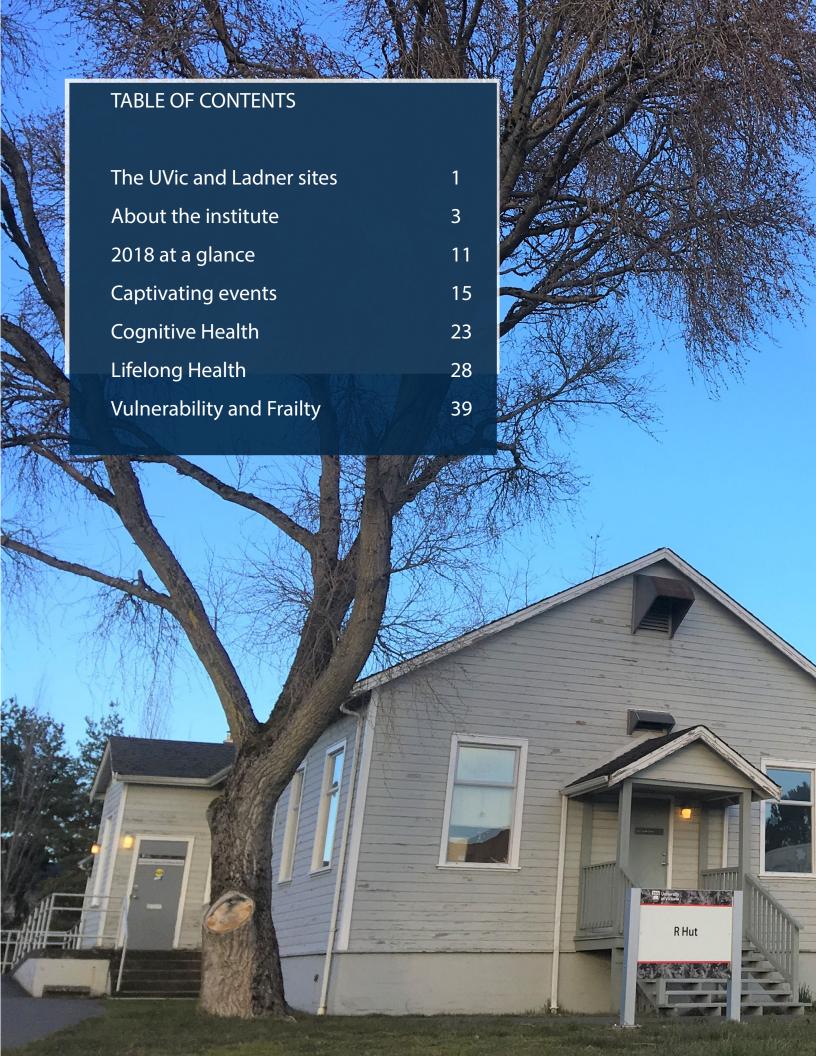
2018 ANNUAL REPORT



INSTITUTE ON AGING AND LIFELONG HEALTH







Interested in learning more?

Contact us at 250-721-6369 or aging@uvic.ca for the links associated with these icons:



Read





Photos

Delaney McCartan

Leah Potter

Arlene Senft

Design

Delaney McCartan

Editors

Harjot Grewal
Scott Hofer
Lois Holizki
Delaney McCartan
Leah Potter
Arlene Senft



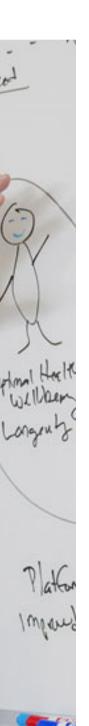
OUR VICTORIA SITE

The UVic Institute on Aging and Lifelong Health is located in R Hut on the University of Victoria campus, led by director Scott Hofer, PhD, Professor, Psychology, Harald and Wilhelma Mohr Chair in Adult Development and Aging.

Established in 199 as the Centre on Aging, the institute has grown to advance knowledge in the fields of aging and health, based on scientific rigour and applied relevance.

Our overall aim is to improve the health and quality of life of an increasingly diverse population, and to assist in meeting the challenges and potentials of an aging population.

In 2017-2018, the institute celebrated 25 years of research excellence. We look forward to developing our next 25 years of innovative research that will make a difference in people's lives.





OUR LADNER SITE

The BC government provides resources to the Institute on Aging and Lifelong Health's Ladner site to deliver Self-Management BC programs. We implement a variety of self-management and health coaching programs for people experiencing chronic physical and mental health conditions. These evidence-based programs: Community Self-Management Programs, Health Coach Program, and Online Program, are provided to people throughout

the province at no cost. The programs help people with chronic conditions to manage daily challenges and maintain an active and healthier life. Participants gain knowledge, learn strategies and techniques, and gain the motivation and confidence needed to manage their health.



244 Self-Management BC programs were offered in English-speaking, Punjabi, Chinese, and Indigenous communities, for over 2400 participants within BC's five health authorities.



The Health Coach program is a telephone-based coaching program that support people to become better self-managers. In 2018, health coaches were matched with **150** participants.



12 online programs were implemented to 289 participants across British Columbia.



• **15** workshops were delivered to 276 health care professionals on ways to use self-management support strategies to patients.

2018 AT A GLANCE

Research at the institute

The institute supports several major research projects, providing direction that strengthens key partnerships, and will provide lasting scientific resources and increase collaborative research and training opportunities. We undertake and support health-related research in many forms with research methods relevant to supporting the opportunities and challenges of aging individuals, families and communities.

Our mission

We promote and conduct rigorous basic and applied research to improve the health and quality of life of individuals across their life course.

Our overall aim

We strive to improve the health and quality of life of a diverse population of older adults and to assist their families, health care providers, and the government in meeting the challenges and potentials of an aging population.



- To advance knowledge on aging and lifelong health
- To provide advanced training to researchers which includes post-doctoral, graduate, and undergraduate training within the area of aging and lifelong health
- To mobilize knowledge on aging and health with decision makers, scientists, practitioners, and the public
- To facilitate the translation of research findings into interventions, services, products, and policies relevant to our society
- To facilitate communication and collaboration among researchers, older adults,
 clinicians, government officials, and our wider community.

2018 AT A GLANCE

137

IALH AFFILIATES



Affiliates include UVic faculty, students and post-doctoral fellows, international researchers, and Victoria community members

1005

PUBLIC EVENT ATTENDEES



The Institute on Aging and Lifelong Health partnered with organizations to hold five major events. Events in 2018 included: the CLSA Participant Event, Spring and Fall Colloquium series, Lafayette Health Awareness Forum, and the Masterminds Series

\$7,038,812

FUNDING RECEIVED

IALH UVic faculty research affiliates received a total of \$7,038,812 from national and international funding agencies to conduct research related to aging and lifelong health

JOURNAL ARTICLES PUBLISHED

IALH UVic faculty research affiliates, in collaboration with students, post-doctoral fellows, external and community affiliates published 172 peer-reviewed journal articles

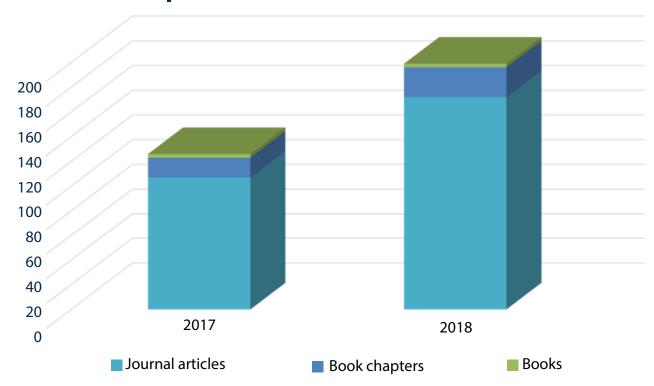
81

CONFERENCE PRESENTATIONS

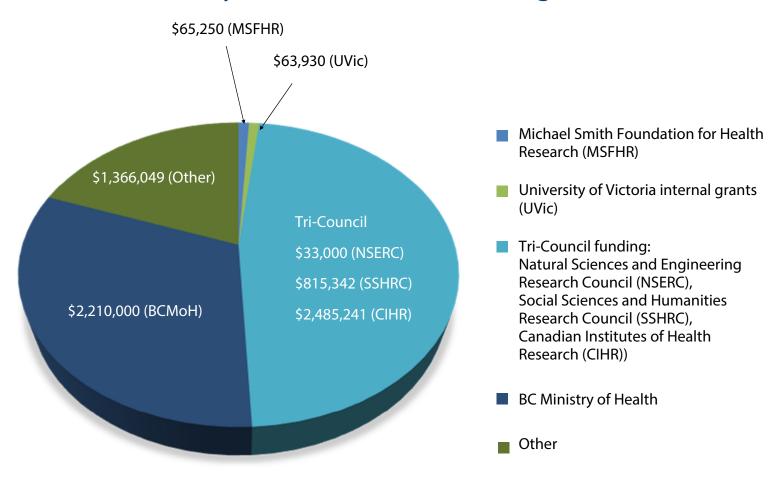
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IALH affiliates participated in knowledge mobilization through 81 conference presentations in the form of papers, workshops and keynote addresses

Publication Comparison (2017 vs. 2018)



IALH UVic Faculty Research Affiliate Funding Received



UVIC SITE

Ami Bitschy – Project Coordinator (iPANEL)

Kaitlin Blackwood – Project Coordinator (CHI) Leah Potter – Administrator

Paul Brewster, PhD – Neuropsychologist (CHI)

Denise Cloutier, PhD – Research Affiliate (GEOG)

Erin Donald – Graduate student

Carren Dujela – Project Coordinator

Harjot Grewal - Research Assistant

Scott Hofer, PhD - Director

Cameron Holizki – Research Assistant

Lois Holizki – Manager

Delaney McCartan– Administrative Assistant

Andrea Mellor – Graduate student

Jo Ann Miller, PhD – Project Site Coordinator (CLSA)

Ashley Mollison – Research Coordinator (EAC)

Kaitlyn Roland – Research Analyst

Claire Sauvage-Mar – Research Trial Coordinator (VADAC)

Arlene Senft – Administrator

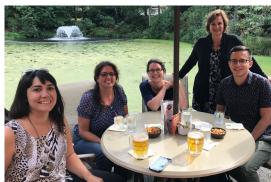
Kelli Stajduhar, PhD, RN – Research Affiliate (NURS)

Shannon Tracey – Graduate student

Stacey Voll – Data Analyst







LADNER SITE

Jagdev (Jay) Bains - Coordinator, South Asian Self-Management Programs

Casandra Banman – Coordinator, North Self-Management Programs

Lana Berry – Coordinator, Fraser (East) Self-Management Programs

Christine Bramwell – Project Support

Rhonda Carrière – Coordinator, Fraser (South) Self-Management Programs

June Clearsky – Coordinator, Indigenous Provincial & Fraser (North) Self-Management Programs

Mark Davies – Senior Coordinator, Vancouver Island Self-Management Programs

Julieta Gerbrandt – Qualitative Researcher

Karen Hannah – Coordinator, Self-Management Health Coach Program

Suzanne Harmandian – Program Assistant, Research

Fran Hensen – Project Lead (VADAC)

Lisa Herriot – Program Assistant, Self-Management Health Coach Program

Navah Jacobs - Research Assistant and Data Coordinator

Courtney Kang – Coordinator, Chinese Self-Management Programs

Naida Khan – Project Support

Charles Labun – Coordinator, Interior Self-Management Programs

Sherry Lynch – Research Associate

Norma Mah – Project Support

Patrick McGowan, PhD – Associate Director, Ladner, Project Lead, BC Self-Management Programs

Ginette McLennan– Project Support

John Murphy – Coordinator, Vancouver Coastal Self-Management Programs

Louise Rolland – Office Manager and Coordinator, Sunshine Coast Self-Management Programs

Shayan Shakeraneh – Research Assistant

ADVISORY BOARD MEMBERS

John O. Anderson, PhD – UVic Retirees Association representative

Elizabeth Borycki, PhD – Research Affiliate, Health Information Science

Judy Brownoff – Councillor, District of Saanich

Brian Christie, PhD – Research Affiliate, Division of Medical Sciences

Scott Hofer, PhD – Director, Institute on Aging and Lifelong Health (ex-officio)

Lisa Kalynchuk, PhD – Associate Vice President Research

Michael Masson, PhD – Associate Dean, Faculty of Social Sciences

Patrick McGowan, PhD – Associate Director, IALH, Ladner site (ex-officio)

Lori McLeod – Executive Director, Eldercare Foundation

Ryan Rhodes, PhD – Associate Director, IALH, UVic site (ex-officio)

Julie Shaver – Manager, Palliative and Dementia Care

Debra Sheets, PhD – Research Affiliate, School of Nursing

Martin Wale, MD (chair) – Provincial Medical Lead, BC Medical Quality Initiative, BC Ministry of Health

Bev Wilden (past chair) – Community member

STUDENT AFFILIATES

Ambar Abrar – Social Dimensions of Health

Adeshina Alani – Computer Science

Camille Angus – Social Dimensions of Health

Marcy Antonio – Interdisciplinary, Nursing and Health Informatics

Paule Bellwood - Health Information Science

Stan Bersenev– Social Dimensions of Health

Melody Burgoyne- Social Dimensions of Health

Mario Cartie – Sociology

Correne DeCarlo– Psychology

Erin Donald– Nursing

Emily Duggan – Psychology

Illia Fernandez – Psychology

Branda Guan – Public Health & Social Policy

Ryan Habibi– Computer Science

Drew Halliday– Psychology

Sabrina Kazi Haq – Sociology

Oleksandra Hararuk – Computer Science

Arne Hetherington– Kinesiology

Sally Hughes – Social Work

Jill Injet - Education

Sherin Jamal – Social Dimensions of Health

Ali Jordan – Psychology

Prithviraj Kangjam- Health Information Science

Keita Kawai – Psychology

Mushira Mohsin Khan-Sociology

Jamie Knight – Psychology

Susan Kuruz- Nursing

Janet Love – Psychology

Zheng Min– Education

Shahrokh Mohammadzadeh – Nursing

Helen Monkman - Health Information Science

Stela Musteata – Division of Medical Sciences

Lisa Ohlhauser– Psychology

Trudy Pauluth-Penner– Social Dimensions of

Health

Lori Rietze- Nursing

Kelsey Rounds- Nursing

Nasrin Saleh – Social Dimensions of Health

Yilan Shen– Nursing and Health Informatics

Kristen Silveira – Psychology

Päl Skar– Nursing

Caroline Spaner– Psychology

Tomiko Yoneda – Psychology

Post-Doctoral Affiliates

Jonathan Rush, PhD—Psychology

EXTERNAL AFFILIATES

Elisabeth Antifeau– Interior Health Authority

Samar Aoun, PhD- Latrobe University

Carl Asche, PhD- University of Illinois

Paul Brewster, PhD- Island Health

Anne-Marie Broemeling, PhD – University of British Columbia

Arlene Carson – AJ Carson Consulting & Research

Iris Chi, DSW- University of Southern California

Elizabeth Dow, PhD– University of Fraser Valley

Veronica Doyle– Consultant

David Evans, MD– Island Health Authority

Laura Funk, PhD- University of Manitoba

Mehdi Ghotboddini, PhD- Island Health Authority

Gunn Grande, PhD– University of Manchester

Shixun Gui, PhD – East China Normal University

Su-Er Guo, PhD– Chang Gung Institute of Technology

Taylor Hainstock – Island Health Authority

Ann Holroyd, PhD, RN– Vancouver Island University

Weimin Hu, PhD- Island Health Authority

Peter Kirk, MB- University of British Columbia

Sharon Koehn, PhD- Centre for Healthy Aging at Providence

Andriy Koval, PhD- University of Central Florida

Daniel Lai, PhD– Hong Kong Polytechnic University

Penny MacCourt, PhD– BC Psychogeriatric Association

Lynne MacFagden, EdD– North Island College

IALH 2018 Annual Report

Margaret Manville, MD- Island Health Authority Anita Molzahn, PhD- University of Alberta Patrick Ng - Calgary Chinese Elderly Citizens Association Mark W. Novak, PhD- Oregon State University Norm O'Rourke, PhD – Simon Fraser University Belinda Parke, PhD, RN- University of Alberta Clare Porac, PhD- Penn State Erie, The Behrend College **Colin Reid**– University of British Columbia Okanagan **Leslie Roos, PhD**– University of Manitoba Richard Sawatzky, PhD, RN- Trinity Western University **Victoria Scott**– BC Ministry of Health Planning (Retired) Richard Stanwick, MD- Island Health **Chris Toye, PhD**– Curtin University **Laura Watts**- Canadian Centre for Elder Law **Andrew Wister, PhD**– Simon Fraser University **Zheng Wu, PhD**– Simon Fraser University **Zachary Zimmer, MD**– University of Utah

Community Affiliates

Judy Brownoff – District of Saanich

John Gray - Community member

Lori McLeod – Eldercare Foundation

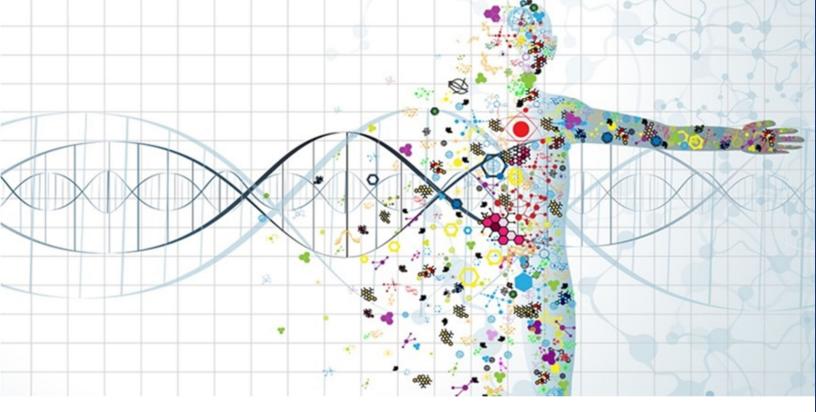
Ken Moselle, PhD – Island Health Authority

Julie Shaver – Seniors Directorate, Ministry of Health

Christie Simon – Toronto Central Community Care Access Centre

Martin Wale, MD – BC Ministry of Health

Bev Wilden – Community member



Strategic research initiatives

The Institute on Aging and Lifelong Health provides research and support to increase innovation, impact, and productivity of our faculty and student affiliates, as well as our research partners. We have identified three primary strengths on which to advance leading-edge research: Vulnerability and Frailty, Lifelong Health, and Cognitive Health. Crosscutting research approaches include observational and experimental designs and data collection, an emphasis on improving health services and technological innovations, and advances in data analytics and rigorous replication research.

Our three research initiatives on Vulnerability and Frailty, Lifelong Health, and Cognitive Health build on a strong legacy of research at the University of Victoria (UVic). The UVic strategic priorities are advanced by the institute's priorities and are set to advance research excellence and impact our aging society. Our local, national and international research activity and knowledge mobilization promotes student success, and facilitation of collaboration, partnerships and interdisciplinary approaches on campus and with our external colleagues.

STRATEGIC RESEARCH INITIATIVES

Promoting Cognitive Health

To delay the onset and alter the rate of cognitive decline and improve the lives of people with cognitive disorders

Lifelong Health

To optimize the health and well-being of individuals and families across the life course

Vulnerability and Frailty

To delay functional loss, improve autonomy and independence, and enhance quality of life, until the end of life

Longitudinal Studies and **Interventions**

Longitudinal Studies Randomized Trials Intensive Measurement Community-based

To lead international collaborative analysis of longitudinal studies of cognitive aging and dementia.

To develop a prospective cohort study to improve the accuracy of detecting cognitive To address the social, change and risk for dementia.

participatory research To advance prevention and treatment options for individuals with subjective cognitive decline and cognitive impairment.

To engage in innovative and population-relevant health behaviour research to improve health outcomes and promote physical, mental, and social well-being.

environmental, economic, and cultural factors related to healthy and age-friendly communities.

To improve predictive models to identify individuals at risk for transitions into higher levels of care.

To meet the needs of vulnerable populations (e.g., persons living with dementia, end of life, caregivers) in the achievement and promotion of quality of life.

Care and **Technological Innovations**

Health Informatics Mobile Apps Home-**Based Monitoring** Assistive Technology **Usability Health** Services and System Innovations

To develop and validate lighttouch, low cost mobile assessment tools for accurate and early detection of subtle cognitive decline.

To develop protocol for transactional data flow (e.g., risk factors, cognitive assessment) with health care providers.

To develop methods for designing, testing and deploying mobile, home-based technologies and assistive technologies.

In partnership with CanAssist, to identify and address challenges for individuals with cognitive decline and impairment.

To integrate physical activity monitoring into mobile health and cognitive assessment apps for use in research and health care settings.

To develop long-term usability and usage tracking and analysis (of apps, patient information systems and other innovations) over time and over distributed settings.

To advance development and evaluation of assistive technology, in partnership with CanAssist, to support independence and autonomy at home.

To improve health services for those at end of life and for vulnerable populations.

To provide continual feedback and refinement from end-user studies to improve design and impact of technologies to support independent living.

Data Analytics

Ouantitative Methods

Qualitative and Mixed Methods

Research Synthesis Health Data Analytics To advance neuroscience tools and designs to improve sensitivity and specificity to detect subtle cognitive change. lifestyle change on health,

To support and advance methods for reproducible and replicable research in cognitive To support research using health and dementia.

To advance precision cognitive health research and quantify individual risk.

To develop real-time analytics to provide individualized feedback regarding impact of cognitive, and well-being outcomes.

integrative and big data analytics to improve individual and population health outcomes.

To advance data analytics for detecting change and quantifying individual risk for acute events with home-based monitoring.

To build learning analytic systems in health care for improving clinical decision support, care coordination, and patient outcomes.

The Institute on Aging and Lifelong Health is dedicated to community engagement and knowledge mobilization by holding captivating events



CLSA PARTICIPANT EVENT



CLSA Participant Event: "Study Participants Ask, Researchers Respond"

The Canadian Longitudinal Study on Aging (CLSA) is a large, national, long-term study that will follow approximately 50,000 men and women who are between the ages of 45 and 85 when recruited, for at least 20 years. The CLSA collects information on the changing biological, medical, psychological, social, lifestyle and economic aspects of people's lives. These factors will be studied to understand how, individually and in combination, they have an impact in both maintaining health and in the development of disease and disability as people age.

On August 28th, 2018, the CLSA Data Collection Site at University of Victoria in partnership with Island Health, hosted a seminar for CLSA participants to discuss specific measures included as part of the CLSA, how some of the data are being used, and what we are learning from the study. The event took place at the University of Victoria.

Speakers included:

Scott Hofer, PhD, Director, Institute on Aging and Lifelong Health, University of Victoria, Mohr Chair in Adult Development and Aging Denise Cloutier, PhD, Professor, Department of Geography, University of Victoria Debra Sheets, PhD, Associate Professor, School of Nursing, University of Victoria

Marilyn Bater, MD, Geriatrician, Island Health Authority

The event was moderated by the CLSA Victoria Local Site Coordinator Jo Ann Miller, PhD, and was live streamed on the CLSA website and social media channels.



N I S



COLLOQUIUM SERIES

Our colloquium series hosts a number of experts from the University of Victoria and other institutions to showcase our research, as well as fostering academic dialogue with students, faculty members, researchers and the general public.

Spring 2018 Colloquium Series

A Smartphone App, Games, and Research Ideas for Mild Cognitive Impairment

Presented by: Robert McLeod, PhD, University of Manitoba

March 13, 2018, 10:30 to 11:45a.m.

Myths and Realities of Aging in BC

Presented by: Isobel Mackenzie, BC Seniors Advocate

March 20, 2018, 10:30 to 11:45a.m.

The Gut

Presented by: Adam Con, Associate Professor, School of Music

April 3, 2018, 10:15 to 11:30a.m.

Fall 2018 Colloquium Series



Transactional Data of Island Health: How Patients Vote with their Feet

Presented by: **Ken Moselle, PhD,** Island Health Authority, and **Andriy Koval, PhD,** BC Observatory for Population and Public Health, University of Central Florida

November 28, 2018,1:00 to 2:00p.m.



Visualizing Logistic Regression with the "Coloring Book" Technique: A Study in ggplot2

Presented by: **Andriy Koval, PhD,** BC Observatory for Population and Public Health, University of Central Florida

November 28, 2018, 2:00 to 3:00p.m.

Nuances of Information Sharing and Data Display in a Mobile Application for Students with Substance Use Disorder

Presented by: Barbara (Basia) Andraka-Christou, University of Central Florida

November 29, 2018, 1:00 to 2:00p.m.

Optimizing Public Health Surveillance through Reproducible Reporting: Response to Opioid Crisis on Vancouver Island

Presented by: Shannon Tracey, University of Victoria

November 29, 2018, 2:00 to 3:00p.m.

Building Pipelines and Dashboards for Practitioners: Mobilizing Knowledge with Reproducible Reporting

Presented by: Will Beasley, PhD, University of Oklahoma Health Science Center

November 30, 2018, 1:00 to 2:00p.m.

Constructing Workflows for Reproducible Analytics: Suppressing Small Counts for Provincial Chronic Disease Dashboard

Presented by: **Andriy Koval, PhD,** BC Observatory for Population and Public Health, University of Central Florida, and Anthony Leamon, Island Health Authority

November 30, 2018, 2:00 to 3:00p.m.

Our partners for the Fall 2018 Colloquium Series



IALSA









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LAFAYETTE HEALTH AWARENESS FORUM

For 13 years the Lafayette String Quartet has joined with health professionals to bring expert information to our community on various health topics which affect us all.

The Lafayette Health Awareness Series began in 2006 with a dialogue on the topic of breast cancer, which impacted the Lafayette String Quartet profoundly when one of its members was diagnosed and treated in 2001.

The Lafayette Health Awareness Forum was created to provide expert and updated health information to the public in a free forum on various health topics. With the quartet's experience that what affects one eventually affects us all, it was their wish in their 20th anniversary year (2006) to offer a tangible way to share with the community their gratitude for this universal connection. The Lafayette Health Awareness Forum brings this interconnection to our local community and provides the opportunity for specialists, health professionals and the general public to meet.

The 13th Lafayette Health Awareness Forum was held on October 4, 2018 at the UVic David Lam Auditorium. The evening opened with the Lafayette String Quartet performing Beethoven's String Quartet in F Minor, Op. 95. Their performance was followed by presentations by Launette Rieb, Patrick McGowan, and Nelson Svorkdal on "A Primer on Pain in 2018: How it affects us and what we can do about it". After a question period, the quartet closed the evening with their performance of Debussy's String Quartet in G minor, Op. 10, to a standing ovation.

The Institute on Aging and Lifelong Health is proud to partner with the Lafayette String Ouartet on their innovative annual event.

MASTERMIND LECTURE SERIES



The annual Masterminds Lecture Series is presented by the University of Victoria Retirees Association (UVRA), in partnership with the Institute on Aging and Lifelong Health, with support from the University of Victoria. Created in 2006, the series gives back to the community while highlighting the contributions of retirees. The 2018 presentations were:



Diaries of a missionary doctor: A family history

Discover letters and journals revealing the fascinating life of the Colwell family in BC and India.

Presented by: Dr Dean Goard April 4, 2018 at 7:00p.m.



Watching learning happen: From neural networks to social networks

Learning is at the heart of the human experience and is central to what we think, do and feel. Explore the complexities and challenges of how we learn.

Presented by: Geraldine Van Gyn April 11, 2018 at 7:00p.m.



Let the images speak: Historic re-photography in Canada's Mountain West

Hike Canada's ranges to see how scientists with cameras are revealing climate change.

Presented by: Mary Sanseverino

April 18, 2018 at 7:00p.m.



On land and seafloor: Earthquake early-warning systems

Ocean Networks Canada is in a unique position to detect subduction earthquakes through the operation of seismic sensor networks both on land and the seafloor.

Presented by: Bob Crosby

April 25, 2018 at 7:00p.m.

VALUED ELDER RECOGNITION AWARDS (VERA)



2018 VERA Recipients (from L to R): Isobel Carter, Nancy Sing, Joan Brillinger, Bill Israel, Isla Evans, Gaelan de Wolf, Sylvia Campbell, Joan Chevrier (unable to attend: Christine Johnson, Leona Russell)

The Valued Elder Recognition Award (VERA) was developed by Friends of the Centre on Aging in 2000, to honour and celebrate fellow elder volunteers in the Capital Regional District (CRD).

Starting in 2016, the Institute on Aging and Lifelong Health and the Greater Victoria Eldercare Foundation began partnering to present the VERA. With the Eldercare Foundation's support, the VERA recognizes those who make a difference each and every day. Agencies and individuals are invited to make one nomination each year.

The Valued Elder Recognition Award honours each of the nominees who have given exemplary service to helping others in the CRD. The Institute on Aging and Lifelong Health and the Eldercare Foundation recognize and honour these individuals and thank them for all they have contributed to the community. Recipients are nominated through their volunteer organization, and are recognized and celebrated at our annual award ceremony held on the United Nations' International Day of Older Persons, October 1st.

VERA RECIPIENTS

Colour Your Palate

Fundraiser, Goward

House Society

VERA RECIPIENTS			
Joan Brillinger	Sylvia Campbell	Isobel Carter	Joan Chevrier
Esquimalt United Church, Juan de Fuca Senior Centre Ukulele Singers Group, Silver Threads Senior Centre Hampton Singers, Victoria Operatic Society	AIDS Vancouver Island, St. Aidan's Community Services, Vancouver Island Cancer Lodge, St. Aidan's United Church of Canada Thrift Shop	Beacon Hill Villa Hymn Sing, James Bay Churches	Canadian Peacekeeping Veterans Associations, Queen's Diamond Jubilee Media Nominee, Royal Canadian Legion Branch #91
Isla Evans	Bill Israel	Christine Johnston	Leona Russell
Meals on Wheels, Mustard Seed Food Bank, Thrifty Foods Sendial Program, Glad Tidings Church, Breast Cancer Awareness, Terry Fox Walk	Big Brothers Big Sisters of Greater Victoria, United Way of Greater Victoria, Advance Care Planning VIHA, Laren Society & The Bill Mudge Halfway House, Salvation Army Halfway House, Church of Truth, Community of Conscious Living, William Head Institution	First Unitarian Church of Victoria, The Knight Award Recipient, Kairos Branch, Chil Haven International, Stephen Lewis Foundation's Grandmothers Helping Grandmothers, Dandelion Society, Mustard Seed	Saanich Volunteer Services
Nancy Sing	Gaelan de Wolf		
Victoria Chinatown Lions, Baton and Drum Corp, Children's International Summer Village, Uplands Golf Course, Ladies Club Captain, BC Children's Hospital, Common- wealth Games, artsREACH Society,	Oak Bay Emergency Program, Oak Bay Summer Markets, Monterey Recreation Centre, Monterey Recreation Activity Association		





Delaying the onset and altering the rate of cognitive decline and improving the lives of people with cognitive disorders



OUR FACULTY RESEARCH AFFILIATES





Brian Christie- Division of Medical Sciences

Effects of exercise on the human brain; electrophysiological, immunohistochemical, molecular and behavioural research methods to elucidate learning and memory mechanisms in the aging brain; hippocampal formation throughout the lifespan



Adam Con-School of Music

Tai Chi Chuan practice and neuroscience research; how neuroscience is related to motor neuron



Mauricio Garcia-Barrera - Psychology

Clinical neuropsychology; understanding as well as developing a theoretical and evidence-based model of executive functioning; concussions; neuroimaging; sport concussions



Jodie Gawryluk – Psychology

Identification of brain changes—functional or structural—that occur earliest in the Alzheimer's disease process and, how such changes relate to cognitive ability; clinical neuropsychology; neuroimaging



Scott Hofer-Psychology, IALH Director

Identification and explanation of individual differences in developmental and aging-related processes; analysis and evaluation of longitudinal and life course studies; intensive measurement designs; developments in research methodology focused on measurement and analysis of change



Andre Kushniruk- Health Information Science

Evaluation of the use and usability of information systems; design and evaluation methodologies; eHealth and telemedicine; consumer informatics; cognitive aspects of decision support systems



Stuart MacDonald-Psychology

Patterns and predictors of cognitive decline in the healthy elderly; developmental transition between primary and secondary aging; individual differences in cognitive aging; cognitive neuroscience of aging



Michael Masson-Psychology

Cognition and action; human memory; Bayesian analysis of data; investigating embodied cognition with manual interactions used when identifying manipulable objects



Andrea Piccinin- Psychology

Lifespan development; developmental research methods; cognitive function in later life from a lifespan individual differences perspectives; universal challenges of sciences; developing construct measurements, study designs, statistical analyses to address essential developmental questions



Colette Smart-Psychology

Understanding the neural mechanisms underlying meditation practice in healthy and clinical populations; neural and neurpsychometric correlates of everyday functioning in older adults



Holly Tuokko- Psychology (Emeritus)

Clinical neuropsychology; clinical aging; older driver safety; cognitive impairment including dementia; everyday competence

COGNITIVE HEALTH

RESEARCH GRANTS AND PROJECTS





Bidirectional Structural and Functional Plasticity in the Aging Brain



Principal Applicant: Christie, B.

\$

\$33,000 — Natural Sciences and Engineering Research Council of Canada (NSERC)

Discovery (2018-2019)



Fetal Alcohol Effects and Choline Intervention



Co-Investigator: Christie, B.

\$

\$1,258,515— National Institute on Alcohol Abuse and Alcoholism (NIAAA) (2018-2023)



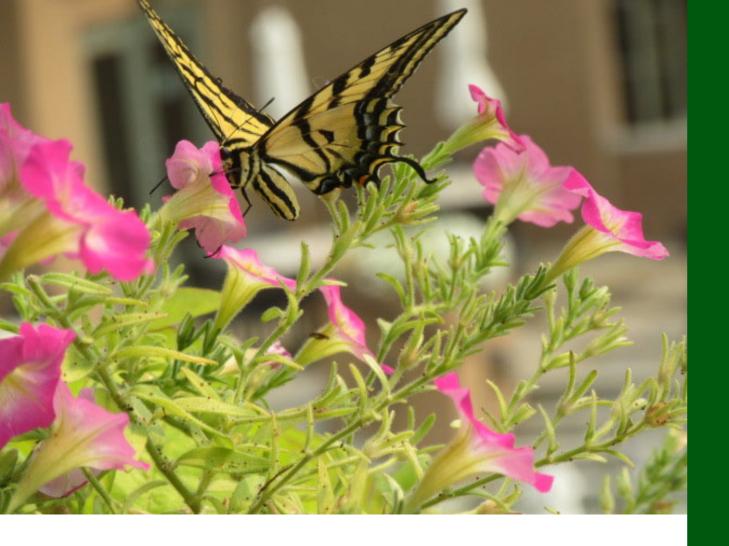
Ambulatory Methods for Measuring Cognitive Change



Co-Investigator: Hofer, S.

(\$)

\$13,000,000— National Institutes of Health/NIA 1U2CAG060408



Optimizing the health and well-being of individuals and families across the life course

OUR FACULTY RESEARCH AFFILIATES





Elizabeth Borycki- Health Information Science

Health management, organization, and strategy; disease management, respirology, and geriatrics; nursing informatics and the effect of technology upon nurses' work; evaluation of the impact of information technology in health care; clinical informatics



Denise Cloutier- Geography

Healthy aging; the continuum of care; aging in place; health care reform or restructuring; vulnerable populations; aging in small, rural, and remote communities



Angela Downey- Peter B. Gustavson School of Business

Health promotion; accounting; finance; and worksite wellness



Michael Hayes – School of Public Health & Social Policy

Health inequities; disability; public policy; obesity; health literacy; population health promotion



Sandra Hundza – School of Exercise Science, Physical and Health Education

Neural control of human movement; neural control of limbs and trunk during walking with aging, after injury (e.g., stroke), and with disease; rehabilitation and assistive devices and technologies related to mobility



Freya Kodar – Faculty of Law

Pensions, debtor, and creditor relations; social welfare law; feminist analysis of law; torts



Alex Mu-Hsing Kuo-Health Information Science

Health Big Data analytics; health data interoperability; health database & data warehousing; data mining application in healthcare; e-health and clinical decision support system



Nathan Lachowsky - School of Public Health & Social Policy

Sexual health; global health; lesbian, gay, bisexual, transgender, queer, and two-spirit (LGBTQ2S) people; HIV prevention and care; health equity; interdisciplinary approaches; indigenous health; mixed methods; community-based research; public health surveillance; infectious diseases; population health



Sam Liu – School of Exercise Science, Physical and Health Education

Chronic disease prevention and management; eHealth/mHealth, Big Data and health surveillance; physical activity; health promotion



Anastasia Mallidou-School of Nursing

Health services research; knowledge translation; leadership for shaping effective and efficient healthcare systems



Jeannine Moreau – School of Nursing

Critical discourse analysis; women's health; feminism and postmodernism; nursing education; gerontology and ageism



Pamela Moss-Studies in Policy & Practice

Body politics; women with chronic illness; theories of body and embodied theories; women's health; feminist research methodologies; autobiographical writing; contested illness; disabling subjectivities; alternative healing practices; chronic fatigue syndrome; veterans with PTSD



Morgan Price – Computer Science; Division of Medical Sciences eHealth; Electronic Health Records; consumer eHealth; decision support; safer medication management; action research methods; continuity of care



Michael Prince- Studies in Policy and Practice

Trends in social policy, past, present, and in the next generations; federal-provincial relations; aboriginal governance; policy making in the community



Ryan Rhodes – School of Exercise Science, Physical and Health Education

Exercise adherence; intervention strategies to promote physical activity; social cognitive theories of exercise behaviour change; personality and exercise behaviour; exercise and quality of life; exercise among special populations



E. Paul Zehr- School of Exercise Science, Physical & Health Education

Neural control of human movement after stroke and spinal cord injury; arm and leg coordination during walking; enhancing neuroplasticity, biomechanics, motor behavior, and exercise physiology

LIFELONG HEALTH



RESEARCH GRANTS AND PROJECTS





An interpersonal relationships intervention for improving cardiovascular health in youth



(Applicants) Chen, E., Grant, K.E., (Members) & Rhodes, R.E.



\$815,601 National Institutes of Health, National Heart, Lung, and Blood Institute (2018-2023)

Disparities in cardiovascular (CV) diseases by socioeconomic status (SES) and race/ethnicity are pronounced in our society, and the processes that lead to these disparities begin in childhood. Previous intervention efforts have targeted individual lifestyle changes in health behaviors, but with limited success in low SES, minority youth. The study proposes a novel intervention to reduce CV risk in low SES, minority children (under 21 by NIH guidelines) that focuses on social relationships, specifically mentoring, as a way to create bi-directional benefits for CV health in youth. The rationale for this intervention is based both on work showing that receiving social support has benefits for physical health, and on work demonstrating that helping others is associated with better physical health.



Childhood Healthy Weights Early Intervention Program*



Co-Investigators: Naylor, P.J., & **Liu, S.**



\$60,000 MITACS (2018-2019)



Creating a Healthier Community through Indigenous Approaches to Health and Wellness



Co-Investigators: Bredin, S.D., Norman, M.E., Oh, P., & Rhodes, R.E.



\$10,000 Canadian Institutes for Health Research (CIHR) Planning and Dissemination Grant (2018-2019)



Develop a Web-Based Childhood Healthy Weights Early Intervention Program



Principal Investigator: Liu, S.



\$10,000 Michael Smith Foundation For Health Research (MSFHR) Reach Award (2018)



Developing an Indigenous Cultural Safety Training Impact Assessment Tool in Higher Education Settings



Collaborators: Antoine, A., Hobenshield, S., McIvor, O., Ormiston, T., **Rhodes, R.,** Thomas, R.



\$61,748 SSHRC Insight Development Grant (2018-2020)



Development and Validation of Perceived Social Influence Scale in Sport, Physical Activity, and Education Contexts



Chan, D.K.C., & Rhodes, R.E.



\$63,460 The University of Hong Kong Research Commitee(2018-2019)



Evaluating the Effects of a Smartphone Education Program on Student Learning and Well-being



Applicant: Liu, S.

Co-Applicants: Mueller, U., & Rhodes, R.



\$74,961 SSHRC Insight Development Grant



HIV Pre-Exposure Prophylaxis Implementation to Key Priority Populations Across British Columbia: Towards HIV Elimination



Principal Applicant: Lachowsky, N.



\$10,000 MSFHR Implementation Science Team Development Grant (2018-2019)



Improving Use of Technologies to Support the Disabled



Principal Investigator: Borycki, E.

\$20,000 University of Victoria (UVic) CanAssist (2018-2019)



Engaging Indigenous Ways of Knowing Within Higher Education



Co-Applicants: Bredin, S., Warburton, D.E.R., Hare, J., Miles, R., Norman, M., Oh, P., Rhodes, R.E., Foulds, H., Mihalynuk, T., Webster, J., Sparrow, G., Kyba, G., & Johnson, S.



\$45,300 SSHRC Indigenous Research Capacity and Reconciliation – Connection Grants (2018-2019)



Increasing Dog-Walking in the Community: What is the Potential of Wearable Dog Trackers?



Principal investigators: Stamatakis, E., McGreevy, P., Bauman, A., Guastella, A., Podbercek, A., Sherrington, C., & Rhodes, R.E.



\$73,000USD The PAWalks Trial. Human-Animal Bond Research Institute (2018-2020)



Knowledge Mobilization Workshop to Support Healthful Aging for Older Adults in Rural Communities



Principal Investigator: Cloutier, D.

Co-Principal Investigator: Kobayashi, K.



\$3,000- Regional District of the Central Kootenay Community Development Grant



Lytton First Nation: Enhancing Health and Wellness through a Community-Based, **Health Research Network**



Principal Investigators: Hare, J., Warburton, D.E.R.,

Co-Investigators: Bredin, S.S.S., Mihalynuk, T.V., Miles, R., Norman, M.E., Oh, P., Rhodes,

R.E.



\$75,000- CIHR Operating Grant Network Environemnts for Indigenous Health Research Development Grants (2018-2019)



Rethinking Social and Political Dimensions of Indigenous Mental Health with Indigenous Social Media



Collaborators: Ansloos, J., Woodruff, E., & **Liu, S.**

\$68,965 SSHRC Insight Development Grant (2018-2020)



Supporting Culturally Appropriate Coming of Age Resources for Urban Indigenous Youth on Vancouver Island: (Re:) Connecting with Self-Determined **Health and Wellness**



Co-Applicants: Cloutier, D., Chuckry, J., & Mellor, A.



\$49,256 SSHRC Special Call: Indigenous Research Capacity and Reconciliation— Connection grants



The Feasibility and Acceptability of Online Screening, At-Home Dried Blood Spot Collection, and Peer-Based Linkage to Care for HCV Micro-Elimination Among Gay, Bisexual and Other Men Who Have Sex with Men in British Columbia



Principal Applicant: Lachowsky, N.

\$55,417 Gilead Sciences Canada, HCV Micro-Elimination Grants (2018-2019)



The Role of Increasing Cognitive Impairment on Usability and Usefulness of Mobile Apps to Support those with Dementia*



Principal Investigator: Borycki, E.



\$20,000 UVic Internal Research Grant (2018-2019)



Transforming Our Understanding, Enhancing our Practices: Engaging Indigenous Ways of Knowing in the Promotion of Healthy Lifestyle Behaviour



(Principal Investigators) Warburton, D.E.R., Miles, R., Hare, J., (Co-Investigators) Redin, S.S., Norman, M.E., Oh, P., & Rhodes, R.E.



\$109,911 CIHR Catalyst Grant (2018-2019)



Transgender Population Health and Engagement in Patient-Oriented Research: A **Community-Based Participatory Study**



(Principal Applicant) Devor, A.H., Lachowsky, N.J., & Tei, C.



\$40,000 CIHR Strategy for Patient-Oriented Research (SPOR) Patient-Oriented Research Collaboration Grants



TransPULSE Canada: A National Study of Transgender Health



Co-Applicant: Lachowsky, N.



\$1,298,201 CIHR Project Grant (2018-2023)



Using 'Brain Backs' for Multiple Health Behaviour Change: Planning the First-in-**Canada Evaluation of Implementation Intentions at Scale**

Principal Investigators: Grimshaw, J.M., Presseau, J., Squires, J.E.



Co-Investigators: Armitage, C.H., Bacon, S.L., Conner, M.T., Desroches, S., Gaudreau, P., Horsley, T.A., Ivers, N.M., Kellar, I., Lavoir, K., McCleary, N., Patey, A.M.E., Rhodes, R.E., Sniehotta, F.F., Taljaard, M., Thavorn, K., Welch, V.A., & Witteman, H.M.O.



\$20,000 CIHR Planning and Dissemination Grants (2018-2019)



Understanding the Contraceptive Health Care Needs of Patients in British Columbia*



Co-Applicant: Lachowsky, N.



\$20,000 Vancouver Foundation, Field of Interest Participatory Action Research Convene Grant (2018-2019)



What will it take to Decrease the Burden of the HIV and STI Epidemics among MSM in British Columbia, Canada? A Sexual Network Modeling Analysis, Combining Syndemic Theory, to Evaluate the Impact of Behavioural and **Biomedical Interventions for HIV and STI Prevention**



Co-Investigator: Lachowsky, N.



\$810,900 CIHR Project Grant



Yú usnewas (Taking Care of Each Other): Life Promotion through Indigenous **Youth Community Capacity Building**



Collaborators: Wager, A., Elliott-Groves, E., Lachowsky, N., Wiebe, S., & Stewart, S.



\$200,000 SSHRC Partnership Development Grant (2018-2021)

To delay functional loss, improve autonomy and independence, and enhance quality of life until the end of life



OUR FACULTY RESEARCH AFFILIATES





Anne Bruce- School of Nursing

End-of-life care; nursing services; nursing education; contemplative practices in health care



Neena Chappell – Sociology (Emeritus)

Caregiving to older adults; care for people with dementia; aging and ethnicity; quality and cost-effectiveness of community-based home and residential care; Canadian health care restructuring and reform



Elaine Gallagher – School of Nursing (Emeritus)

Gerontology; health promotion; community development; elder abuse; falls among the elderly



Karen Kobayashi- Sociology

Sociology of aging, ethnicity, and immigrant status; family dynamics and intergenerational relationships; health and illness; long-term care; dementia; research design



Patricia McKenzie - School of Social Work

Healthcare; aging; interdisciplinary practice; rural communities



Patrick McGowan-School of Public Health & Social Policy

Self-management health education programs for persons experiencing chronic health conditions



Margaret Penning-Sociology

Social support, informal and formal care in relation to chronic illness and disability; mental health and well-being; impact of structural inequalities on health and health care; Canadian health care restructuring and reform



Debra Sheets- School of Nursing

Gerontology and geriatric nursing; healthy aging; family caregivers; evaluation; geriatric nursing education; end-of-life care



André Smith-Sociology

Health and illness; dementia care; health policy; mental illness; qualitative methodologies; aging; and social inequality



Kelli Stajduhar – School of Nursing

Palliative and end-of-life care; family caregiving; home care; HIV/AIDS; oncology; vulnerable and marginalized populations; gerontology; health services research; qualitative and quantitative research methods; mixed method study design; collaborative, participatory research



Lynne Young- School of Nursing (Emeritus)

Family health promotion research; heart health; program evaluation; complex health challenges

VULNERABILITY AND FRAILTY

RESEARCH GRANTS AND PROJECTS





An Interpersonal Relationships Intervention for Improving Cardiovascular Health in Youth



Applicants: Chen, E., Grant, K.E., (Members) Rhodes, R.E.



\$815,601 National Institutes of Health, National Heart, Lung, and Blood Institute (2018-2023)



A Knowledge Mobilization Workshop to Support Healthful Aging for Older Adults in Rural Communities



Principal Investigator: Kobayashi, K.



\$3,000 Regional District of the Central Kootenay Community Development Grant



An Inter-Provincial Comparison of Innovative Programs that Help Individuals and Families affected by Life-Limiting Chronic Illnesses Navigate End-of-Life



Principal Investigators: Urguhart, R., Tschupruk, C., Pfaff, K., **Stajduhar, K.,** & Warner, G.



\$124,540 SPOR PIHCI Network, Comparative Program and Policy Analysis Grant; CIHR \$124,540; MSFHR \$15,250 (2018-2020)



Bereavement and Experiences of MAiD Prescribers



Trouton, K., MacDonald, L., Beuthin, R., Daudt, H., Thompson, M., Collis, K., & Bruce, A.



\$10,000 South Island Facilities Engagement Initiative Application for Engagement/QI Grants (2018-2019)



Complexity of Caregiving Experiences and Outcomes: Understanding the Role of **Social Statuses and Social Resources**



Co-Applicants: Bierman, A., **Penning, M.J.,** & Venturato, L.



\$65,410 SSHRC Insight Development Grant (2018-2020)





Ease e-Home: Plug and Play Technologies to Support Older Adults with Dementia and their Caregivers



Principal Investigator: Sheets, D.

Co-Investigators: MacDonald, S., Smith, A., & Hundza, S.



\$50,000 SPARK Program, Centre for Aging and Brain Health Innovation (CABHI) (2018-2019)

Ease e-Home is an innovative project aiming to develop a system of "smart home" using voice-assisted technologies for older adults with memory loss or dementia and their caregivers. The project uses Amazon Echo as the smart home hub, connecting Alexa, the voice-controlled personal assistant, to a customized suite of smart devices. Researchers are investigating how voice-assisted technologies can support the care of older adults and the impact on social connections, cognition and quality of life.



Evaluation of a Mindful Self-Care for Caregivers Course



Principal Investigator: **Sheets, D.**



\$7,000 UVic Internal Research/Creative Project Grant (2018-2019)



For Study of the Effects of Immigrant Status, Gender and Race Intersections on **Well-Being in Middle and Late Life**



Applicant: **Penning**, **MJ**.



Co-Applicants: Wu, Z., & Chappell, N.L.



\$156,607 SSHRC Insight Grant (2018-2021)



Improving Palliative Care in the Home and Community: Building CAPACITI (Community Access to Palliative Care via Interprofessional primary care Teams Intervention)



Co-Investigators: Barwich, D.B., Brouwers, M.C., Howard, M.I., Kelley, M.L., Kilbertus, F., Kortes-Miller, K.N., Marshall, D., Pond, G.R., Sinding, C., **Stajduhar, K.,** Urquhart, R.L., & Winemaker, S.



\$1,216,350 CIHR Project Grant (2018-2022)



Patient Self-Management Programs and Health Professional Self-Management **Support Training**



Principal Investigator: McGowan, P.



\$2,210,000 British Columbia Ministry of Health (2018-2019)



Supporting Quality of Life Assessments of Frail Older Adults and their Family Caregivers



Co-Investigators: Cohen, R., Cutherbtson, L., Hilliard, N., Laforest, E., Ohlen, J., Russsell, L., Stajduhar, K., Stephen, T., Terblanche, & Wolff, A.



\$99,937 Canadian Frailty Network, 2018 Catalyst Grant Competition



Tackling the Home Care Challenge: A Mixed Methods Study of Publicly Funded Home Care Services in 4 Canadian Cities



Principal Investigators: Stajduhar, K.I.

Co-Investigators: Bourgeault, I.L., Carrier, A., Dordunoo, D., Duncan, S.M., **Funk, L.M.,** &

Roberts, D.K.



\$856,800 CIHR Project Grant (2018-2022)

Institute on Aging and Lifelong Health affiliates conduct research and promote knowledge mobilization through various avenues



TABLE OF CONTENTS: APPENDICES

Appendix A: Affiliates in the Media

Appendix B: Presentations and Addresses

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Appendix D: Published Books

Appendix E: Published Book Chapters

Appendix F: Published Refereed Journal Articles

APPENDIX A

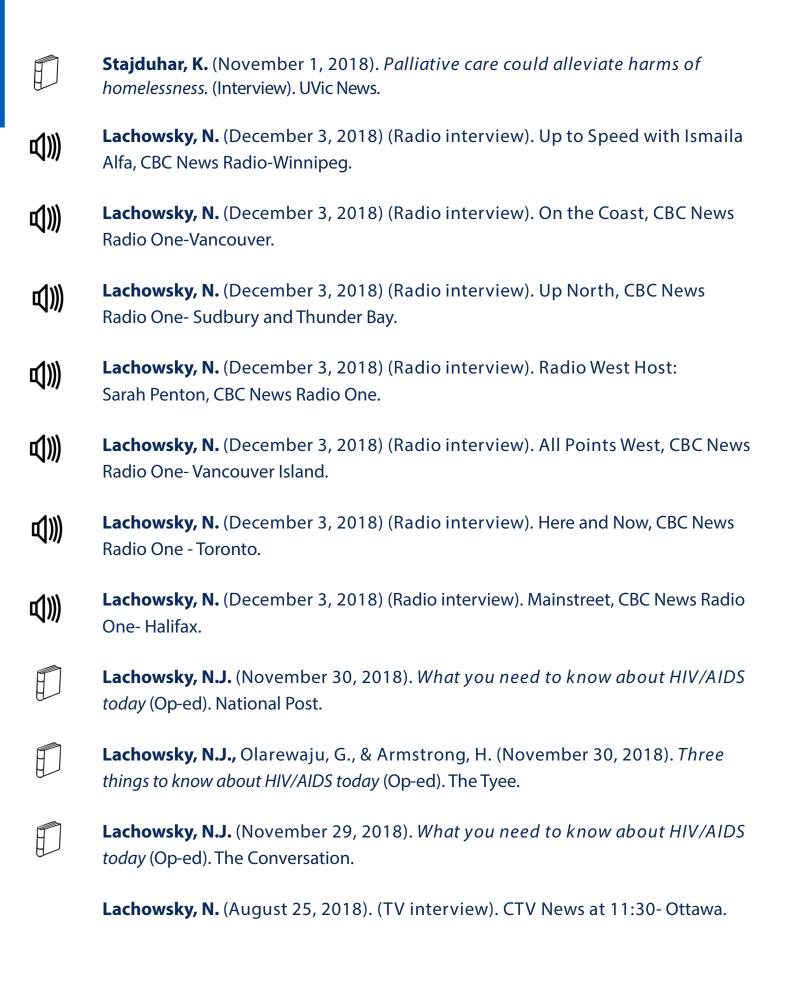
AFFILIATES IN THE MEDIA





Sheets, D. (January 13, 2018). *Singing for social connection and for science* (Interview). CBC News.

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- **Sheets, D.** (January 26, 2018). *Feeling like home* (Interview). UVic News, Jodie Paterson.
- **Zehr, E.P.** (April 13, 2018). Chasing Captain America explores the science behind the 'super soldier serum' (Radio interview). Quirks and Quarks with Bob McDonald-CBC Radio One.
- **Zehr, E.P.** (April 14, 2018). *How close are we to creating a real-life super soldier?* (Radio interview). Ben Shannon -CBC Radio One.
- **Sheets, D.** (June 24, 2018). *Study Looks at Potential of Artificial Intelligence To Help Those With Memory Loss* (Interview). CBC News
- **Lachowsky, N.** (August 24, 2018). *Blood survey aims to update 'discriminatory' donation policy* (Interview). CBC News Ottawa, Krystalle Ramlakhan.
- Sheets, D. (August 26, 2018). Singing can have positive effects on people with dementia, says researcher (Radio interview). North by Northwest with Sheila MacKay, CBC Radio One.
- Stajduhar, K. (November 1, 2018). Study finds homeless, vulnerable, finally get care when at death's door (Interview). CTV News, CTV News at 5, Vancouver Sun, The Chronical Herald, Kelowna Now, National Post, City New Edmonton, Kelowna Daily Courier, Star Vancouver. Picked up by Oak Bay News, CBC Radio All Points West, UVic News, and Times Colonist.
- **Bruce, A.,** & Gaston, D. (November 1-November 29, 2018). *Way of Shambhla-Contentment in everyday life* (Public presentation). Shambhala Victoria, Victoria, BC.*



APPENDIX B

PRESENTATIONS AND ADDRESSES

JANUARY

Cloutier, D. (January 9, 2018). *Aging Gracefully? Reflections on Aging, Place and Lifelong Health*. UVic Speakers Bureau, St. Aidan's Church-Men Group, Victoria, BC.

FEBRUARY

Cloutier, D. (February 22, 2018). From home to 'home': Considerations for a move into residential care. Family Caregivers of BC.

Kobayashi, K., & Carroll, S. (February 22, 2018). *The Application of an Equity Lens to the Development of Technology for Older Adults*. AGE-WELL Webinar Series.

MARCH

Cloutier, D. (March 13, 2018). *Aging Gracefully? Reflections on Aging, Place and Lifelong Health*. UVic Speakers Bureau, Best Western Hotel Inner Harbour, Victoria, BC.

Sheets, D., Kennedy, M., **MacDonald, S.,** & Phare-Bergh, E. (March 20, 2018). *Raising Your Voice: The Benefits of Community Choirs for Healthy Aging*. Embrace Aging, Yakimovich Wellness Centre, Victoria, BC.

Sheets, D., Kennedy, M., **MacDonald, S.,** & Phare-Bergh, E. (March 20, 2018). *Raising Your Voice: The Benefits of Community Choirs for Healthy Aging*. Island Health, Victoria, BC.

APRIL

Cloutier, D., & **Kobayashi, K.** (April 4, 2018). *'This is my Home!' An Asset-based Approach to Aging in Place in Rural Communities*. Interior Health Authority, Lunch and Learn.

Macintosh, A. (April 12, 2018). *The influence of development, energetics, and behaviour on the mechanical competence of the female skeleton*. The 87th Annual Meeting of the American Association of Physical Anthropologists, Austin, TX.

MAY

Cloutier, D., & **Penning, M.** (May 1, 2018). *Understanding the Long-Term Care Trajectories of Persons with Dementia: A Western Canadian Study*. International Symposium on Population Aging and Policy Responses, University of Victoria, Victoria, BC.

JUNE

Sheets, D. (May 8, 2018). *On a High Note: An Intergenerational Community Choir for People with Dementia and their Caregiver.*Symposium on Innovations in dementia care and research: From community to clinic, Five Days in May, Island Health Authority, Victoria, BC.

Sheets, D. (May 18, 2018). *Voice-First Technologies to Support Independence*. MSFHR C2 Meeting, Surrey, BC.

Cloutier, D. (May 28-31, 2018). *Adding Life to Years for Long-term Care Residents - Seniors Adding Life To Years (SALTY)*. Canadian Association on Health Services and Policy Research (CAHSPR), Montreal, QB.

Hofer, S. M. (June, 2018). *Integrative approaches and opportunities for examining life course, biopsychosocial models of multi-morbidity*. Academy of Behavioral Medicine Research, Hilton Head Island, SC.

Sheets, D. (June 20, 2018). *On a High Note: The Benefits of Community Choirs for People Living with Dementia and their Care Partners*. Seniors Serving Seniors, Victoria, BC.

Prince, M. (June 23, 2018). *Navigating Programs, Connecting Policy Developments: The Need for Strategic Collaborative Governance*. Disability Alliance of British Columbia, Annual General Meeting, Vancouver, BC.

Prince, M. (June 27, 2018). *Next Steps on Employment for Persons with Disabilities*. School of Public Policy Workshop on Meaningful Employment for Neuro-Diverse Adults, University of Calgary, Calgary, AB.

Hofer, S. M. (June, 2018). *Integrative Longitudinal Lifespan/Lifecourse Research Retrofit current ongoing aging studies (e.g., parallel analyses of cohorts across life course, pooling data from younger cohort with aging cohorts; linking estimates of empirical relationships in theoretical pathways of influence*). Expert Meeting on Using Longitudinal Studies of Younger cohorts for Aging Research, National Academy of Sciences, Committee on Population, Division of Behavioral and Social Sciences and Education, Keck Center of the National Academies of Sciences, Engineering, and Medicine, Washington, DC.



Hofer, S. M. (July, 2018). *Integrative Data Analysis of Longitudinal Studies on Aging and Dementia: Replicating International Research through Coordinated Analysis*. COSMIC consortium meeting, Alzheimer's Association International Conference, Chicago, IL.

Masson, M.E.J. (July, 2018). *Intentions and actions* (Address). Donald O. Hebb Distinguished Contribution Award Address, Annual meeting of the Canadian Society for Brain, Behavior, and Cognitive Science, St. John's, NL.

Zehr, E.P. (July 20, 2018). *An Evening with Batman's Brain*. San Diego International Comic-Con, San Diego, CA.



Cloutier, D., & **Hofer, S.M.** & **Sheets, D.** (August 28, 2018). *The Canadian Longitudinal Study on Aging (CLSA) and the Determinants of Health, Panel Discussion*. University of Victoria, Victoria, BC.



Deckha, M. (September 6, 2018). *Something to Celebrate?" De-listing Dairy in Canada's National Food Guide*. Eggs, Milk and Honey: Law and Global Bio-Commodities, Western Sydney University, Sydney, AU.

Prince, M. (September 11, 2018). *Economic Inclusion through Accessible and Equitable Labour Markets*. ParlAmericas Annual Hemispheric Conference, Victoria, BC

Sheets, D., & **MacDonald, S.** (September 18, 2018). *Voices in Motion: The Power of Music for Caregivers and People with Dementia*. Family Caregivers of BC Webinar, Victoria, BC.

Kuo, A.M.H. (September 18, 2018). *Web-based Database: System Analysis and Design– A Case Study.* Thai Health Professionals, Victoria, BC.







Sheets, D., MacDonald, S., Smith, A., & Howard, M. (September 21, 2018). *Raising Your Voice: The Benefits of an Intergenerational Choir for People with Dementia and their Caregivers.* World Alzheimer's Day, Victoria, BC.

Prince, M. (September 12, 2018). *Government Decision Making & Public Policy*. Canadian Science Policy Fellows, Victoria, BC.

Deckha, M. (September 14, 2018). *Graduate Funding Opportunities and Applications*. Graduate Student Seminar Series, University of Victoria, Victoria, BC.

Zehr, E.P. (September 17, 2018). *Science and the Superhero in You*. Vancouver Public Library, Science Literacy Week, Vancouver, BC.

Zehr, E.P. (September 18, 2018). *Science and the Superhero in You.* University of Victoria, Science Literacy Week, Victoria, BC.

Smith, A. (September 21, 2018). *Voices in Motion: Choir participation and its impact on stigma and social isolation*. Island Health World Alzheimer's Day Event, Victoria, BC.

Mallidou, A.A. (September 29, 2018). *Factors that Influence Quality of Life in Older People*. Hearing Instrument Practitioners Society of BC, , Sidney, BC.

OCTOBER

Stajduhar, K.I. (October, 2018). *Access and Equity in Palliative Care*. Centre for Education and Research on Aging and Health Palliative Care Conference, Thunder Bay, ON.

Stajduhar, K.I. (2018, October). *Achieving equity in palliative care*. CME Island Health, Island Health, Victoria, BC.

Stajduhar, K.I. (2018, October). *Living well until you die*. Wonderful Wednesdays, St. George's Anglican Church, Victoria, BC.



Zehr, E.P. (October 1, 2018). *Superheroes & Senescence: From Batman to Captain American and Beyond.* International Day of Older Persons, Victoria, BC.

Prince, M. (October 3, 2018). *Employment for Neuro-diverse adults*. Sinneave Foundation, University of Calgary, Calgary, AB.

Cloutier, D. (October 11, 2018). *Aging Gracefully: Reflections on Aging, Place and Lifelong Health.* Scotia Wealth Management, Oak Bay Beach Hotel, Victoria, BC.

Prince, M. (October 20, 2018). *Enhancing accessibility by extending application*. Brief on Bill C-81 to the Standing Committee on Human Resources, Skills and Social Development and the Status of Persons with Disabilities, First Session, Forty-second Parliament, House of Commons, Ottawa, ON.

Prince, M. (October 22, 2018). *Electoral Reform in BC*. PROBUS, Victoria, BC.

Cloutier, D. (October 27, 2018). *Aging Gracefully? Reflections on Aging, Place and Lifelong Health*. UVic Speakers Bureau, Cordova Bay United Church-Men's Group, Victoria, BC.



Cloutier, D. (November 1, 2018). *Aging Gracefully: Living a Life of Significance*. United Way and University of Victoria Retirees Association, Victoria, BC.

Liu, S. (November 15, 2018). *Social and digital impact on health*. University of Victoria podcast.

Prince, M. (November 16, 2018). *Child Rights Symposium*. University of Victoria, Victoria, BC.





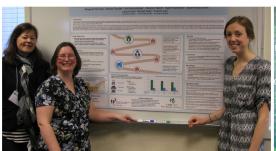
MacDonald, S., Smith, A., & **Sheets, D**. (November 27, 2018). *Voices in Motion: The Benefits of an Intergenerational Choir for People with Dementia and their Caregivers*. Knowledge to Action Day, Island Health, Nanaimo, BC.

DECEMBER

Prince, M. (December 5, 2018). *Indicators regarding disability and employment in Canada*. National Conference on Disability and Work, Ottawa, ON.

Prince, M. (December 6, 2018). *Reforming the Employment Insurance Sickness Benefit*. Standing Committee on Human Resources, Skills and Social Development and the Status of Persons with Disabilities, First Session, Forty-second Pparliament, House of Commons, Ottawa, ON.

Mallidou, A.A. (December 12, 2018). *Dancing: An Activity that Stimulates the Whole Brain, Increases Mood and Makes People Happy.*UVic Speakers Bureau, Breechwood Retirement Living, Victoria, BC.







APPENDIX C

SCHOLARSHIP AND AWARD RECIPIENTS



Best Early Career Abstract

Awarded to: Ryan Rhodes

Presented by: Children and Families Special Interest Group ISBNPA

Building Connections Fund

Awarded to: Alison Macintosh

Presented by: University of Victoria

Donald O. Hebb Distinguished Contribution Award

Awarded to: Michael Masson

Presented by: Canadian Society for Brain, Behavior, and Cognitive Science

Eber Service Award

Awarded to: Scott Hofer

Presented by: Society of Multivariate Experimental Psychology

Fellowship

Awarded to: Denise Cloutier

Presented by: Gerontological Society of America

Fellowship/Distinguished International Affiliate

Awarded to: Ryan Rhodes

Presented by: American Psychological Association (Society for Health Psychology)

Kennedy Y.H. Wong Distinguished Visiting Professorship

Awarded to: Ryan Rhodes

Presented by: Hong-Kong Baptist University

Pathway to Patient Oriented Research Award: Steps towards an evidence-based exercise intervention in patients with multiple sclerosis

Awarded to: Jodie Gawryluk

Presented by: \$20,000 Michael Smith Foundation for Health Research

REACH Award Outstanding Research Scientist of the Year

Awarded to: Ryan Rhodes

Presented by: Office of the Vice-President, Research, University of Victoria

Royal Roads University LLD (hon)

Awarded to: Neena Chappell

Presented by: Royal Roads University

Scholarly Conference & Artistic Performance Travel Grant

Awarded to: Alison Macintosh

Presented by: University of Victoria

Student scholarship recipients

The Institute on Aging & Lifelong Health's students are working to build equity and create opportunities to support their important work, both now and into the future. Recipients of the 2018-2019 scholarship and awards are:

Neena Chappell Scholarship Elaine Gallagher Travel Award

Awarded to: Lisa Ohlhauser Awarded to: Chantel Mayo

Dr. David Chuenyan Lai Scholarship Alice Lou Poy Graduate Scholarship

Awarded to: Shannon Tracey Awarded to: Jordan Ali

Elaine Gallagher Travel Award

Awarded to: Drew Halliday

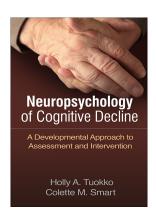
APPENDIX D

PUBLISHED BOOKS

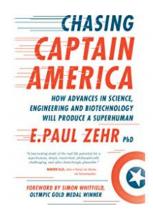




Gaszo, A. & **Kobayashi, K.M.** (2018). *Continuity and Innovation: Canadian families in the new millennium*. Showcases how emerging and leading sociologists of the family explore the contemporary moments and experiences of Canadian families while investigating the past and extrapolating the implications of these moments and experiences for the future. Scarborough, ON: Nelson.



Tuokko, H.A., & **Smart, C.M.** (2018). *Neuropsychology of cognitive decline: A developmental approach to assessment and intervention*. The volume provides guidelines for evaluating and differentiating among normal aging, subjective cognitive decline, mild cognitive impairment, and different types of dementia. It identifies risk and protective factors that may influence an individual's trajectory. New York, NY: Guilford Press.



Zehr, E.P. (2018). Chasing Captain America: How advances in science, engineering, and biotechnology will produce a superhuman. The form and function of the human body, once entirely delimited by nature, are now fluid concepts thanks to recent advances in biomedical science and engineering. Professor, author, and comic book enthusiast E. Paul Zehr uses Marvel's Captain America -an ordinary man turned into an extraordinary hero - thanks to a military science experiment, as an entry-point to this brave new world of science, no longer limited to the realm of fiction. Toronto, ON: ECW Press.

APPENDIX E

PUBLISHED BOOK CHAPTERS



- **Chappell, L.N.,** & **Penning, M.J.** (2018). Health declines in old age, or does it? In P. Albanese, L. Tepperman, & E. Alexander (Eds.), *Reading Sociology* (3rd ed., pp. 166-170). Don Mills, ON: Oxford University Press.
- Gaszo, A. & **Kobayashi, K.M.** (2018). Families as we know and have known them. In A. Gaszo & **K.M. Kobayashi** (Eds.), *Continuity and innovation: Canadian families in the new millennium* (pp. 3-13). Scarborough, ON: Nelson.
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APPENDIX F

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APPENDIX G

CONFERENCE PRESENTATIONS

Type of presentation	Affiliate(s)	Title	Date	Location
Presentation	Chappell, N.	Diversity of Experience in Caring for Family Members with Dementia	January	Arts, Humanities, Social Sciences and Education Conference, Hono- Iulu, HI.
Presentation	Hunter, S., Rosu, A., Hesketh, K., Rhodes, R.E., Rinaldi ,C., Rodg- ers, W., Spence, J.C., & Carson, V.	Associations between the objectively measured environment and toddlers' physical activity and sedentary behaviour in a sample of toddlers	February 11-14	Active Living Research Conference, Banff, AB.
Presentation	Lee, E.Y., Hesketh, K.D., Hunter S., Kuzik N., Rhodes, R.E ., Rinaldi, C.M., Spence, J.C., & Carson, V.	Meeting new Canadian 24-Hour Movement Guidelines for the Early Years and associations with adiposity among toddlers living in Edmonton, Canada	February 11-14	Active Living Research Conference, Banff, AB.
Paper presentation	Hensen, F., McGowan, P., & Khouw	Collaborating With and Involving Community Resources to Address Frailty	March	Fraser Health Public Forum, Surrey, BC.
Poster presentation	Sheets, A., Malone, M., MacDonald, S., Sima, M., Smith, A., Asche, C., Hundza, S., & Young, W.	Ease e-Home Voice Assisted Technologies to Support Persons Living with Dementia and their Care Partners	April 6	15th Annual Geriatric Services Conference, Vancouver, BC.
Poster presentation	Kennedy, M., Sheets, D., MacDonald, S., Smith, A., Asche, C., Sima, C., Gali, B., Malone, M., & Young, W.	Voices in Motion: An International Choir for Older Adults with Dementia and their Caregivers	April 6	15th Annual Geriatric Services Conference, Vancouver, BC.
Presentation	Connell, L., Williams, R.E., Rhodes, R.E., & Emerson, J.	A systematic review and meta-analysis of the outcome expectancy construct in physical activity research	April 11-14	Society of Behavioural Medicine Annual Meeting, New Orleans, LA.
Presentation	Lim, C., & Rhodes, R.E.	Working out with F.I.D.O. (Frequency, Intensity, Duration, & Outcomes) - A feasibility randomized controlled trial	April 11-14	Society of Behavioural Medicine Annual Meeting, New Orleans, LA.

Type of presentation	Affiliate(s)	Title	Date	Location
Presentation	Lim, C., & Rhodes, R.E.	Working out with F.I.D.O. (Frequency, Intensity, Duration, & Outcomes) - A feasibility randomized controlled trial	April 11-14	Society of Behavioural Medicine Annual Meeting, New Orleans, LA.
Presentation	Grant, S., Juba, M., Quinlan, A., & Rhodes, R.E.	Understanding action control of physical activity among mothers with young children	April 11-14	Society of Behavioural Medicine Annual Meeting, New Orleans, LA.
Presentation	Husband, C., & Rhodes, R.E.	Initial validation of a new three phase habit measure in the physical activity domain	April 11-14	Society of Behavioural Medicine Annual Meeting, New Orleans, LA.
Presentation	Lim, C., & Rhodes, R.E.	Working out with F.I.D.O. (Frequency, Intensity, Duration, & Outcomes) - A feasibility randomized controlled trial	April 11-14	the Society of Behavioural Medicine Annual Meeting, New Orleans, LA.
Symposium presentation	Rhodes, R.E.	Bridging the intention- behavior gap in physical activity: A review of evidence from the multi-process action control framework	April 11-14	Society of Behavioural Medicine Annual Meeting, New Orleans, LA.
Podium presentation	Macintosh, A.	The influence of development, energetics, and behaviour on the mechanical competence of the female skeleton	April 11-14	87th Annual Meeting of the American Association of Physical Anthropologists, Austin, TX.
Poster presentation	Macintosh, A.	Testing the feasibility of estimating total body, lean and fat mass from skeletal properties	April 11-14	87th Annual Meeting of the American Association of Physical Anthropologists, Austin, TX.
Poster presentation	Macintosh, A.	Biomechanical signatures of watercraft use in Holocene foragers and modern athletes	April 11-14	87th Annual Meeting of the American Association of Physical Anthropologists, Austin, TX.
Presentation	Rhodes, R.E.	Meet the Experts	April 12	Society of Behavioural Medicine Annual Meeting, New Orleans, LA.
Paper presentation	Penning, M.J. & Wu, Z.	Caregiving: Impact on Marital and Cohabiting Union Stability in Middle and Later Life	April 26	PAA Annual Meeting, Denver, CO.

Type of presentation	Affiliate(s)	Title	Date	Location
Paper presentation	Penning, M.J. & Wu, Z.	Caregiving: Impact on Marital and Cohabiting Union Stability in Middle and Later Life	April 26-28	PAA Annual Meeting, Denver, CO.
Paper presentation	Penning, M.J. & Wu, Z.	Caregiving and Union Stability in Middle and Later Life	May	International Symposium on Population Aging and Policy Responses, University of Victoria, Victoria, BC.
Presentation	Smith, A.	Reducing Antipsychotic Use in Residential Care: Exploring the Role of Organizational Readiness for Change	May 1	International Symposi- um on Population Aging and Policy Responses, Victoria, BC.
Paper presentation	Wang, D., Bub, D. N., & Masson, M. E. J.	Motor intention and action plan switching: How is an action selected?	May 11	Northwest Cognition and Memory conference, Richmond, BC.
Paper presentation	Wang, D., Bub, D. N., & Masson, M. E. J.	Social Cognition & Motor Control	May 11	Northwest Cognition and Memory conference, Richmond, BC.
Presentation	McGowan, P., Lynch, S. & Hen- sen, F.	Role and effectiveness of telephone peer coaching for persons with type 2 diabetes	May 29-31	2018 Annual CAHSPR Conference. Montreal, QC.
Presentation	Lee, E. Y., Kuzik, N., Hunter, S., Predy, M., Hin- kley, T., Rinaldi, C., Spence, J.C., Hesketh, K., & Rhodes, R.E.	Physical activity and sedentary behaviour across three time- points and associations with social skills in early childhood	June 3-6	International Society of Behavioral Nutrition and Physical Activity Annual Meeting, Hong Kong, China.
Presentation	Rhodes, R.E. Gray, S., & Hus- band, C.	Experimental manipulation of affective judgments about physical activity: A systematic review and meta-analysis of adults	June 3-6	International Society of Behavioral Nutrition and Physical Activity Annual Meeting, Hong Kong, China.
Presentation	Rhodes, R.E. Beauchamp, M.R., Blanchard, C.M., Bredin, S.S.D., War- burton, D.E.R. & Maddison, R.	Predictors of Stationary Cycling Exergame Use among Inactive Children in the Family Home	June 3-6	International Society of Behavioral Nutrition and Physical Activity Annual Meeting, Hong Kong, China.
Presentation	McEwan, D., Bennett, E.V., & Rhodes, R.E.	A team within a group': Devel- oping a grounded theory of teamwork in group exercise	June 6-8	the 6th International Conference on Qualitative Research in Sport and Exercise, Vancouver, BC.

Type of presentation	Affiliate(s)	Title	Date	Location
Presentation	Deckha, M.	Reconciliation, Legal Precedent and Animal Advocacy: Harnessing Indigenous legal subjectivities for animals to transform the colonial classification of animals as proper- ty	June 8	Law and Society Association Annual Meeting, UBC, Vancouver, BC.
Paper presentation	Gontcharov, I., Grenier, A., & Kobayashi, K.	Knowledge, Users and Impact in Aging & Technology Research: An Overview of NCE's KMb Policy Framework	June 10-12	2018 Canadian Knowledge Mobilization Forum: Mobilizing Evidence for Human Rights and the Sustainable Development Goals, Winnipeg, MB.
Presentation	Bennett, E., Hurd Clarke, L., Wolf, S. A., Dunlop, W., Harden, S., Liu, Y., Estabrooks, P., Rhodes, R.E, & Beauchamp, M.	Older adults' experiences of group- based physical activity: A qualitative study from the 'GOAL' randomized controlled trial	June 20-23	North American Society for the Psychology of Sport and Physical Activity Annual Conference, Denver, CO.
Presentation	McGowan, P., Lynch, S. & Hensen, F.	Effectiveness and applicability of self-management peer coaching in the continuity of diabetes care	June 22-26	78 th American Diabetes Association Conference. Orlando, FL.
Paper presentation	Sheets, D., MacDonald, S., Smith, A., Kennedy, M., & Sima, C.	Finding Our Forte: The Benefits of a Community Choir for People Living with Dementia and their Care Partners	June 27-28	Thirteenth International Conference on The Arts in Society, Emily Carr Art Institute, Vancouver, BC.
Symposium presentation	Yoneda, T. & Piccinin, A.	Increases in neuroticism in individuals with incident diagnosis of dementia and MCI: Implications of heterogeneity between datasets	July	European Conference of Personality, Zadar, Croatia.
Presentation	McGowan, P.	Feasibility and effectiveness of diabetes peer coaches	July 8-12	12 th International Society of Physical and Rehabilitation Medicine World Congress. Paris, France.
Poster presentation	Bruce, A.	"Mindfulness gets thrown around all the time, but what does it mean in practice?	July 10-13	International Conference on Mind- fulness (ICM), Amster- dam, Netherlands.

Type of presentation	Affiliate(s)	Title	Date	Location
Presentation	Haq, S. & Penning, M.J.	Social determinants of racial disparities in cognitive impairment in later life in Canada	July 15-21	ISA World Congress of Sociology, Toronto, ON.
Paper	Cloutier, D. & Penning, M.J.	Common Pathways and Predictors of the Trajectories of Persons with Dementia through Long-Term Care over Time - a Western Canadian Study	July 25-29	Alzheimer's Disease International Conference, Chicago, IL.
Paper presentation	Gontcharov, I., Grenier, A., & Kobayashi, K.	KMb Innovation in Aging and Technology Research.14th Glob- al Conference on Ageing: To- ward a Decade of Healthy Age- ing: From Evidence to Action	August 8-10	IFA 14 th Global Conference on Ageing, Toronto, ON.
Workshop presentation	Rhodes, R.E.	Grant writing for success	September 11	Hong Kong Baptist University Speaker Series, Hong Kong, China.
Workshop presentation	Rhodes, R.E.	Systematic reviews and meta-analyses	September 13	Hong Kong Baptist University Speaker Series, Hong Kong, China.
Workshop presentation	Rhodes, R.E.	Publishing and scientific writing	September 18	Hong Kong Baptist University Speaker Series, Hong Kong, China.
Seminar presentation	Rhodes, R.E.	Transforming exercise intentions into habits	September 27	Hong Kong Baptist University Speaker Series, Hong Kong, China.
Poster presentation	Grewal, K.S., Sheets, D.S., Smith, A.P., Trites, M., Kennedy, M., Tamburri, C., & MacDonald, S.W.S.	A Community Choir to Facilitate Psychosocial and Cognitive Health for Caregivers and Per- sons with Dementia	September 20-22	Canadian Frailty Network 2018 Na- tional Conference on Frailty, Toronto, ON.
Paper presentation	MacKenzie, P. & Gibson, M.	Integrating Reflective Learning and Professional Identity for Social Work in Health and Social Care- Digital Portfolios in a Graduate Social Work Capstone Course	September	12th International Conference on Practice Teaching and Field Education in Health and Social Work. St. John's College, University of Oxford, Oxford UK.

Type of presentation	Affiliate(s)	Title	Date	Location
Poster presentation	Knight, J. E., Yoneda, T., & Pic- cinin, A.M.	Olfactory Decline is an Early Indicator of Cognitive De- cline	October	AGE-WELL's 4th Annual Conference and AGM, Vancouver, BC.
Seminar presentation	Rhodes, R.E.	Review of evidence from the multi-process action control framework	October 4	Hong Kong Baptist University Speaker Series, Hong Kong, China.
Presentation	McGowan, P., Lynch, S. & Hen- sen, F	Role and effectiveness of peer coaching in the continuity of diabetes care	October 10-13	Diabetes Canada Professional Conference and Annual Meeting. Halifax, NS.
Presentation	Yun, L., Vander- loo, L., Berry, T., Latimer-Cheung, A. E., O'Reilly, N., Rhodes, R. E., Spence, J. C., Tremblay, M. S., Faulkner, G.	Social Climate of Physical Activity in Canada	October 15-17	7th International Society for Physical Activity and Health Congress, London, UK.
Seminar presentation	Rhodes, R.E.	Promoting physical activity across the lifespan and the role of family	October 16	Hong Kong Baptist University Speaker Series, Hong Kong, China.
Paper presentation	Kobayashi, K.M., & Khan, M.M.	Precarity and Immigration in Later Life	October 18-20	47 th Annual Scientific and Educational Meeting of the Canadian Association on Gerontology.
Paper presentation	Gontcharov, I., Grenier, A., & Ko- bayashi, K.	Knowledge Mobilization Infrastructure in Aging and Technology Research: Preliminary Results from an Action-Oriented Study	October 18-20	47 th Annual Scientific and Educational Meeting of the Canadian Association on Gerontology.
Presentation	Sheets, D., Hogan, D., Gallagher, E., Aganeta, H. Toohey, A.	A Tale of Eight Cities: Age- Friendliness, socio- economic inequalities in Age-Friendliness and the health of older people	October 18-20	Canadian Association on Gerontology Annual Meeting, Vancouver, BC.
Presentation	Beach, C. Sheets, D., MacDonald, S., Hundza, S., & Mitz, A.	Technologies in Assisted Living: What can we ac- complish today and in the future?	October 18-20	Canadian Association on Gerontology Annual Meeting, Vancouver, BC.
Presentation	Sheets, D., Mac- Donald, S., & Smith, A.	Voice-assisted technologies to support people living with dementia and their care partners	October 18-20	Canadian Association on Gerontology Annual Meeting, Vancouver, BC.

Type of presentation	Affiliate(s)	Title	Date	Location
Presentation	Sheets, D., MacDonald, S., Smith, A., Kennedy, M., & Phinney, A.	Focusing on Forte: The Benefits of a Community-based Choir for People Living with Dementia and their Care Partners	October 18-20	Canadian Association on Gerontology Annual Meeting, Vancouver, BC.
Paper presentation	Gontcharov, I., Grenier, A., & Kobayashi, K.	KMb Innovation in Aging and Technology Research: Preliminary Results from an Action-Oriented Study	October 18-20	AGE-WELL 2018 Conference, Vancouver, BC.
Paper presentation	Wu, Z., Penning, M.J. & Browning, S.	Age Discrimination in Middle and Later Life: Implications for Mental Health and Life Satisfaction	October 18-20	Canadian Association on Gerontology Annual Meeting, Vancouver, BC.
Paper presentation	Rush, J., Rast, P., & Hofer, S.M.	Short-term within-person associations as predictors of long-term changes in psychological well-being: Findings from measurement burst data	October 18-20	Canadian Association on Gerontology Annual Meeting, Vancouver, BC.
Paper presentation	Penning, M.J., Wu, Z., & Browning, S.	Age, Gender and Racial Discrimination: The Implications of Intersecting Inequalities for Mental Health and Life Satisfaction in Middle and Later Life	October 18-20	Canadian Association on Gerontology Annual Meeting, Vancouver, BC.
Poster presentation	Haq, S. & Penning, M.J.	Racial Minority Status and Older Adults' Access to and Satisfaction with Health Services in Canada	October 18-20	Canadian Association on Gerontology Annual Meeting, Vancouver, BC.
Poster presentation	Browning, S. & Penning, M.J.	Social Location and Health Outcomes among Caregivers	October 18-20	Canadian Association on Gerontology Annual Meeting, Vancouver, BC.
Paper presentation	Kennedy, M., Sheets, D., MacDonald, S., & Smith, A.	Raising our voices together: Effects of high school student participation in an intergenerational choir for people with dementia	October 19	47th Annual Scientific and Educational Meeting of the Canadian Association on Gerontology, Vancouver, BC.
Paper presentation	MacDonald, S.W.S., Sheets, D.S., Smith, A.P., Trites, M., Kennedy, M., & Tamburri, C.	Evaluating the impact of a social intervention on psychological outcomes for people with dementia	October 19	47th Annual Scientific and Educational Meeting of the Canadian Association on Gerontology, Vancouver, BC.

Type of presentation	Affiliate(s)	Title	Date	Location
Presentation	Cloutier, D.S., & Kobayashi, K.	A Cup Half-Full: Using an Asset -Based Community Development (ABCD) Approach to Support Healthy Aging for Older Adults in Rural Communities in Western Canada	October 19	Canadian Association on Gerontology Annual Meeting, Vancouver, BC.
Presentation	Smith, A., Kurucz, S., Dawkes, A., Kampen, R., & Erb, T.	The role of organizational culture in reducing antipsychotic drug use in residential care	October 19	47th Annual Scientific and Educational Meeting of the Canadian Association of Gerontology, Vancouver, BC.
Paper presentation	Smith, A., Sheets, D., MacDonald, S., & Kennedy, M.	Using social network analysis to assess the benefits of social relationships in an intergenerational dementia choir	October 19	47th Annual Scientific and Educational Meeting of the Canadian Asso- ciation of Gerontology, Vancouver, BC.
Paper presentation	Sheets, D., MacDonald, S., Smith, A., Kennedy, M., Asche, C., & Sima, C.	On a high note: supporting quality of life and well-being through participation in an intergenerational dementia choir	October 19	47th Annual Scientific and Educational Meeting of the Canadian Association of Gerontology, Vancouver, BC.
Podium presentation	Macintosh, A.	Selective sacrifice of reproductive tissues under ultramarathon related energetic stress: The adaptive significance of variation in lean and fat mass among men and women	October 31- November 3	46th Annual Meeting of the Canadian Association for Physical Anthropology Symposium, London, ON.
Poster presentation	Macintosh, A.	Diaphyseal strength indices and the interpretation of terrestrial and marine mobility among foragers	October 31- November 3	46th Annual Meeting of the Canadian Association for Physical Anthropology Symposium.
Paper presentation	Rush J., Rast, P., Hofer, S.M., & Diehl, M.	Long-term increases in daily stress reactivity predicts lower well-being: Findings from DAISI measurement burst data	November	Gerontological Society of America Annual Scientific Meeting, Boston, MA.

Type of presentation	Affiliate(s)	Title	Date	Location
Poster presentation	Lewis, N., Yoneda, T., Knight, J., DeVito, A., Muniz Terrera, G., & Hofer, S.M.	Access to Cognitive Resources in Early Life and Transitions Across Cognitive States in Middle and Older Adulthood	November	Gerontological Society of America Annual Scientific Meeting, Boston, MA.
Paper presentation	Hofer, S.M.	On the Interdependence of Aging-Related Changes in Physical and Cognitive Functioning: Design and Analysis Issues	November	Gerontological Society of America Annual Scientific Meeting, Boston, MA.
Symposium presentation	Yoneda, T. & Piccinin, A.	A Coordinated Analysis Examining Personality Change in Older Adults: Consistent Results despite Heterogeneity Between Datasets	November	Gerontological Society of America Annual Scientific Meeting, Boston, MA.
Symposium presentation	Yoneda, T., Graham, E. K., Lewis, N. A., Johansson, B. & Piccinin, A.	Covariation Between Change in Neuroticism and Change in Cognitive Functioning	November	Gerontological Society of America Annual Scientific Meeting, Boston, MA.
Symposium presentation	Yoneda, T., Graham, E. K., Lewis, N. A., Johansson, B. & Piccinin, A.	Covariation Between Change in Neuroticism and Change in Cognitive Functioning	November	Gerontological Society of America Annual Scientific Meeting, Boston, MA.
Poster presentation	Knight, J. E., Yoneda, T., & Piccinin, A. M.	Systematic Review of NIRS Studies in Human Orthonasal Olfaction	November	Gerontological Society of America Annual Scientific Meeting, Boston, MA.
Paper presentation	Kobayashi, K.M., & Khan, M.M.	The Precarious Lives of Immigrant Older Adults	November 13-18	Gerontological Society of America Meetings, Boston, MA.
Presentation	Sheets, D., MacDonald, S., Johnson, J., & Kivnick, H	Note-Worthy: Exploring the Impact of an Intergenerational Choir on Persons with Dementia and Their Caregivers	November 14-18	Gerontological Society of America, Boston, MA.
Poster presentation	Browning, S. & Penning, M.J.	Family Caregiver Health in Canada and the United States: Are there Differences in the Stress Process?	November 14-18	Annual Meetings of the Gerontological Society of America, Boston, MA.
Poster presentation	Penning, M.J. & Wu, Z.	Children and the Mental Health of Older Adults in Chi- na: What Matters?	November 14-18	Annual Meetings of the Gerontological Society of America, Boston, MA.

Type of presentation	Affiliate(s)	Title	Date	Location
Presentation	Nathoo, F. S., Kilshaw, R. E., & Masson, M.E.J.	A Bayesian alternative to within-subject confidence intervals	November 16	Annual meeting of the Psychonomic Society, New Orleans, LA.
Presentation	Teskey, M., Bub, D. N., & Masson, M.E.J.	Tactile perception during reach-and grasp action observation	November 16	Annual meeting of the Psychonomic Society, New Orleans, LA.
Presentation	Teskey, M., Bub, D. N., & Masson, M.E.J.	Tactile perception during reach-and-grasp action observation	November 16	Northwest Cognition and Memory conference, Richmond, BC.
Presentation	Rhodes, R.E.	Individual level promotion of regular physical activity among older adults: An overview of current evidence	November 19-22	Consensus Conference on Physical Activity and Ageing, Helsinore, Denmark.
Paper presentation	Smith, A., & MacDonald, S.	Finding our forte: The benefits of an intergenerational choir for people living with dementia and their caregivers	November 27	the Island Health "Healthy Ageing: Evidence-Informed Care for Seniors in Any Setting" Conference, Nanaimo, BC.