JOBS TITLE: HEAL3 - FitConnect Coordinator

DEPARTMENT NAME: Student Health Services

CONTACT NAME: Rob Crisp

JOB DESCRIPTION:

The FitConnect Coordinator will support program participants with mild to moderate depression or anxiety in setting physical activity goals and physical activity plans according to individual needs and interests, offering periodic program monitoring and development.

Roles and Responsibilities:

Conducts intake interviews with program participants referred through Health and Counselling Services
Provides orientation to University Health Services and to the Centre for Athletics, Recreation and Special Abilities (CARSA)
Personal training services for participants
Matching participants and volunteers to share workouts
Gets to know participants as well as program volunteers supporting them in their activities
Coordinates training schedules
Participates in ongoing program assessment, making program planning intentional and responsive to student needs
Writes and presents a brief program report for counselling, health and recreation professionals, summarizing program development and outcomes.

QUALIFICATIONS:

Personal training certification – one of BCRPA PT, Can-Fit-Pro, CSEP, NSCA, ACE or equivalent
Current First Aid and CPR C
Strong interpersonal skills
Sensitivity to and awareness of mental health issues and the needs of a diverse student body
Passion for health and wellness
Empathy and compassion
Strong organizational skills
Ability to work independently and collaboratively
Reliability, accountability, and professionalism
Superior communication skills. Communication must be clear and prompt, demonstrating tact and integrity at all times.

Applicants must be eligible for Work Study Program
For details go to: http://www.uvic.ca/registrar/safa/work-study/index.php
JOB LOCATION ON-CAMPUS:       Student Health Services  
WORK STUDY WAGE:              $13.50/hour (including 4% vacation pay)  
DEPARTMENT TOP UP:             $ 8/hr top up  
HOURS AVAILABLE:              78  
HOW TO APPLY:  
Email resume and cover letter to healthdir@uvic.ca