#### WELCOME!

If you have not already done so, please consider filling out our pre-seminar survey



# 2023-2024 MINI MED SCHOOL LECTURE SERIES

● 18 Nov. 2023

New Canadian Alcohol Use Guidelines

13 Jan. 2024

Skin: Conditions and Concerns

**3 Feb. 2024** 

Ozempic and Other GLP-1 Agonists

Accessing a Family Doctor in BC

25 Nov. 2023

Depression in the Elderly

20 Jan. 2024

Artificial Intelligence (AI) in Health Care

10 Feb. 2024

# ARTIFICIAL INTELLIGENCE (AI) IN HEALTHCARE

Overview of AI

Applications of AI in Healthcare

Concerns Regarding AI 9am-10:30am

10-minute break

15-minute Q/A session at the end

# TIMELINE FOR TODAY

#### Derek Anderson



#### Michael Smith



#### WHO WE ARE

- We are both second year medical students in the UBC Faculty of Medicine
- Disclosures:
  - We are not doctors, please consult your healthcare professional.
  - We will be providing a general overview
  - This session will also be recorded for future viewing purposes

#### TERRITORIAL ACKNOWLEDGMENT

 I would like to acknowledge that I am joining you from the UBC Vancouver campus which is situated within the traditional, ancestral and unceded territory of the xwməθkwəyəm (Musqueam).

#### TODAY'S OUTLINE



#### Overview of AI

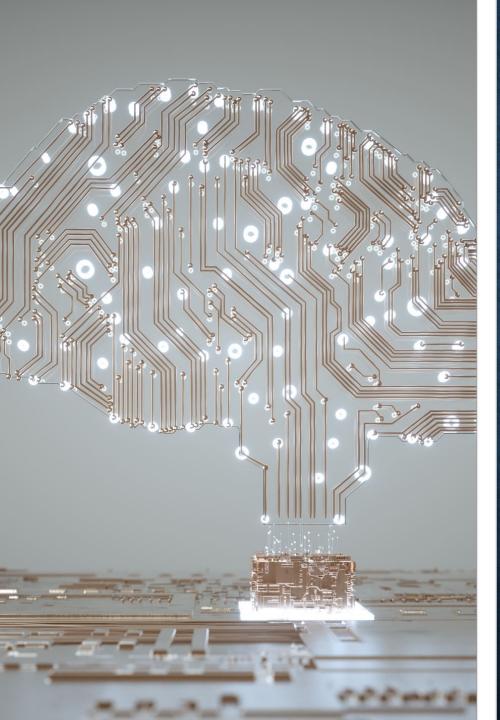


Applications of AI in Healthcare



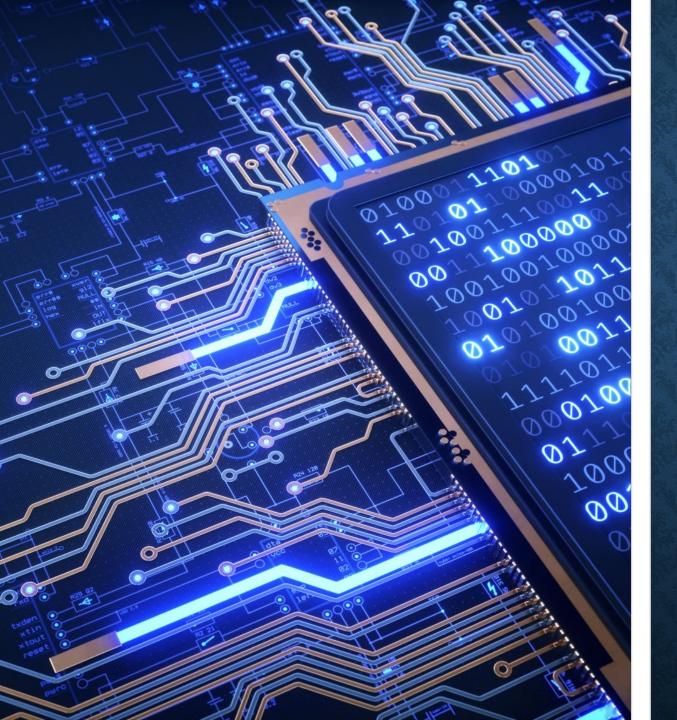
Concerns regarding AI in Healthcare

# POLL: WHAT IS YOUR CURRENT LEVEL OF UNDERSTANDING OF ARTIFICIAL INTELLIGENCE (AI)?



# WHAT IS ARTIFICIAL INTELLIGENCE (AI)?

- AI = the use of machines to mimic human intelligence
  - Machine Learning = a form of AI where machines take in large amounts of data and learn based off of patterns, without needing direction from humans



## GENERATIVE ARTIFICIAL INTELLIGENCE

- Generative AI = artificial intelligence that can be used to create new things such as text, video, images, audio, and much more
  - ChatGPT = a free online platform that allows you to input a question and it will generate a response on a wide variety of areas:
    - Problems
    - Coding
    - Math
    - Games
    - Jokes
    - Poems, etc.

# POLL: ROUGHLY HOW MANY PEOPLE CURRENTLY USE CHAT GPT?

# THERE ARE CURRENTLY ROUGHLY 180 MILLION USERS OF CHAT GPT

#### TODAY'S OUTLINE



Overview of AI



**Applications of AI in Healthcare** 



Concerns regarding AI in Healthcare



# HOW DOES ALL OF THIS APPLY TO HEALTHCARE?

- Artificial Intelligence (AI) has many current and future applications within the field of healthcare:
  - Improving diagnoses
  - Reducing administrative work
  - Drug discovery
  - Helping with virtual/rural healthcare
  - Surgery

#### **DISCLAIMERS**

I WILL BE MENTIONING A NUMBER OF AI COMPANY NAMES THROUGHOUT THE PRESENTATION, I AM IN NO WAY CONNECTED TO OR RECEIVING FUNDING FROM THESE COMPANIES. THESE ARE JUST EXAMPLES AND NOT AN EXHAUSTIVE LIST.

Analysis of retina scans: algorithm by MetaOptima has recently received Health Canada Licensing

Assessing cognitive function: Linus health product analyzes traditional tests and other cognitive metrics in a digital form to efficiently assess a patient's level of cognitive function

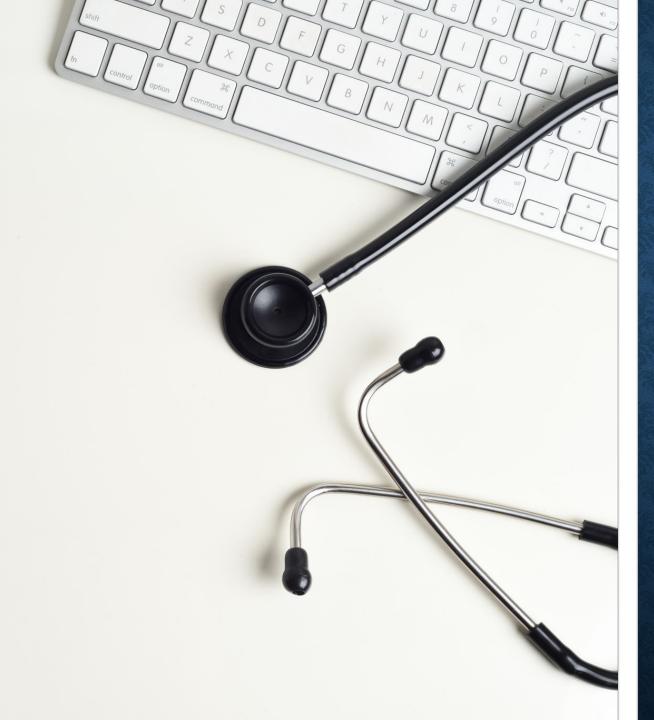
Analysis of radiology images: Enlitic product helps guide diagnoses

#### DIAGNOSTIC PROCESSES



#### DRUG DISCOVERY

- Screening for molecule combinations and potential efficacy against disease targets
  - Allows for novel drug developments
  - Recent development of this was by the startup company Cyclica where they used this technology to create a drug for COVID therapy within a few months



#### REDUCING ADMINISTRATIVE WORKLOAD

- This is something that is being tried at Unity Health in Toronto:
  - Assigning nursing tasks
  - Summarizing patient data

#### PATIENT MONITORING SYSTEM

- Early Warning System for Patients:
  - CHART WATCH = a system that will provide hourly risk scores for patients and act as an early warning system if the patient is expected to deteriorate or need intensive care
  - Since its inception in 2020 there was a 26% reduction in relative risk of deaths for non-palliative patients at St. Michael's Hospital (part of Unity Health Toronto)



#### VIRTUAL/RURAL HEALTH

#### Virtual Assistant

 Answer questions about common conditions and connect patients to healthcare professionals

#### Remote patient monitoring:

 Wearable devices for chronic condition identification and management without need for inperson visit

# POLL: HOW WOULD YOU FEEL TALKING TO A VIRTUAL ASSISTANT?

#### SURGERY



- AI can complement the work of a surgeon
  - Anticipate events
  - Display warnings
  - Offer suggestions



# SOME FUTURE DEVELOPMENTS

- Potential future approval of AI for interpretation of medical images in Canada
  - There has been some approval in the US

- Potential future approval of ChatGPT-like programs for use in medical settings
  - Concerns regarding the control of this if big corporations are running them. Publicly available options are emerging.

# 10 MINUTE BREAK

#### TODAY'S OUTLINE



Overview of AI



Applications of AI in Healthcare



Concerns regarding AI in Healthcare

# POLL: WHAT ARE SOME CONCERNS YOU HAVE REGARDING AI IN HEALTHCARE?

#### OVERVIEW OF SOME CONCERNS

Privacy concerns

Bias

Mistakes being made

Replacing jobs

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# PRIVACY AND AI IN HEALTHCARE

- There are concerns regarding the use of patient data for machine learning
- There may be alternative motivations for private corporations using this data
- Regulation may not be able to keep up with technological development
- Balancing data access vs. restriction

#### BIAS

01

AI gains information from people, and people have biases

02

Disadvantaged populations can be further disadvantaged

03

Regulators need to lay out clear requirements regarding mitigation of this bias



# REPLACING HEALTHCARE JOBS

 Concern regarding AI becoming more efficient/less costly and replacing jobs

• Patient's need for compassion

 AI is primarily currently being designed to complement and not replace jobs

#### AI MAKING MISTAKES

 Concerns regarding the newly developing technology not being validated enough for clinical use

#### HOW IS IT BEING REGULATED IN CANADA?



Health Canada regulates AI as "software as a medical device" or SaMD



Health Canada will also regulate "adaptive" SaMD that is able to learn on its own, even after it has gone to market

# POLL: HOW ARE YOU FEELING ABOUT THE PROSPECTS OF AI IN HEALTHCARE?

#### SUMMARY



AI is a burgeoning field that is constantly changing with many applications within healthcare



Important to balance these potential benefits with regulations that ensure patient privacy and safety

#### REFERENCES

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### QUESTIONS?





# POST LECTURE SURVEY

Please consider filling out our postlecture survey:

https://ubc.ca1.qualtrics.com/jfe/form/SV\_d cgYOe6HKLSB0Jo