



## Watching Your Health: The Use of Smartwatches for Personal Health Monitoring

- How can you use your smartwatch effectively for wellness and fitness monitoring?
- What are the issues with reliability, accuracy, privacy, and security?
- What is the future role of smartwatches in the healthcare system?

**Join Island Medical Program students Josh Piemontesi, Braden Siempelkamp, and Gordon Minaker in an open conversation.**

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**Tuesday, March 20, 2018 @ 6:00 – 8:00pm**  
Medical Sciences Building, Room 150  
University of Victoria

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**Light refreshments will be served.**

This is the latest in a series of medical student presentations.

For more information, contact Dr. Jane Gair @ [jgair@uvic.ca](mailto:jgair@uvic.ca).



a place of mind  
THE UNIVERSITY OF BRITISH COLUMBIA  
Faculty of Medicine



University  
of Victoria

let's talk   
science