

Academic Advising Essentials for Undergraduate Students

in Humanities, Science, and Social Sciences

September 2026 International Student Orientation

Academic Advising Appointments

- [September 9-18](#): Same day bookings only. Visit or phone our office in the morning to make a booking – we open at 8:30am.
- [September 21 onwards](#): We offer individual appointments Monday to Friday. You can book a set 15-20 minute appointment time in advance – this is how the majority of our appointments are arranged. We also have drop-in appointments in the library learning commons and may have same-day availability at our office.
- [Advising Centre Contact information and hours](#) (we are closed on weekends and holidays)
- [Drop-in Advising in](#) the Library Learning Commons starts on Monday September 28.

Resources

- Academic Calendar - [important dates](#) (includes course add/drop dates for each term)
- [Advising appointment booking information](#)
- [What can Advisers help with?](#)
- [UVicLearn - Learner Empowerment and Academic Resource Network](#)
- [Academic Skills Centre](#) – includes writing help and academic coaching
- [Math and stats assistance centre](#)
- [Physics Aid Service](#)

Program planning

- Academic Calendar – [programs page](#)
- Academic Calendar – [courses page](#)
- [Electives by theme](#)
- [Courses without prerequisites](#)
- [Program planning worksheets](#)
- [Degree basics](#)
- [Declare & manage your program](#)
 - [Program declaration](#) can be done after you have at least 12.0 units of credit complete.
This can be UVic courses, transfer credit, or a combination totaling at least 12.0u done.
- [Program planning videos](#)



University
of Victoria

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