

All About Me! – Personal Qualities

What are some positive words that you (or other people) would use to describe yourself?

_____	_____	_____
_____	_____	_____
_____	_____	_____

Goals/Values

Which goal(s) or value(s) are most important to you right now? Why?

How would you like your life to be different a year from now?

How would you like your life to be different 5 years from now?

