JOB TITLE: HEAL3 - FitConnect Coordinator

DEPARTMENT NAME: Student Health Services

CONTACT NAME: Rob Crisp

JOB DESCRIPTION:

The FitConnect Coordinator will support program participants with mild to moderate depression or anxiety in setting physical activity goals and physical activity plans according to individual needs and interests, offering periodic program monitoring and development.

Roles and Responsibilities:

- Conducts intake interviews with program participants referred through Health and Counselling Services
- Provides orientation to University Health Services and to the Centre for Athletics, Recreation and Special Abilities (CARSA)
- Personal training services for participants
- Matching participants and volunteers to share workouts
- Gets to know participants as well as program volunteers supporting them in their activities
- Coordinates training schedules
- Participates in ongoing program assessment, making program planning intentional and responsive to student needs
- Writes and presents a brief program report for counselling, health and recreation professionals, summarizing program development and outcomes.

QUALIFICATIONS:

- Personal training certification – one of BCRPA PT, Can-Fit-Pro, CSEP, NSCA, ACE or equivalent
- Current First Aid and CPR C
- Strong interpersonal skills
- Sensitivity to and awareness of mental health issues and the needs of a diverse student body
- Passion for health and wellness
- Empathy and compassion
- Strong organizational skills
- Ability to work independently and collaboratively
- Reliability, accountability, and professionalism
- Superior communication skills. Communication must be clear and prompt, demonstrating tact and integrity at all times.

Applicants must be eligible for Work Study Program
For details go to: http://www.uvic.ca/registrar/safa/work-study/index.php
JOB LOCATION ON-CAMPUS: Student Health Services

WORK STUDY WAGE: $13.50/hour (including 4% vacation pay)

DEPARTMENT TOP UP: $8/hr top up

HOURS AVAILABLE: 170

HOW TO APPLY:

Email resume and cover letter to healthdir@uvic.ca

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