

2021-2022 IALH Student Awards

UVic Retirees Association Award - \$1060
For students whose research is focused on individuals
55 years of age and older

Cindy McDowell (Masters student, Psychology)
Project Title: *Risk and Protective Factors for Healthy Aging:
A Departure from the Traditional Successful Aging Framework*



**Ferguson Graduate Research Award in
Digital Health - \$10,000**
For graduate students whose research is in the area of
digital health innovation and application

Heather Hollman (PhD student, Exercise Science,
Physical and Health Education)
Project Title: *Physical activity promotion tailored to postpartum women
with lumbopelvic pain*



Neena Chappell Scholarship - \$1200
For graduate students conducting research on aging

Ashleigh Parker (PhD student, Psychology)
Project Title: *Earlier detection of Alzheimer's disease:
Investigating brain-based changes in older adults with subjective
cognitive decline.*



**PBC Health Benefits Society Scholarship in Lifelong
Health - \$15,000**
For graduate students whose research is looking at innovations in
digital health, well-being and/or cognitive health

Aleah Ross (Masters student, Exercise Science, Physical
and Health Education)

Project Title: *A Feasibility Study Evaluating an Online Physical Activity
Intervention for Young Adults with Mild to Moderate Major Depressive
Disorder Engaged in Community Primary Clinical Care Treatment*



Dr. David Chuenyan Lai Scholarship - \$900
For graduate students conducting research on aging whose
supervisor is also affiliated with IALH

Audrey Tung (PhD student, Geography)
Project Title: *A Room of One's Own: Holding Space for
Under-housed and Overlooked Realities*



Alice Lou-Poy Graduate Scholarship - \$850
For students conducting research on Alzheimer's disease or
another form of dementia

Sasha Zinovich (Masters student, Sociology)
Project Title: *Dementia and Medical Assistance in Dying in Canada:
A Qualitative Critical Discourse Analysis*

