2026 HLTH-IALH Trainee Research Grants Guidelines

Purpose
The purpose of the joint Faculty of Health (HLTH) and Institute on Aging and Lifelong Health (IALH) Trainee Research Grants is to support direct research costs for trainee-led projects where the primary supervisor does not currently hold funding for the proposed work.

Eligibility
UVic postdoctoral fellows, and graduate students whose work aligns with the HLTH research priorities and IALH's mission of improving health and quality of life across the lifespan. Consistent with IALH's broad approach, this could include the biological, psychological, social, environmental, geographical, and cultural dimensions of health. The applicant's supervisor is either a HLTH faculty member or an IALH Research Fellow.

Award amount and duration
A total of 8 awards are available. Each award is $3,000. Funding commences February 2027 and is available up to 24 months from date of acceptance of the award.

Application
Applications should include a completed cover page (see attached) with the name of the Lead applicant and co-applicants, School affiliation and the title of the project. *Trainee applicants would also provide a supervisor's letter confirming that the supervisor does not hold funding for the proposed project and is willing to oversee the use of the award*.
Text should be single-spaced; the minimum acceptable font size is 12 point.

Completed applications must be submitted as a single PDF file to HLTH RST Lead by 4:30 pm PST Monday December 7, 2026. Late applications will not be accepted.

Adjudication
Applications will be reviewed by a committee of senior HLTH faculty in early December 2026. The committee will be co-chaired by HLTH Associate Dean Research and the Director of IALH as non-voting/non-evaluating members. The review and award allocation will ensure equitable distribution across disciplines and units.

Evaluation criteria
Applications will be assessed using the following equally weighted criteria:

We acknowledge and respect the Lək̓ʷəŋən (Songhees and Xʷsepsəm/Esquimalt) Peoples on whose territory the university stands, and the Lək̓ʷəŋən and W̱SÁNEĆ Peoples whose historical relationships with the land continue to this day

- Potential impact on aging, lifelong health, and/or the Faculty of Health's broader research priorities;
- Potential to use the award to generate pilot data and leverage external funding;
- Strength of the interdisciplinary collaboration; and
- Feasibility and appropriate use of the proposed funds.

Application Submission
The application format comprises an application cover page (attached), a one-page statement of interest, a one-page research proposal, a one-page budget and *a* supervisor's letter.

Successful applicants will be expected to present their findings at a HLTH-IALH research event within nine to twelve months of the completion of the project, and to acknowledge both sponsors in resulting presentations and publications.

UVIC | Institute on Aging and Lifelong Health | Faculty of Health

Application Cover Page
2026 HLTH-IALH Trainee Research Grant

1. **Project Title**

2. **Name, position and academic unit of the Applicant**

3. **Name(s), position(s) and academic unit(s) of Supervisor**

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