



SSHRC CGRS-D Fall 2026 Applicant Self-Checklist

[CGRS-D program website](#)
[SSHRC Online System](#)

[SSHRC application instructions](#)
[UVic Faculty of Graduate Studies CGRS-D website](#)

Application form

- ☐ Select CGRSD
- ☐ Select Option A or B: contact FGS to confirm we can see your application in the UVic competition

Academic background

- ☐ Matches transcripts
- ☐ End date of a program = when requirements met as indicated in transcript, not convocation date

Award applied for

- ☐ Start date: choose from May 1, Sept 1, or Jan 1
- ☐ Review your eligibility for supplements

Months of study in doctoral program

- ☐ If you transferred from a master's to a doctoral program (with no master's awarded), count your months of study from the date your transcript shows the transfer to a doctoral program
- ☐ 3.0 units or more per term = full time. One full time term = 4 mo. of study.
- ☐ Fewer than 3.0 units per term = part time. One part time term = 2 mo. of study.

Allowable Inclusions (optional section)

- ☐ Be brief: facts and dates
- ☐ Privacy of others protected

Outline of proposed research

- ☐ 2 pages maximum
- ☐ Use way-finding headings/sub-headings

Bibliography

- ☐ 5 pages maximum

Contributions and statements

- ☐ 2 pages maximum
- ☐ Use headings and formatting provided in the SSHRC application instructions

Transcripts

- ☐ UVic transcript may be official or unofficial Administrative transcript
- ☐ Transcripts from other institutions must be official
- ☐ Complete and up-to-date
- ☐ Legend included for each transcript
- ☐ English, French, or accompanied by a certified translation
- ☐ Scan together as a single document

SSHRC online presentation and attachment standards

- ☐ Met

Letters of Appraisal

- ☐ Ask referees to submit prior to deadline