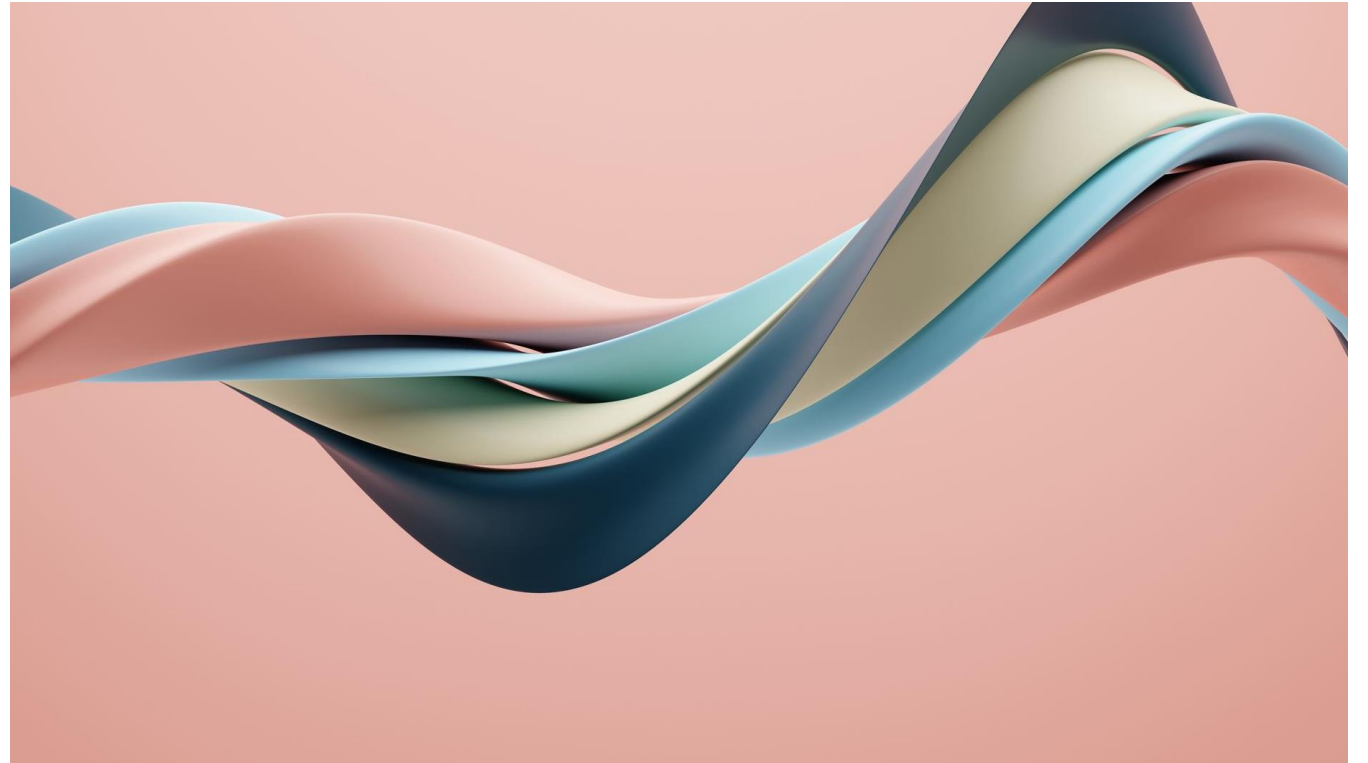


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# Supporting Senior Survivors: The Necessity of Trauma-Informed care in Social Work for TGE in Japan

\*TGE(Transgender and Gender Expansive)

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# The psychosocial situation of transgender people in Japan

**0.6%** (n=5,339)\* (Kamano et al. 2023,  
National survey)

## Poverty

**28.4%** transmen & **44.6%** transwomen  
Account Balance less than 10,000  
JYE.(Niji-voice 2020)

Excluded from education/employment  
system.(Yuki and Ishii 2023)

**Intersectionality is not considered in care and welfare settings.**

## Mental Health

Transgender people are **five** times  
more likely to **contemplate suicide**  
and **ten** times to **attempt suicide**.  
(Kamano et al. 2019, Osaka city survey)

Likelihood of **serious psychological  
distress**\*:25%.

Daily difficulties\*: **Health** 71.9%,  
**Job/Employment**78.1%, **Income**59.4%  
(\*Kamano et al. 2023)

# **Why are social workers not adequately working with transgender clients?**

- 1. No learning of LGBTQ/Queer in the formal SW training curriculum.\***
- 2. Little knowledge of gender in both compulsory education and professional training.**
- 3. Lack of political nature in SW professionals (unaware of oppressive social structure and privilege they have)(Miyazaki 2018)**



(Nagasaki Univ., LGBT+ Guideline)

## The Need to Introduce Trauma-informed social work practice into education.

To addresses the needs of individuals, families, and communities increasingly exposed to toxic and traumatic stress and confronts issues involving justice, obtaining legal redress, and seeking protection against further harm.

<https://www.cswe.org/>

- Trauma-informed care is important because **(re-)traumatization can be perpetuated** intentionally and unintentionally.(Mackey 2021)

- Ready to serve clients who haven't come out yet.

“Gender dysphoria was poorly understood and LGBTQ people hold back for fear of discriminative treatment in social and health care settings”. <http://lgbtetc.jp/news/1348/>

## What kind of life trajectory has a senior transman experienced?



**Patriarchy**  
**gender binary, cisgenderism,**  
**and hierarchy**

(Gilligan,C., Snider,N.,2018)

1980s(their 20's)

Worked at an“**Onabe**” bar; FtM die from alcoholism or gynecological diseases.

1990s(their 30's)

Mixing and exclusion within **the lesbian community**. (Transgender community emerged in the mid 90's.)

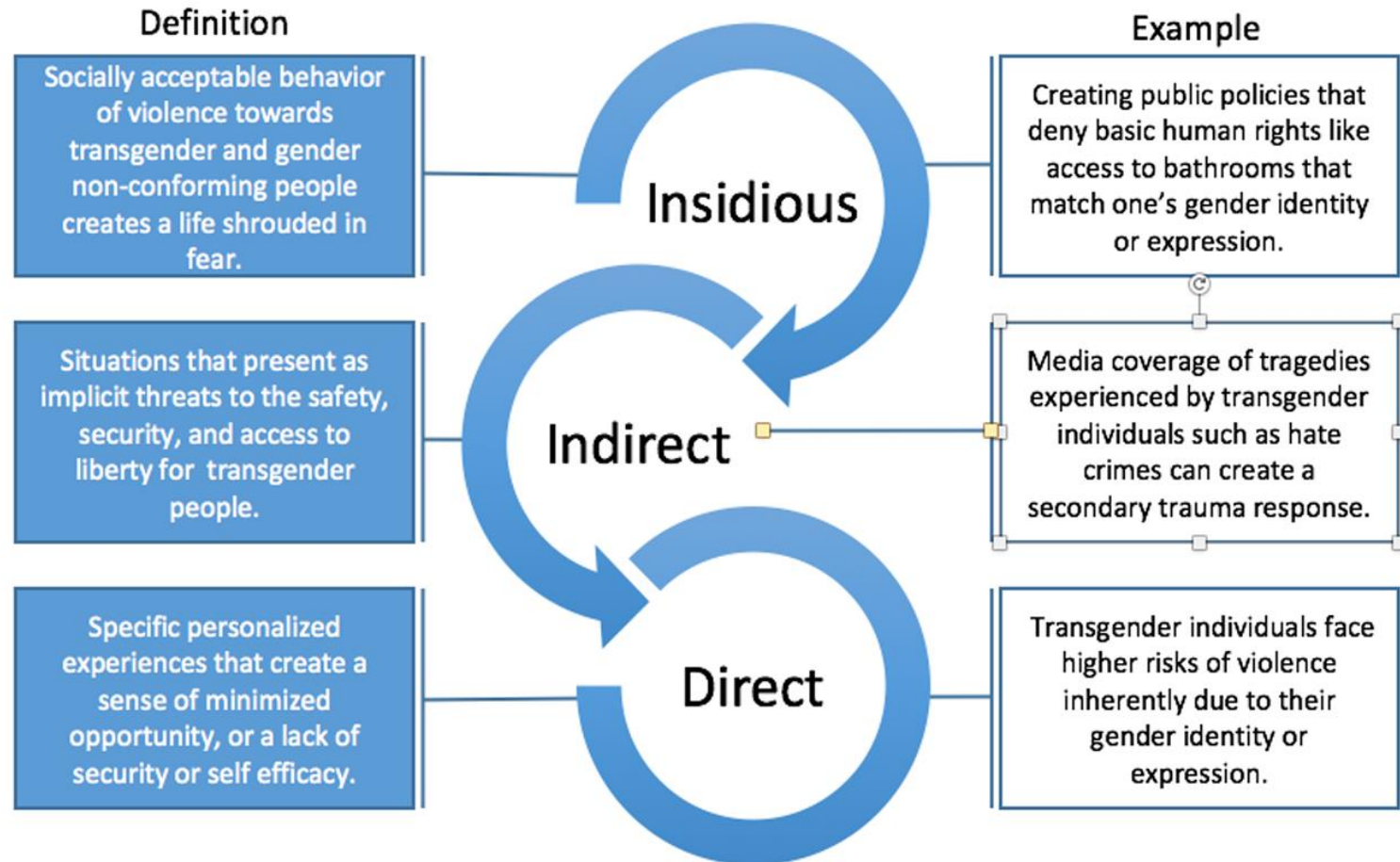
2000s (their 40s)

2003 **GID legislation** (gender transition through SRS):discomfort with binary transition / long period of time questioning gender identity.



# The Structure of Trauma

(Gandy-Guedes, et al. 2018)



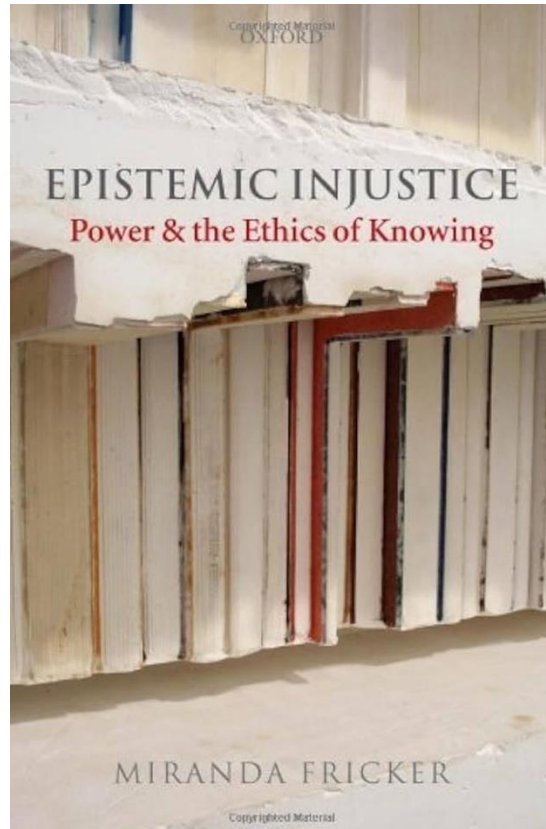
**Insidious trauma** (Root 1992): ongoing experiences of oppression and discrimination directed at TGE and its psychosocial effects on them.

**Microaggressions** act as insidious trauma. (Gandy-Guedes, et al. 2018)

**To make students aware of social and political issues that are invisible to SWs.**



# The relationship between Insidious Trauma and Epistemic injustice (Fricker, 2007)



## Epistemic injustice

### Hermeneutical injustice:

There was no word or concept of transgender/gender identity. (No narratives to describe oneself.)

### Testimonial injustice:

Their voice is never heard in cisgenderism.

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**“Give me back my life.”**

**(Hama)**

The occurrence of anger:  
“something is being treated  
unfairly”.

**Hermeneutical injustice**  
**Testimonial injustice**

**Anger ← Traumatized by long  
experience of being oppressed.**

**(Najavits, 2001)**

**Anger is a shield.**

- Release your anger by  
acknowledging and sharing it  
in a safe space. (Nosaka, 2023)



# Social Work Responsibilities and Roles

Uncover and generate diverse narratives to account for intersectionality among TGE by co-production in a safe space.



Empower trans seniors who have not created narratives.

## Verbal and non-verbal narratives

A poster with a teal background and pink starburst shapes. It features a photo of a man in a white suit. The text reads: "TRANSMEN OVER 50! WE WANT TO TALK WITH YOU!" followed by "Join a focus group session with 浜口蓮生(Hama), a transgender man from Japan, to discuss the experiences of senior trans men!". At the bottom, it says "If you're interested, contact us at seniortransmenproject@gmail.com" and "MARCH 25 OR 26 FOR 60-90 MINUTES VICTORIA, CANADA #SENIOR TRANSMEN PROJECT".

**TRANSMEN OVER 50! WE WANT TO TALK WITH YOU!**

Join a focus group session with 浜口蓮生(Hama), a transgender man from Japan, to discuss the experiences of senior trans men!

If you're interested, contact us at [seniortransmenproject@gmail.com](mailto:seniortransmenproject@gmail.com)

**MARCH 25 OR 26 FOR 60-90 MINUTES VICTORIA, CANADA**

#SENIOR TRANSMEN PROJECT

A poster with a light orange background and pink starburst shapes. It features a purple heart shape containing the text "March 25 or 26 Victoria, Canada" and "#Senior Transmen Project". The main text reads: "LET'S THINK AND MAKE A ZINE ABOUT 'TRANS FUTURES' TOGETHER!". Below this, it says "For two hours on either March 25 or 26, we'd like to invite non-binary and trans folks of all ages to engage in a dialogue about 'Trans Futures,' and to make a zine together based on our discussions." At the bottom, it says "If you're interested, contact us at seniortransmenproject@gmail.com".

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**March 25 or 26 Victoria, Canada**

#Senior Transmen Project

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# Thank you for listening.

For questions or comments, please contact us.

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