

We acknowledge and respect the lək̓ʷəŋən peoples on whose traditional territory the university stands and the Songhees, Esquimalt and WSÁNEĆ peoples whose historical relationships with the land continue to this day.



**University  
of Victoria**

## **FRAN100: Intensive French I (3 units)**

**Fall 2026**

### ***Instructor:***

Ms. Annye Castonguay, Pronouns: she/her/elle/la Email: [annyec@uvic.ca](mailto:annyec@uvic.ca)



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### ***General description***

Intensive written and oral French. This course is meant to bring the student to level A1 of the Common European Framework for languages. It focuses on the 4 aspects of language learning: oral comprehension, oral expression, written comprehension, and written expression.

### ***Prerequisite***

FRAN100 is intended for beginners and near beginners. The course is normally not open to students who have taken French 11 or the equivalent in the last 3 years. Students with French 12 taken within the last 3 years should register in FRAN170 in the FALL 2026 or FRAN171. For any questions or exemption requests, please contact the SLLC's main office.



### ***Course manual***

Chahi, Fatiha, et Al., *Défi Actuel 1, Méthode de Français, Livre* Diffusion Centre de recherche et de publications de langues, SL, EU, 2025.

## ***Course Objectives***

This intensive language course follows an action-oriented method that regards language learning as a way to prepare you to become active users of the French language. As such the book and the online activities are meant to engage you in tasks that are as close as possible to authentic situations where oral or written comprehension or production are activated. At the A1 level (considered a *basic user*), the goal is that you reach the following level of competency (as cited by the CEFR):

*An A1 language user can understand and use familiar everyday expressions and very basic phrases aimed at the satisfaction of needs of a concrete type. Can introduce him/herself and others and can ask and answer questions about personal details such as where he/she lives, people he/she knows and things he/she has. Can interact in a simple way provided the other person talks slowly and clearly and is prepared to help.*

## ***Instructional Methods***

Various types of documents, exercises and evaluations will focus on the following communicative language activities and strategies: oral production (speaking), written production (writing), oral reception (listening), visual reception (reading), audio-visual reception (understanding and listening), oral and written interactions.

## ***In this class, you will learn***

In this course, we will focus on the communicative aspect of French in order to make you a language user. You will learn how to:

- talk about your interests and your activities
- express your likes and dislikes
- introduce your family
- describe your environment
- talk about the routine
- share your hobbies, describe your friends and ask friends out
- talk about travels and shopping
- and of course, talk about food

The more you get involved and participate, the faster you will learn. The more you practice, the easier it is to remember the new notions.