

# Policy Domain Results Summary

(Provincial/Territorial)

Suggested citation: Naimi, T., Stockwell, T., Giesbrecht, N., Wettlaufer, A., Vallance, K., Farrell-Low, A., Farkouh, E., Ma, J., Priore, B., Vishnevsky, N., Price, T., Asbridge, M., Gagnon, M., Hynes, G., Shelley, J., Sherk, A., Shield, K., Solomon, R., Thomas, G. & Thompson, K. (2023). Canadian Alcohol Policy Evaluation (CAPE) 3.0 Project: Policy Domain Results Summary (Provincial/Territorial). Victoria, BC: Canadian Institute for Substance Use Research, University of Victoria.

**Acknowledgments:** Thank you to all federal, provincial and territorial stakeholders who provided valuable feedback for this project as well as assisting with data collection and validation activities. Thanks also to our three external expert reviewers, all the extended members of the project team, and our CAPE Community of Practice.

**Funding:** This project was funded primarily by Health Canada's Substance Use and Addictions Program. Additional funds were provided by the Public Health Agency of Canada and the Social Sciences and Humanities Research Council. The views expressed herein do not necessarily represent the views of Health Canada or the other organizations acknowledged.

## **Table of Contents**

Introduction	4
Overall Domain Results	6
1. Pricing and Taxation	7
2. Physical Availability	12
3. Control System	18
4. Impaired Driving Countermeasures	23
5. Marketing and Advertising Controls	28
6. Minimum Legal Age	32
7. Health and Safety Messaging	36
8. Liquor Law Enforcement	40
9. Screening and Treatment Interventions	44
10. Alcohol Strategy	48
11. Monitoring and Reporting	52
Tables	
Table 1: Per Capita Consumption and Alcohol Costs	4
Table 2: Minimum Prices for Alcohol	
Table 3: Alcohol-specific Sales Tax	11
Table 4: Alcohol Outlet Density	15
Table 5: Regulated Hours of Operation for Alcohol Sales	16
Table 6: Alcohol Takeout and Home Delivery	17
Table 7: Proportion of Government Retail Monopoly	21
Table 8: Ministries Overseeing Alcohol Regulation and Distribution/Retail	21
Table 9: Administrative Sanctions for Impaired Drivers 0.05-0.079% BAC Levels	26
Table 10: Minimum Legal Age and Exceptions to Legislation	34
Table 11: Endorsement of Most Recent National Alcohol Guidance	46
Table 12: Status of Managed Alcohol Programs (MAPs)	47
Table 13: Provincial/Territorial Alcohol Strategy	51
Table 14: Knowledge Translation Activities and Leadership	55

# **Figures**

Figure 1: Average Score by CAPE Policy Domain	6
Figure 2: Pricing and Taxation Policy Domain Scores by P/T	7
Figure 3: Pricing and Taxation Policy Indicator Scores by P/T	9
Figure 4: Physical Availability Policy Domain Scores by P/T	12
Figure 5: Physical Availability Policy Indicator Scores by P/T	14
Figure 6: Control System Policy Domain Scores by P/T	18
Figure 7: Control System Domain Indicator Scores by P/T	20
Figure 8: Impaired Driving Countermeasures Policy Domain Scores by P/T	23
Figure 9: Impaired Driving Countermeasures Policy Indicator Scores by P/T	25
Figure 10: Marketing & Advertising Controls Policy Domain Scores by P/T	28
Figure 11: Marketing & Advertising Controls Policy Indicator Scores by P/T	30
Figure 12: Minimum Legal Age Policy Domain Scores by P/T	32
Figure 13: Minimum Legal Age Policy Indicator Scores by P/T	33
Figure 14: Health & Safety Messaging Policy Domain Scores by P/T	36
Figure 15: Health & Safety Messaging Policy Indicator Scores by P/T	37
Figure 16: Liquor Law Enforcement Policy Domain Scores by P/T	40
Figure 17: Liquor Law Enforcement Policy Indicator Scores by P/T	42
Figure 18: Screening & Treatment Interventions* Policy Domain Scores by P/T	44
Figure 19: Screening & Treatment Interventions Policy Indicator Scores by P/T	45
Figure 20: Alcohol Strategy Policy Domain Scores by P/T	48
Figure 21: Alcohol Strategy Policy Indicator Scores by P/T	49
Figure 22: Monitoring & Reporting Policy Domain Scores by P/T	52
Figure 23: Monitoring & Reporting Policy Indicator Scores by P/T	53

## Policy Domain Results Summary (Provincial/Territorial)

## Introduction

Alcohol is the legal substance most used in Canada and carries extremely high costs and harms due to the way it is currently regulated across the country (see Table 1). The 11 evidence-based policy domains assessed as part of the Canadian Alcohol Policy Evaluation (CAPE) form part of a comprehensive and synergistic approach to preventing and reducing different types of alcohol harms. This summary seeks to strengthen health-promoting alcohol policies by providing policymakers, decision-makers, and knowledge users with detailed assessments of the extent to which effective policies and interventions are in place across Canada's 13 provinces and territories (P/Ts). For detailed recommendations on how jurisdictions can improve their alcohol policies, please refer to the individual P/T results summaries.

**Table 1: Per Capita Consumption and Alcohol Costs** 

	Per capita alcohol consumption (standard drink) <sup>1</sup>	Alcohol revenues (millions) <sup>2</sup>	Alcohol harm costs (millions)3	Total alcohol deficit (millions)	Loss per standard drink <sup>1,2,3</sup>
ВС	528	\$2,043	\$2,811	-\$6,196	-\$0.33
AB	528	\$1,305	\$3,110	-\$768	-\$0.95
SK	463	\$454	\$766	-\$1,805	-\$0.71
МВ	469	\$508	\$807	-\$312	-\$0.57
ON	457	\$5,162	\$7,109	-\$299	-\$0.34
QC	493	\$2,824	\$3,244	-\$1,947*	-\$0.12*
NB	452	\$319	\$411	-\$420	-\$0.30
NS	481	\$432	\$652	-\$92	-\$0.54
PE	475	\$70	\$131	-\$219	-\$0.96
NL	540	\$296	\$351	-\$61	-\$0.22
YT	780	\$19	\$46	-\$54**	-\$0.98**
NT	786	\$36	\$109	-\$27	-\$2.58
NU	246	\$5.4	\$124	-\$73	-\$17.92

<sup>&</sup>lt;sup>1</sup>Statistics Canada. Table 10-10-0010-01 Sales of alcoholic beverages types by liquor authorities and other retail outlets, by value, volume, and absolute volume.

<sup>&</sup>lt;sup>2</sup>Statistics Canada. Table 10-10-0012-01 Net income of liquor authorities and government revenue from sale of alcoholic beverages (x1,000).

<sup>&</sup>lt;sup>3</sup>Canadian Substance Use Costs and Harms (CSUCH).

<sup>\*</sup>CSUCH cost estimates do not include inpatient hospitalization, day surgery, emergency department and paramedic services costs for Quebec.

<sup>\*\*</sup>Data on premature deaths in Yukon for 2020 were not available from Statistics Canada's Vital Statistics database. Therefore, meaningful per-person costs for lost productivity could not be calculated for Yukon in 2020.

### What's in this Document

This summary includes results for the CAPE 3.0 alcohol policy domains across the 13 P/Ts with data collected in 2022. A brief description of each of the policy domains is provided as well as details about the best practice policies that were used to assess the jurisdictions. Each section of the summary presents: the overall policy domain scores by P/T, a breakdown of the scores across different policy indicators, key result highlights from across jurisdictions, and overall recommendations. The policy domains are presented in ranked order of 1 through 11 which reflects the weighted impact of their overall effectiveness and scope (see the Methodology and Evidence document for more information on domain weighting). Although ranked, all domains are necessary to create a health-focused alcohol policy environment. Note: the ranked order of domains at the provincial/territorial level differ to ranked order of domains at the federal level.

## **CAPE 3.0 Policy Domains**

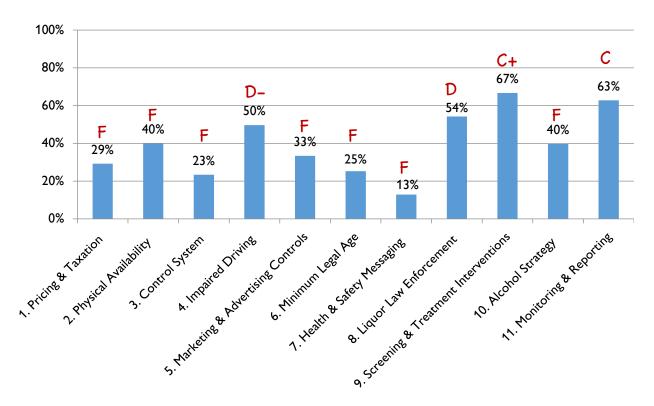
Based on extensive international literature, including meta-analyses and systematic reviews, we developed detailed measures across policy domains that have been shown to be effective in preventing and reducing public health and safety harms from alcohol. The CAPE 3.0 policy domains include: 1. Pricing and Taxation; 2. Physical Availability; 3. Control System; 4. Impaired Driving Countermeasures; 5. Marketing and Advertising Controls; 6. Minimum Legal Age; 7. Health and Safety Messaging; 8. Liquor Law Enforcement; 9. Screening and Treatment Interventions; 10. Alcohol Strategy; 11. Monitoring and Reporting.

#### What We Measured

The CAPE domains are comprised of policy indicators that reflect the current best practices based on established or emerging evidence and practice. The indicators for each domain were assigned points values, used to assess implementation of specific policies and practices, up to a maximum of 10 points. The <a href="Methodology and Evidence">Methodology and Evidence</a> document provides more details about how domain weighting, scoring and analysis were conducted as well as summaries of the evidence that underpins each of these policy domains.

## **Overall Domain Results**

Figure 1: Average Score by CAPE Policy Domain



Across all 11 domains, the P/Ts collectively achieved an average of 37% (F) of their potential to reduce alcohol harms with evidence-based policies. Screening and Treatment Interventions (67%, C+) and Monitoring and Reporting (63%, C) were the two policy domains with the highest average scores. Health and Safety Messaging (13%, F), Control System (23%, F) and Minimum Legal Age (25%, F) were domains with the lowest average scores. Of note is that the two domains ranked highest for their potential to impact alcohol harms each had some of the lower average scores with 40% (F) in Physical Availability and 29% (F) in Pricing and Taxation.

Although overall policy scores were low across the domains, if jurisdictions implemented all the best existing alcohol policies across Canada's P/Ts, their average score could change from 37% (F) to 80% (A-). See Best Practice Policy Leaders document for further details.

In the previous CAPE assessment, CAPE 2.0, which assessed policy data from 2017, the P/Ts achieved an overall average score of 44% across all 11 domains. While the lower average score in the current assessment (37%) suggests an overall decrease in policy implementation in the past five years, it is important to note that CAPE is a point in time evaluation with measurement criteria (e.g. policy indicators) that are reviewed, and in some cases updated to reflect new and emerging evidence or policy trends. Thus, CAPE scores are not directly comparable to previous assessments but reflect the current state of policy implementation in the provinces and territories across the latest key policies areas that are measured each time.

## 1. Pricing and Taxation

#### **Domain Overview**

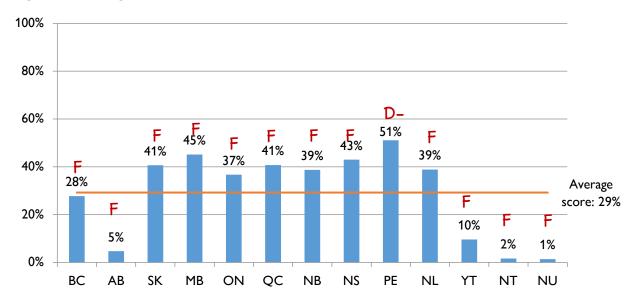
Strong pricing and taxation policies that increase alcohol prices, such as indexed minimum unit pricing, alcohol-specific sales taxes, and retail markups, are highly effective strategies for reducing overall consumption and alcohol harms.

Based on hundreds of studies from around the world, it is clear that increasing the price of alcohol is a highly effective strategy for reducing consumption and alcohol health and social harms. Like many other consumer products, when alcohol prices rise, sales decrease if other factors such as income remain constant. In contrast, if prices are not increased over time, alcohol becomes cheaper relative to other goods, encouraging higher consumption.

See the Methodology and Evidence document for more detail and references.

## **Domain Results**

Figure 2: Pricing and Taxation Policy Domain Scores by P/T



Alcohol pricing and taxation policies, the most impactful of all the domains evaluated, vary across the P/Ts, with an average score of 29%. PE scored the highest in this domain (51%, D-) with their off-premise minimum prices and 25% health tax applied to alcohol. The next highest scores were MB (45%) and NS (43%). The lowest scores were AB (5%), NT (2%) and NU (1%), where there are no minimum prices or P/T sales taxes in place for any alcohol sold.

Although overall policy scores were low, if jurisdictions implemented all the best existing pricing and taxation policies across Canada's P/Ts, their average score could change from 29% (F) to 88% (A). See <a href="Best Practice Policy Leaders">Best Practice Policy Leaders</a> document for further details.

## **Pricing and Taxation: Best Practice Policy Indicators**

- Minimum pricing for alcohol sold from off-premise outlets (3 points)
  - Minimum prices are in place for alcohol sold in retail liquor stores across all beverage categories at an average of \$1.83 (2021 prices) or higher for common container sizes. Minimum prices are automatically indexed to inflation each year and adjusted to precisely reflect the ethanol content of the beverage for each major alcohol category using volumetric pricing; no minimum pricing loopholes exist (e.g. discounting of de-listed products below minimum prices etc.). (Rubric indicators 1.1a-e)
- Minimum pricing for alcohol sold from on-premise outlets (1 point)
   Minimum prices are in place for alcohol sold through licensed establishments across all beverage categories at an average of \$3.66 (2021 prices) or higher for common container sizes. Minimum prices

categories at an average of \$3.66 (2021 prices) or higher for common container sizes. Minimum prices are automatically indexed to inflation each year and are adjusted according to a volumetric formula tying the minimum price precisely to the ethanol content of the beverage; no minimum pricing loopholes exist (e.g. complimentary drinks, discounted gift certificates etc.). **(1.2a-e)** 

- General price levels keeping pace with inflation, all premises (1 point)
  - The differential between jurisdiction-specific alcohol price indices for off-premise and on-premise alcohol sales and all item consumer price index (CPI) based on Statistics Canada data was zero or higher for each beverage category. Differences between average CPI and general price levels were examined for the last reporting year as well as over a five-year trend in order to interpret degree of congruence with overall inflation. (1.3ai-aii)
- Alcohol sales tax and markups, all premises (5 points)
  - An alcohol sales tax of 37.5% (off-premise) and 22.5% (on-premise) is applied and alcohol is taxed higher relative to other consumer goods with a 27.5% differential for off-premise sales and a 12.5% differential on-premise sales. The level of retail markup for alcohol sold from off-premise outlets is 100% of the landed cost for all beverage types and on-premise licensees purchase at the off-premise retail price. An ad valorem retail markup structure or automatic annual indexation of a flat rate markup in alignment with jurisdiction-specific CPI is in place; no markup loopholes exist (e.g., lower markup rates for craft manufacturers, different markups by license type). **(1.4ai-bii & 1.5ai-bi)**

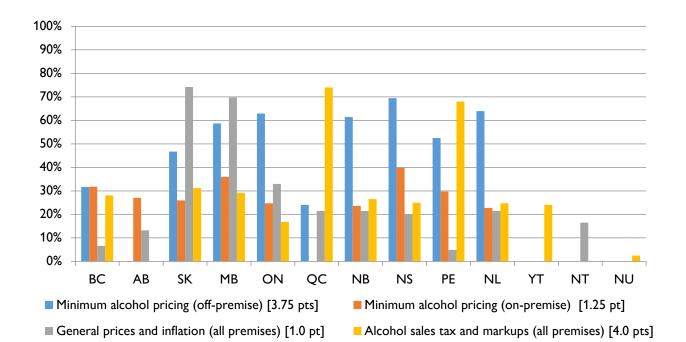


Figure 3: Pricing and Taxation Policy Indicator Scores by P/T

## Minimum alcohol pricing (off-premise)

NS (69%), NL, (64%), ON (63%) and NB (61%) scored the highest for off-premise minimum pricing policies. AB, YT, NT, and NU all scored 0% as they currently have no off-premise minimum pricing in place (see Table 2). Of the P/Ts that set minimum prices on alcohol sold from off-premise outlets, PE, NS, and NL have the highest average minimum pricing; QC only sets minimum prices for malt-based beverages sold in grocery stores. MB has nearly perfect volumetric minimum pricing for off-premise alcohol, adjusted by container size. ON, SK and NL loosely tie minimum prices to ethanol content with broad strength bands as opposed to tying prices precisely to ethanol content (i.e. \$/L ethanol). Only NS and NB index all off-premise minimum alcohol prices to keep pace with inflation; in NB it is a policy of the retailer rather than set in legislation; ON indexes minimum prices for all beverage types with the exception of beer.

## Minimum alcohol pricing (on-premise)

NS (40%), MB (36%) and BC (32%) scored the highest for minimum pricing policies for alcohol sold from on-premise establishments. QC, YT, NT, and NU all scored 0% as they currently have no on-premise minimum prices in place (see Table 2). Nine provinces set minimum prices for alcohol sold at on-premise establishments. None currently meet the recommended level of \$3.66 (2021 prices) per standard drink (e.g. 17.05mL ethanol). BC's average minimum price for all beverages comes closest at \$3.46, followed by \$3.03 in PE. NL has the lowest average minimum price across all beverage types at \$1.74 per standard drink followed by ON at \$1.86 per standard drink; ON lowered their minimum price for spirits by nearly \$1 since 2017, from \$2.94 per standard drink of spirits in 2017 to \$1.97 in 2021. The average minimum price for spirits in BC (\$5.18), AB (\$4.32), and NS (\$3.67) all exceeded the

recommended level. None of the nine provinces automatically index on-premise minimum prices to keep pace with inflation.

**Table 2: Minimum Prices for Alcohol** 

	Off-premise (ideal of \$1.83*)			On-premise (ideal of \$3.66*)			5*)	
	Beer	Wine	Spirits	Coolers	Beer	Wine	Spirits	Coolers
ВС	\$1.35	\$1.03	\$1.37	\$1.12	\$2.76**	\$3.45	\$5.18	\$2.47
AB	None	None	None	None	\$2.01	\$1.76	\$4.32	\$1.98
SK	\$1.52	\$1.45	\$1.38	\$1.28	\$1.92	\$1.68	\$3.38	\$1.61
МВ	\$1.44	\$1.34	\$1.34	\$1.34	\$2.25	\$2.16	\$3.38	\$1.61
ON	\$1.06	\$1.54	\$1.63	\$1.30	\$2.00	\$1.92	\$1.97	\$1.43
QC	\$1.49***	None	None	\$1.02****	None	None	None	None
NB	\$1.32	\$1.29	\$1.10	\$1.67	\$1.27	\$1.73	\$2.16	\$3.10
NS	\$1.82	\$2.00	\$1.48	\$1.96	\$2.40	\$2.40	\$3.67	\$1.72
PE	\$2.33	\$2.14	\$1.59	\$2.06	\$2.15	\$3.50	\$3.50	\$2.50
NL	\$1.71	\$1.72	\$1.47	\$2.12	\$1.65	\$1.91	\$2.34	\$1.13
YT	None	None	None	None	None	None	None	None
NT	None	None	None	None	None	None	None	None
NU	None	None	None	None	None	None	None	None

<sup>\*</sup>price per standard drink for a common container size and beverage strength, expressed in 2021 dollars.

## General prices and inflation (all premises)

In general, prices for wine and spirits sold from off-premise outlets are not keeping pace with inflation across any P/T based on the most recent year (2021); beer is keeping pace in all P/Ts with the exception of ON, QC, NL and NT. In general, prices for beer sold from on-premise establishments are keeping pace with inflation in all P/Ts based on the most recent year (2021), with the exception of YT. Wine prices are keeping pace with inflation in SK and NT; spirits prices are keeping pace with most recent year of inflation in all P/Ts with the exception of BC and YT.

Note: general pricing and inflation scores were not calculated for Nunavut, and scores were pro-rated, as consumer price index data from Statistics Canada are not available for this jurisdiction.

## Alcohol sales tax and markups (all premises)

QC (74%) and PE (68%) scored highest for alcohol sales taxes and markups. AB (0%), NT (0%), and NU (3%) all scored the lowest for having no P/T sales taxes (or alcohol-specific sales taxes) in place (see Table 3). PE applies a 25% 'health tax' to alcohol in addition to 15% HST; QC applies a comparable level of alcohol-specific tax and 9.975% 'QST' to off-premise alcohol. BC and SK tax alcohol at a higher rate than other goods, with 3% alcohol-specific added to the 7% PST in BC, and in SK a 'liquor consumption tax' of 10% replaces the 6% PST. In the absence of a general sales tax, YT applies a 12% alcohol tax.

<sup>\*\*</sup>for draft beer in serving sizes greater than 1.42 L (50oz)

<sup>\*\*\*</sup>Products sold in grocery stores only.

<sup>\*\*\*\*</sup>Malt-based coolers only.

ON, NB, NL, NS, and MB all tax alcohol at the same rate as other consumer goods. AB, NT, and NU have no P/T sales tax or any alcohol-specific taxes in place.

Table 3: Alcohol-specific Sales Tax

	Off-premise	On-premise
ВС	3%	3%
AB	None	None
SK	10%*	10%*
МВ	None	None
ON	None	None
QC	\$0.63/L for beer	\$0.63/L for beer
	\$1.40/L other alcoholic beverages	\$1.40/L other alcoholic beverages
NB	None	None
NS	None	None
PE	25%	None
NL	None	None
YT	12%	None
NT	None	None
NU	None	None

<sup>\*</sup>SK 10% Liquor Consumption Tax replaces 6% PST.

## Pricing and Taxation: Domain Recommendations

- Implement legislated minimum prices for all alcohol sold from all premises that are tied precisely (e.g. \$/L ethanol) to ethanol content. Set minimum prices at a rate per standard drink (e.g. 17.05mL ethanol) of at least \$1.83\* (or \$2.04 in 2023 dollars) for alcohol sold at off-premise retail outlets and \$3.66\* (or \$4.07 in 2023 dollars) for alcohol sold at on-premise establishments, after taxes, and implement automatic indexation (\*2021 prices).
- Update general prices annually to keep pace with inflation, increase sales taxes and tax alcohol at a higher rate than other consumer goods.
- Set off-premise minimum retail markups to be at least 100% of the landed cost for each beverage type and set on-premise markups at or above the off-premise retail price.

## 2. Physical Availability

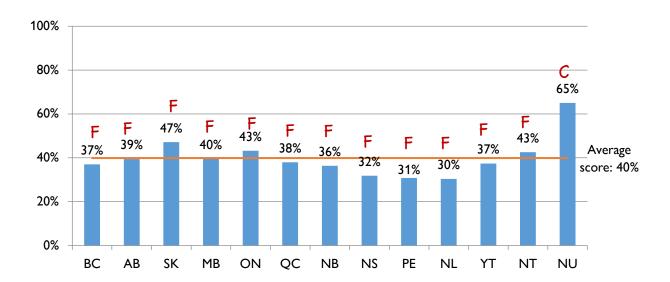
#### **Domain Overview**

Limiting the physical availability of alcohol with reduced outlet density and trading hours is a key population-level intervention that can decrease consumption and prevent alcohol harms. The Physical Availability domain includes the density (per 10,000 capita aged ≥15 years) of off-premise retail outlets (i.e. liquor stores) and on-premise licensed establishments (e.g. restaurants and bars). This domain also includes the hours and days when these outlets and establishments are open, restrictions on where they can be located, and which types of businesses are permitted to sell alcohol.

See the Methodology and Evidence document for more detail and references.

### **Domain Results**

Figure 4: Physical Availability Policy Domain Scores by P/T



Alcohol is highly accessible across the P/Ts, with an average score for this domain of 40% (F). NU scored the highest in this domain (65%, C) with limited availability of off-premise retail outlets. The next highest scores were in SK (47%) and ON (43%). The lowest scores in this domain were in NS (32%), PE (31%), and NL (30%), none of which currently have any off-premise density limits in place.

Although overall policy scores were low, if jurisdictions implemented all the best existing physical availability policies across Canada's P/Ts, their average score could change from 40% (F) to 82% (A-). See Best Practice Policy Leaders document for further details.

## **Physical Availability: Best Practice Policy Indicators**

Density, placement and hours/days of sale (off-premise) (6.25 points)

There are provincially or territorially mandated limits on off-premise outlet density (e.g. limits based on population density or number of outlets) and outlet placement (e.g. mandated minimum distance from schools or community centres) with a density cap of 2 outlets or fewer per 10,000 capita age 15+ including private, government run and ferment-on-premise outlets. Mandated hours of alcohol sales at off-premise outlets do not start before 11am or extend beyond 8pm, have fewer than 7 days of sale per week, and are open less than the maximum possible hours of operation per week. (Rubric indicators 2.1a-c & 2.3ai-bii)

Density, placement and hours of sale (on-premise) (2.75 points)

There are provincially or territorially mandated limits on on-premise outlet density (e.g. limits based on population density or on number of licensed establishments) and outlet placement (e.g. mandated minimum distance from schools or community centres) with a density cap of 15 licensed establishments or fewer per 10,000 capita age 15+. Mandated hours of alcohol sales at on-premise establishments do not start before 11am or extend beyond 1am the following day and are open less than the maximum possible hours of operation per week; no discretionary exceptions or extensions are granted to hours and days of sale (e.g., extending hours of operation for community events). (2.2a-c & 2.4ai-c)

Take-out and home delivery (all premises) (1 point)

There are regulations prohibiting home delivery of alcohol for off-premise retail outlets and on-premise establishments or requiring that alcohol home delivery be provided only by the retailer or licensee (with a mandatory food component) rather than third party delivery services (e.g. Uber Eats); requirements around purchase of food must be well defined and be adequate. **(2.5a-bii)** 

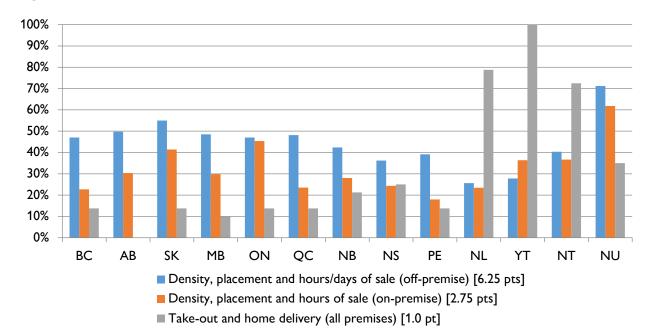


Figure 5: Physical Availability Policy Indicator Scores by P/T

## Density, placement and hours/days of sale (off-premise)

NU (71%), SK (55%) and AB (50%) scored highest for policies restricting off-premise outlet density and placement and hours and days of sale. NL (26%), YT (28%) and NS (36%) scored lowest. NU has the lowest off-premise outlet density (1.5 outlets per 10,000 capita) with just two in-person retail outlets. ON has the second lowest per capita off-premise outlet density (2.7 outlets). Density levels in NS (4.4 outlets), MB and NB (both 5.0 outlets) are near to the recommended limit of 2.0 outlets per 10,000 capita (see Table 4). QC, PE, NL, NT, and YT all have very high per capita off-premise outlet density, ranging between 5 and 11 times the recommended limit. Of all the P/Ts, only SK and YT currently have legislated off-premise density limits that take population into consideration, although ON, NB, NL, NT and NU have the legislative powers to do so. ON does set a cap on grocery store licenses. BC has a moratorium prohibiting new licenses for off-premise.

Although many jurisdictions have legislative powers to restrict placement of off-premise outlets, the majority currently do not. SK restricts placement of off-premise outlets in their Northern Administrative District and the government retailer in ON voluntarily sets placement restrictions, although they are not set in legislation. With the exception of NT, hours of operation for off-premise retail outlets extend beyond recommended hours in all P/Ts (see Table 5). NT is the only jurisdiction to limit off-premise sales to six days a week and to have opening hours that do not extend before 11am. The closing hours of off-premise outlets in QC, NL, NT, and NU are within two hours of the recommended time of 8pm.

## Density, placement and hours of sale (on-premise)

NU (62%), ON (45%), and SK (41%) scored highest for policies restricting on-premise outlet density and placement and hours and days of sale. PE (18%), BC (23%), NL (23%), NS (24%), and QC (24%) scored the lowest. NU has the lowest on-premise outlet density (7.5 outlets per 10,000 capita). ON has the second lowest on-premise outlet density (14.6 outlets). Density levels in MB and QC (both 17.5 outlets) are near to the recommended limit of 15.0 outlets per 10,000 capita (see Table 4). NS, NL, PE, and YT all have high per capita on-premise outlet density, ranging between nearly 2 and 3 times the recommended limit (see Table 4). There are currently no limits set on density of on-premise establishments in any P/T, although SK, NB, NL and the territories have the legislative powers to do so. NS and the territories are currently the only P/Ts that have restrictions on the placement of on-premise establishments. NS specifically restricts placement near schools, hospitals or similar institutions. Hours of operation for on premise establishments extend beyond the recommended 11am opening time and 1am following day closing time across every P/T (see Table 5). The majority of P/Ts (8 of 13) have loopholes that allow for the extension of hours such as for sporting or cultural events.

**Table 4: Alcohol Outlet Density** 

	Off-premise density rate per 10,000 capita (ideal of 2.0)	On-premise density rate per 10,000 capita (ideal of 15.0)
ВС	6.0	19.1
AB	6.6	19.2
SK	7.1	24.8
МВ	5.0	17.5
ON	2.7	14.6
QC	12.6	17.6
NB	5.0	21.5
NS	4.4	28.1
PE	11.0	38.2
NL	19.1	30.8
YT	22.5	54.1
NT	18.2	26.2
NU	1.5	7.5

**Table 5: Regulated Hours of Operation for Alcohol Sales** 

		Off-premise <sup>1</sup>		On-premise <sup>1</sup>	
	Open 7 days /week	Regulated hours of operation (unless otherwise noted)	Max operating hours /24 hrs	Regulated hours of operation <sup>1</sup> (unless otherwise noted)	Max operating hours/24 hrs
ВС	Yes	7:00am- 11:00pm	16	9:00am- 4:00am next day	19
AB	Yes	9:00am-2:00am next day	17	10:00am-2:00am next day	16
SK	Yes	8:00am- 3:00am next day	19	9:30am-2:00am next day	16.5
МВ	Yes	8:00am-12:00am (Retail beer vendors: 8:00am- 2:30am next day)	14 (18.5)	9:00am-2:00am next day	17
ON	Yes	7:00am-11:00pm	16	9:00am-2:00am next day	17
QC	Yes	8:00am-9:00pm* Reduced hours on Saturday and Sunday: 8:00am-5:00pm *Not set in regulation	13	8:00am-3:00am next day	19
NB	Yes	6:00am-12:00am for grocery agency stores	18	9:00am-2:00am next day (Licensees that serve full meals: 6:00am-2:00am)	17 (20)
NS	Yes	10:00am-9:00pm* (Agency stores: 7:00am- 12:00am) *Not set in regulation	11 (17)	10:00am-2:00am next day (Cabaret license: 6 days/week 11:00am-3:30am)	16 (16.5)
PE	Yes	9:00am-9:00pm* Reduced hours on Sunday: 12pm-5pm (Liquor Agencies: 8:00am- 12:00am; reduced hours on Sunday: 12:00pm-12:00am) *Not set in regulation	12 (16)	9:00am-2:00am next day* *Not set in regulation	17
NL	Yes	10:00am-9:00pm* Reduced hours on Sunday: 10:00am-6:00pm *Not set in regulation	11	9:00am- 2:00am next day ('Extended hours license' Thursday to Sunday: 9:00am- 3:00am next day)	17 (19)
ΥT	Yes	9:00am-2:00am next day	17	9:00am-2:00am next day	17
NT	No (closed Sunday)	11:00am-10:00pm* *Not set in regulation	11	10:00am-2:00am next day	16
NU	Yes	9:00am-9:00pm	12	10:00am-2:00am next day	16

<sup>&</sup>lt;sup>1</sup> Hours of operation as defined in regulation for off-premise retail outlets and on-premise establishments unless noted otherwise; jurisdictions were scored on the longest hours of operation regardless of license type. Different off-premise retail outlet types such as farmer's markets and duty free stores and on-premise license types such as lounges and sports arenas may have hours of operation that vary from the regulated hours noted above in Table 5.

## Take-out and home delivery (all premises)

YT (100%), NL (79%), and NT (73%) scored highest for policies restricting alcohol takeout and home delivery from off-premise outlets and on-premise establishments (see Table 6). AB (0%), MB (10%), and BC, SK, ON, QC, PE (all with 14%) scored lowest. YT is the only P/T that prohibits all home delivery of alcohol from off-premise outlets and alcohol takeout and home delivery from on-premise establishments. Most jurisdictions (10 of 13) allow some kind of alcohol takeout or home delivery, many by third-party delivery services such as Door Dash or Uber Eats. NL and NT prohibit delivery from off-premise outlets. NU prohibits all alcohol takeout and delivery from on-premise establishments. NS prohibits delivery from on-premise establishments. Of the P/Ts that allow takeout and delivery, many have required food components set in regulation (e.g. SK requires a 1:1 ratio of food to alcohol sales).

**Table 6: Alcohol Takeout and Home Delivery** 

	Off-	Off-premise			On-premise	
	Home delivery allowed	Home delivery by third party allowed (e.g. Uber Eats)	Home delivery allowed	Takeout allowed	Home delivery by third party allowed (e.g. Uber Eats)	Food component required with alcohol purchase
ВС	Yes	Yes	Yes	Yes	Yes	Yes
AB	Yes	Yes	Yes	Yes	Yes	No
SK	Yes	Yes	Yes	Yes	Yes	Yes
МВ	Yes	Yes	Yes	Yes	Yes	Yes*
ON	Yes	Yes	Yes	Yes	Yes	Yes
QC	Yes	Yes	Yes	Yes	Yes	Yes
NB	Yes	Yes	Yes	Yes	No	Yes
NS	Yes	Yes	No	Yes		Yes
PE	Yes	Yes	Yes	Yes	Yes	Yes
NL	No		Yes	Yes	Yes	Yes
ΥT	No		No	No		
NT	No		Yes	Yes	No	No
NU	Yes	Yes	No	No		

<sup>\*</sup>Food component required for takeout only, not for delivery

## Physical Availability: Domain Recommendations

- Reduce existing outlet density of all premises. Introduce or strengthen density and placement limits for all premises.
- Reduce and legislate maximum trading hours allowed per week; restrict alcohol sales before 11am and after 8pm (off-premise retail outlets) and 1am (on-premise establishments).
- Prohibit alcohol takeout from on-premise establishments. Prohibit alcohol home delivery, especially by a third party, from all premises.

## 3. Control System

#### **Domain Overview**

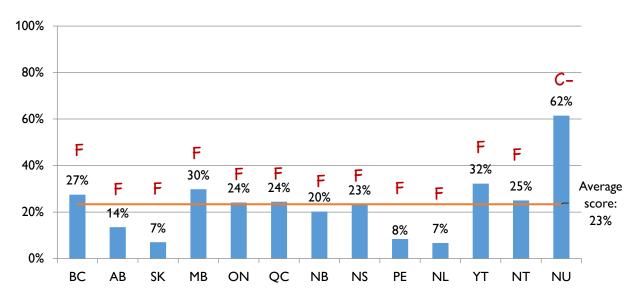
An alcohol control system consisting of a government monopoly to regulate the distribution and sale of alcohol, housed within a health ministry, is an effective way to reduce alcohol consumption and prevent alcohol harms.

Alcohol control systems can range from the ideal of full government monopolies, which are a system of government control over the wholesale, retail sale or distribution of alcohol, to completely privatized retail sales of alcohol. Evidence indicates that privatization and deregulation of alcohol sales leads to greater density of alcohol outlets, which promotes competition that includes longer hours of alcohol sales, lower pricing, and less rigorous interventions to prevent sales to minors or intoxicated patrons.

See the Methodology and Evidence document for more detail and references.

#### **Domain Results**

Figure 6: Control System Policy Domain Scores by P/T



Other than NU, alcohol control systems across the P/Ts are relatively weak, with an average score in this domain of 23% (F). NU scored the highest (62%, C-) with their unique alcohol control system and fully government owned and operated retail outlets. The next highest scores were YT (32%) and MB (30%). Lowest scores were PE (8%), NL (7%) and SK (7%).

Although overall policy scores were low, if jurisdictions implemented all the best existing control system policies across Canada's P/Ts, their average score could change from 23% (F) to 86% (A). See <a href="Best">Best</a> Practice Policy Leaders document for further details.

#### What We Measured

## **Control System: Best Practice Policy Indicators**

## Structure of control system (6 points)

The alcohol regulator and the alcohol retailer/distributor report to a health and safety-focused ministry. If overseen by a non-health ministry, there is ministerial separation of the alcohol retailer/distributor and the regulator. A government wholesaler (or equivalent government wholesaling fee) is always required in the supply chain between the producer/manufacturer and the retailer and on the proportion of outlets that are publicly owned and run (jurisdictions were scored against an ideal of a full (100%) government monopoly). (Rubric indicators 3.1ai-b, 3.2a & 3.3a)

## Alcohol sales beyond traditional channels (2 points)

Regulations prohibit alcohol sales in retail outlets that sell other goods alongside alcohol (e.g. grocery stores and markets, corner stores, gas stations, other retail stores) and prohibit online sales from off-premise outlets. Alcohol sales are prohibited beyond restaurants and bars, such as in environments that provide other goods and services (e.g. hair and nail salons, spas, movie theaters, bookstores, golf greens, sporting facilities, community centres, etc.); ferment on premise outlets and ferment at home/home brew kits are prohibited. (3.4ai-av)

## Public health and safety focus (2 points)

There is legislation mandating earmarked funds to support evidence-based alcohol harm prevention, research or treatment programs that are designed and developed free of alcohol industry influence or involvement. Protecting public health and safety (beyond reference to 'social responsibility') is stated as an explicit objective of the alcohol control system for the regulator and for the distributor/retailer. To reflect their dual mandate, social media posts are primarily dedicated to adequate health and safety messaging (beyond 'social responsibility' and 'responsible drinking' messages) as opposed to product promotion. There is legislation requiring guidance or input from public health departments on decision-making and legislative changes around alcohol policies and a formal process for engaging underrepresented non-industry priority groups in public consultation pertaining to alcohol policy changes with a focus on health impacts; public consultation process is led independently from the alcohol industry. There is a mandated centralized online public reporting system tracking industry lobbying activities by organization and topic at the P/T level designed for lay public access. (3.5a-bii, 3.4c & 3.6a-c)

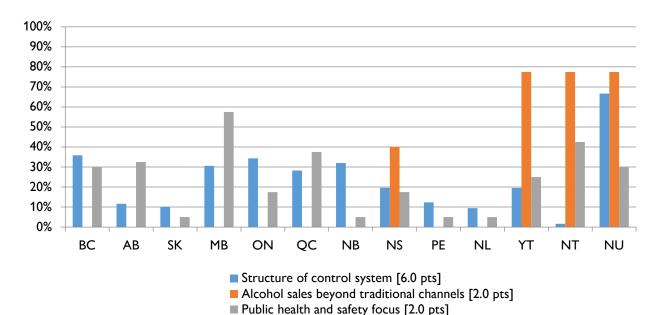


Figure 7: Control System Domain Indicator Scores by P/T

## Structure of control system

NU (67%) had the highest score for structure of control system as their two off-premise retail outlets are both 100% government owned and run. Next highest scores were BC (36%) and ON (34%). Lowest scores were NT (2%), NL (9%), and SK (10%). The proportion of government owned and run off-premise retail stores ranges from 0% in AB (fully privatized retail network) to 29% in NS (see Table 7). BC, YT, and NU are the only P/Ts that currently require a government wholesaler in the supply chain between alcohol producer/manufacturer and the retailer. None of the P/Ts' alcohol regulators are overseen by a public health ministry, although the regulators in BC, MB, ON, QC, and NB report to a justice or public safety-related ministry (see Table 8). None of the P/Ts' alcohol distributor/retailers are overseen by a public health ministry; all (except MB) report to a finance-focused ministry or crown corporation. The minister responsible for MB's alcohol retailer at time of data collection was Minister of Sport, Culture and Heritage.

**Table 7: Proportion of Government Retail Monopoly** 

	Off-premise
ВС	7.5%
AB	0%*
SK	5.2%**
MB	11.7%
ON	22.9%
QC	4.8%
NB	21.0%
NS	28.8%
PE	12.1%
NL	3.4%
YT	8.6%
NT	0%***
NU	100%

<sup>\*</sup>AB has a fully privatized off-premise retail network

Table 8: Ministries Overseeing Alcohol Regulation and Distribution/Retail

	Alcohol regulation	Alcohol distribution/retail
ВС	Ministry of Public Safety	Ministry of Finance
AB	Ministry of Finance	Ministry of Finance
SK	Saskatchewan Liquor and Gaming Authority (SLGA) operates as a Treasury Board Crown Corporation	Saskatchewan Liquor and Gaming Authority (SLGA) operates as a Treasury Board Crown Corporation
МВ	Minister of Justice and Attorney General	Minister of Sport, Culture and Heritage
ON	The Attorney General of Ontario	Ministry of Finance
QC	Minister of Public Security	The Minister of Finance (+ the Minister of Economy and Innovation, & the Minister of Public Security)
NB	Minister of Justice and Public Safety	Minister of Finance
NS	Minister of Service Nova Scotia and Internal Services	Ministry of Finance
PE	Ministry of Finance	Ministry of Finance
NL	Ministry of Finance	Ministry of Finance
YT	Yukon Liquor Board*	Yukon Liquor Corporation*
NT	Ministry of Finance	Ministry of Finance
NU	Ministry of Finance	Ministry of Finance

<sup>\*</sup>Minister responsible for the Yukon Liquor Board and Yukon Liquor Corporation assigned to Hon. Ran Pillai in the Legislative assembly

<sup>\*\*</sup>SK fully privatized all retail alcohol sales in 2023

<sup>\*\*\*</sup>NT's off-premise retail outlets operate on a private consignment-based model

## Alcohol sales beyond traditional channels

YT, NT, and NU (all 78%) scored highest for policies restricting alcohol sales beyond traditional off-premise retail outlets and on-premise establishments. The remaining 9 jurisdictions scored 0%. NS and all three territories prohibit the sale of alcohol alongside other retail goods (e.g. grocery stores, convenience stores, gas stations). The territories prohibit online sales of off-premise alcohol. Many other P/Ts, particularly ON and QC, allow alcohol sales beyond off-premise retail outlets such as in grocery stores, convenience stores (e.g. 7-Eleven), depanneurs, and gas stations. All 10 provinces allow online alcohol sales from off-premise outlets and allow alcohol to be sold alongside other types of services such as in hair salons, movie theatres or at sporting events and recreation centres.

## Public health and safety focus

MB (58%), NT (43%), and QC (38%) had highest scores for public health and safety focus of alcohol control systems. Lowest scores were SK, NB, PE, and NL (all 5%). Only MB and QC had earmarked funds inscribed in legislation to support evidence-based alcohol harm prevention, research, or treatment programs. BC is the only P/T with an alcohol regulator mandate that refers to both public health and to safety. MB is the only P/T with an alcohol distributor/retailer mandate that refers to both public health and to safety. All jurisdictions except NT and NU have mandated online public reporting of alcohol industry lobbying activities through a registry system. MB and the three territories have legislation requiring public engagement with community and other stakeholder groups. Only NU requires input or guidance on alcohol-related policy changes through their system of locally elected alcohol education committees.

## Control System: Domain Recommendations

- Appoint a health and/or safety-focused ministry to oversee alcohol regulation and distribution/retail.
- Require a government wholesaler or equivalent fee between the producer/manufacturer and retailer with no exceptions (e.g. manufacturer stores).
- Increase the proportion of off-premise retail outlets that are government-owned and operated and move towards a full government monopoly.
- Prohibit alcohol sales beyond traditional channels such as in convenience and grocery stores, in other establishments such as spas, bookstores, and sporting facilities, and via online sales; phase out ferment-on-premise outlets and home-brew kits.
- Include protection of public health and safety as explicit mandate for regulator and distributor/retailer; legislate earmarked funds for evidence-based harm prevention, research, or treatment; require public health involvement in decision-making and legislative changes; require targeted health-focused public engagement; transparently report industry lobbying via online public platform.

## 4. Impaired Driving Countermeasures

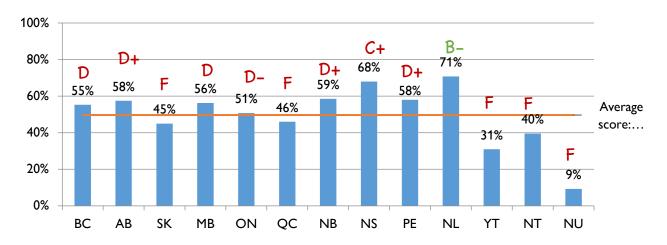
#### **Domain Overview**

Although alcohol-related crashes remain a leading cause of alcohol-related death and injuries in Canada, evidence-based policies can substantially reduce these harms. Impaired driving policies such as comprehensive graduated licensing programs for new drivers, administrative license suspension and administrative vehicle impoundment for drivers with blood-alcohol concentrations (BAC) at or above 0.05%, and mandatory interlock programs, are proven countermeasures that can substantially reduce alcohol-related crashes.

See the Methodology and Evidence document for more detail and references.

## **Domain Results**

Figure 8: Impaired Driving Countermeasures Policy Domain Scores by P/T



Scores for Impaired Driving Countermeasures were relatively consistent across the country with an overall average score of 50% (D-). Highest scores were NL (71%, B-) followed by NS (68%, C+), NB (59%, D+), AB, and PE (both 58%, D+). While the three territories scored lowest, NU (9%), YT (31%) and NT (40%) it is important to note that there can be additional barriers to implementing certain policies such as interlock programs as access to required infrastructure (e.g. access to specialized services such as interlock device installation) is not always available.

Although overall policy scores were low, if jurisdictions implemented all the best existing impaired driving countermeasures policies across Canada's P/Ts, their average score could change from 50% (D-) to 96% (A+). See Best Practice Policy Leaders for further details.

## Impaired Driving Countermeasures: Best Practice Policy Indicators

## Graduated licensing and zero tolerance laws (4 points)

The minimum start age for the graduated licensing program (GLP) is 16 years with a minimum duration of 12 months for stage 1 and 24 months for stage 2 to completion of the GLP, all regardless of whether the applicant is enrolled in a driver education course. Stage 2 drivers have a nighttime driving ban (e.g. 12am-5am) subject to limited exceptions (e.g. drivers who are 22 or older, supervised and/or are driving for employment purposes) and are limited in the number of permitted non-family passengers beyond the number of seatbelts. GLP and all new drivers with less than 5 years' experience are prohibited from testing positive for alcohol and penalties include: mandatory 40-day administrative license suspension (ALS), 7-day administrative vehicle impoundment (AVI), and 'restarting of relevant GLP stage' for GLP drivers and mandatory 40-day ALS, 7-day AVI and 1 year extension of the zero-tolerance period for fully licensed new drivers under age 22 or with less than 5 years' experience. (Rubric indicators 4.1a-e & 4.2ai-bii)

- Accessible container laws and poly-substance penalties (0.5 points)
  - Penalties imposed for alcohol (opened or unopened) that is readily accessible to any person in the vehicle; increased penalties imposed when the presence of a drug is detected in addition to alcohol. (4.3a & 4.4a)
- Administrative licensing suspensions and vehicle impoundment (3.5 points)
  - Mandatory 24-hour ALS and AVI for drivers reasonably believed to be affected by alcohol (no breath test or standard field sobriety test (SFST) conducted) and mandatory 7-day ALS and AVI for drivers with 0.05%-0.079% BAC or who fail an alcohol-related SFST are imposed. Escalating ALS, AVI and mandatory remedial requirements are imposed for repeat impaired driving occurrences at the 0.05%-0.079% BAC level (or failed SFST) within a 5-year lookback and which are recorded on driver abstracts or records for at least 5 years. Mandatory 90-day roadside ALS and AVI for drivers with a ≥0.08% BAC on two alcohol screening devices, or one approved instrument (evidentiary breath testing machine) or who fail or refuse to submit to any required impairment related test or examination are imposed. Escalating ALS, AVI and mandatory remedial requirements are imposed for repeat impaired driving occurrences at the 0.08% BAC level within a lookback period of 5 years; drivers who register a ≥0.08% BAC and receive a 90-day ALS are subject to a 6-month interlock order; and additional administrative penalties (e.g. fine, longer ALS) are imposed for federal alcohol-related impaired driving offenders with aggravated BAC levels (e.g. ≥0.120%). (4.5ai-cv)
- Administrative sanctions and interlock for Criminal Code offences (2 points)
  - Mandatory 1-year ALS for drivers' first, 3-year ALS for drivers' second, and 10-year ALS for drivers' third and subsequent ≥0.08% BAC federal impaired driving convictions are imposed in addition to any federal court-imposed sanctions. Successful completion of a 1-year interlock program for first time and 3- and 5-year interlock programs for second- and third time ≥0.08% BAC federal alcohol-related driving offenders for offences within a 10-year period is required in addition to any federal court-imposed sanctions; interlock programs include relicensing based on performance criteria. Incentives are offered for enrollment in interlock programs to discourage unlicensed and uninsured driving with federal impaired drivers given reduced 'hard' P/T license suspension periods (i.e. reduced periods of no driving) that align with federal driving prohibitions; offenders convicted of impaired driving causing death

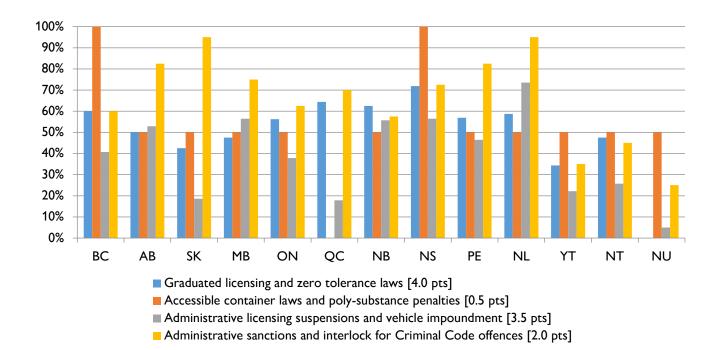


Figure 9: Impaired Driving Countermeasures Policy Indicator Scores by P/T

## Graduated licensing and zero tolerance laws

NS (72%), QC (64%), and NB (63%) had highest scores for graduated licensing program (GLP) policies. Lowest scores were NU (0%), YT (34%), and SK (43%). Seven of 13 jurisdictions have the recommended minimum GLP start age of 16. Only BC, AB, and NT have the recommended minimum stage 1 duration of 12 months with no exceptions. Six P/Ts have the recommended minimum stage 2 duration of 24 months. NS, NL, and YT have a stage 2 nighttime driving ban that meets recommended criteria. BC, ON, PE, and NT have a stage 2 passenger limit for non-family passengers. All P/Ts except NU have a prohibition on being positive for alcohol for all GLP drivers; MB is the only P/T to also apply this prohibition to new drivers with less than 5 years' experience, regardless of age. Only AB and NB have penalties for violating zero tolerance laws for GLP drivers that meet the minimum of a 30-day administrative licensing suspension (ALS), 7-day administrative vehicle impoundment (AVI) and restarting relevant GLP stage; no P/T has the recommended penalties in place for new drivers (e.g. 22 years or older).

#### Accessible container laws and poly-substance penalties

All P/Ts except QC scored at least 50% for having accessible container laws in place with penalties for alcohol (opened or unopened) that is readily accessible to any person in the vehicle. BC and NS (both 100%) scored highest as the only two jurisdictions that also have increased penalties in place for polysubstance detection when the presence of a drug is detected in addition to alcohol (ON's policy only applies to convicted federal impaired driving offenders); QC scored 0% for having neither policy.

## Administrative licensing suspensions and vehicle impoundment

NL (74%) had the highest score followed by MB, NB, and NS (all 56%). Lowest scores were NU (5%), QC (18%), and SK (19%). AB, NS, NT, and NU have administrative licensing suspensions (ALS) for drivers reasonably believed to be affected by alcohol (no breath test or standardized field sobriety test conducted) and no P/T has mandatory administrative vehicle impoundments (AVI) in place in those instances. NB, NS, PE, and NL have mandatory 7-day ALS for drivers with a BAC of 0.05%-0.079% with NL the only jurisdiction to also have mandatory 7-day AVI in those instances (see Table 9). While 10 of 13 P/Ts have mandatory 90-day ALS for drivers with ≥0.08% BAC, none also require mandatory 6-month interlock programs in those instances. BC is the only P/T that has escalating penalties for repeat impaired driving occurrences at the ≥0.08% BAC level that meet recommended criteria. MB and PE have penalties for aggravated BAC levels of ≥0.12% that meet recommendations.

Table 9: Administrative Sanctions for Impaired Drivers 0.05-0.079% BAC Levels

	ALS for drivers with 0.05-0.079% BAC levels	AVI for drivers with 0.05-0.079% BAC levels	Escalating penalties for repeat impaired driving occurrences at the 0.05-0.079% BAC level
ВС	Mandatory 3-day	Discretionary 7-day	Yes*
AB	Mandatory 3-day	None	Yes**
SK	Mandatory 3-day	None	Yes**
МВ	Mandatory 3-day	None	Yes**
ON	Mandatory 3-day	Discretionary 7-day	Yes*
QC	None	None	No
NB	Mandatory 7-day	None	Yes**
NS	Mandatory 7-day	Discretionary 7-day	Yes*
PE	Mandatory 7-day	None	Yes*
NL	Mandatory 7-day	Mandatory 7-day	Yes*
YT	None	None	No
NT	None	None	Yes*
NU	None	None	No

<sup>\*</sup>Escalating ALS or AVI or remedial programs

<sup>\*\*</sup>Escalating ALS, AVI and remedial programs

### Administrative sanctions and interlock for Criminal Code offences

All P/Ts have long-term ALS for first ≥0.08% BAC federal impaired driving convictions as well as escalating long-term ALS for second convictions in addition to any federal court-imposed sanctions. SK and NL (both 95%) scored highest for having all recommended administrative sanctions and interlock programs for federally impaired drivers in place except for mandatory 10-year ALS for third and subsequent ≥0.08% BAC federal impaired driving convictions; only MB, ON and NU currently have this in place. AB and PE (both 83%) had next highest scores. Eight of 13 jurisdictions require relicensing based on interlock performance criteria for ≥0.08% BAC federal impaired driving convictions; only 6 of 13 had interlock as a condition of relicensing for first convictions, escalating 3- and 5-year interlock periods for repeat convictions, or reduced "hard" license suspension for enrollment in interlock programs in place to discourage unlicensed and uninsured driving. Lowest scores were NU (25%), YT (35%) and NT (45%).

## Impaired Driving Countermeasures: Domain Recommendations

- Implement or strengthen graduated licensing programs (GLPs) with a minimum start age of 16, a stage 1 minimum of 12 months and a stage 2 minimum of 24 months; set a stage 2 night-time driving ban and passenger limit (beyond number of seatbelts). Implement a zero-tolerance period with penalties to all GLP drivers and new drivers with less than 5 years' experience.
- Enact accessible container laws and impose increased penalties when the presence of alcohol plus another drug is detected.
- Impose mandatory, comprehensive ALS and AVI sanctions that escalate according to BAC level and repeat occurrences; record on driver's abstracts for at least 5 years.
- Impose mandatory 1-year ALS for first ≥0.08% BAC federal conviction with escalating long-term
  ALS for subsequent ones. Require completion of interlock program as relicensing condition (and
  based on performance criteria) for first ≥0.08% BAC federal conviction and escalating interlock
  periods for subsequent ones; have interlock program enrollment incentives to discourage
  unlicensed/uninsured driving.

## 5. Marketing and Advertising Controls

#### **Domain Overview**

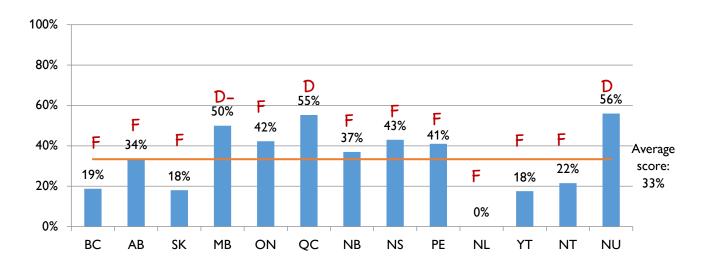
Marketing and advertising controls such as a complete ban or comprehensive restrictions on alcohol marketing across all advertisers and media types combined with effective enforcement by an independent authority, are some of the most effective policies for reducing alcohol harms as they challenge the current social norms around alcohol in society.

Restrictions on alcohol marketing can include the volume of advertisements, advertisement content, price-based promotions and placement of advertisements. The effectiveness of marketing policies is contingent on controls applying to all advertisers and media types (including digital and social media) and having an independent regulatory body (without alcohol industry involvement) with the authority to monitor and enforce these restrictions.

See the Methodology and Evidence document for more detail and references.

#### Domain Results

Figure 10: Marketing & Advertising Controls Policy Domain Scores by P/T



Alcohol marketing and advertising control policies varied across the P/Ts, with an average score of 33% (F). NU scored highest in this domain (56%, D) followed by QC (55%, D) and MB (50%, D-). Lowest scores were NL (0%), YT (18%), and SK (18%), where there are few or no P/T level policies in place to restrict and enforce marketing and advertising activities.

Although overall policy scores were low, if jurisdictions implemented all the best existing marketing and advertising control policies across Canada's P/Ts, their average score could change from 33% (F) to 72% (B-). See <u>Best Practice Policy Leaders</u> for further details.

## Marketing and Advertising Controls: Best Practice Policy Indicators

## Advertising restrictions (7 points)

There are advertising bans or restrictions on the volume of alcohol advertising permitted (e.g. on the number of advertisements or % of ad space occupied by alcohol ads etc.), across all media types (e.g. broadcast, online, social media etc.) There are content restrictions that go beyond the CRTC code for broadcast advertising of alcoholic beverages for all media types, and restrictions on the placement of advertisements within all media types (e.g. restrictions prohibiting alcohol ads near schools or treatment centers, bans on alcohol ads in media where the target audience is under the minimum legal age). There are restrictions on price-based marketing strategies/promotions (e.g. policies restricting the advertisement of "cheap" drinks or volume based specials such as 2 for 1 deals), beyond policies only prohibiting the advertisement of alcohol below the minimum price, across all media types. Alcohol advertisements by non-licensees (e.g., third parties not involved in the production, manufacturing, or sale of alcohol such as food delivery services) are prohibited and alcohol advertising restrictions (see 5.1 a-d) apply to all advertisers (e.g. government retailers, private retailers and licensees, ferment on premise outlets, manufacturers and their agents, special occasion permit holders). (Rubric indicators 5.1a-f)

## Enforcement of advertising restrictions (3 points)

There is a mandatory pre-screening process across media types, regardless of the advertiser (i.e. government, private), that is conducted by a representative independent from the alcohol industry and alcohol sales (e.g. in public health), to ensure alcohol advertisements adhere to the regulations. There is a specific independent authority responsible for enforcement regardless of the advertiser and an online complaint system geared to the lay public to ensure alcohol advertising and marketing violations and complaints are effectively addressed; complaints against alcohol advertisements are adjudicated efficiently within a 30-day timeframe. Penalties for violations of advertising and marketing regulations are commensurate with the severity of the violation and escalate with frequency and severity; listings including the advertiser name and nature of the violation are publicly available. **(5.2a-dii)** 

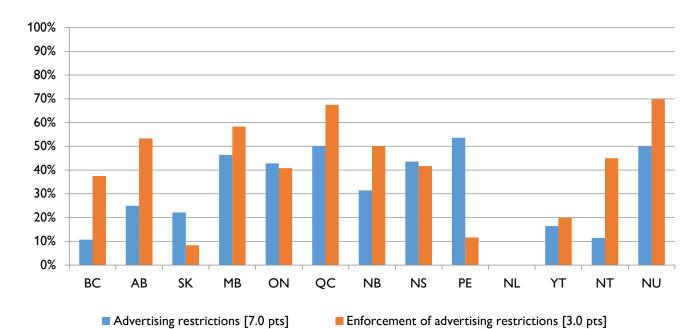


Figure 11: Marketing & Advertising Controls Policy Indicator Scores by P/T

## Advertising restrictions

PE (54%), QC (50%), and NU (50%) scored highest on comprehensiveness of marketing and advertising restrictions. Lowest scores were NL (0%), BC (11%), and NT (11%). There are no full bans on alcohol marketing and advertising in any P/T and no jurisdiction has comprehensive restrictions on the volume of advertisements allowed across media types (e.g. broadcast, internet, social media etc.) or advertisers (e.g. government or private). NU and 7 provinces have restrictions on alcohol advertising content across all media that go beyond the CRTC code requirements. MB, ON, PE, QC, and NU have restrictions on placement of alcohol ads (e.g. near schools or in media with youth as target audience) and NB, NS, PE, YT all prohibit advertising by non-licensees or third-party advertisers like Door Dash or Uber Eats. Five of 13 P/Ts ban price-based promotions advertising cheap drinks or volume-based discounts.

#### Enforcement of advertising restrictions

NU (70%), QC (68%), and MB (58%) scored highest on enforcement of advertising. Lowest scores were NL (0%), SK (8%), and PE (12%). Only NU requires mandatory pre-screening of alcohol ads across all media types and advertisers (pre-screening in QC only applies to manufacturer advertising). Only MB has an independent online complaints system run independently from the alcohol industry and alcohol advertisers. AB, MB, QC, NB, NT, and NU have a specific authority independent of the alcohol industry responsible for enforcement regardless of the advertiser (e.g. government or private) but no complaints system in place. Six provinces and all territories publicly list marketing and advertising violations with advertiser name and the nature of violation. Penalties for advertising violations in 6 of 13 P/Ts were commensurate with the violation and escalate with repeat offenses.

## Marketing and Advertising Controls: Domain Recommendations

- Implement restrictions on advertising quantity (e.g. ad bans and volume restrictions), content (e.g. beyond CRTC rules), placement (e.g. physical location), and price-based promotions/sponsorships for all advertisers (e.g. government retailers, non-licensees/third parties) and all media types (e.g. broadcast, online, social media etc.).
- Appoint an independent health-focused enforcement authority to conduct mandatory pre-screening
  of all alcohol ads, host responsive online complaint system, and enforce penalties applicable to
  government and private advertisers.
- Set commensurate, escalating penalties for any marketing and advertising violations; publicly list violations online with advertiser name and nature of violation.

## 6. Minimum Legal Age

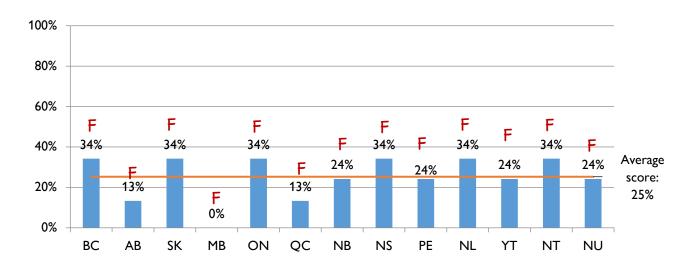
### **Domain Overview**

There is well established evidence that minimum legal age laws (MLA) offer health and safety benefits at the population level, act to delay the onset of problematic alcohol use, and may also reduce overall alcohol consumption across the life course. In addition to making it more difficult for young people to consume alcohol, MLA laws also help communicate a message about community norms, beliefs, and behaviours around alcohol, which helps to shape consumption patterns and reduce underage drinking.

See the Methodology and Evidence document for more detail and references.

## **Domain Results**

Figure 12: Minimum Legal Age Policy Domain Scores by P/T



The average score in this policy domain was 25% (F), as no P/T currently sets their minimum legal age for the sale, purchase, and possession of alcohol to the recommended level of 21 years of age. The highest scores were BC, SK, ON, NS, NL, and NT (all 34%), where the minimum legal age is 19 with no exceptions to the laws. MB (0%) the lowest for having a minimum legal age of 18 that has exceptions to the laws, followed by AB and QC (both 13%) with a minimum age of 18 but no exceptions allowed.

There is substantial room for improvement in this domain, even if all the best existing policies across Canada's P/Ts were implemented their average score could only change from 25% (F) to 34% (F). See Best Practice Policy Leaders document for further details.

## **Minimum Legal Age: Best Practice Policy Indicators**

## Minimum sale, purchase, and possession age (9 points)

The minimum legal age for individuals to whom alcohol can be lawfully sold, for which individuals may purchase, or possess alcohol is set at 21 years old and there is legislation prohibiting third-party purchase or provision of alcohol to minors; there are no exceptions to the legislation allowing parents, legal guardians, or spouses to provide minors with alcohol beyond private residences such as in licensed establishments or at special events. (**Rubric indicators 6.1a-d**)

## Proof of age requirements and verification laws (1 point)

There is legislation that requires staff to request proof of legal age in the form of government issued photo identification for all individuals purchasing alcohol across all premises. A two-stage proof of age verification process (e.g. to place and to receive the order) is required for alcohol sales made remotely (e.g. via phone, online etc.). **(6.2a-b)** 

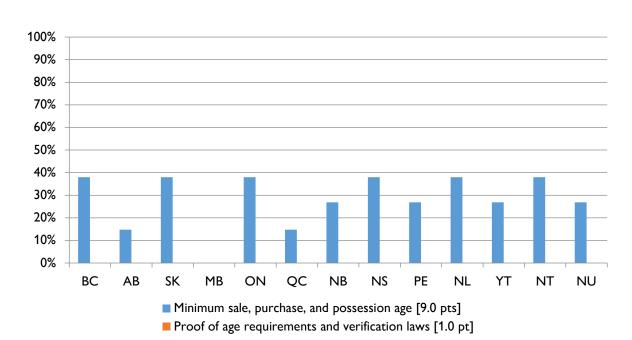


Figure 13: Minimum Legal Age Policy Indicator Scores by P/T

## Minimum sale, purchase, and possession age

BC, SK, ON, NS, NL, and NT had highest scores (all 38%) for their minimum legal sale, purchase, and possession age of 19 with no exceptions to legislation allowing the supply of alcohol to minors in specific environments beyond private residences (see Table 10).

NB, PE, YT, and NU (all 24%) also have a minimum age of 19, however they have exceptions such as allowing parents, legal guardians, or spouses to provide minors with alcohol in public places or at special events. MB (0%), AB, and QC (both 15%) scored the lowest for their minimum age of 18; MB has exceptions to the MLA legislation allowing for the supply of alcohol to a minor beyond private residences by a parent, guardian, or spouse if alcohol is consumed in their presence and served with a meal. No jurisdiction currently has any policies in place to strengthen their minimum legal age laws by granting graduated access to alcohol using a stepped approach with limits on volume, ethanol strength, or hours of availability (e.g. for those under age 25).

Table 10: Minimum Legal Age and Exceptions to Legislation

	MLA	Exceptions* (Summarized)
ВС	19	None
AB	18	None
SK	19	None
МВ	18	When alcohol is consumed by a minor with a meal in the presence of and purchased by a parent, guardian, spouse, or common-law partner.
ON	19	None
QC	18	None
NB	19	When in the presence of parent or spouse, where beer or wine is supplied to the minor for beverage purposes with meals by the parent or spouse during an event at a church/community hall or in any licensed premises.
NS	19	None
PE	19	When supplied to a minor by a parent, guardian, or spouse for beverage purposes.
NL	19	None
YT	19	When the minor is in the presence of and with the consent of a parent, grandparent, legal guardian in a food primary premises or at a reception if authorized by the terms and conditions of the reception permit.
NT	19	None
NU	19	When in the presence of a parent a minor may consume beer or wine at a social function (wedding, anniversary, family reunion or birthday) held in a licensed premises and when the entire public part of the licensed premises is reserved for the social function.

<sup>\*</sup>Exceptions refer only to those which extend beyond a private residence or medicinal/religious uses.

## Proof of age requirements and verification laws

All 13 P/Ts scored 0% as no jurisdictions currently have mandatory proof of age polices requiring that government issued photo identification be presented by all individuals purchasing alcohol across all premises. Most jurisdictions have "Check 25" or "Check 30" programs in place, although not legislated, that require staff to check identification for individuals purchasing alcohol who appear to be minors or under a certain age. However, in practice this policy is highly discretionary and inconsistently applied which limits its effectiveness. There are no P/Ts that require proof of legal age for instances where alcohol sales are not made in person (e.g. online sales) through a two-stage verification process when order is placed and upon receipt.

## Minimum Legal Age: Domain Recommendations

- Increase minimum legal age to 21 for the sale, possession, and purchase of alcohol; consider granting graduated access to alcohol with limits on volume, ethanol strength, or hours of availability for those under a certain age (e.g. 25 and younger).
- Prohibit policies allowing exceptions to MLA laws that permit parents, legal guardians, or spouses from providing alcohol to minors beyond the home.
- Require proof of age identification for anyone purchasing alcohol in person and 2-staged verification
  (i.e. when ordering and receiving order) for alcohol sales made remotely (e.g. online, via phone,
  etc.).

## 7. Health and Safety Messaging

#### **Domain Overview**

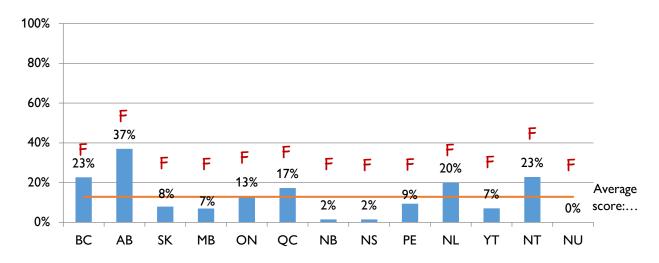
Health and safety messaging such as evidence-based warning labels on alcohol products, in-store signage and government health and safety campaigns, provide critical information that allow consumers to make informed choices about alcohol consumption and address the manufacturer or seller's legal duty to warn of the potential harms of the product.

Health and safety messaging should include alcohol beverage labeling, on-premise and off-premise point of sale messaging and jurisdiction-wide health and safety campaigns. These provide a critical counterpoint to alcohol marketing and promotion. Labels on alcohol beverages increase awareness about alcohol-caused risks, such as cancer, which can in turn increase support for implementation of other effective alcohol policies such as pricing and taxation.

See the Methodology and Evidence document for more detail and references.

#### Domain Results

Figure 14: Health & Safety Messaging Policy Domain Scores by P/T



Health and Safety Messaging had the lowest average score of all 11 CAPE policy domains at 13% (F). No P/Ts meet the recommendations for mandatory health and safety messages on alcohol products or onsite signage at off-premise retail outlets or on-premise establishments; YT and NT are currently the only two jurisdictions with alcohol warning labels in place. AB (37%) scored highest in this domain for having some mandatory on-site messaging and ongoing health and safety campaigns, followed by BC and NT (both 23%). Lowest scores were NU (0%), NB (2%), NS (2%), MB (7%), YT (7%), and SK (8%).

There is substantial room for improvement in this domain as even if all the best existing health and safety messaging policies across Canada's P/Ts were implemented, their average score could only increase from 13% (F) to 50% (D-). See <u>Best Practice Policy Leaders</u> for details.

# **Health and Safety Messaging: Best Practice Policy Indicators**

## Status and quality of product labels (4 points)

There is legislation in place allowing for enhanced alcohol labelling components on containers and mandatory evidence-based alcohol warning label messages, standard drink information, national drinking guidelines, and calorie information as a manufacturer requirement of product labelling. Labelling components contain an *adequate* message to support informed consumer health decisions, rotate across all products at least annually, are supported by pictorials, prominently displayed (occupying a minimum 30% of display panel), and are legible; label content is be developed independently of the alcohol industry. (Rubric indicators 7.1ai-av & 7.2a-d)

# On-site health and safety messaging (all premises) (4 points)

There is mandatory off- and on-premise evidence-based health and safety messaging in place on a variety topics (e.g. cancer and other health risks, acute injury, violence, youth, impaired driving etc.) with *adequate* information to support informed consumer health decisions, accompanied by graphics, and displayed in locations visible to all customers; messages are be developed independently of the alcohol industry. **(7.3a-c & 7.4a-c)** 

# Health and safety campaigns by health ministries/departments (2 points)

There are on-going annual health and safety campaigns specific to alcohol on a variety of topics that are run by the health ministry/department. Campaigns are be developed and funded independently from the alcohol industry and from alcohol industry corporate social responsibility organizations. (7.5ai-aii)

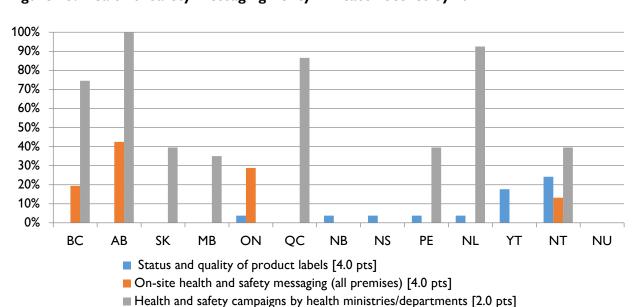


Figure 15: Health & Safety Messaging Policy Indicator Scores by P/T

## Status and quality of product labels

While P/Ts all inherently have the legal powers required to implement mandatory health and safety labels on alcohol products, 7 jurisdictions have specific legislation in place allowing for enhanced labelling components. None currently require product labels except YT and NT.

NT (24%) and YT (18%) scored highest for their mandatory text-only warning labels, although they do not currently meet the recommendations for label content, adequate messaging, rotating messages, use of pictorials, or prominent display on the product. ON, NB, NS, PE, NL, YT, and NT scored 4% for having labelling legislation in place. The remaining P/Ts scored 0%.

## On-site health and safety messaging (all premises)

No P/Ts currently require mandatory health and safety messaging or signage about alcohol and cancer risk at off-premise retail outlets or on-premise establishments. AB (43%) scored highest for being the only P/T to require both a "no minors" sign posted at the front door of all off-premise retail stores and on-premise licensed establishments and requiring a fetal alcohol spectrum disorder awareness poster in a prominent location. ON (29%) requires that a warning on alcohol and pregnancy risks be displayed where alcohol is sold at all premises. BC (19%) requires that mandatory signage about alcohol use be prominently displayed at off-premise outlets, however, the content of the message, "Why another? Drinking for your own reasons or for someone else's? The choice is in your hands" did not meet recommendations for providing adequate evidence-based health and safety information. NT (13%) has mandatory impaired driving and alcohol and pregnancy risk messaging at off-premise outlets, but prominent display is not required. The remaining P/Ts scored 0% for having only voluntary health and safety messaging, messaging that was not evidence-based, not adequate in supporting informed choice, not including graphics, not mandatory in all instances (e.g. special occasion permits exempt), or only required periodically with no set timeframe.

#### Health and safety campaigns by health ministries/departments

BC, AB, QC, and NL are the only 4 P/Ts that currently have ongoing health and safety campaigns led by ministries or departments of health that are specific to alcohol and go beyond those limited to the holiday season (e.g. Christmas); all were developed free of the alcohol industry. AB (100%) scored highest for their comprehensive health and safety campaign, the "Alcohol and Health Series", which covered all 6 recommended topic areas, followed by NL (93%), whose campaigns covered 5 of 6 topics, QC (87%), covering 3 of 6, and BC (75%) covering 1 of 6 topic areas. ON, NB, NS, YT, and NU all scored 0%.

# Health and Safety Messaging: Domain Recommendations

- Implement enhanced alcohol labelling as a manufacturer requirement and mandatory onsite health and safety messaging (e.g. signage, posters) in all premises.
- Mandatory labels, signage, and messaging should include a variety of evidence-based warning
  messages (e.g. cancer risk, standard drinks, national alcohol guidance, calories), be prominently
  displayed and accompanied by pictorials, rotate, and support consumers in making informed
  decisions about product use.
- Deliver a variety of evidence-based ministry-led alcohol health and safety campaigns (beyond holiday themes) at least annually.

# 8. Liquor Law Enforcement

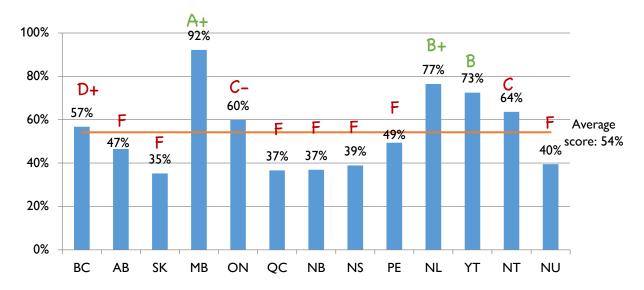
#### **Domain Overview**

Liquor law enforcement policies such as risk-based licensing and enforcement requirements for all venues and outlets, combined with compliance checks and commensurate penalties for violations, can contribute to reducing alcohol harms including crime and violence. Effectiveness requires stakeholder engagement, effective leadership, sustained funding and community support.

See the Methodology and Evidence document for more detail and references.

## **Domain Results**

Figure 16: Liquor Law Enforcement Policy Domain Scores by P/T



The average score for this policy domain was 54% (D). MB (92%, A+) scored highest for comprehensiveness of risk-based licensing and enforcement and alcohol sale and service training programs followed by NL (77%, B+), and YT (73%, B). Lowest scores were SK (35%), QC (37%), NB (37%), and NS (39%).

Although overall policy scores were low, if jurisdictions implemented all the best existing liquor law enforcement policies across Canada's P/Ts, their average score could change from 54% (D) to 99% (A+). See Best Practice Policy Leaders document for further details.

8.2a-c)

# **Liquor Law Enforcement: Best Practice Policy Indicators**

- Risk-based licensing and enforcement (RBLE) criteria formally assessing off-premise outlet characteristics (e.g. license type, hours of operation, and outlet location) and license holder characteristics (e.g. past violations and experience as a license holder) are used to determine and assign a risk level informing licensing conditions, inspection activities, and enforcement schedules. Compliance checks for liquor law violations (e.g. service to minors and/or intoxicated patrons) occur at least yearly with more frequent checks based on assessed risk level; follow-up checks for failed compliance occur within 3 months and are based on severity or number of violations. Mystery shopper programs verify compliance with MLA laws and have been active within the last 2 years. (Rubric indicators 8.1a-b &
- Risk-based licensing and enforcement (on-premise) (2.55 points)

  RBLE criteria formally assessing on-premise outlet and license holder characteristics (same as above) are used to determine and assign a risk level informing licensing conditions, inspection activities, and enforcement schedules; applies to all license types including special occasion permits. Compliance checks for liquor law violations (same as above) occur at least yearly with more frequent checks based on assessed risk level; follow-up checks for failed compliance occur within three months and are based on severity or number of violations. Dedicated police inspection programs are used to conduct inspections and walk-throughs of on-premise establishments. (8.3a-c & 8.4a-c)
- Penalties for liquor control and license act violations (all premises) (1.5 points)
  Differing penalties apply depending on the severity of liquor control and licensing act violations (e.g. warnings, education, fines, mandatory license suspension) with escalating penalties for repeat violations.
  Penalties for violations are tracked and publicly reported, including both the violation type and establishment name in disaggregated form. (8.5a-c)
- Alcohol sale and service training programs (all premises) (1.5 points)

  Mandatory evidence-based alcohol sale and service training programs are required for all staff and volunteers involved in or overseeing the sale, service or delivery of alcohol at all off-premise outlets (e.g. liquor stores), on-premise establishments (e.g., bars, pubs, restaurants) and licensed events (e.g., those requiring special occasion permits) that include a public health-focus (i.e. content of the course goes beyond liability); recertification is required every two years or less. (8.6a-c & 8.7a-c)

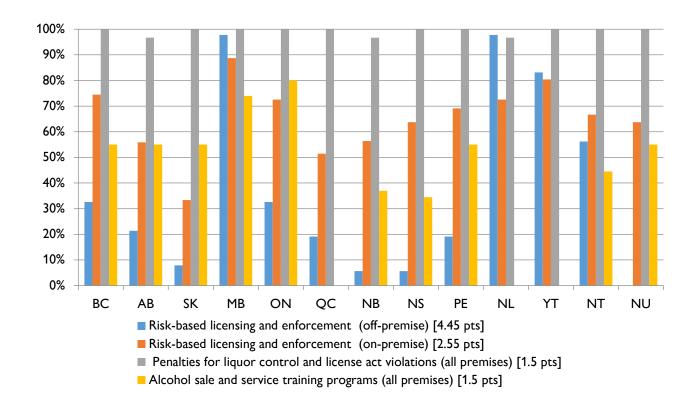


Figure 17: Liquor Law Enforcement Policy Indicator Scores by P/T

## Risk-based licensing and enforcement (off-premise)

MB and NL scored highest (both 98%) on risk-based licensing and enforcement (RBLE) policies followed by YT (83%) as they are currently the only P/Ts that consistently use both outlet and license-holder characteristics to assign a risk level for off-premise outlets that informs licensing conditions, inspection activities and enforcement schedules. Five of 13 jurisdictions conduct regular compliance checks at least annually with more frequent checks based on assigned risk level. BC AB, ON, and YT conduct follow-up checks for failed compliance within 3 month and based on the severity or number of violations. NU (0%), NB, NS (both 6%), and SK (8%) all scored lowest for not having any risk-based licensing and enforcement policies in place. All 10 provinces but no territories have mystery shopper programs that have been active within the past two years to verify compliance with minimum legal age laws at off-premise outlets.

## Risk-based licensing and enforcement (on-premise)

MB (89%), YT (80%), and BC (75%) scored highest on RBLE policies as they take both outlet and license holder characteristics into consideration to assign a risk level that informs licensing conditions, inspection activities, and enforcement schedules. Eight of 13 jurisdictions take only outlet characteristics into account. The P/Ts with the lowest scores for their RBLE policies were SK (33%), QC (51%), AB and NB (both 56%). RBLE policies in five provinces and the three territories apply to all on-premise establishments including special occasion permits.

# Penalties for liquor control and license act violations (all premises)

All P/Ts scored 100% having penalties for liquor control and licensing act violations that were commensurate with the severity of the violation and escalated for repeat offenses. All P/Ts have tracking and public reporting that includes both violation type and establishment name in disaggregated form, except for AB, NB, and NL who all scored 97% as a result.

# Alcohol sale and service training programs (all premises)

ON (80%) and MB (74%) scored highest for having mandatory alcohol sale and service training programs for all off-premise outlets and on-premise establishments that have a public health focus (not just focused on liability) and are developed free of the alcohol industry. Next highest scores were BC, AB, SK, PE, and NU (all 55%). Six of 13 P/Ts require that all paid staff and volunteers at off-premise outlets and on-premise establishments complete training, but only NS has the recommended recertification period of every 2 years for off-premise outlets. Eight of 13 P/Ts have a recertification period greater than 2 years for on-premise establishments. QC, NL, and YT all scored 0% for having no mandatory alcohol sale and service programs.

# Liquor Law Enforcement: Domain Recommendations

- Implement RBLE for all premises and for special occasion permits. Apply RBLE criteria to outlet and license holder characteristics to determine risk level for licensing conditions and enforcement schedules across all premises.
- Conduct compliance checks across all premises at least once a year, with more frequent checks based on risk level, and follow-up for failed compliance within 3 months and based on severity or number of violations. Implement Mystery Shopper programs at off-premise outlets for minimum legal age law compliance and introduce dedicated police inspection program for on-premise establishments.
- Set commensurate, escalating penalties for any violations; track and publicly report disaggregated violations with establishment name and violation type.
- Implement mandatory, evidence-based alcohol sale and service training programs with a focus on
  public health and developed free of alcohol industry involvement for all involved in the sale, service
  or delivery of alcohol at all premises and licensed events; require recertification at least every 2
  years.

# 9. Screening and Treatment Interventions

## **Domain Overview**

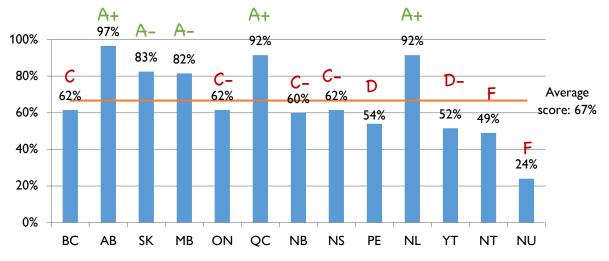
Screening and treatment interventions such as population-level guidance on alcohol and health, online and in-person alcohol screening, and treatment services including inpatient, outpatient and harm reduction programs, are effective in reducing alcohol harms.

Evidence-based and government-endorsed information and guidance on alcohol and health can provide an important upstream framework that facilitates a range of prevention, education, and health promotion initiatives. Several hundred empirical studies show that the use of screening, brief intervention, and referral (SBIR) in health care settings and the use of online self-guided SBIR resources are effective methods for reducing alcohol consumption, particularly among those with early stage or less severe alcohol dependence. Inpatient and outpatient treatment services, including withdrawal management, and harm reduction interventions (e.g. managed alcohol programs) have demonstrated effectiveness reducing alcohol harms.

See the Methodology and Evidence document for more detail and references.

## **Domain Results**

Figure 18: Screening & Treatment Interventions\* Policy Domain Scores by P/T



<sup>\*</sup>Treatment indicators measure existence of services only, not quantity or quality.

The average overall score of 67% (C+) for Screening and Treatment Interventions domain was the highest of all alcohol policy domains across the P/Ts. Nearly all jurisdictions had some form of treatment services available, although it is important to note that this indicator measured existence of treatment services only, not quantity or quality. AB (97%, A+), QC, and NL (both 92%, A+) scored highest. Lowest scores were NU (24%, F), NT (49%, F), YT (52%, D-), and PE (54%, D). It is also important to note that the territories face additional barriers to implementing some of the recommended in-person services

due to the remote nature of many of their communities, which can limit healthcare infrastructure and overall capacity. Furthermore, some healthcare resources are managed at the federal level.

Despite some strong scores, there is still room for improvement in this domain and if jurisdictions implemented all the best existing screening and treatment intervention policies across Canada's P/Ts, their average score could change from 67% (C+) to 97% (A+).

See Best Practice Policy Leaders document for further details.

What We Measured

# Screening and Treatment Interventions: Best Practice Policy Indicators

Population-level guidance, screening tools and services (4 points)

The most recent evidence-based national drinking guidance has been formally adopted including an official statement from government acknowledging their support of and commitment to using the guidance in their jurisdiction and allowing funding to be allocated to activities around the guidance and their promotion. Screening, brief intervention, and referral (SBIR) training is available for healthcare professionals and provincially or territorially funded SBIR services administered by healthcare professionals are available for individuals to assess their drinking and receive brief intervention. Online SBIR resources developed and/or hosted by P/T governments are readily available for individuals to assess their drinking and receive brief intervention; resources are hosted and developed independently from the alcohol industry. (Rubric indicator 9.1a, 9.2ai-aii)

Treatment and harm reduction services (6 points)
Publicly funded alcohol withdrawal management/detox programs, inpatient and outpatient treatment services beyond 12-step peer-to-peer models are available within the province or territory. Permanent publicly funded managed alcohol programs are in place. (9.3a-c & 9.4a)

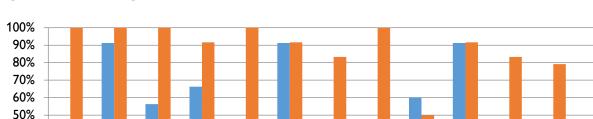


Figure 19: Screening & Treatment Interventions Policy Indicator Scores by P/T

## Population-level guidance, screening tools and services

AB, QC and NL (all 91%) scored highest as they have SBIR services available through healthcare providers as well as online self-guided resources. NU (3%), BC, ON, NS, YT, and NT (all 4%) scored lowest on available resources. While no P/T government formally adopted the alcohol guidance in place during the data collection period (i.e. Canada's 2011 Low-Risk Drinking Guidelines), it is worth noting that 11 of 13 jurisdictions had some form of informal endorsement in place such as posting the guidance on official government websites (see Table 11). While not captured within our data collection period, of note is that BC has informally endorsed the 2023 Canada's Guidance on Alcohol and Health by launching the Ministry of Health and BC Cancer Society's "The Proof" campaign on alcohol and cancer risk, which incorporates the guidance.

Table 11: Endorsement of Most Recent National Alcohol Guidance\*

	Formal adoption	Formal endorsement	Informal endorsement
ВС	No	No	Yes
AB	No	No	Yes
SK	No	No	No
МВ	No	No	Yes
ON	No	No	Yes
QC	No	No	Yes
NB	No	No	No
NS	No	No	Yes
PE	No	No	Yes
NL	No	No	Yes
YT	No	No	Yes
NT	No	No	Yes
NU	No	No	Yes

<sup>\*</sup>Canada's 2011 Low Risk Drinking Guidelines most recent guidance at time of data collection

#### Treatment and harm reduction services

Nearly all P/Ts scored strongly on publicly funded treatment services such as withdrawal management/detoxification, inpatient and outpatient services that went beyond a 12-step model. BC, AB, SK, ON, and NS (all 100%) scored highest, followed by MB QC, and NL (all 92%). NU (38%) had the lowest score and primarily lost marks for not having any withdrawal management/detoxification, outpatient services, or managed alcohol programs (MAPs). Again, it is important to note that these policy indicators measured whether these services existed within the jurisdiction, not their quality or quantity. BC, AB, SK, ON, and NS all had at least one permanent publicly funded MAP in place and MB, QC, NL, and NT all had at least one MAP with temporary funding (see Table 12); many MAPs emerged

as part of a public health response during the COVID-19 pandemic. NB, PE, YT, and NU do not currently have any MAPs in place, although some P/Ts such as YT are in the planning stages.

Table 12: Status of Managed Alcohol Programs (MAPs)

	MAP in place	More than one	Permanent	Publicly funded
ВС	Yes	Yes	Yes	Some
AB	Yes	Yes	Yes	Some
SK	Yes	Yes	Yes	Yes
МВ	Yes	Yes	Temporary	No
ON	Yes	Yes	Yes	Yes
QC	Yes	Yes	Temporary	Yes
NB	No			
NS	Yes	No	Yes	Yes
PE	No	N-A	N-A	
NL	Yes	No	Temporary	Yes
YT	No			
NT	Yes	No	Temporary	Yes
NU	No			

# Screening and Treatment Interventions: Domain Recommendations

- Formally adopt the most recent evidence-based national alcohol guidance with an official statement of support that allows funds to be allocated for promotion activities.
- Provide health professionals with SBIR training and ensure availability of in-person or online SBIR services with health professionals; develop and/or host online self-guided SBIR resources.
- Provide accessible, publicly funded withdrawal management/detox programs, inpatient/outpatient treatment services within the jurisdiction (that go beyond 12-step programs), and permanent managed alcohol programs.

# 10. Alcohol Strategy

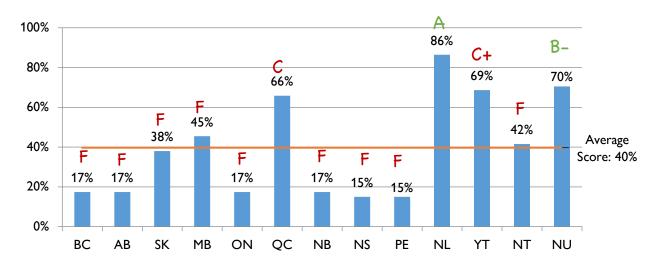
#### **Domain Overview**

Alcohol strategies or action plans can help prioritize and coordinate alcohol policy initiatives and interventions under government leadership. However, their effectiveness relies on inclusion of specific and measurable goals sustainably implemented across evidence-based policy domains based on international research and policy development. Importantly, the involvement of alcohol industry in government strategy must be strictly avoided since this has been shown to compromise the robust development and implementation of effective alcohol strategies.

See the Methodology and Evidence document for more detail and references.

## **Domain Results**

Figure 20: Alcohol Strategy Policy Domain Scores by P/T



The average score in the Alcohol Strategy domain was 40% (F), as the majority of P/Ts do not currently have a standalone alcohol strategy or action plan in place. NL (86%, A) had the highest score with their recently launched alcohol action plan followed by NU (70%, B-), whose action plan has been in place since 2016. YT (69%, C+) and QC (66%, C) both have other jurisdiction-level documents that include key policy recommendations around alcohol, and all were developed independently of the alcohol industry. While not captured within our data collection period, it is worth noting that NT released a standalone alcohol action plan in early 2023. Lowest scores were NS, PE (both 15%), BC, AB, ON, and NB (all 17%) where there was no standalone alcohol strategy and alcohol policy recommendations were not meaningfully included in other P/T-level documents.

Although overall policy scores were low, if jurisdictions implemented all the best existing alcohol strategy policies across Canada's P/Ts, their average score could increase from 40% (F) to 87% (A). See <a href="Best Practice Policy Leaders">Best Practice Policy Leaders</a> document for further details.

# **Alcohol Strategy: Best Practice Policy Indicators**

# Status of alcohol strategy/plan (3 points)

There is a public facing standalone alcohol strategy or action plan in place addressing alcohol as a public health issue that includes recommended alcohol policy domains and is developed independently of the alcohol industry. (**Rubric indicator 10.1a**)

# Comprehensiveness of the alcohol strategy/plan (4 points)

The standalone alcohol strategy includes a wide range of evidence-based alcohol policy interventions reflecting the 11 CAPE policy domain areas. **(10.2a)** 

# Implementation of the alcohol strategy/plan (3 points)

There is dedicated government funding in place to support the strategy with an identified public health leader (individual position or working group) for implementation within a specific timeline (e.g., 5 years). The strategy is endorsed by the P/T government and implementation progress is assessed and publicly reported on throughout; development or updating of the strategy has occurred within the past 5 years. Strategy development, leadership, implementation timeline and assessments are all be free of alcohol industry involvement. (10.3a-e)

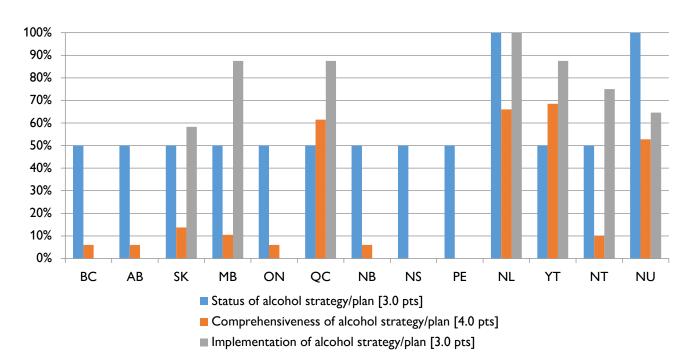


Figure 21: Alcohol Strategy Policy Indicator Scores by P/T

# Status of alcohol strategy/plan

NL and NU scored highest (both 100%) for the status of their standalone alcohol action plans and the remaining 11 PTs all scored 50% for having a P/T-level document or strategy addressing addictions, mental health, or public health that included some alcohol policy recommendations (e.g., YK's *Putting People First* report, QC's 2022-2025 Interdepartmental Health Action Plan) (see Table 13).

# Comprehensiveness of alcohol strategy/plan

YT (69%), NL (66%), and QC (62%) scored highest on comprehensiveness of the alcohol policy recommendations included in their documents, with all three incorporating at least 5 of the 11 evidence-based CAPE policy domain areas and including recommendations related to high impact domains such as pricing and taxation and physical availability of alcohol. Lowest scores were NS, PE (both 0%), BC, AB, ON, and NB (all 6%), where the P/T-level document included recommendations for only one (often related to screening and treatment interventions) or in some cases none of the CAPE alcohol policy domains.

## Implementation of alcohol strategy/plan

NL (100%) scored highest on implementation as their alcohol action plan meets all the criteria of being government endorsed, fully funded, having provincial leadership through a designated working group, and having an implementation timeline with assessment built in (with public reporting) that was developed free of alcohol industry involvement. MB, QC, and YT (all 88%) had next highest scores as their jurisdictional documents that included some alcohol policy content met some of these implementation criteria. Lowest scores were BC, AB, ON, NB, NS, and PE (all with 0%) where non-alcohol-specific jurisdictional document met none of the criteria.

Table 13: Provincial/Territorial Alcohol Strategy

	Standalone alcohol strategy	Year released	Developed without industry	Includes 2+ evidence-based policy areas	Fully funded
ВС	No				
AB	No				
SK	No				
МВ	No				
ON	No				
QC	No				
NB	No				
NS	No				
PE	No				
NL	Yes	2022	Yes	Yes	Yes
YT	No				
NT	No*				
NU	Yes	2016	Yes	Yes	Yes

<sup>\*</sup>Standalone alcohol action plan released in 2023

# Alcohol Strategy: Domain Recommendations

- Implement a standalone government-endorsed alcohol strategy or action plan that includes a wide range of evidence-based public health policies reflecting the 11 CAPE domain areas and is developed independently of the alcohol industry.
- Allocate dedicated government funding to the strategy with an identified public health leader, an implementation timeline, reoccurring public-facing implementation assessments and updates to the strategy at least every 5 years.

# 11. Monitoring and Reporting

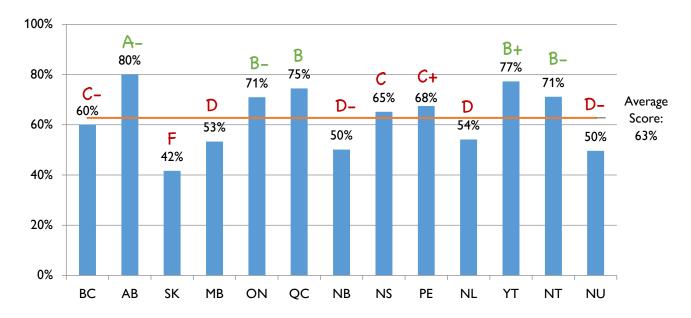
#### **Domain Overview**

An essential component of any comprehensive approach to reducing alcohol harm includes the routine and comprehensive monitoring of alcohol-related indicators such as consumption, drinking patterns, health and social harms over time. Such monitoring, combined with the tracking of policy implementation and other actions, allows for ongoing assessment of what interventions are most effective and can inform approaches, interventions, and resource requirements to address alcohol harm.

See the Methodology and Evidence document for more detail and references.

## **Domain Results**

Figure 22: Monitoring & Reporting Policy Domain Scores by P/T



The Monitoring and Reporting domain had some of the strongest scores of all policy domains, with an average of 63% (C). P/Ts with highest scores, either conducting or supporting the tracking and reporting of alcohol-related indicators, were AB (80%,A-), YT (77%, B+), QC (75%, B), ON and NT (both 71%, B-). Lowest scores were SK (42%, F), NB and NU (both 50%, D-).

Despite some strong scores, there is still room for improvement in this domain. If jurisdictions implemented all the best existing monitoring and reporting policies across Canada's P/Ts, their average score could increase from 63% (C) to 89% (A). See <a href="Best Practice Policy Leaders">Best Practice Policy Leaders</a> document for further details.

## What We Measured

# **Monitoring and Reporting: Best Practice Policy Indicators**

- Comprehensiveness of monitoring mechanisms (4 points)
  - Systematic tracking of alcohol-related indicators is conducted or supported (e.g. by providing funding, data, or other resources) at the provincial/territorial level. Alcohol-related indicators include per capita alcohol use and drinking patterns, wholly and partially alcohol-attributable hospitalizations and deaths, crime, costs, and alcohol policy changes. (**Rubric indicators 11.1ai-avi**)
- Transparency and frequency of reporting (3 points)
   Monitoring results of specific alcohol-related indicators (see 11.1) are made publicly available and reported on annually. (11.2a-bvi)
- Knowledge translation activities (3 points)
  - An online centralized public reporting platform or system (i.e website) is in place for all alcohol-related indicators (see 11.1) with leadership from a formally identified knowledge broker (or cross-sector committee/organisation) that had produced and released government supported (funded or produced) knowledge products (e.g. reports or resources) supported by a knowledge translation strategy in the past 2 years. The knowledge products should provide information on alcohol and guidance or recommendations on how to effectively address alcohol issues in their jurisdiction from a public-health

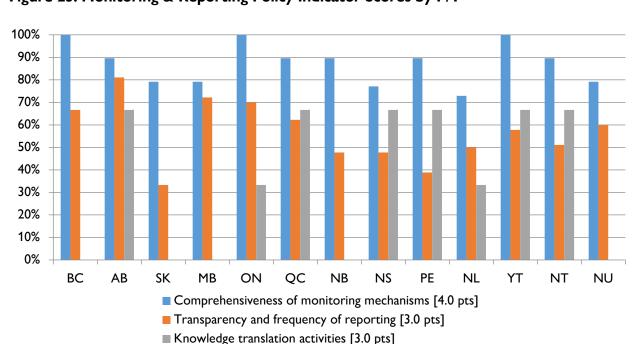


Figure 23: Monitoring & Reporting Policy Indicator Scores by P/T

## Comprehensiveness of monitoring mechanisms

All 13 jurisdictions scored high marks on comprehensiveness of monitoring mechanisms. BC, ON, and YT scored 100% as they either conducted or supported systematic tracking of all recommended indicators including per capita alcohol consumption and drinking patterns, alcohol attributable hospitalizations and deaths, as well as alcohol-related costs, crime and policy changes. Lowest scores were NL (73%, B), NS (77%) and SK, MB, NU (all 79%) as they conducted partial tracking in some instances (e.g. alcohol consumption but not drinking patterns, wholly but not partially attributable hospitalizations or deaths etc.). BC, AB, SK, ON, QC, and YT consistently both announced alcohol policy changes (e.g. via news release or in reports) and also consolidated these announcements in one place (e.g. government website) to facilitate tracking of changes over time. NS did not public report any alcohol policy changes.

## Transparency and frequency of reporting

The P/Ts with highest scores on public reporting of alcohol-related indicators included AB (81%), MB (72%), and ON (70%) as between 4-5 of the six alcohol indicators are publicly reported annually. P/Ts with lowest scores were SK (33%), PE (39%), NB and NS (both 48%), as between 1-3 alcohol indicators are publicly available and most not reported annually.

## Knowledge translation activities

No P/T currently has an online centralized public reporting system in place for alcohol-related indicators (see Table 14). AB, QC, NS, PE, YT, and NT scored highest on knowledge translation activities (all 67%) for having formally identified government leadership publicly reporting on alcohol-related indicators and conducting knowledge translation activities within the past two years that provide information on alcohol and guidance or recommendations on how to effectively address alcohol issues in their jurisdiction from a public health perspective. Lowest scores were BC, SK, MB, NB, and NU (all 0%) as no clear leadership or recent knowledge translation activities.

Table 14: Knowledge Translation Activities and Leadership

	Centralized Online Reporting System	Leadership	Knowledge Products in Last 2 years
ВС	No	No	
AB	No	Yes	Yes
SK	No	No	
МВ	No	No	
ON	No	Yes	No
QC	No	Yes	Yes
NB	No	No	
NS	No	Yes	Yes
PE	No	Yes	Yes
NL	No	Yes	No
YT	No	Yes	Yes
NT	No	Yes	Yes
NU	No	No	

# Monitoring and Reporting: Domain Recommendations

- Implement systematic and comprehensive tracking of all alcohol-related indicators including consumption and drinking patterns, wholly and partially alcohol-attributable hospitalizations and deaths, crime, costs, and policy changes.
- Report annually on all indicators through centralized public database or reporting system (i.e., website), with leadership from government knowledge broker and tailored knowledge products or activities at least every 2 years.

# Want to know more about CAPE?

Provincial/territorial

P/T Results Summaries

**Policy Scoring Rubric** 

**Methodology and Evidence** 

**Best Practice Policy Leaders** 

**Federal** 

Federal Results Summary

**Policy Scoring Rubric** 

Methodology and Evidence

<u>Evidence-Based Recommendations</u> <u>for Labelling of Alcohol Products in</u>

To learn more about the Canadian Alcohol Policy Evaluation or join the Community of Practice, visit alcoholpolicy.cisur.ca or email cisur@uvic.ca.











