**SUBJECTS\*** 

**HANDOUTS** 

**COMPETENCIES** 

**SKILLS** 

Stress: dogs, cannabis, exercise or	<ul><li>Stress management strategies</li><li>Pets &amp; stress</li></ul>	7,8,9	• PHE	Video: Harvard report: <u>Dogs reduce stress</u>	• No handout	<ul> <li>Developing health literacy</li> <li>Developing and applying fundamental movement skills</li> <li>Applying movement concepts and strategies</li> <li>Developing healthy &amp; active living</li> <li>Understanding the impact of physical activity and healthy choices on health</li> <li>Strategies and reflection for achieving healthy-living goals</li> <li>Promoting mental well-being and managing related challenges</li> </ul>
We are all Change Makers	<ul> <li>Meaning of community</li> <li>School connectedness</li> <li>Community &amp; inclusion</li> <li>Democracy</li> </ul>	5,6,7	• ELA • PHE	Poem: <u>Turning to One</u> <u>Another</u>	Turning to One     Another	<ul> <li>Developing and maintaining positive relationships</li> <li>Promoting school and community health</li> <li>Developing strategies for promoting mental well-being</li> <li>Managing mental well-being and substance use issues</li> </ul>
Youth Perspectives: Reasons for using cannabis	<ul> <li>Experimentation</li> <li>Emotional management</li> <li>Social responsibility</li> <li>Understanding youth</li> </ul>	7,8,9,10	• PHE	Report: <u>Blunt Talk</u> , by the McCreary Centre Society	Teacher     handout: <u>Facilitating</u> <u>Dialogue in the</u> <u>Classroom</u>	<ul> <li>Communicating and collaborating</li> <li>Creative, critical and reflective thinking</li> <li>Personal &amp; social awareness and responsibility</li> <li>Mental well-being and substance use strategy evaluation</li> </ul>
Youth Voices on Marijuana	<ul> <li>Drugs: harms &amp; benefits</li> <li>Managing risks</li> <li>Reasons youth use cannabis</li> <li>Individual &amp; community responsibility</li> </ul>	7,8,9,10,11, 12	• ELA • PHE • SJ	<ul> <li>Blunt Talk: <u>Harms</u> <u>Associated with Early</u> <u>and Frequent Marijuana</u> <u>Use among BC youth</u> <ul> <li>Task Force on</li></ul></li></ul>	• No Handout	<ul> <li>Thinking critically and creatively</li> <li>Effective communication</li> <li>Mental well-being strategy analysis</li> <li>Resilience and coping strategies</li> <li>Evidence-based inquiry and perspective evaluation</li> <li>Health promotion and community engagement</li> <li>Ethical judgment</li> </ul>

**STIMULI**