

iMinds Lessons: Drug Literacy, All Grades (4-12)



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*PHE: Physical Health Education SS: Social Studies HCE: Health & Career Education
ELA: English Language Arts SJ: Social Justice

LESSONS	THEMES/TOPICS	GRADE LEVEL	SUBJECTS*	STIMULI	HANDOUTS	COMPETENCIES/ SKILLS
<u>A solution without a Problem?</u>	<ul style="list-style-type: none"> Cannabis legalization Drug policy 	10	<ul style="list-style-type: none"> SS 	<ul style="list-style-type: none"> <u>Article</u> (at the end of the lesson): Marijuana was criminalized in 1923, but why? <u>Drug history timeline</u> 	<ul style="list-style-type: none"> <u>Article</u> (at the end of the lesson): Marijuana was criminalized in 1923, but why? <u>Drug history timeline</u> 	<ul style="list-style-type: none"> Thinking critically about policy (cannabis legalization) Ethical judgments Collaborative problem solving
<u>Alcohol or What?</u>	<ul style="list-style-type: none"> Indigenous cultures Cultural autonomy 	9	<ul style="list-style-type: none"> SS 	Articles: <ul style="list-style-type: none"> <u>Alcohol or what? The Tseshah people</u> <u>Alcohol or what? A comparative history</u> 	<ul style="list-style-type: none"> <u>Alcohol or what? The Tseshah people</u> <u>Alcohol or what? A comparative history</u> 	<ul style="list-style-type: none"> Critical thinking Health impact assessment Inquiry process & skills Evaluating perspectives
<u>An Alliance Betrayed</u>	<ul style="list-style-type: none"> Diplomacy & Leadership Colonialism & Indigenous Peoples Fairness 	9	<ul style="list-style-type: none"> SS 	<ul style="list-style-type: none"> National Film Board: <u>The Ballad of Crowfoot</u> 	<ul style="list-style-type: none"> <u>The Ballad of Crowfoot</u> 	<ul style="list-style-type: none"> Inquiry and analysis Perspective-taking Cause and consequence Ethical judgment
<u>Ancient Peoples and Cannabis Use</u>	<ul style="list-style-type: none"> Relationship between humans and cannabis 	7	<ul style="list-style-type: none"> SS 	<ul style="list-style-type: none"> <u>Drug History Timeline</u> 	<ul style="list-style-type: none"> <u>Drug History Timeline</u> 	<ul style="list-style-type: none"> Critical thinking Assessing complex drug impacts Cause and consequence Perspective-taking Ethical judgment

LESSONS	THEMES/TOPICS	GRADE LEVEL	SUBJECTS*	STIMULI	HANDOUTS	COMPETENCIES/ SKILLS
Ancient Peoples and Psychoactive Plants (EN) Peuples anciens et plantes psychoactives (FR)	<ul style="list-style-type: none"> Cannabis/drugs and ancient people Reasons people use drugs 	7	<ul style="list-style-type: none"> SS ELA HCE 	<ul style="list-style-type: none"> Handouts Game: Factors Game 	<ul style="list-style-type: none"> Handouts at the end of the Module 	<ul style="list-style-type: none"> Module (6 lessons)
Becoming a Detective (EN) Devenir un détective (FR)	<ul style="list-style-type: none"> Investigation & interpretation Understanding human behaviour Behaviour influences 	6	<ul style="list-style-type: none"> ELA HCE 	<ul style="list-style-type: none"> Handouts 	<ul style="list-style-type: none"> Handouts at the end of the Module 	<ul style="list-style-type: none"> Module (6 lessons)
Bicycle Day's Dilemma	<ul style="list-style-type: none"> LSD use Responsibility/Self-discipline 	8,9	<ul style="list-style-type: none"> ELA 	<ul style="list-style-type: none"> Bicycle Day's Dilemma Hoffman's letter Documentary film 	<ul style="list-style-type: none"> Bicycle Day's Dilemma 	<ul style="list-style-type: none"> Ethical responsibility Psychological resilience and reflection Understanding drug impact Risk management strategies
Cannabis: Stories, Questions, and Life	<ul style="list-style-type: none"> Relationships Human & drug use Risk taking School drug policy Asking good questions 	8,9	<ul style="list-style-type: none"> ELA 	<ul style="list-style-type: none"> Diagram: Question Quadrant 	<ul style="list-style-type: none"> Question Quadrant 	<ul style="list-style-type: none"> Critical and creative thinking Asking questions Understanding drug use Communication skills Managing risks and benefits Literary techniques
Cannabis and Relationships	<ul style="list-style-type: none"> Relationships Individual and collective responsibility 	9	<ul style="list-style-type: none"> PHE 	<ul style="list-style-type: none"> Video: Cycles 	<ul style="list-style-type: none"> Cycles film Teacher handout: facilitator's guide 	<ul style="list-style-type: none"> Critical thinking Communicating about drugs Managing risks Promoting lifelong health Setting healthy-living goals

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<u>Cannabis and the need for dialogue</u>	<ul style="list-style-type: none"> Communication Cannabis policy debates Social change 	8,9	<ul style="list-style-type: none"> PHE 	<ul style="list-style-type: none"> Poem: <u>Turning to one another</u> (at the end of the lesson) 	<ul style="list-style-type: none"> <u>Turning to one another</u> (at the end of the lesson) 	<ul style="list-style-type: none"> Assessing the impact of drugs Critical thinking Communication skills
<u>Charlie and the Chocolate Factory - Exploring Drugs that Excite Our Brains</u>	<ul style="list-style-type: none"> Chance Greed Self-centredness 	4,5,6	<ul style="list-style-type: none"> ELA 	<ul style="list-style-type: none"> Book: <i>Charlie and the Chocolate Factory</i> 	<ul style="list-style-type: none"> No handout 	<ul style="list-style-type: none"> Comprehension strategies Collaborative discussion
<u>Cocoa-nomics: Who benefits? Who pays?</u>	<ul style="list-style-type: none"> Fairness Industrial market 	10	<ul style="list-style-type: none"> SS 	<ul style="list-style-type: none"> Article: <u>Child labour and slavery in the chocolate industry</u> <u>Cocoa-nomics handout</u> Video: <u>cocoa tasting</u> 	<ul style="list-style-type: none"> <u>Cocoa-nomics handout</u> 	<ul style="list-style-type: none"> Inquiry and research Significance assessment Continuity and change Cause and consequence Perspective-taking Ethical judgment
<u>Deal Maker or Deal Breaker</u>	<ul style="list-style-type: none"> Perspective taking 	9	<ul style="list-style-type: none"> SS 	<ul style="list-style-type: none"> <u>History nugget handout</u> 	<ul style="list-style-type: none"> <u>History nugget handout</u> 	<ul style="list-style-type: none"> Inquiry and analysis Evaluation of historical accounts Perspective-taking
<u>Debating Drug Policy</u> (EN) <u>Débattre la politique des drogues</u> (FR)	<ul style="list-style-type: none"> Health literacy Resilience Risk and protective factors Debate Reasoning Logical thinking 	10	<ul style="list-style-type: none"> ELA SS 	<ul style="list-style-type: none"> Handouts 	<ul style="list-style-type: none"> Handouts at the end of the Module 	<ul style="list-style-type: none"> Module (6 lessons)

LESSONS	THEMES/TOPICS	GRADE LEVEL	SUBJECTS*	STIMULI	HANDOUTS	COMPETENCIES/ SKILLS
<u>Divergent</u>	<ul style="list-style-type: none"> Identity Social control Social classification Reasonable arguments 	9	<ul style="list-style-type: none"> ELA 	<ul style="list-style-type: none"> Website: <u>Divergent Movie</u> 	<ul style="list-style-type: none"> No handout 	<ul style="list-style-type: none"> Critical and creative thinking Decision-making Collaborative thinking
<u>Does War Cause Addiction?</u>	<ul style="list-style-type: none"> Drug use War, drug use & social conditions 	11,12	<ul style="list-style-type: none"> SS SJ 	Songs: <ul style="list-style-type: none"> <u>The Night They Drove Old Dixie Down</u> <u>Goodnight Saigon</u>, by Billy Joel <u>Fortunate Son</u>, by Creedence Clearwater Revival 	<ul style="list-style-type: none"> <u>Does war cause addiction?</u> 	<ul style="list-style-type: none"> Understanding drug effects Inquiry skills Communication skills Continuity and change Perspective-taking Ethical judgment
<u>A Downside to the Printing Press?</u>	<ul style="list-style-type: none"> Printing press Technology & drug use 	8	<ul style="list-style-type: none"> SS 	<ul style="list-style-type: none"> <u>Handout</u> 	<ul style="list-style-type: none"> <u>Handout</u> 	<ul style="list-style-type: none"> Historical inquiry and analysis Causes and consequences Ethical judgment
<u>Drugs and Relationships in “Perks of Being a Wallflower”</u>	<ul style="list-style-type: none"> Sexuality Mental health Relationships Trust Human behaviors Social labels 	11	<ul style="list-style-type: none"> ELA 	<ul style="list-style-type: none"> Novel: <i>The Perks of Being a Wallflower</i> 	<ul style="list-style-type: none"> No handout 	<ul style="list-style-type: none"> Assessing the impact of drugs Exploring diversity in drug use Understanding textual forms and features Critical thinking
<u>Explorers All</u> (EN) <u>Tout Explorers</u> (FR)	<ul style="list-style-type: none"> Drugs: benefits & risks of using Managing risk 	4	<ul style="list-style-type: none"> PHE 	<ul style="list-style-type: none"> Handouts Game: Cards Game Serpents and Lifelines (at the end of the Module) 	<ul style="list-style-type: none"> Handouts at the end of the Module 	<ul style="list-style-type: none"> Module (5 lessons)

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<u>Free Feeling: Tom Petty, Cannabis and Music as Craft</u>	<ul style="list-style-type: none"> Emotions Relationships Censorship Drugs & career 	8,9	<ul style="list-style-type: none"> ELA 	<ul style="list-style-type: none"> Music video: <u>Tom Petty</u>. You don't know how it feels 	<ul style="list-style-type: none"> <u>Music video lyrics</u> (Tom Petty) 	<ul style="list-style-type: none"> Building personal connections Engaging with texts Creative and critical response Understanding context
<u>Friendly Fire</u>	<ul style="list-style-type: none"> Law: breaking, justification Drugs & military 	12	<ul style="list-style-type: none"> SJ 	<ul style="list-style-type: none"> Book Excerpts: <u>Friendly Fire</u> 	<ul style="list-style-type: none"> <u>Friendly Fire</u>, Afghanistan 2002 	<ul style="list-style-type: none"> Understand drug impact Critical analysis Communication skills
<u>Gambling and Addiction in Nineteen Eighty-Four</u>	<ul style="list-style-type: none"> Addiction Connectedness Identity Sense of belonging 	11	<ul style="list-style-type: none"> ELA 	<ul style="list-style-type: none"> Quotes from Bruce Alexander (in the lesson) Book: <i>Nineteen Eighty-Four</i> 	<ul style="list-style-type: none"> No handout 	<ul style="list-style-type: none"> Managing gambling Critical reflection on gambling Exploring factors affecting gambling
<u>The Gin Craze</u>	<ul style="list-style-type: none"> Alcohol & its impact Alcohol & risks 	8	<ul style="list-style-type: none"> SS 	<ul style="list-style-type: none"> Handout: <u>The Gin Craze- People or policies?</u> 	<ul style="list-style-type: none"> <u>The Gin Craze- People or policies?</u> 	<ul style="list-style-type: none"> Comparing historical perspectives Understanding change and continuity
<u>The Giver</u>	<ul style="list-style-type: none"> Safe drug use Emotions & choices Freedom & choice Pain & painkillers 	6,7,8	<ul style="list-style-type: none"> ELA 	<ul style="list-style-type: none"> Novel: <i>The Giver</i> 	<ul style="list-style-type: none"> No handout 	<ul style="list-style-type: none"> Assessing drug impact on health and wellbeing Thinking critically and creatively Developing social and communication skills

LESSONS	THEMES/TOPICS	GRADE LEVEL	SUBJECTS*	STIMULI	HANDOUTS	COMPETENCIES/ SKILLS
<u>Health Guidelines: are they helpful</u>	<ul style="list-style-type: none"> Health/well-being (holistic) Healthy decisions 	9,10	<ul style="list-style-type: none"> PHE 	<ul style="list-style-type: none"> Handouts Survey: <u>Talking about youth health, McCreary Centre Society</u> 	<p>Handouts at the end of the lesson:</p> <ul style="list-style-type: none"> Canadian 24-hour movement guidelines for children and youth Think-pair share Canada's Guidance on Alcohol and Health Canada's Lower Risk Cannabis Use Guideline Holistic Vision of Health 	<ul style="list-style-type: none"> Developing social and communication Skills Healthy and active living Analyzing mental well-being strategies Career-life management
<u>Highs and lows: Cannabis use compared with other drugs</u>	<ul style="list-style-type: none"> Attitudes & influences Human behavior 	7,8,9,10	<ul style="list-style-type: none"> PHE 	<ul style="list-style-type: none"> Report: <u>Blunt Talk</u>, by the McCreary Centre Society 	<ul style="list-style-type: none"> Teacher handout: <u>Facilitating Dialogue in the Classroom</u> 	<ul style="list-style-type: none"> Communicating and collaborating Creative, critical and reflective thinking Personal awareness and responsibility Personal and cultural identity Evaluating mental health strategies Social awareness and responsibility
<u>The Hunger Games</u>	<ul style="list-style-type: none"> Human interactions with drugs Why drug use? 	7,8,9	<ul style="list-style-type: none"> ELA 	<ul style="list-style-type: none"> Novel: <i>The Hunger Games</i> <u>Drug History Timeline</u> 	<ul style="list-style-type: none"> No handout 	<ul style="list-style-type: none"> Assessing drug impact Exploring drug use diversity Developing social and communication skills Thinking critically and creatively

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<u>King James Trash Talks and Taxes Tobacco</u>	<ul style="list-style-type: none"> Rules Law, legality, authority 	8	<ul style="list-style-type: none"> SS 	Handouts: <ul style="list-style-type: none"> <u>King James Trash Talks and Taxes Tobacco</u> <u>Antismoking: Then and Now</u> <u>A Cash Crop for Virginia</u> 	<ul style="list-style-type: none"> <u>King James Trash Talks and Taxes Tobacco</u> <u>Antismoking: Then and Now</u> <u>A Cash Crop for Virginia</u> 	<ul style="list-style-type: none"> Inquiry skills Analyzing factors and consequences Ethical judgments
<u>Leaves of the Land: A Quick History of Coca</u>	<ul style="list-style-type: none"> Drugs & social status Drugs & traditions/ cultures 	8	<ul style="list-style-type: none"> SS 	<ul style="list-style-type: none"> Handout: <u>Leaves of the Land; A Quick History of Coca</u> 	<ul style="list-style-type: none"> <u>Leaves of the Land; A Quick History of Coca</u> 	<ul style="list-style-type: none"> Comprehensive assessment of drug impact Cultural and social awareness Effective communication and discourse management Understanding historical and cultural significance of coca
<u>Listening to Sugar Man</u>	<ul style="list-style-type: none"> Why drug use? Managing stress Coping strategies 	9	<ul style="list-style-type: none"> ELA 	<ul style="list-style-type: none"> Music video: <u>Sugar man</u> Music video: <u>Sixto "Sugar Man" Rodriguez: Cause</u> 	<ul style="list-style-type: none"> Student handout (<u>lyrics</u>) 	<ul style="list-style-type: none"> Critical and creative thinking Understanding drug impact and social attitudes Personal and social reflection Connecting text with personal experience
<u>Lunch with Lenin</u>	<ul style="list-style-type: none"> Emotions Empathy Healthy decisions 	9	<ul style="list-style-type: none"> ELA 	<ul style="list-style-type: none"> Short stories from the book: <i>Lunch with Lenin</i> 	<ul style="list-style-type: none"> Handouts at the end of the Module 	<ul style="list-style-type: none"> Module: 6 lessons

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<u>The Man Who Walked Between the Towers</u>	<ul style="list-style-type: none"> Risk Identity Authority/legality 	6,7	<ul style="list-style-type: none"> ELA 	<ul style="list-style-type: none"> Video: <u>The Man Who Walked Between the Towers</u> 	<ul style="list-style-type: none"> No handout 	<ul style="list-style-type: none"> Assessing binary constructs Understanding risks and risky behaviours Improving social & communication skills Developing personal and social strategies
<u>The Many Wines</u>	<ul style="list-style-type: none"> Alcohol: risks & benefits Things other than wine 	9	<ul style="list-style-type: none"> ELA 	<ul style="list-style-type: none"> Poem: <u>The Many Wines</u>, by Rumi 	<ul style="list-style-type: none"> <u>The Many Wines</u> 	<ul style="list-style-type: none"> Assessing health and wellbeing Exploring diversity in drug use and social attitudes Developing social skills (empathy, active listening, supportive interaction) Improving communication skills Developing personal and social strategies for risk and harm management
<u>The Miseducation of Cameron Post</u>	<ul style="list-style-type: none"> Grief/loss Homosexuality Substance use Friendship Identity 	9	<ul style="list-style-type: none"> ELA 	<ul style="list-style-type: none"> Novel: <i>The Miseducation of Cameron Post</i> 	<ul style="list-style-type: none"> No handout 	<ul style="list-style-type: none"> Impact assessment of drugs on health and wellbeing Diversity and social attitudes in drug use Critique of binary constructs in drug issues Analysis of factors influencing official drug responses Social and communication skills Personal and social risk management strategies
<u>A Natural High</u>	<ul style="list-style-type: none"> Emotions & exercises Exercise vs. drugs 	9	<ul style="list-style-type: none"> PHE 	<ul style="list-style-type: none"> <u>Articles</u> (at the end of the lesson): <ul style="list-style-type: none"> New brain effects behind "runner's high" Scientists say 'runner's high' is like a marijuana high Games: <u>PhysEdGames</u> 	<ul style="list-style-type: none"> <u>Articles</u> (at the end of the lesson) 	<ul style="list-style-type: none"> Strategies for healthy living Strategies for promoting and managing mental well-being

LESSONS	THEMES/TOPICS	GRADE LEVEL	SUBJECTS*	STIMULI	HANDOUTS	COMPETENCIES/ SKILLS
<u>Opioid Use: Deconstructing Media Messages</u>	<ul style="list-style-type: none"> Language/labeling (media) The influence of media 	11	<ul style="list-style-type: none"> ELA 	<u>Articles</u> (at the end of the lesson) <ul style="list-style-type: none"> CBC report: Fentanyl Overdoses in Vancouver National Post report: 8 Overdoses in 20 Minutes 	<u>Articles</u> (at the end of the lesson) <ul style="list-style-type: none"> CBC report: Fentanyl Overdoses in Vancouver National Post report: 8 Overdoses in 20 Minutes 	<ul style="list-style-type: none"> Comprehending and connecting with various forms of texts Evaluating information for accuracy and relevance Recognizing the impact of personal, social, and cultural contexts Creating and communicating effectively across diverse genres
<u>The Outsiders</u>	<ul style="list-style-type: none"> Why drug use? Drugs: harms & benefits 	8	<ul style="list-style-type: none"> ELA 	<ul style="list-style-type: none"> Novel: <i>The Outsiders</i> 	<ul style="list-style-type: none"> No handout 	<ul style="list-style-type: none"> Critical thinking Making personal connections with texts Responding to texts in various ways Utilizing writing and design processes for diverse purposes and audiences
<u>Pain Medications: Benefits and Risks</u>	<ul style="list-style-type: none"> Pain medications: benefits & risks associated Pain/stress management 	9	<ul style="list-style-type: none"> ELA PHE 	<ul style="list-style-type: none"> Degrassi Episode '<u>Can't Tell Me Nothing</u>' 	<ul style="list-style-type: none"> No handout 	<ul style="list-style-type: none"> Developing social and communication skills Exchanging ideas Supporting opinions with evidence
<u>A Park or a Cage?</u>	<ul style="list-style-type: none"> Why drug use? Addiction 	9	<ul style="list-style-type: none"> PHE 	<ul style="list-style-type: none"> <u>Rat Park Cartoon</u> Johann Hari's <u>TED Talk on Addiction</u> Video: <u>Addiction and the Rat Park Experiments</u> 	<ul style="list-style-type: none"> <u>Rat Park</u> 	<ul style="list-style-type: none"> Developing strategies to enhance school and community health Analyzing effective strategies for mental well-being Evaluating approaches to managing mental health Exploring social and cultural factors that shape personal identities

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The Perfect High	<ul style="list-style-type: none"> Experiencing high Meaning of knowledge Truth 	9	<ul style="list-style-type: none"> ELA 	<ul style="list-style-type: none"> Poem: The Perfect High 	<ul style="list-style-type: none"> The Perfect High 	<ul style="list-style-type: none"> Evaluating information for accuracy and relevance Critical and creative thinking Identifying contexts and perspectives in texts Exchanging ideas to enhance understanding Creating engaging texts through writing and design
The Power of Music	<ul style="list-style-type: none"> Music & human experience Alcohol & human relationships Music and drugs 	9	<ul style="list-style-type: none"> ELA 	<p>Music videos:</p> <ul style="list-style-type: none"> Bloodstream (Ed Sheeran) The A Team (Ed Sheeran) Habits (Tove Lo) Starting Over (Macklemore and Ryan Lewis) Rehab (Amy Winehouse) Drink you away (Justin Timberlake) Cheap Wine and Cigarettes (Jess Moskaluke) Last Friday Night (Katy Perry) Dr. Feelgood (Motley Crue) Semi Charmed Life (Third Eye Blind) Hurt (Johnny Cash) King of Everything (Wiz Khalifa) 	<ul style="list-style-type: none"> Bloodstream- Lyrics The A Team: Lyrics Habits: Lyrics Starting Over: Lyrics Rehab: Lyrics Drink you away: Lyrics Cheap Wine and Cigarettes: Lyrics Last Friday Night: Lyrics Dr. Feelgood: Lyrics Semi Charmed Life: Lyrics Hurt: Lyrics King of Everything: Lyrics 	<ul style="list-style-type: none"> Exploring the power of music Analyzing historical and social influences through songs Critical listening skills Understanding music's role in shaping personal beliefs and cultural identity Exchanging ideas and viewpoints through music Constructing personal connections between texts and life
Rat Park	<ul style="list-style-type: none"> Why drug use? Addiction Freedom Connection Support/ human relationships 	6,7	<ul style="list-style-type: none"> Arts ELA PHE 	<ul style="list-style-type: none"> Short video: Rat Park Nominal group technique 	<ul style="list-style-type: none"> Rat Park comic 	<ul style="list-style-type: none"> Critical thinking and inquiry skills Discussion and collaborative skills Conceptual understanding of wellness and community Creative and critical engagement with media Artistic expression and communication

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<u>Rethinking Risk: ways to assess and manage risk as a part of life</u>	<ul style="list-style-type: none"> Understanding risk Managing risk 	7,8,9,10	<ul style="list-style-type: none"> PHE 	<ul style="list-style-type: none"> <u>Blunt Talk II: A picture of cannabis use among BC youth</u> <u>Factors Game</u> 	<ul style="list-style-type: none"> Teacher handout: <u>Facilitating dialogue in the classroom</u> 	<ul style="list-style-type: none"> Communicating and collaborating Creative, critical and reflective thinking Personal and social development Understanding and managing health choices Substance use and promoting mental well-being Personal identity and social influences
<u>Rum and Spirits</u>	<ul style="list-style-type: none"> Alcohol, religion, cultural identity & values Mental slavery Freedom Identity: Afro-Caribbean 	10,11,12	<ul style="list-style-type: none"> ELA SS 	<ul style="list-style-type: none"> Video: <u>Redemption Song</u> 	<ul style="list-style-type: none"> <u>Rum and Spirits: The “Meaning” of Alcohol</u> 	<ul style="list-style-type: none"> Critical, creative, and reflective thinking Understanding Contexts and Perspectives Cause and consequences Exploring perspectives through norms, values, and beliefs Ethical judgements
<u>Selling Tobacco to Women</u>	<ul style="list-style-type: none"> Marketing & media Media & social behaviors Women & tobacco Media & personal identity 	10	<ul style="list-style-type: none"> SS 	<ul style="list-style-type: none"> Images: smoking marketing campaigns (included in the lesson), or <u>similar images</u> Article: <u>Gender, Women and the Tobacco Epidemic</u> 	<ul style="list-style-type: none"> Images: smoking marketing campaigns (included in the lesson), or <u>similar images</u> 	<ul style="list-style-type: none"> Understanding diversity in drug use and social attitudes Developing social and communication skills Applying inquiry processes and skills Analyzing continuities and changes across groups Assessing the impact of conditions and actions on events and developments

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<u>Smokes for Soldiers</u>	<ul style="list-style-type: none"> Governments & tobacco 	9	<ul style="list-style-type: none"> SS 	<ul style="list-style-type: none"> Newspaper: <u>Analyzing Propaganda: Montreal Gazette</u> 	<ul style="list-style-type: none"> <u>Smokes for Soldiers</u> 	<ul style="list-style-type: none"> Assessing drug impact on health and society Exploring diversity in drug use and attitudes Applying SS inquiry skills Evaluating competing historical accounts Understanding perspectives through norms and beliefs Recognizing factors behind official drug responses
<u>Smoking the Pipe: Peace or War</u>	<ul style="list-style-type: none"> Indigenous peoples Ceremonial smoking pipes Cultures & symbolic meanings of objects or actions 	10,11,12	<ul style="list-style-type: none"> SJ 	<ul style="list-style-type: none"> Article: <u>Blackfoot Peace Treaties</u> Video: <u>Pipe Ceremony in Winnipeg</u> <u>A History of Treaty-Making in Canada</u> 	<ul style="list-style-type: none"> <u>Smoking the pipe: peace or war</u> 	<ul style="list-style-type: none"> Applying inquiry skills Evaluating sources and perspectives Comparing continuities and changes Determining causes and consequences Explaining perspectives on issues and events Ethical judgments Assessing drug impact on health and society Exploring diversity in drug use
<u>A Social History of Coffee</u>	<ul style="list-style-type: none"> History of coffee Governments/ religions/ cultures & coffee/drug use 	8	<ul style="list-style-type: none"> SS 	<ul style="list-style-type: none"> <u>A Social History of Coffee</u> 	<ul style="list-style-type: none"> <u>A Social History of Coffee</u> 	<ul style="list-style-type: none"> Applying inquiry skills Assessing significance of people, places, and events Analyzing factors and consequences of decisions and events

LESSONS	THEMES/TOPICS	GRADE LEVEL	SUBJECTS*	STIMULI	HANDOUTS	COMPETENCIES/ SKILLS
<u>Stress: dogs, cannabis, exercise or ...</u>	<ul style="list-style-type: none"> Stress management strategies Pets & stress 	7,8,9	<ul style="list-style-type: none"> PHE 	<ul style="list-style-type: none"> Video: Harvard report: <u>Dogs reduce stress</u> 	<ul style="list-style-type: none"> No handout 	<ul style="list-style-type: none"> Developing health literacy Developing and applying fundamental movement skills Applying movement concepts and strategies Developing healthy and active living Understanding the impact of physical activity and healthy choices on health Strategies and reflection for achieving healthy-living goals Promoting mental well-being and managing related challenges
<u>Treat Island</u> (EN) <u>L'Île aux Gâteries</u> (FR)	<ul style="list-style-type: none"> Choice Self-management Connectedness Healthy living 	5	<ul style="list-style-type: none"> HCE 	<ul style="list-style-type: none"> Handouts at the end of the Module 	<ul style="list-style-type: none"> Handouts at the end of the Module 	<ul style="list-style-type: none"> Module (5 Lessons)
<u>The Ups and Downs of Stress</u>	<ul style="list-style-type: none"> Stress Stress management techniques 	8,9	<ul style="list-style-type: none"> PHE 	<ul style="list-style-type: none"> BC's Adolescent Health Survey Video: <u>Managing Stress</u> TED talk: <u>How to make stress your friend</u> 	<ul style="list-style-type: none"> <u>Ups and Downs of Stress</u> Teacher handout: BC's <u>Adolescent Health Survey</u> 	<ul style="list-style-type: none"> Understanding the impact of physical activity on health and fitness Developing strategies for pursuing personal healthy-living goals Promoting and managing mental well-being Proposing healthy choices for lifelong well-being Creating strategies for school and community health

iMinds Lessons: Drug Literacy, All Grades (4-12)



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LESSONS	THEMES/TOPICS	GRADE LEVEL	SUBJECTS*	STIMULI	HANDOUTS	COMPETENCIES/ SKILLS
<u>We are all Change Makers</u>	<ul style="list-style-type: none"> Meaning of community School connectedness Community & inclusion Democracy 	5,6,7	<ul style="list-style-type: none"> ELA PHE 	<ul style="list-style-type: none"> Poem: <u>Turning to One Another</u> 	<ul style="list-style-type: none"> <u>Turning to One Another</u> 	<ul style="list-style-type: none"> Developing and maintaining positive relationships Promoting school and community health Developing strategies for promoting mental well-being Managing mental well-being and substance use issues
<u>The Whisky Rebellion</u>	<ul style="list-style-type: none"> Meaning of fair/unfair Being courageous/standing up for oneself 	12	<ul style="list-style-type: none"> SJ 	<ul style="list-style-type: none"> Video: <u>Historical Spotlight</u> Image: <u>What's fair?</u> 	<ul style="list-style-type: none"> No handout 	<ul style="list-style-type: none"> Evaluating the impact of taxes and legislation on substance use Evaluating fairness in substance-related policies Understanding historical and social perspectives on substance taxation Assessing effects of substance policies on communities
<u>Why do we feel so bad about feeling good?</u>	<ul style="list-style-type: none"> Medical & recreational use of cannabis Meaning of pleasure Why drug use? 	11,12	<ul style="list-style-type: none"> ELA 	<ul style="list-style-type: none"> Video: <u>The Small Pleasures</u> <u>Article</u> (at the end of the lesson): Drugs for fun 	<ul style="list-style-type: none"> <u>Article</u> (at the end of the lesson): Drugs for fun 	<ul style="list-style-type: none"> Social and communication skills Critical and creative thinking Comprehension skills through reading, listening, and viewing Creative expression Decision-making skills
<u>Women and Alcohol</u>	<ul style="list-style-type: none"> Women in media Media & drugs Social labels Why drug/alcohol use Social responsibility Managing risks 	11,12	<ul style="list-style-type: none"> ELA 	<ul style="list-style-type: none"> CBC documentary called "Girls Night Out" (video not available) 	<ul style="list-style-type: none"> <u>Teacher handout: Statistics Canada: Heavy drinking, by age group</u> 	<ul style="list-style-type: none"> Understanding the impacts of drug use Recognizing and challenging simplistic views Improving social and communication skills Thinking critically and creatively Exchanging ideas respectfully

LESSONS	THEMES/TOPICS	GRADE LEVEL	SUBJECTS*	STIMULI	HANDOUTS	COMPETENCIES/ SKILLS
<u>Youth Perspectives: Reasons for using cannabis</u>	<ul style="list-style-type: none"> Experimentation Emotional management Social responsibility Understanding youth 	7,8,9,10	<ul style="list-style-type: none"> PHE 	<ul style="list-style-type: none"> Report: <u>Blunt Talk</u>, by the McCreary Centre Society 	<ul style="list-style-type: none"> Teacher handout: <u>Facilitating Dialogue in the Classroom</u> 	<ul style="list-style-type: none"> Communicating and collaborating Creative, critical and reflective thinking Personal & social awareness and responsibility Mental well-being and substance use strategy evaluation
<u>Youth Voices on Marijuana</u>	<ul style="list-style-type: none"> Drugs: harms & benefits Managing risks Reasons youth use cannabis Individual & community responsibility 	7,8,9,10,11,12	<ul style="list-style-type: none"> ELA PHE SJ 	<ul style="list-style-type: none"> Blunt Talk: <u>Harms Associated with Early and Frequent Marijuana Use among BC youth</u> <u>Task Force on Cannabis Legalization and Regulation</u> 	<ul style="list-style-type: none"> No Handout 	<ul style="list-style-type: none"> Thinking critically and creatively Effective communication Mental well-being strategy analysis Resilience and coping strategies Evidence-based inquiry and perspective evaluation Health promotion and community engagement Ethical judgment