2026 HLTH-IALH Research Seed Grants Guidelines

Purpose
The purpose of the joint Faculty of Health (HLTH) and Institute on Aging and Lifelong Health (IALH) Research Seed Grants is to encourage interdisciplinary projects by supporting small teams of University of Victoria (UVic) researchers or trainees from different disciplines, academic units, or institutes to collect pilot data for interdisciplinary projects to lead to external funding.

Eligibility
UVic faculty members whose work aligns with the HLTH research priorities and IALH's mission of improving health and quality of life across the lifespan. Consistent with HLTH and IALH's broad approach, this could include the biological, psychological, social, environmental, geographical, and cultural dimensions of health. The lead applicant is either a HLTH faculty member or an IALH Research Fellow, while collaborators and trainees from other academic units may participate as co-leads or team members.

Award amount and duration
A total of 4 awards are available. Each award is $6,000. Funding commences January 2027 and is available up to 24 months from date of acceptance of the award.

Application
Applications should include a completed cover page (see attached) with the name of the Lead applicant and co-applicants, School affiliation and the title of the project. Text should be single-spaced; the minimum acceptable font size is 12 point.

Completed applications must be submitted as a single PDF file to HLTH RST Lead by 4:30 pm PCT Monday November 16, 2026. Late applications will not be accepted.

Adjudication
Applications will be reviewed by a committee of senior HLTH faculty in early December 2026. The committee will be co-chaired by HLTH Associate Dean Research and the Director of IALH as non-voting/non-evaluating members. The review and award allocation will ensure equitable distribution across disciplines and units.

Evaluation criteria
Applications will be assessed using the following equally weighted criteria:

- Potential impact in aging, lifelong health, and/or the Faculty of Health's broader research priorities;

- Potential to use the award to generate pilot data and leverage external funding;
- Strength of the interdisciplinary collaboration; and
- Feasibility and appropriate use of the proposed funds.

Application Submission
The application format comprises an application cover page (attached), a one-page statement of interest, a one-page research proposal, and a one-page budget with justification.

Successful applicants will be expected to present their findings at a HLTH–IALH research event within nine to twelve months of the completion of the project, and to acknowledge both sponsors in resulting presentations and publications.

UVIC | Institute on Aging and Lifelong Health | Faculty of Health

Application Cover Page

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1. **Project Title**

2. **Name, position and academic unit of the Lead Applicant**

3. **Name(s), position(s) and academic unit(s) of team members**

We acknowledge and respect the Lək^{w}əŋən (Songhees and X^{w}sepsəm/Esquimalt) Peoples on whose territory the university stands, and the Lək^{w}əŋən and W̱SÁNEĆ Peoples whose historical relationships with the land continue to this day

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