

10:36:29 So really what I wanted to do today was tell you a little bit about who the faculty graduate studies is what our role is and how we can help support you in your programs.

10:36:37 So I've got about 15 minutes to talk planned and after that we can take some questions and I think we're going to go over to Kyla to talk about the GSS side of how they can help to support you as well.

10:36:48 So if you have any questions maybe put them in the chat Jenna will keep track of them and then we.

10:36:55 After I finished.

10:37:01 Okay.

10:37:03 Okay, so, um, I want to talk, broadly speaking, what what we call that the students supervisor relationship as as you're probably aware your, your graduate program is quite a bit different than your undergrad program and that many of you, depending on

10:37:16 your program will be working quite closely with a particular supervisor.

10:37:21 It says Steve Evans is the acting Dean here this is a presentation that Steve used last year, I'm covering for him today and I've updated this a bit with some additional information to as we go through.

10:37:31 So, a lot of grad students aren't aware that when they come here to start a degree they're actually not just in their home unit. They are also a member of the faculty graduate studies, and that UVic we have a large list as you can see here on the left

10:37:44 of everyone from business education all the way down to sciences, and these these are the various units that make up the faculty of Graduate Studies, but you may also be within another division as well so when I talk about grad studies that sort of supersedes

10:37:58 all of these different groups, and I'll probably just refer to it as FGS for faculty graduate studies.

10:38:05 So I mentioned the Steve is the acting Dean of grad studies we've just had a new dean appointed Robin Hicks from chemistry is going to become a new dean, as of July 1 but Steve's been in the role for the last year, and I show you this not because I'm particularly

10:38:18 fond of org charts, either. In fact, I don't really like org charts at all but I want to give you some names to put with some faces. So you can see that I'm here John our Associate Dean, we have two others Cedric Littlewood and Jennifer White, and the

10:38:32 reason there's three of us is that there's about all maybe almost 8000 grad students on campus. And each of us, we've divided up those faculties I just showed you into three groups, and each of us handles any issues that arise within those particular

10:38:45 faculties. So in my case, if you are going to come to see me it's probably because you're in the Faculty of Engineering, or in one of the units from social sciences.

10:38:54 So those are the two faculties that I look after. And then the others are divided up between Cedric and Jennifer.

10:39:00 We also have a few other people that you may interact with depending on what you're looking for from FGS, we have scholarships and awards office. The program clerks out front field meet to can help you with anything related to forums and policies and

10:39:22 around your program. And we also do some work around it research communications as well. So, within your departments, you're going to find that you've got a chair, and the chair of your unit is responsible for all of the typical day to day operations

10:39:30 of the departments, and a lot of cases that chair has very little to do with the day to day running of the actual graduate program that falls to the graduate advisor.

10:39:39 So each of your units depending on what department you're in, you will have someone a regular faculty member whose job it is as the grad advisor to direct the graduate program on a day to day basis.

10:39:49 They actually have a voice and get to vote on behalf of your department at the faculty grad studies Council, which oversees developments and new policies and things like that in the county in FGS.

10:40:00 And if you need to communicate to FGS typically that starts by going to your graduate advisor and I'll say a little more about that in a bit.

10:40:09 You also have a graduate secretary in each unit and the job of that Secretary, is that they keep track of everything related to the individual programs of all the students in your graduate in your inner department.

10:40:20 So of the people on this list I would say the most important is by far, your graduate secretary. If something comes up and you don't know how to do something or where I find something or what comes next.

10:40:31 Don't go to the department chair, they probably won't know the answer. The Graduate Secretary almost certainly will. And they're great at pointing you in the right direction if you need additional help, probably to the grad advisor next.

10:40:42 So if you haven't already met your grad secretary, make, make it a point to do so. Introduce yourself, email, what have you, when you get a chance in September hopefully back face to face stop by, get to know the grad Secretary they can really help make

10:40:56 things go a lot more smoothly when he has come up.

10:41:00 So I've said that your experience as a grad student will be very different from that as an undergrad, and one of the main ways, is that as a student in the faculty grad studies, you're going to have to have a supervisor and a supervisory committee and

10:41:14 faculty grad studies requires that all grad students regardless of what unit you're in, you'll have a primary supervisor. Now if you're in, while I'm in biology, as I said, for example, in my, in my unit all the students come and work with individual

10:41:27 faculty members on a research project. And so they have an individual primary supervisor. If you happen to be in a course based master's program for example and you're part of a larger cohort that supervisor may end up being the graduate advisor in the

10:41:41 unit but regardless of who it is. You do have a graduate or you do have a supervisor, that can help you with any issues that arise within your program, and their job was also see that all the bits and pieces of your program or taking care of the courses

10:41:53 that you need to take committee meetings that sort of thing.

10:41:57 Beyond that, you'll have a supervisory committee and that'll include a supervisor co supervisors, maybe people from outside your departments.

10:42:05 In some cases we have committee members that help supervise our grad students and they're not part of you that at all. So again, using my own lab as an example I have eight grad students right now and almost all of them have at least one committee member

10:42:16 from the Department of Fisheries and Oceans because we do a lot of oceanographic research. They have a lot of expertise outside of you that can help our students, and so depending on your project you may find that you want to have somebody from outside

10:42:28 the university helping as well.

10:42:31 And a key point here is that this is your committee they're there to help you with your program. And so you should feel free to consult them when you need any support.

10:42:40 I think a lot of times students feel that I should really only be talking to my supervisor, I should get their, their.

10:42:58 If people are on your committee it's because they have expertise to contribute and so you should feel free to consult them. in addition to meeting with your, your supervisor.

10:43:03 So this is kind of boring but just for the record, a little bit about the committee's that you're going to need to put together. Ideally, we'd like to see you as a grad student put your supervisory committee together within, within the first term but

10:43:15 certainly by the end of your second term you should know who's going to be supervising your program.

10:43:21 I'll actually start at the lower part of the screen first and talk about the master students. So depending on the unit that you're in, we require that you have at least two or two faculty members on your committee to supervise some units may require three

10:43:33 I know in my home unit it's at least three on the Masters committee.

10:43:37 And in the normal circumstance the primary supervisor is going to be someone from the unit that you're in. So if you are in law, your primary supervisor must be from law, if you're from sociology, they've got to be in sociology.

10:43:50 The second committee member can either be a co supervisor or just another member, and they can be from your home unit but there's no reason they can't be from another unit.

10:43:59 So again, my own example, a lot of the people on my biology grad students committees are from Earth and Ocean Sciences are sometimes from geography, because depending on the project the student is working on that may make more sense for doctoral students

10:44:12 the committee has to be slightly larger at least three members so again you've got a supervisor from your home units, and that's probably something that you already know and have an interaction with before you've gotten here I would think another committee

10:44:23 member that the main difference is that you have to have at least one person on your PhD committee, who's outside your home unit. So if you're in English, you can have a committee made up entirely a faculty members from the English department, you're

10:44:36 going to need to get at least one of them to be from somewhere else. And we do that in part because we think it provides different perspectives on graduate education and how research programs can be run.

10:44:46 So it's in your interest to find someone who's related to work but probably not from the same unit to serve in that role.

10:44:53 So within the first couple of weeks of you starting your program, and I presume since you're here today that means you're starting in May. There's a couple of key documents that I'm going to suggest that you if you haven't gotten already please find them

10:45:05 and ask for them, maybe from the grad secretary in your unit and take a look through them. The first is our graduate students are FGS grad supervision policy and policy documents, our own dry and boring, I will freely admit that this one's about 30 pages

10:45:21 long, but you should read it because it's, it explains everyone's roles and responsibilities in the relationship here, so your supervisors roll your committees role, your role.

10:45:32 Also the rights and responsibilities of everybody in that relationship and I'll just say a few words about that in a moment.

10:45:39 The next one is to look for your departments graduate Handbook, so few years back we require that all units come up with a department specific graduate handbook for how we should get through the graduate program and that whatever that department happens

10:45:52 to be. And they all have some key elements that are the same, but depending on the program, they're also tailored to the needs of a particular program so the ones that engineering may differ from the ones that I see in child and youth care or in nursing.

10:46:05 But they all are meant to serve the needs of the student in that unit.

10:46:09 Typically you can find this on your department's website. If you don't see it there. Where you going to go grab Secretary your first stop, and they will send you a copy to take a look throughout this as well.

10:46:21 When I mentioned the idea of the graduate students supervision policy and that it really describes everyone's roles and responsibilities, just a couple of things that to think about, you're going to have committee meetings with your supervisor and the

10:46:31 rest of the committee. People sometimes wonder well how much am I going to interact with these people. And we've got a couple of guidelines in that policy so for example, you should expect to meet with your supervisor, probably at least twice a term that

10:46:44 depends on what unit you're in again in my own unit I meet every week with each of my grad students because of the kind of work we do, we tend to keep in touch, quite a bit more other units twice a semester requests a term is probably enough FGS also

10:46:58 requires that each grad student get at least one full committee meeting with all members of the committee, at least once a year, but it doesn't need to be once a year, it can be twice a year depending on the needs of your particular program.

10:47:09 And in terms of providing support for the work that you're going to do, you're going to be writing papers, a thesis or dissertation a project depending on your program, the people on your committee are there to help provide feedback on that and you should

10:47:20 expect to be able to get feedback within a reasonable time. So these are the kinds of things we cover that policy and I, that's why I would encourage you to to take a look and to read it.

10:47:31 Okay, so I just want to wrap up by showing you a few of the other things that we have on campus to support you right now a lot of these of course are going to be virtual supports, but certainly hopefully by September, You can make use of some of these

10:47:42 in a little more interactive fashion. So I've got the student here at the center of this diagram and I've already talked about the various bodies and people that are in the blue boxes here so the grad policy the deans grad advisors heads of units all

10:47:54 that stuff. But there's a lot of other groups on campus that I would encourage you to at least know that they're there and that they can provide support should you need it.

10:48:05 So on the left here I'll just go around the circle and the green boxes here, we've got the Center for Accessible learning that can help if you have any particular challenges that you may need particular accommodations for extra time in writing papers

10:48:15 or extra time or extra resources in terms of doing research contact The Center for Learning accessible learning, we call them Cal, and they can help you with that.

10:48:24 We have University Health services on campus and I think maybe we're going to hear a little more about that from Kyla.

10:48:30 We also have counseling services, very important to know about the that counseling services free of charge available to any of you.

10:48:37 We also have an equity and Human Rights Office the EQ HR should any of those sorts of issues arise campus security around for you never know when you might need Campus Security maybe you have to walk to the back corner of a dark parking lot on a Friday

10:48:51 night you don't feel like you want to do that on your own called Campus Security though, they'll come with you. So they are there to help out as well.

10:48:58 If you are an international student we have a whole range of offices that come under the umbrella of ISS the International Student Services. And that's generally where we point you if you have questions around anything related to immigration policies

10:49:10 and how that might affect your ability to work study in Canada. So be aware of those two.

10:49:15 But then you're here as a student and so it's also important to realize that there's a lot of other groups on campus that are student base themselves, and I'll read most of this for Kyla to talk about but but there are various student groups interest

10:49:26 groups clubs that you may want to join. I will say know more about the grad students society, other than the fact that they're great. We work with them a lot and faculty the grad studies, I was part of them when I was a student here so you should get

10:49:38 involved over there if you can, your peers within your unit there's going to be grad students that are there 1234 more years ahead of you. And they'll have all already learned a lot about how the department works how things normally get done.

10:49:52 So, make it a point to try to meet some of the other students in your program as well friends and colleagues, and it's a good way to find out just how the things work here in my unit.

10:50:01 And finally outside of all of those services we still also have one more we have an office for the ombudsperson. And I'm not sure how many of you familiar with the idea of anonymous person but the role of this offices to more or less be independent divided

10:50:23 And so in any particular circumstances where something comes up that you don't know how to solve a particular problem, the Office of the ombudsperson is there to help as well.

10:50:31 So I hope I've just really wanted to put a face to it at least my name and tell you a bit about FGS and the various things that we can do, but also just to introduce the idea that there is a lot of support for you to get through your program and that

10:50:43 we are all in fact here to help. And that we do actually care.

10:50:47 So with that I will stop sharing my screen and Kyla if we are sorry not caught it will go back to, Jenna. Do we want to take a few questions if there's any now or move on to this presentation.

10:51:02 We've got some time so if if anyone has any questions, pop it in the chat room because it's a relatively small group today if you want to unmute yourself and ask your questions, feel free to do so.

10:51:13 Sure. I'm fine either way.

10:51:25 Just another word about this idea of, I don't want to put too much emphasis on months on solving problems and problems that arise in the students supervisory relationship but I just wanted to say that.

10:51:36 I guess it does happen sometimes you and your supervisor may disagree about things and hopefully you can sort that out with your supervisor your committee.

10:51:43 But one of the things I guess I didn't mention is that if things still aren't sorted.

10:51:48 Next place to stop is probably your departments grad advisor. And part of their job is to help mediate any issues that show up within the unit between faculty members and with committees and supervisors.

10:52:00 And at that point, if that's still an issue that can't be resolved at the unit level, you can talk to your department chair, or you can come straight to us in the faculty graduate studies and just find out which of the associate Dean's represent your

10:52:10 area, you can email me phone me, and if you don't know who to call just call the main number at FGS and generally we try to get back to individual students to set up meetings within 24 hours, so you should not hesitate to call.

10:52:23 We only exist because we're kind of here to help, and try and sort things out. 99% of students are going to sail for their programs at any of these sorts of issues, but in that 1% of situations where it arrived so we're there to help.

10:52:38 So if there's any questions about FGS in general or about committees or any of the policies or things I've mentioned, you can ask them now.

10:52:48 And if not, I guess, maybe you as Kyla as you go through your slides some other questions may come up to the related we can take questions after that as well.

10:52:59 I'll explain.

10:52:59 Okay. So, I'm going to just do a soft launch into my thing in case anybody is taking any questions or need some time to think about them.

10:53:08 So the Hello everybody, my name is Kyla, I am the director of the GSS, I will start a PowerPoint slide in a moment, but I did want to make a comment on John's presentation as well.

10:53:31 Part of my job at the GSS is to be an advocate for grad students.

10:53:25 So I hope that everybody's takeaway from today is that john is an incredibly welcoming approachable person and that nobody needs to be scared about our keys and power structures at the university, always go directly to your Associate Dean if you need

10:53:41 some assistance. However, I know that that does sometimes get intimidating.

10:53:47 Again john is wonderful and very welcoming and very supportive and he is here to help, but if you do feel like you want some assistance, attending any meetings with anybody that john has mentioned, you can always reach out to me at the je ss, I will stick

10:54:00 my email in the chat, as well. and I'm happy to attend meetings with you, going to the ombudsperson going to Cal, whoever you need. I can definitely step in and just be that additional support walk alongside you as you're trying to sort out problems.

10:54:18 And this is that I'm going to just slow my speech down and see if there's any questions.

10:54:24 But I'm not hearing too many.

10:54:26 I think the other thing I wanted to note from John's presentation is when he says to your grad secretaries are amazing human beings who know the your program inside note, he means it my own experience as a grad student at the University of Toronto, our

10:54:41 country was named grace. I don't know who. How many people here will know much about Elvis but he owned a location called Graceland and grace actually kept the bust of Elvis in her office to indicate that the entire department was in fact Graceland.

10:54:55 So that is the level of power your grand secretaries to have their wonderful human beings who are always there to help you as well.

10:55:03 And if there are no questions I'm going to launch my share screen and get shot at you for a little bit.

10:55:09 So, hello everybody again my name is Kyla, and you will see me around campus sometimes, as well as oh sorry I'm just noticing. Tyler, the transcripts transcripts loves me.

10:55:22 So the GSS is here for several purposes, and I'm just going to watch straight into it. So I'm a slide here you'll see it, the shortened version of the four main purposes in our Constitution.

10:55:52 So the GSS is a separate legal entity from UVic, we are, we work very closely with them but we are our own organization with a constitution that have bylaws, our purposes are theirs for but I like to divide them into.

10:55:55 The first is to make sure that there is meaningful and really timely consultation with grad students on campus, and making sure that your voices are heard and represented throughout the university and throughout the province sometimes we do have to talk

10:56:10 to our provincial of bodies as well when it comes to things like funding. The other thing we are here to do is make sure that you are supported in your grad program through activities and ensure you get to take some breaks breaks are important, please

10:56:24 take your brakes and provide some services to members.

10:56:28 So I'm just going to launch into talking a little bit about our services so you'll see it listed on the screen again.

10:56:34 The two services, we're going to talk about today are the you pass, and the health and dental program, as I'm sure you guys can imagine some of the services we've offered has been altered decoded, you'll see that the conference travel grants is now the

10:56:50 online conference grant for obvious reasons for your people are traveling these days. There's also been some changes to our department grants. However, Jenna if I can get you to put the link for the department grants in the chat.

10:57:01 If you're interested in what the changes are you can check out the website that will now be in the chat.

10:57:07 Yeah, the thing that is having some significant changes is our physical space.

10:57:11 We do have a center, I'll show you here.

10:57:16 Helping Center. This is where it's located on campus we are close to the bustling and right across the street from security.

10:57:23 Most years, we are open to the public, and you can book a room if you need to have a meeting if you need to have some static space that's quiet.

10:57:33 Unfortunately, this year we are close to the public, I am working from home today so there's no one in the office to welcome you.

10:57:39 The other thing that we typically offer at the conference center is the Grindhouse restaurant I'm a side project cafe.

10:57:45 Those did have to close in March 2022 to cope at 19. And one of the things that would love to see you guys get involved with is over the summer and probably throughout the fall will be making some choices about what to do with those two services, after

10:57:59 the event is over, as we're trying to make sure that we stay on top of what grad students need and make sure that we're spending your money in the right way since there are some fees associated with a grad student society.

10:58:13 So, this is my pitch for getting involved, there will be some opportunities to boats including on more than likely referendum regarding the grad house and side project cafe, and I strongly encourage everybody to vote.

10:58:26 If you are looking to get involved. Other ways you can always stand for election serve on committees, so we do elect people to committees like hiring committees for upper level faculties and this would be for things like the new and Dina grad studies.

10:58:42 We did have representatives on that hiring committee, as well as other committees like theme make transit work committee.

10:58:50 And there's a new suicide prevention committee that we have just elected someone to the next set of elections for us it's going to be for the grad representative Council.

10:58:59 So at the GSS there are three different groups that provide our governance or our oversight. The first is our broader membership so when we engage you guys in referendums, and in elections because all have both strongly encourage you to use your voice.

10:59:16 The next is the council, and then the executive board so the executive board or five people who are my partners initiated the GSS works every year we did just select our new board, and March and we ended those elections in April, so we do have a full

10:59:33 On March, and the end of those elections in April, so we do have a full board. However, the grad representative Council is always looking for new members, and they will host their elections in September.

10:59:48 So if any of you guys will be continuing and you're looking to get involved with the GFS running for a grad rec seat on gr C or Graduate Council is a great way to do it.

10:59:52 They meet monthly.

10:59:54 The elections are held by your home academic unit. So unfortunately, GFS at the current time doesn't have any control over the elections. But if you are say in the active French.

11:00:07 You can check out the faculty area department's website and check in with your academic unit associations if you have one there are few associations on campus, to see how you can stand for election, at two years, and I'm always happy to take questions

11:00:24 about that keep us moving right along. The other way we would love to hear from you is to make sure that you stay connected. What are the things you can do is sign up for Ebola attention if I can get you to put that link in the chat, the site but I'm

11:00:39 going to send you to looks very weird. I apologize for that.

11:01:01 But it is how we sign up for it via bi weekly bulletin where we send out news to you guys.

11:00:51 Now because we are a separate legal entity from you. We don't send things directly to your email address through you back on a regular basis, it is an opt in system so unless you tell us but we can email you, we don't get to send you our Ebola, please

11:01:07 consider signing up for it, you'll find out all sorts of wonderful things we try to post funding opportunities on campus, things that are going on we post information coming out from grad students so if you're really excited to share your research, there's

11:01:20 always opportunities to write about yourself. That's going to do some amazing work in grad school write about it, it's really cool, but also skill building to learn how to present your work.

11:01:33 Okay, so let's start talking about our specific services. So as I mentioned before to most active services are the universal bus pass, aka the center health and dental program.

11:01:44 So the passes available for students to get around the tray regions through transit so you can take any of us anywhere you'd like anytime of day as many times as you like.

11:01:55 It is tied to university one card so there's actually a mag strip will allow you to swipe you can just get on the bus. Your you pass does need to be activated at a kiosk.

11:02:08 That is, in what was previously, the University Center now the Jamie can sell center or in the sub, and it needs to be activated once per term. This may be changing in future, but will give you updates when we know a bit more about what will change about

11:02:17 the one card.

11:02:19 So who is registered for the bus pass. If you are registered on campus for any courses of one point O units or more, you'll be automatically assessed for the pass and it will appear in your tuition account as you see it on the screen right now.

11:02:36 One thing I want to stress here is that this means that if your registration status is our campus regardless of how your instruction actually occurs, you will be assessed for the pass.

11:02:49 This is created a few problems for students who live outside of the Bay Area, especially people who live outside of DC and outside of Canada this year.

11:02:57 If you haven't arrived in Victoria, and you are registered on campus, please do make sure that you update your registration status to say off campus, and if there isn't an option for that.

11:03:07 Talk to your God Secretary system should be an option to take any course distance this year.

11:03:13 It will just make a lot of the fees, reflect more accurately what you're actually doing with your time unfortunately you big tuition accounts are not magic they can't tell if you are registered in on campus class and taking it off campus.

11:03:31 So, for the past, if you are looking to remove your you pass. The first thing we'd recommend doing is if you live outside of Victoria and you've been assessed for the past, check your registration status.

11:03:43 If you are looking to get rid of it.

11:03:45 You can download the form, Jenna will put a link in the chat here for the forms, please do download that form as it won't save your answers if you don't say the form itself, and send it into it, she SS office at you picked up to you before May 31.

11:04:04 I'll show you a slide of some other reasons to opt out of the bus pass unfortunate.

11:04:11 Having a car is not one of them. But if you have a disability that prevents the use of transit or if you live outside of Victoria, please do feel free to opt out.

11:04:23 want to have access to the best you can absolutely download the form, again, link is in the chat here and email it to us at je SS officer, vic.ca, and asked to opt into the bus pass this will allow you to have access to all of you that are all Victoria

11:04:48 region transit, and it will cost you, \$81 present.

11:04:54 and it was gonna say any questions about that.

11:04:58 Hold the questions until the end.

11:05:00 The other major service members CGSS extended health and dental, and I'm going to just stop sharing my screen for a moment so I can see some faces or some reaction buttons.

11:05:11 I just want to check in with everybody I know the majority of you guys are domestic students. Everyone know the difference between basic insurance like your MSP and your extended insurance like Pacific Blue Cross.

11:05:25 Any reaction button sums up some bounds mugs.

11:05:30 Seeing a few dots I'm seeing a few thumbs up. Excellent. I will go through this quickly then, so just roll us down to the slide I want.

11:05:45 So, I'll very briefly touch on this. In Canada, there are two different forms of insurance there's basically a primary health insurance that covers things like going to the doctor, going to the emergency room, but it doesn't cover things like medication

11:06:01 costs, into the dentist, going to the optometrist what's called pair medical services. So basically services you wouldn't see at a hospital things like massage therapy, chiropractic care and naturopathic care counseling is actually one of the pair medical

11:06:18 services so I think it should be mandatory form of the health care, that's just my thoughts on that.

11:06:26 So, what we offer is the extended health and dental, that means that does cover things like dentists and everything else.

11:06:36 We do require that people have some form of basic or primary health insurance so if you're joining us from another province. Let's say you're joining us from Ontario, do you make sure that you are registering for be CMS key as your own couple only cover

11:06:50 Do make sure that you are registering for be CMS key as your own couple only cover you for three months after you transfer your residency from one province to the other.

11:06:54 And this applies whenever you do make the move to Victoria, as we know, this has been delayed for a lot of people and a lot of people are living outside of DC at the moment.

11:07:05 So I'm going to skip our discussion of what primary health insurance is, if you have any questions. Do you feel free to sit you know with GSS.

11:07:13 If you are an international student What do you think they're not so many international students in this space today, there is something called the mandatory temporary medical insurance or mandatory medical insurance, but unfortunately the GFS does not

11:07:28 provide your basic health insurance so if you have questions about MSP specific to the BC government to not to the GFS because we can't make any changes to your detriment services.

11:07:39 So, the extended health and dental insurance is assessed once per year, usually in your first semester or in September for the new academic year. So the insurance from from September 1 August 31st, so if you're a student this does mean that you are accessing

11:07:57 accessing services for only four months for the compared to the full year that you would have when you start in September for September 2021.

11:08:08 Just get my phone.

11:08:09 Oh, the joys of working at home, guys.

11:08:20 There is travel insurance, make sure you are traveling safely. But if you do need to get out of Canada there is travel insurance for you.

11:08:27 These services are all available to you with a different level of coverage so for example our dental coverage is currently at 70%.

11:08:38 And there's I think 80% coverage on your prescription medication so if you were on anything, say you're on insulin or birth control or antidepressants anti anxiety is, you can make sure that you are getting those covered as well so you can decrease the

11:08:54 costs.

11:08:57 As I mentioned the dental coverage is currently at 70%, we are very likely to going to be asking our membership some questions about what level of coverage they would like, as we're looking at renewing our insurance, with our provider, who's Pacific Blue

11:09:10 Cross. So look out for a bulletin about what's going to happen with our health and dental insurance there for me start students, you are not automatically assessed for at the expense of health and dental benefits.

11:09:24 So if you are looking to have coverage for the services I've mentioned that appeared on the screen. Please do reach out to us to opt into your extended health and dental coverage for the dental in particular, it's covered at a lower level because you

11:09:39 are only coming in for four months. So sometimes we do recommend that people. If you are not planning on receiving any dental services over the summer.

11:09:47 Just apply for the extended health program, and then you'll be automatically assessed for the dental program in September, you'll have access to a full year's worth of coverage.

11:09:58 And again, I'll take questions about this at the end but if you are looking to add this in there is an update or an agenda, could you add in the link to the chat about where to find that out to inform or opt out form if you need it.

11:10:11 So if you're looking to opt in, please do go to the link that is now in the chat and download the opt in forms. If you are opting in you willing to pay separately to the je ss, and then it's going to be a list of the fees on the website but just linked

11:10:27 in the chat deadline to apply for opting in or opting out of any of our services, whether they're you pass or health and mental is may 31, so please make sure that you come in before that deadline.

11:10:39 If you are looking to change what services you've been automatically assessed for.

11:10:45 You can also add family members who are helping dental plan so let's say that you are joining us with a spouse or a child.

11:10:53 You can add them to our health and dental plan, you can add your new family members at any point in time. If you are joining us. So let's say for example you are getting married in October.

11:11:06 In October, you are more than welcome to send us an opt in form for your new spouse, or if you happen to deliver a child or adopted child or become their legal guardian anyway that you welcome do family member into your home you can always add them into

11:11:20 to make sure that they are covered as well, which can be very nice if you have, say, young kids around who need things like glasses because those Do you get expensive for little ones.

11:11:33 Okay so basic takeaway for this is, if you are looking for any sort of services, you're looking for a fence to be run, please do reach out to us, keep in touch.

11:11:45 Get involved if you want to and if you have the time and capacity to We always love hearing from our grad students and they go on to be wonderful successes like john tower as he was on the executive as well.

11:11:55 So, there are definitely benefits to getting involved.

11:11:59 You can always find out more@gsswx.ca, and you can email at GSSMGO. That you picked up to you to reach me or GSS office that you get.ca to reach my colleagues you'll meet one of them today, named Neil, and you can also follow us on social media we are

11:12:19 UVic underscore GSS on Facebook, Twitter and Instagram.

11:12:25 And I believe that's the end of my slides. So we'll go into some questions for john and i

11:12:33 have any questions about where to go for different folks.

11:12:38 Okay, so I see a question in the chat and listen to me direct message I'm just going to paraphrase it so if anybody's put in anything that's a little confidentially will be sharing that.

11:12:52 Alright, so the question was a student was told that they health and dental often isn't going to be due until September. That is correct if you started in May.

11:13:02 So you're not automatically assessed for the health and dental program for may start, meaning it's not going to be on your tuition account, and you're not automatically insured through us, unless you opt in.

11:13:14 So if you are looking for health coverage. Right now, make sure you do opt in by May 31. Otherwise, if you are looking to opt in or out in September. The deadline to do so it's going to be September 30.

11:13:29 So, the other question was, I already have an SD Am I eligible for Jesus and dental. Yes. So, again, it's really good idea to have both, you were actually.

11:13:40 As a student, required to be given the opportunity to have both, we're required to offer you this insurance.

11:13:48 So, if you are looking to have it absolutely you can opt in over the summer and then in September, so long as you are registered full time, regardless of whether you're registered as distance or on campus, you will be automatically assessed for the health

11:14:19 and dental, I would recommend for the summer opt into the health insurance only and leave the dental for September if you can, because there's less dental coverage over.

11:14:19 Any other questions about anything john or I have said, I'm just keeping an eye on the chat.

11:14:25 If you have questions are specific to the health and dental program, always feel free to email me.

11:14:30 But we also do have a help desk coordinator.

11:14:34 So the next question was if you already have coverage through a spouse or parents should we get the yubikey planet as well.

11:14:42 That is up to you, you are eligible to opt out of the health and dental program, if you have alternative coverage. So, if you do, make sure that you have your coverage card and send us an opt out form by September 30 for the September semester, and make

11:14:57 sure that you include what your alternative coverages, so this might be for a spouse or parents or through your employer if you are currently employed.

11:15:11 Just waiting to see if there's any other questions coming in.

11:15:16 So John mentioned that the health care on campus would be covered by me unfortunately I just talked about our health insurance. So I will also include that the student Wellness Center has both medical practitioners and counseling practitioners who are

11:15:31 available to you. There is also a 24 hour support line for mental health, called support Connect. You can find out more by going to the student Wellness Center.

11:15:43 I'm Kim campus I will find the link here to send into the chat, I strongly recommend everybody if you can connect with the student Wellness Center. They're a great way to find a doctor, it is sometimes very difficult to find a general practitioner and

11:16:00 you are sorry not in Victoria.

11:16:04 So if you are looking to see a doctor, the student Wellness Center is always the first place I

11:16:19 see if there's any other questions.

11:16:37 So not hearing to any other questions I might pass it back to Jenna.

11:16:35 But, I look forward to seeing you guys virtually, and then hopefully maybe around campus someday always feel free to come and chat with me if you see me on campus.

11:16:44 There's a decent chance I'll be chasing a deer or rabbit.

11:16:48 Join me if you want to otherwise like I'll loop back to you. Once the bunnies, run away from me.

11:16:55 And we will probably see you around different orientation programs if you want to come to September orientation you don't just have to do orientation once you could always come up with the fun stuff again.

11:17:08 Yeah. Awesome, thank you so much Carla and John for all of the information. Today, I see John just pop email address in the chat for you all in the pilot did earlier as well.

11:17:21 So, if any questions come up for you later. You've got their contact information there.

11:17:29 If there aren't any other questions now it looks like we can wrap up a little bit early today.

11:17:37 So you've got a little bit of a break in the schedule now for lunch, or just break time depending on what time zone you're in.

11:17:47 But at 1230.

11:17:50 Pacific Time will be reconvening for a grad students social, I highly encourage you all to attend this it's a great opportunity to meet some of your peers.

11:17:58 And as Kyla mentioned her colleague, Neil from the GFS will be there as well.

11:18:04 He's a lovely guy to hang out with. So, highly recommend that you attend that I'm going to.

11:18:14 We've got, oh no, that's not a question.

11:18:20 I'm going to open up a poll question for you to answer on your way out Oh, hold on, we do have a question now.

11:18:27 How can grad students apply for study work.

11:18:31 So, there's a bunch of different programs, there is one called the work study program, which is funded centrally by the university, and those come out from your department.

11:18:42 So I think the best place to go. Start with the grad secretary. And I know in my department, those sorts of positions are posted before the beginning of a particular term.

11:18:52 So check and see what's available there. And then on top of that, there's also teaching assistant ta positions that a lot of units offer again your grad secretarial probably have a list of what's available.

11:19:02 So I would check those are the two places I started in terms of those, those kinds of funding opportunities.

11:19:17 Um, Yeah so comment on that as well.

11:19:19 Um, I strongly recommend everybody keep around a copy of their admittance letter, and that will have a section on funding, and it will discuss whether or not your funding is guaranteed or not for things like your IRA or t shirts.

11:19:40 So let me just pause briefly here in case we do have any final questions before I pop up.

11:19:47 Closing poll for you to answer on your way out.

11:19:52 And while you're thinking about those questions, I will mention again like Carla said, you will also be invited again to orientation in the fall, we've got a lot of exciting stuff in the works that we're planning right now so you will be hearing from

11:20:09 us folks in orientation throughout the summer as that kind of starts to come together.

11:20:15 And the other thing I will mention, you probably saw in your schedule today that we have a Help Center open in a zoom call throughout the day in case you have any questions about orientation today.

11:20:30 And our lovely program assistant who is running that call today and the name is by and today is his birthday.