Alcohol Control Policies for Public Health: Best Practice Policies in the Canadian Provinces and Territories



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Alcohol harms and costs in Canada







Policy context

Alcohol use is causally linked to >200 health conditions and injuries (e.g., cancer, liver disease, suicide, road injuries) in addition to social harms (e.g., sexual violence, interpersonal violence, crime).

Evidence-based **alcohol control policies** are the primary modifiable means of preventing and reducing alcohol-caused harms.

In Canada, provincial and territorial **governments** have broad legislative authority over many alcohol policy areas, yet policies vary widely.

Research methods

The Canadian Alcohol Policy Evaluation (CAPE) provides a point-in-time snapshot of **existing alcohol policies** in all 13 provincial and territorial governments.

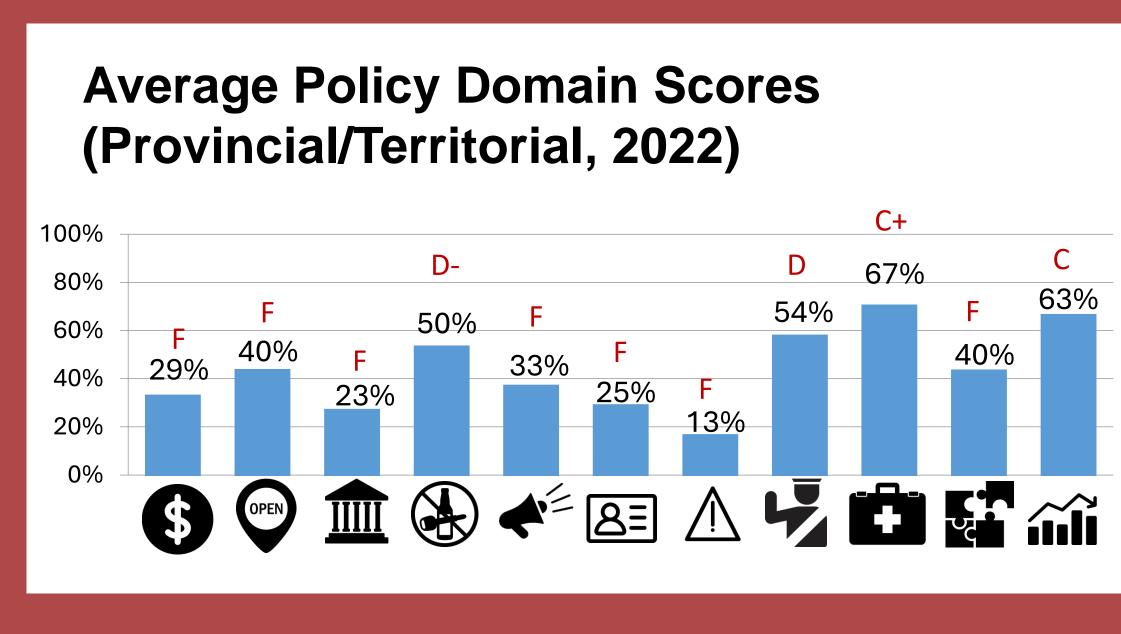
Alcohol policies were assessed according to a set of 11 evidence-based alcohol **policy domains**.

Domains were weighted according to evidence of relative impact, including effectiveness and scope.

Policy data were collected between June-December 2022.

Data were scored using a detailed rubric of best practices.

DOMAIN 1. Pricing & Taxation 2. Physical Availability 3. Control System 4. Impaired Driving Countermeasures 5. Marketing & Advertising Controls 6. Minimum Legal Age 7. Health & Safety Messaging 8. Liquor Law Enforcement 9. Screening & Treatment Interventions 10. Alcohol Strategy 11. Monitoring & Reporting



Results

Compared to best practices, all Canadian provincial and territorial governments **scored poorly**.

The average overall score was 37%.

Some provinces and territories scored well on certain policy indicators, highlighting examples of strong alcohol policies currently in place across Canada.

Analysis showed that a score of 80% could be achieved if a province or territory were to implement all the existing best or near best practice policies currently in place in at least one province/territory.

The 'best existing policies' score demonstrates the feasibility of greatly improving alcohol control policies for public health.

Recommendations

By identifying and adopting best practice policies of other jurisdictions, provincial and territorial governments can strengthen their policies for improved public health.

Further Reading and Resources

- Project Methodology & Evidence Review FR
- Results Summaries for each province and territory FR
- Infographics by Policy Domain FR
- Best Practice Policy Leaders
- Policy Domain Results Summary FR
- Policy Scoring Rubric
- FR French version available

Room for improvement: provincial and territorial results and recommendations from the Canadian Alcohol Policy Evaluation project (Priore et al., 2025, Under Review)

POLICY LEADERS (PROVINCIAL/TERRITORIAL, 2022)

- Specific taxes on alcohol (QC, PE, BC, SK & YT)
- Restrictions on outlet density, placement, trading hours (NU, SK, AB, NT, ON); Restrictions on alcohol takeout and home delivery (YT, NL, NT, NU)
- Government owned and operated retail outlets (NU); Prohibited online sales (YT, NT, NU)
- Alcohol warning labels (YT, NT);
 Onsite messaging, health and safety campaigns (AB, ON)
- Alcohol strategy (NL, NU, NT)

Project website: www.alcoholpolicy.cisur.ca
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