

REQUEST FOR EXPRESSION OF INTEREST
FOR CUPE 4163 (Component 3) SESSIONAL INSTRUCTORS September through December 2026

The Counselling Psychology program at the University of Victoria invites expressions of interest from individuals interested in sessional teaching in our undergraduate programs.

This call is specifically for courses offered in the 202609 Term. Appointments are subject to sufficient funding and enrollment in courses.

Fall 202609 (September – December 2026)

Course		CAP	Course delivery
CNPY 277 A01	Resilience and Coping to Overcome Adversity —1.5 units	120	OL asynchronous
CNPY 417 A02	Skills for Effective Interpersonal Communication — 1.5 units	35	F2F Wednesday 16:30 – 19:20
CNPY 418 A01	Introduction to Theories of Counselling— 1.5 units	200	OL asynchronous
CNPY 518 A01	Advanced Seminar in Theories of Counselling Psychology — 1.5 units	15	F2F Thursdays 9:30 -12:20
CNPY 512 A01	Research Methods and Program Evaluation in Counselling — 1.5 units	15	F2F Thursdays 13:30 – 16:20

*F2F – face-to-face on campus course delivery

*OL – online distance course delivery

Course scheduling is subject to change. Please review day/time at
https://www.uvic.ca/BAN1P/bwckschd.p_disp_dyn_sched

General responsibilities for teaching include:

- Delivering F2F classroom or distance learning sessions
- Consulting with students and being available to them through office hours
- Evaluating student learning, including grading of assignments
- Working collaboratively with other instructors
- As required, consultation with Faculty course Lead or Director regarding the course structure and curriculum
- Working knowledge of instructional technology

Qualifications:

- A Master's degree in Counselling or related Discipline
- A Doctorate degree in Counselling or related Discipline for CNPY 518 & 512 as these are graduate-level courses
- Recent experience working in the field of Counselling
- Experience in delivering online courses using Brightspace by D2L or other similar learning management system is preferred.

Union information:

- The Salary range for 1.5 units of teaching is outlined in the CUPE 4163 collective agreement here: <https://www.uvic.ca/hr/pay-benefits/salary-schedule/index.php>
- Further information on the contract can be found here: <https://4163.cupe.ca/>
- Sessional instructors based outside of British Columbia are non-union employees and do not receive any rights and benefits under the CUPE 4163 Collective Agreement.

Application information:

All expressions of interest must include the following information:

- 1) Identify the course(s) name/number(s) of interest to you (ideally in priority order)
- 2) A short explanation of why you feel that you are a good fit for teaching your selected courses
- 3) Cover letter and current CV
- 4) Proof of highest degree obtained
- 5) Names of and contact information for at least three references

Please submit your application package via email by **16:00 Friday, June 26 2026**, to:

Dr. Fred Chou, Program Lead c/o Counselling Psychology Program Coordinator at kholder@uvic.ca

For further information on the Counselling Psychology program, please see our website:

<https://www.uvic.ca/health/programs/graduate/counselling-psychology/index.php>

The Counselling Psychology Program reserves the right to fill future teaching assignments for this term from the pool of applicants for this posting. Appointments are subject to sufficient funding and enrollment in courses.

Equity Statement:

The Counselling Psychology Program at the University of Victoria acknowledges and respects the Lək̓ʷəŋən (Songhees and X̱wsep̓səm/Esquimalt) Peoples on whose territory the university stands, and the Lək̓ʷəŋən and W̱SÁNEĆ Peoples whose historical relationships with the land continue to this day.

The University of Victoria is committed to upholding the values of equity, diversity, and inclusion in our living, learning and work environments. Through our curriculum and in our workplace culture, the Counselling Psychology program is committed to providing a supportive environment that attracts and retains a diverse and flourishing community. We promote equity in terms of gender, sexual orientation, ethnicity, race, Indigeneity and abilities. In pursuit of our values, we seek members who will work respectfully and constructively with differences and across levels of power. We actively encourage applications from members of groups experiencing barriers to equity. The University's full equity statement is located at: www.uvic.ca/equitystatement