

Directions to the Institute on Aging & Lifelong Health at the University of Victoria, R Hut, Parking Lot 7A

The Institute on Aging & Lifelong Health, **Parking lot 7A**, is located on the north side of McKenzie Ave., in R Hut ([see map below](#)). R Hut is a **large single floor light grey wooden building**. Here are two sets of directions, depending on which direction you are traveling:

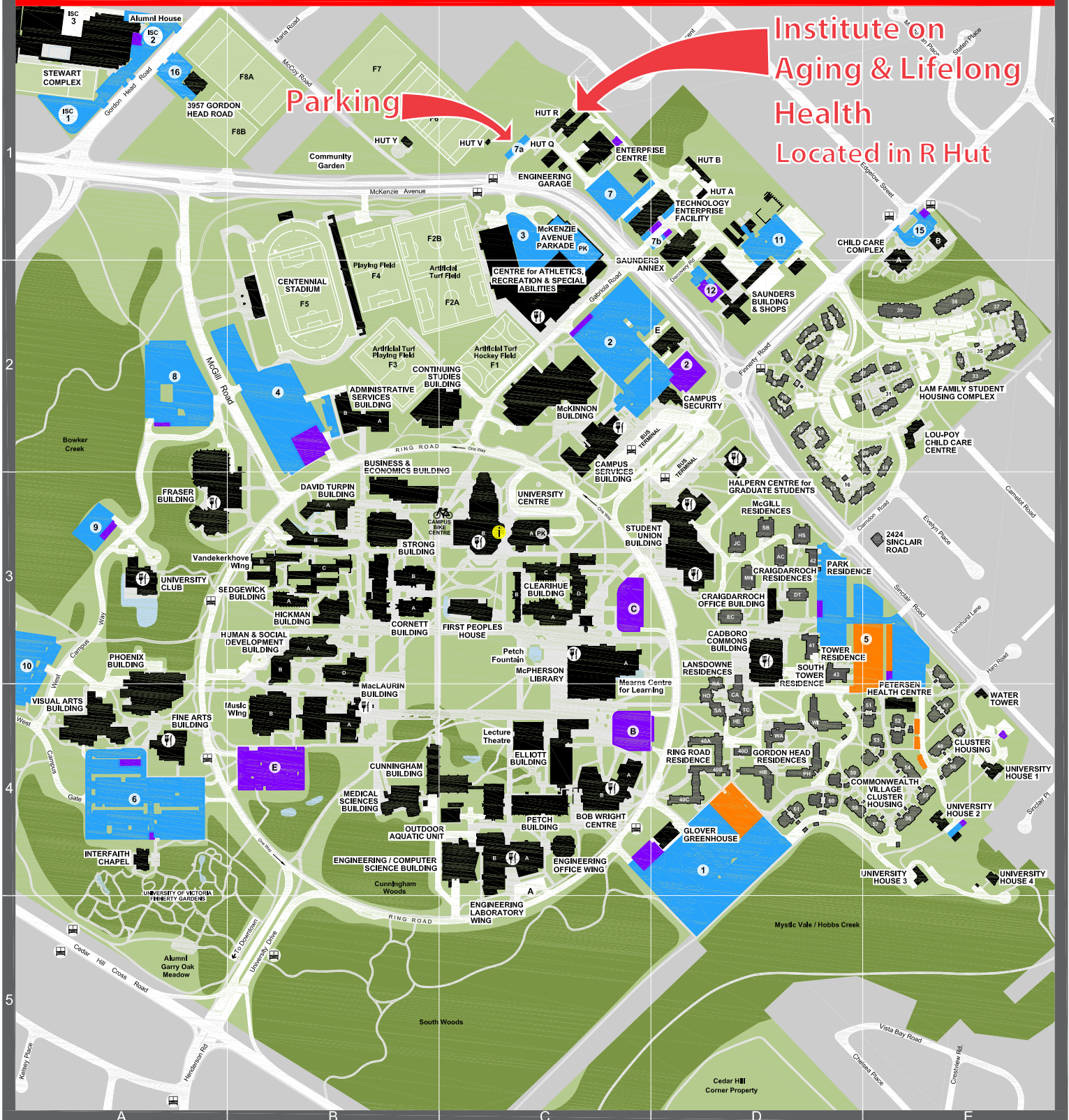
- 1) [Traveling east on McKenzie from Shelbourne St.](#) (see below)
- 2) [Traveling west on McKenzie from Cadboro Bay Village or on Sinclair Rd.](#) (turn over)

1. Traveling east on McKenzie Ave. from Shelbourne St.

- When traveling east on McKenzie Ave., pass Shelbourne St. and get into the left hand lane. Stay in this lane until you pass through the lights at next main intersection, which is Gordon Head Rd.
- This lane will take you past McGill Rd, which turns right into the University.
- Continuing along McKenzie, you will pass the stadium on your right hand side.
- You will pass sports fields on your right side; on the left side of McKenzie, you will pass the campus community garden, and then a sports field.
- Immediately after the sports field, you will see a crosswalk and traffic light with a **Street sign that says, Vikes Way**.
- Turn left at this traffic light.
- You will see one short row of parking spaces along the grass on your left. The grey wooden building straight ahead is R Hut.
- Eight of the parking spaces are labeled (painted on the pavement): “Reserved” and numbered 1 through 8. Please park in one of these numbered reserved spaces. These spaces are provided at no charge for research participants and other guests coming to R Hut.
- Take the foot path from the parking area straight ahead to the entrance at the left side of the R Hut building where there are stairs and a ramp.
- Let our receptionist know that you have arrived and she will make a note of your car and license plate.

2. Traveling west on McKenzie Ave. from Sinclair Rd. & Cadboro Bay Village

- Traveling west on Sinclair Road from Cadboro Bay Village, proceed through the traffic circle at Finnerty Rd. and continue on McKenzie Ave.
- Continue straight on McKenzie Ave, past Gabriola Road which leads into the University.
- You will come to a traffic light with cross walk and sign saying, Vikes Way
- Turn right right into a **driveway at Vikes Way**
- You will see one short row of parking spaces along the grass on your left. The grey wooden building straight ahead is R Hut.
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Institute on
Aging & Lifelong
Health
Located in R Hut

Parking

- Buildings
- Residences
- Buildings Under Construction

- General Pay Parking
- Reserved Parking
- Student Resident Parking

- Bus Stop
- Parkade
- Food Service Outlet
- Welcome Centre



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