

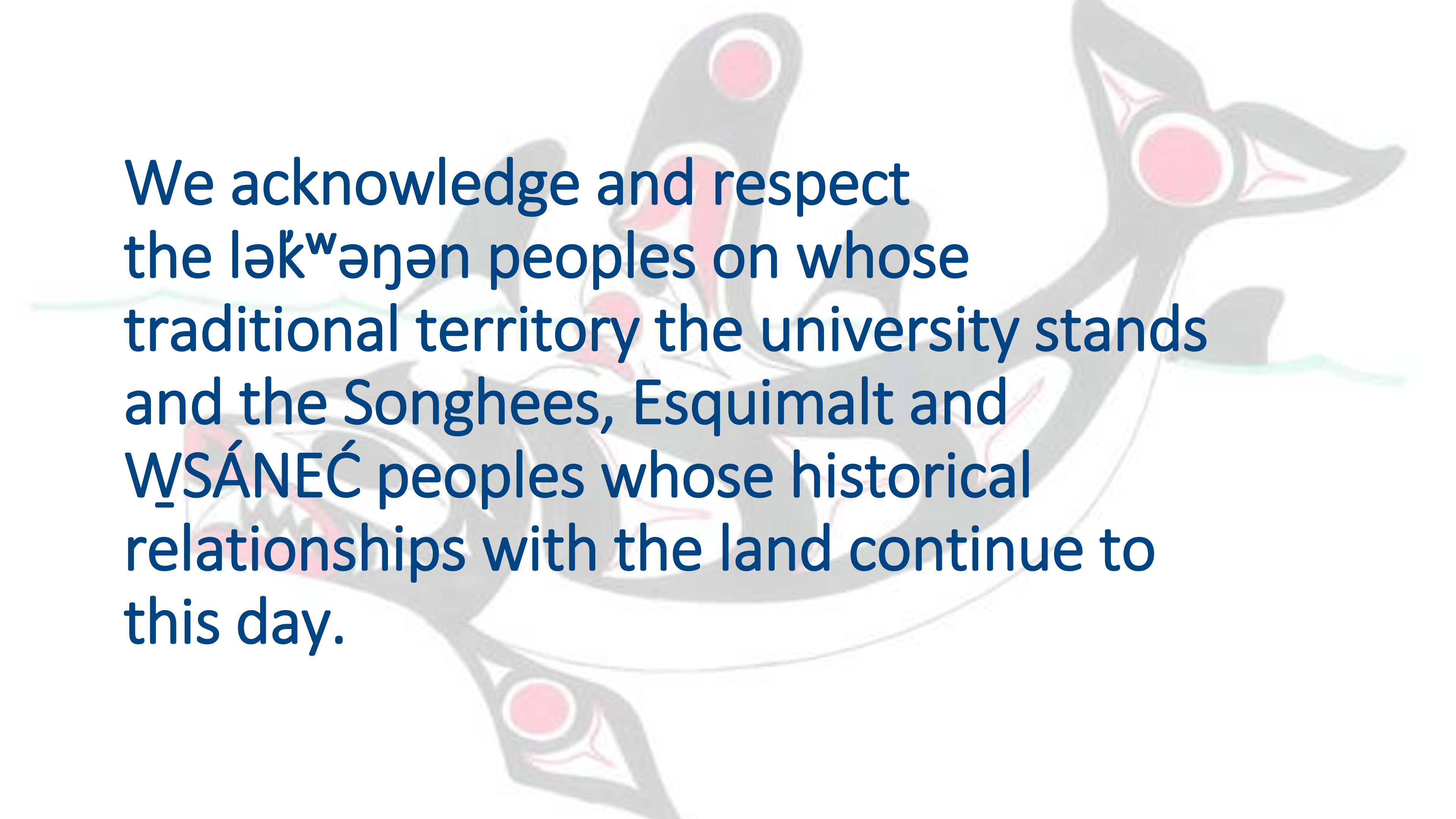
How to use “your own words” when paraphrasing

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Centre for academic Communication

Academic Integrity Week, October 2022



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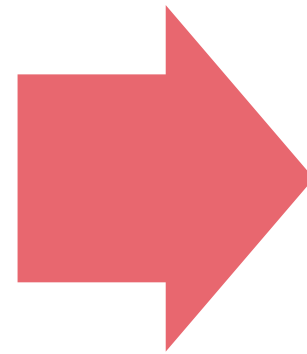


We acknowledge and respect
the ləkʷəŋən peoples on whose
traditional territory the university stands
and the Songhees, Esquimalt and
W̱SÁNEĆ peoples whose historical
relationships with the land continue to
this day.

What does it even mean to paraphrase?

Quotes

Borrowing sentences:
in the author's voice,
including their vocabulary
and sentence structure



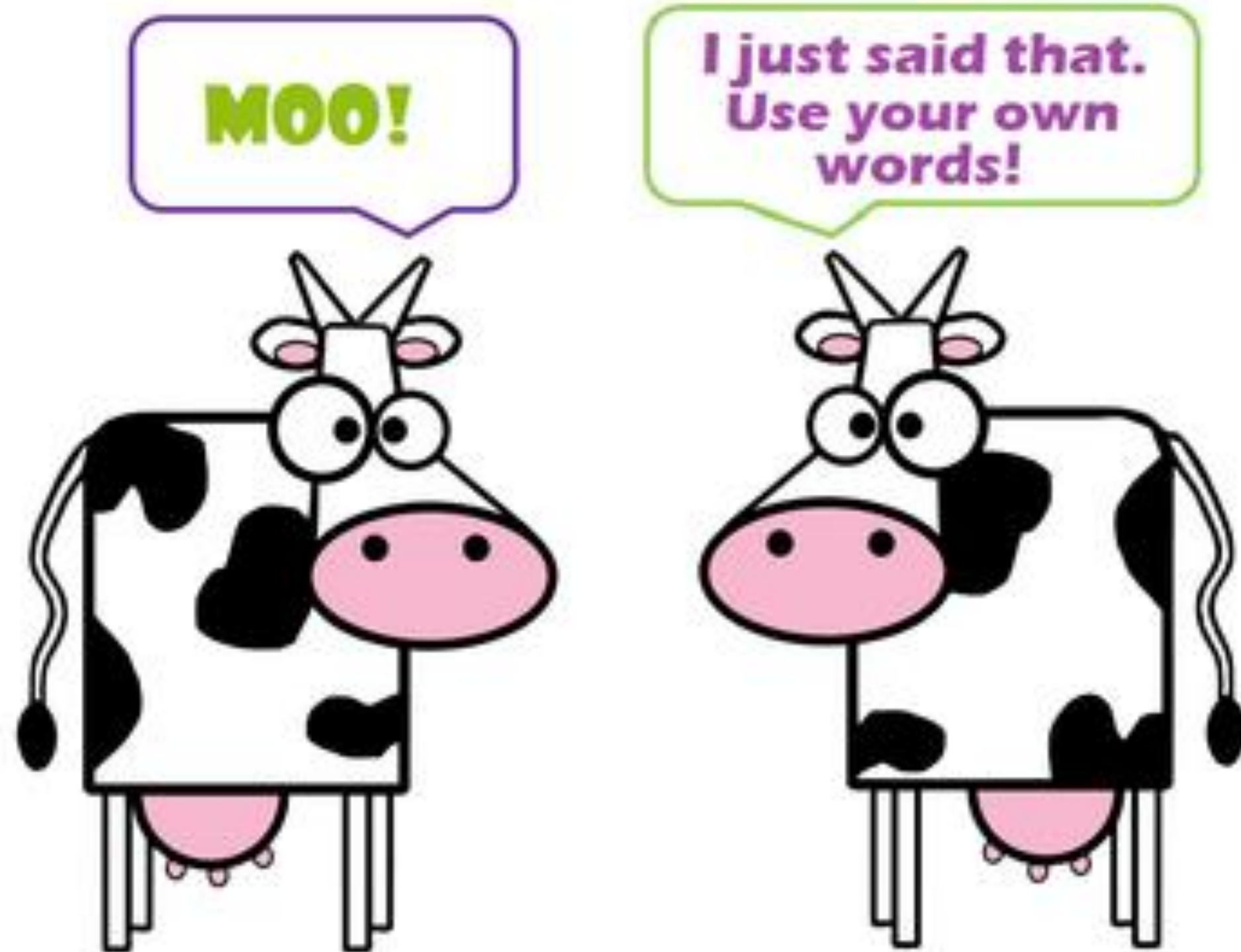
Paraphrases

Borrowing ideas:
presented in your voice,
including your vocabulary
and sentence structure



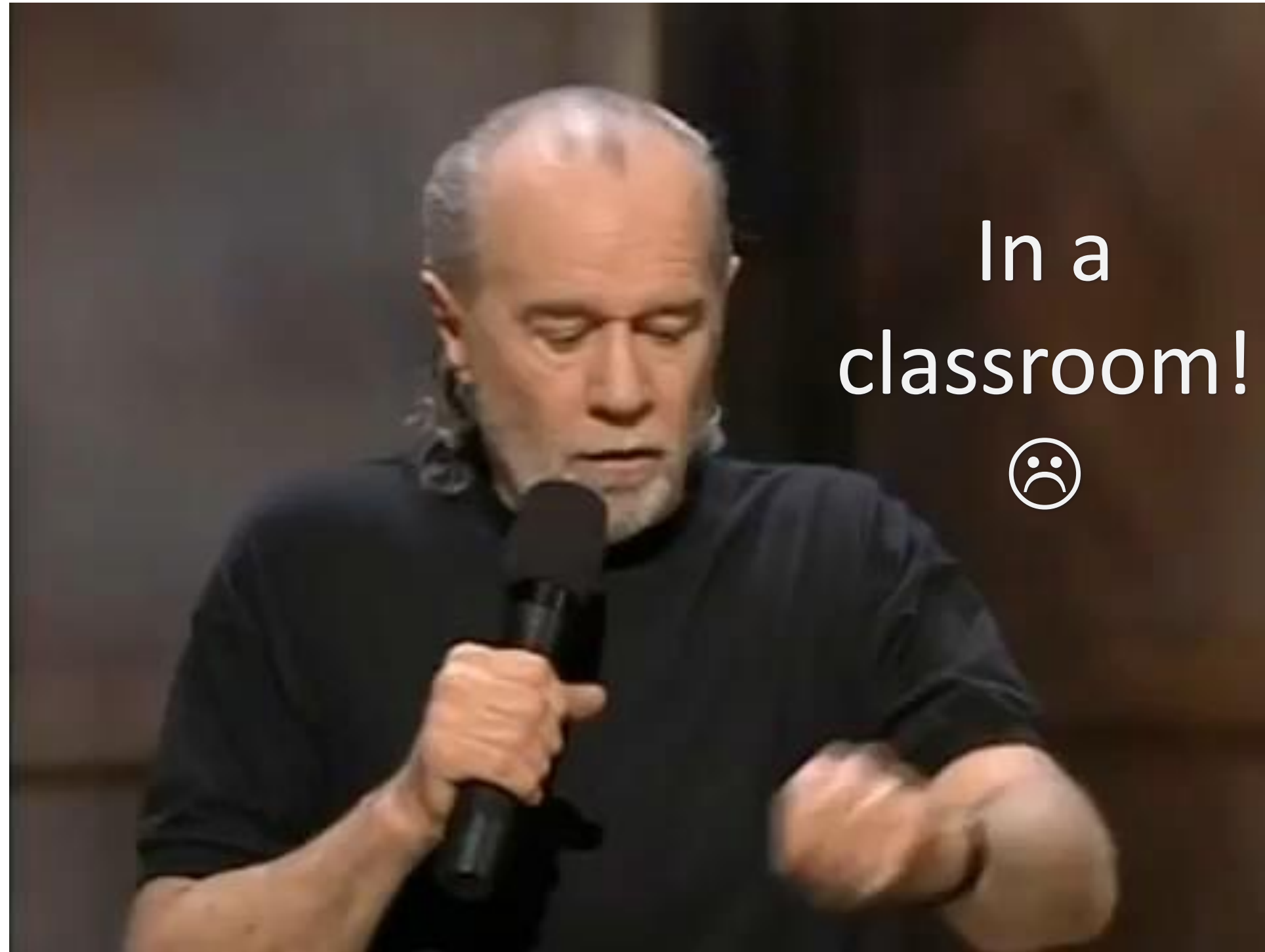
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What is paraphrasing anyway?



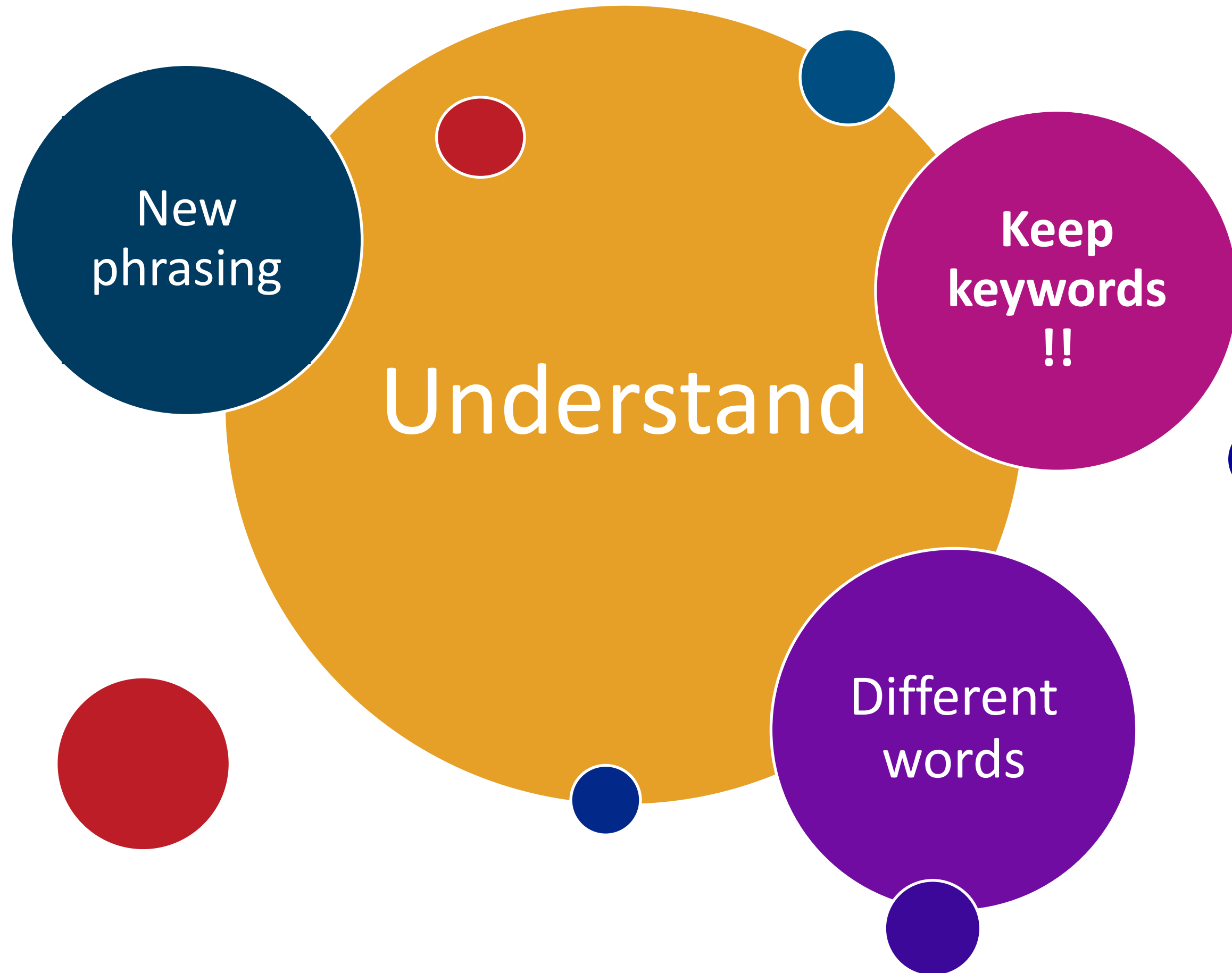
Do you have your own words?

**IN
YOUR
OWN
WORDS!!!**



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Here's the deal!



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Original	Plagiarism	Paraphrasing
<p>Because of their unique perspective, Americans fear globalization less than anyone else, and as a consequence they think about it less than anyone else. When Americans do think about globalization, they think of the global economy as an enlarged version of the American economy.</p> <p>(Source: Thurow, L. (1993). <i>Fortune Favors the Bold</i> (p. 6). New York: Harper Collins.)</p>	<p>According to Lester Thurow (1993) Americans fear globalization less than people from other countries and as a consequence spend less time thinking about it. Indeed, Americans see globalization as an enlarged version of their own economy.</p> <p>Why is this plagiarism?</p> <p>The writer has used Thurow's exact words without enclosing them in quotation marks. S/he has only substituted synonyms here and there. Even though Thurow is credited with a citation, this would be considered plagiarism.</p>	<p>Lester Thurow (1993) maintains that because Americans see globalization simply as a bigger form of their own economy, they are less concerned about it than is the rest of the world.</p> <p>Why is this acceptable?</p> <p>The writer has kept the meaning of the original passage without copying words or structure. Words like <i>globalization</i> and <i>Americans</i> are generic terms (i.e., terms that are commonly used for the concept they illustrate - it is difficult to find synonyms for them). Thus you may use these words without placing them in quotation marks.</p> <p>(Complete Thurow reference appears in bibliography)</p>

It helps you avoid (unintentional) plagiarism!



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It helps you keep and maintain your voice!

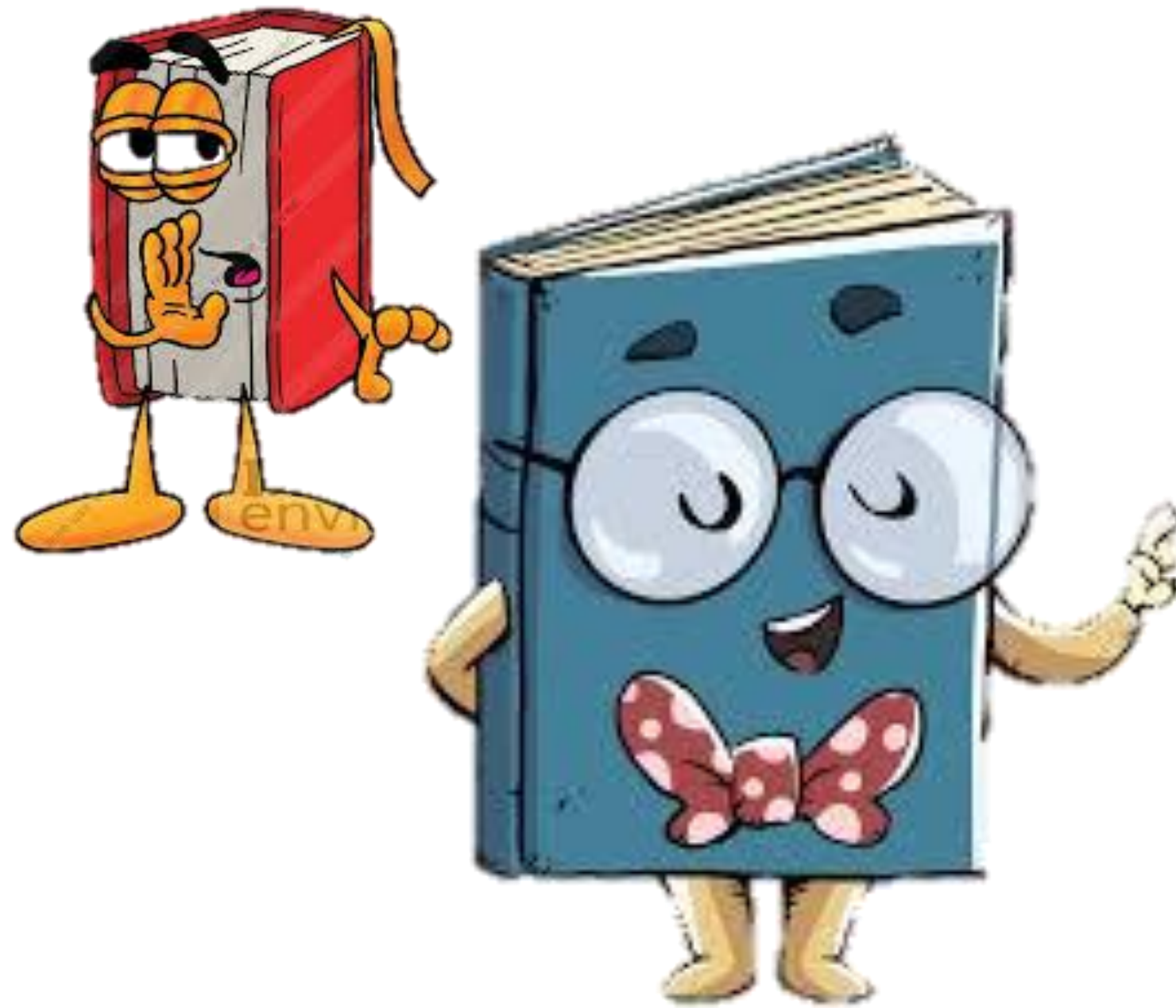


**Maybe
try using
your own
words?**



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It helps you put sources into conversation!



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let's do an
exercise?



Exercise 1

You are writing a research paper in your health economics class about taxes on junk food to prevent obesity.

Taxes on sugar-sweetened beverages (SSBs), such as soda and bottled iced tea, are an increasingly popular approach to reducing obesity, diabetes, and other health harms. ... A basic economic principle is that such corrective taxes should be proportional to the harm caused. The harm from sugary drinks comes from the sugar, and SSBs vary substantially in sugar per unit volume. Yet SSB taxes typically set constant rates per unit volume; only three SSB taxes worldwide are proportional to sugar content. ... We estimate that a simple design change—taxing the amount of sugar in a drink, not the volume of liquid that accompanies the sugar—could boost a SSB tax's health benefits and overall economic gains by roughly 30%.

You want to paraphrase this paragraph for your paper. Let's start by paraphrasing the first sentence. Read – ***understand – take notes – look away – paraphrase.***

Source: *Science* magazine called “Designing better sugary drink taxes.” It is by Grummon et al., published September 2019, Volume 365, Issue 6457, pages 989-90.

Effective paraphrasing strategies



Read to fully understand main ideas



Take notes using only key words and phrases

Main ideas



Key words

Key phrases

No full sentences

My understanding

"My words" ...



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Convert ideas into new sentences

Main ideas

Key words

Key phrases

No full sentences

My

understanding

"My words" ...



Document1 - Word

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Kaveh Tagharobi Share

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Paragraph

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Find Replace Select

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Remove the original source and then convert ideas from your notes into new sentences using “your own words” and new sentence structures. Imagine you are explaining what you just read to a friend and reconstruct the details from memory. You can then go back to the original source to make sure your paraphrase is accurate. Don’t forget to cite your paraphrase!

Page 1 of 1 0 words English (Canada)

Use third person and descriptive verbs to attribute the ideas to the original source

Signal phrases

Categories	Descriptive verbs
Neutral	report, observe, note, indicate, discuss, state, define, ...
Strong	assert, insist, emphasize, urge, ...
Argumentative	argue, claim, believe, suggest, maintain, agree, compare, ...
Disagreeing	disagree, reject, deny, complain, refute, criticize, ...
Questioning	Question whether, wonder, ...

let's do an
exercise?

other



Exercise 2

Let's continue with the same text from Exercise 1.

Taxes on sugar-sweetened beverages (SSBs), such as soda and bottled iced tea, are an increasingly popular approach to reducing obesity, diabetes, and other health harms. ... A basic economic principle is that such corrective taxes should be proportional to the harm caused. The harm from sugary drinks comes from the sugar, and SSBs vary substantially in sugar per unit volume. Yet SSB taxes typically set constant rates per unit volume; only three SSB taxes worldwide are proportional to sugar content. ... We estimate that a simple design change—taxing the amount of sugar in a drink, not the volume of liquid that accompanies the sugar—could boost a SSB tax's health benefits and overall economic gains by roughly 30%.

Read the paragraph again and take a few notes. Paraphrase the rest of the paragraph, capturing the ideas in your own words. Read – understand – take notes – look away – paraphrase. Cite the author and date either in your paraphrase or in parentheses after your paraphrase.

Don't worry if your language seems too simple.

Source: *Science* magazine called “Designing better sugary drink taxes.” It is by Grummon et al., published September 2019, Volume 365, Issue 6457, pages 989-90.

Thank you so much for your participation! 😊

Questions?

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