## iMinds Lessons: Drug Literacy, Grade 10

\*PHE: Physical Health Education ELA: English Language Arts

SS: Social Studies SJ: Social Justice

HCE: Health & Career Education

LESSONS	THEMES/TOPICS	GRADE LEVEL	SUBJECTS*	STIMULI	HANDOUTS	COMPETENCIES/ SKILLS
A solution without a Problem?	<ul><li>Cannabis legalization</li><li>Drug policy</li></ul>	10	• SS	<ul> <li>Article (at the end of the lesson): Marijuana was criminalized in 1923, but why?</li> <li>Drug history timeline</li> </ul>	<ul> <li>Article (at the end of the lesson): Marijuana was criminalized in 1923, but why?</li> <li>Drug history timeline</li> </ul>	<ul> <li>Thinking critically about policy (cannabis legalization)</li> <li>Ethical judgments</li> <li>Collaborative problem solving</li> </ul>

• ELA

SS

10

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Bicycle Day's Dilemma	<ul><li>LSD use</li><li>Responsibility/Self-discipline</li></ul>	10	• ELA	<ul> <li>Bicycle Day's Dilemma Hoffman's letter Documentary film </li> </ul>	• <u>Bicycle Day's</u> <u>Dilemma</u>	<ul> <li>Ethical responsibility</li> <li>Psychological resilience and reflection</li> <li>Understanding drug impact</li> <li>Risk management strategies</li> </ul>

• Article: Child labour Inquiry and research and slavery in the · Significance assessment chocolate industry · Continuity and change Fairness • Cocoa-nomics 10 SS • Cocoa-nomics • Cause and consequence Industrial market handout

handout

Handouts

· Video: cocoa tasting

end of the

Module

Cocoa-nomics: Who benefits? Who pays? Health literacy **Debating Drug**  Resilience Policy (EN)

Débattre la

politique des

drogues (FR)

 Risk and protective factors Debate

Reasoning

· Logical thinking

 Perspective-taking Ethical judgment Handouts at the • Module (6 lessons)



LESSONS	THEMES/TOPICS	GRADE LEVEL	SUBJECTS*	STIMULI	HANDOUTS	COMPETENCIES <i>I</i> SKILLS
<u>Health Guidelines:</u> are they helpful	<ul><li>Health/well-being (holistic)</li><li>Healthy decisions</li></ul>	9,10	• PHE	<ul> <li>Handouts</li> <li>Survey: <u>Talking</u> <u>about youth</u> <u>health</u>,         <u>McCreary</u> <u>Centre Society</u></li> </ul>	<ul> <li>Handouts at the end of the lesson:</li> <li>Canadian 24-hour movement guidelines for children and youth</li> <li>Think-pair share</li> <li>Canada's Guidance on Alcohol and Health</li> <li>Canada's Lower Risk Cannabis Use Guideline</li> <li>Holistic Vision of Health</li> </ul>	<ul> <li>Developing social and communication Skills</li> <li>Healthy and active living</li> <li>Analyzing mental well-being strategies</li> <li>Career-life management</li> </ul>
Highs and lows: Cannabis use compared with other drugs	<ul><li>Attitudes &amp; influences</li><li>Human behavior</li></ul>	7,8,9,10	• PHE	Report: Blunt     Talk, by the     McCreary     Centre Society	Teacher handout: <u>Facilitating Dialogue in</u> <u>the Classroom</u>	<ul> <li>Communicating and</li> <li>collaborating</li> <li>Creative, critical and reflective thinking</li> <li>Personal awareness and responsibility</li> <li>Personal and cultural identity</li> <li>Evaluating mental health strategies</li> <li>Social awareness and</li> <li>responsibility</li> </ul>
Rethinking Risk: ways to assess and manage risk as a part of life	<ul><li> Understanding risk</li><li> Managing risk</li></ul>	7,8,9,10	• PHE	Blunt Talk II: A picture of cannabis use among BC youth     Factors Game	Teacher handout: <u>Facilitating dialogue in</u> <u>the classroom</u>	<ul> <li>Communicating and collaborating</li> <li>Creative, critical and reflective thinking</li> <li>Personal and social development</li> <li>Understanding and managing health choices</li> <li>Substance use and promoting mental well-being</li> <li>Personal identity and social influences</li> </ul>

LESSONS	THEMES! TOPICS	GRADE LEVEL	SUBJECTS*	STIMULI	HANDOUTS	COMPETENCIES/ SKILLS
Rum and Spirits	<ul> <li>Alcohol, religion, cultural identity &amp; values</li> <li>Mental slavery</li> <li>Freedom</li> <li>Identity: Afro- Caribbean</li> </ul>	10,11,12	• ELA • SS	Video: <u>Redemption</u> <u>Song</u>	• Rum and Spirits: The "Meaning" of Alcohol	<ul> <li>Critical, creative, and reflective thinking</li> <li>Understanding Contexts and Perspectives</li> <li>Cause and consequences</li> <li>Exploring perspectives through norms, values, and beliefs</li> <li>Ethical judgements</li> </ul>
Selling Tobacco to Women	<ul> <li>Marketing &amp; media</li> <li>Media &amp; social behaviors</li> <li>Women &amp; tobacco</li> <li>Media &amp; personal identity</li> </ul>	10	• SS	<ul> <li>Images: smoking marketing campaigns (included in the lesson), or similar images</li> <li>Article: Gender, Women and the Tobacco Epidemic</li> </ul>	Images:     smoking     marketing     campaigns     (included in the lesson), or     similar images	<ul> <li>Understanding diversity in drug use and social attitudes</li> <li>Developing social and communication skills</li> <li>Applying inquiry processes and skills</li> <li>Analyzing continuities and changes across groups</li> <li>Assessing the impact of conditions and actions on events and developments</li> </ul>
Smoking the Pipe: Peace or War	<ul> <li>Indigenous peoples</li> <li>Ceremonial smoking pipes</li> <li>Cultures &amp; symbolic meanings of objects or actions</li> </ul>	10,11,12	• SJ	<ul> <li>Article: <u>Blackfoot</u> <u>Peace Treaties</u></li> <li>Video: <u>Pipe Ceremony</u>     in Winnipeg</li> <li>A History of Treaty-     Making in Canada</li> </ul>	Smoking the pipe: peace or war	<ul> <li>Applying inquiry skills</li> <li>Evaluating sources and perspectives</li> <li>Comparing continuities and changes</li> <li>Determining causes and consequences</li> <li>Explaining perspectives on issues and events</li> <li>Ethical judgments</li> <li>Assessing drug impact on health and society</li> <li>Exploring diversity in drug use</li> </ul>

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LESSONS	THEMES/TOPICS	GRADE LEVEL	SUBJECTS*	STIMULI	HANDOUTS	COMPETENCIES/ SKILLS
Youth Perspectives: Reasons for using cannabis	<ul> <li>Experimentation</li> <li>Emotional management</li> <li>Social responsibility</li> <li>Understanding youth</li> </ul>	7,8,9,10	• PHE	Report: <u>Blunt Talk</u> , by the McCreary Centre Society	Teacher     handout: <u>Facilitating</u> <u>Dialogue in the</u> <u>Classroom</u>	<ul> <li>Communicating and collaborating</li> <li>Creative, critical and reflective thinking</li> <li>Personal &amp; social awareness and responsibility</li> <li>Mental well-being and substance use strategy evaluation</li> </ul>
<u>Youth Voices on</u> <u>Marijuana</u>	<ul> <li>Drugs: harms &amp; benefits</li> <li>Managing risks</li> <li>Reasons youth use cannabis</li> <li>Individual &amp; community responsibility</li> </ul>	7,8,9,10,11, 12	• ELA • PHE • SJ	Blunt Talk: <u>Harms</u> <u>Associated with Early</u> and Frequent <u>Marijuana Use among</u> <u>BC youth</u> <u>Task Force on</u> <u>Cannabis Legalization</u> and Regulation	No Handout	<ul> <li>Thinking critically and creatively</li> <li>Effective communication</li> <li>Mental well-being strategy analysis</li> <li>Resilience and coping strategies</li> <li>Evidence-based inquiry and perspective evaluation</li> <li>Health promotion and community engagement</li> <li>Ethical judgment</li> </ul>