

Academic Advising Essentials for Undergraduate Students



Territory Acknowledgement

We acknowledge and respect the Ləkʷəŋən (Songhees and Xwsepsəm/Esquimalt) Peoples on whose territory the university stands, and the Ləkʷəŋən and W̱SÁNEĆ Peoples whose historical relationships with the land continue to this day.



Introductions

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Co-ordinator, Student Programs and Academic Adviser

**Academic Advising Centre for the Faculties of Humanities,
Science & Social Sciences (Tri-Faculties)**

How can Academic Advisers help?

- Assist with course selection and in developing personal academic plans that help ensure you will meet your graduation requirements
- Clarify and interpret University policies and procedures
- Help you access resources and information for many of the opportunities available to UVic students
- Provide informed referrals as required

Who are Academic Unit/Department Advisers?

- Instructors who represent specific academic programs within a faculty
- Are course and program content specialists
- Have experience and expertise in field of study
- Discuss entry into an honours programs

What do you mean by...

- Department or School
- Program
- Bachelor's degree / BA / BSc
- Major
- Session
 - Winter Session (Fall and Spring terms)
 - Summer Session (7 different term dates)

How do I decide which courses to take?

- UVic Academic Calendar
- Program Planning Worksheets
- Elective courses by theme / Elective courses without pre-requisites
- Recommendations on department websites
- Attend an event, workshop or have an appointment with an Academic Adviser
- EXPLORE and take a variety of courses!

Academic Calendar



University
of Victoria | Academic
calendar

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Undergraduate calendar - September 2026

Academic Calendar

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regulations](#)

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The Calendar is the official guide to all programs, services and regulations of the University.

Important Information

The official academic year begins on May 1. Changes in Calendar regulations take effect **May 1, September 1, and January 1** of each academic year unless otherwise approved by the Senate. Nevertheless, the University reserves the right to revise or cancel at any time any rule or regulation published in this Calendar or its supplements. The Calendar is published **three times per year**: in the spring (effective May 1), summer (effective September 1) and winter (effective January 1) by the **Office of the Registrar, Student Affairs**, under authority granted by the Senate of the University.



The University of Victoria operates under the authority of the University Act (RSBC 1996 c. 468) which provides for a Convocation, Board of Governors, Senate and Faculties. The University Act describes the powers and responsibilities of those bodies, as well as the duties of the officers of the University. Copies of this Act are held in the University Library.

Print this page

UVIC PROGRAM PLANNING WORKSHEET

This worksheet is for **PLANNING PURPOSES ONLY** and does not replace your CAPP report once you have declared your program. In the event of any discrepancy, your CAPP report and the academic calendar will be considered the authority.

Chemistry Major (BSc)

Faculty of Science, Department of Chemistry

Year 1

Course requirement	Units	Taken
BIOL 186	1.5	
CHEM 091*	0	
CHEM 101	1.5	
CHEM 102	1.5	
MATH 100 or 109	1.5	
MATH 101	1.5	
PHYS 110 and 111 or PHYS 120 and 130	3.0	
Approved AWR course (or elective)	1.5	
Electives (any level)	3.0	

Year 2

Course requirement	Units	Taken
CHEM 212	1.5	
CHEM 225	1.5	
CHEM 231*	1.5	
CHEM 234	1.5	
CHEM 245	1.5	
CHEM 260	1.5	
MATH 200 or 202	1.5	
STAT 255 or 260	1.5	
Electives (any level)	3.0	

Years 3 & 4

Course requirement	Units	Taken
BIOC 299 or 300A	1.5	
CHEM 318	1.5	
CHEM 324	1.5	
CHEM 347	1.5	
CHEM 405	1.5	
CHEM 361	1.5	
CHEM 362	1.5	
CHEM 363	1.5	
CHEM 364	1.5	
CHEM courses (400-level), excluding CHEM 498A/B and CHEM 499A/B*	3.0	
Electives (300/400-level)	6.0	
Electives (any level)	7.5	
Total units required for degree	60.0	

This worksheet is based on the **September 2025** calendar.
Have questions? Visit uvic.ca/academic-advising

PROGRAM & COURSE NOTES

Course requirements with an asterisk (*) have associated details; consult the program entry in the *Academic Calendar* for more information. It is your responsibility to ensure you are informed about all supplemental information related to courses, as they apply to your program, including prerequisites.

FACULTY & UNIVERSITY REQUIREMENTS

In addition to the listed courses, you must satisfy all requirements for the Faculty of Science, as well as complete at least 30 of the minimum 60 required units at UVic. Within these 60 units, 21 units must be upper-level (300/400-level) courses, and 18 of those 21 units must be taken at UVic.

ACADEMIC WRITING REQUIREMENT

If you have not already satisfied UVic's Academic Writing Requirement (AWR), you will need to complete one of ATWP 135, ENSH 101, ENSH 102, ENSH 103, ATWP 110, or another approved course. Some programs require these courses in addition to the AWR.

DECLARING YOUR PROGRAM

Students are normally expected to request to declare their academic program at the end of first year.

Declared students have access to a CAPP report for tracking graduation requirements.

Program planning worksheets

Academic Advising for Humanities, Science & Social Sciences

[Academic advising](#)
[Program planning](#)
[Declare & manage your program](#)
[Get support](#)

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Electives by theme

Electives by theme

[Faculty of Humanities](#)
[Faculty of Science](#)
[Faculty of Social
Sciences](#)

The following lists of courses includes those suitable for first and second year students in the Faculties of Humanities, Science and Social Sciences, sorted by theme. These courses either do not require you to take any pre-requisite courses to register or may be taken without those pre-requisites if you obtain permission from the department. These lists are not exhaustive.

Not all courses are offered in each term, so once you've found courses that interest you, check the [academic calendar](#) to confirm when each course will be offered for the upcoming session.

There is a complete list of [courses without prerequisites](#) available as well.

Electives by theme

HOW MANY COURSES SHOULD I TAKE?

- Plan a maximum of 7.5 units per term (you may take fewer for a variety of reasons)
- Consider how much time you will need to spend on courses outside of the classroom
- Students should consider the following when deciding on their course load:
 - Study permit for international students
 - Centre for Accessible Learning (CAL)
 - On campus housing requirements
 - Funding sources, Scholarships and Band funding
 - Varsity Athletics

ENHANCING YOUR DEGREE

- Primary degree programs
 - Major *
 - General *
 - Double major
 - Combined major
- Optional Programs
 - Minor
 - Certificates and diplomas
 - Honours

How do I Connect with Academic Advising?

You can connect with us in a variety of ways:

- Visit our website and check out our resources
- Attend a virtual or in person event
- Contact our Academic Advising Centre
- Meet with an Academic Adviser for an individual appointment

How do I make an Appointment with an Academic Adviser?

Connect with us

Contact & Hours

Book an appointment

Connect by email

Drop-in Advising

First Peoples House

Varsity Athletes

Mailing Address

Book an appointment

Appointment Modes

The Academic Advising Centre for Humanities, Science & Social Sciences offers advising appointments in the following modes:

- phone
- Microsoft Teams
- in person

Academic advising for newly admitted & undeclared students

If you are either a newly-admitted UVic student, or have attended UVic but have not declared your program yet, you can book an appointment by:

- calling [250-721-7567](tel:250-721-7567) ext. 6
- visiting our front counter in Jamie Cassels Centre A203 (2nd floor)

We look forward to connecting with you
in Academic Advising!

Room A203 – on the 2nd floor of the JCC building
advising@uvic.ca
250-721-7567 ext. 6