We have enjoyed our time at University Housing and met some amazing people here. The community here is fantastic and we have formed some great friendships over the years. To anyone new moving in, I highly recommend getting to know your neighbour's and going to the Family Center events, it really fosters a sense of community within family housing. We will miss family housing and the beautiful area it is situated in. Thank you everyone for making our time here so special.

Rob, Delyth, Holden, and Theo

We wish you all the best in your new adventure Rob and Delyth. For all of us who got to know you, it has been such a pleasure.

Remember that Monday, October 9th is a statutory holiday for Thanksgiving. The Family Centre will be closed on this day.

Whether with family or friends, take the opportunity to rest and be thankful this coming Thanksgiving.

Happy Thanksgiving from all the staff at the Family Centre

<table>
<thead>
<tr>
<th>Family Centre Weekly Programs</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Monday – Family Learn and Share</td>
<td>10:00am-12noon</td>
</tr>
<tr>
<td>Tuesday – After School Program</td>
<td>3:30-5:00pm</td>
</tr>
<tr>
<td>Wednesday – Early Learning Program</td>
<td>10:00am-12noon</td>
</tr>
<tr>
<td>Friday – Early Learning Program</td>
<td>10:00am-12noon</td>
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</tbody>
</table>

In addition to weekly programs, the Family Centre is open Mondays 9-2pm; Wednesdays 9:30-3:00pm; Thursdays 1:00 - 5:00pm and Fridays 9:30 - 1:30pm. We also have monthly book clubs and special events. For more information please check out our Facebook page or contact us at familyc@uvic.ca.
Welcome to our 2017/2018 practicum students

You’ll see these friendly faces helping out at our programs and events over the next 2 semesters

I am Gurveer. I am a new practicum student at the UVic Family Centre. I am a second year student at Camosun College in the Community, Family and Child Studies program. I am really excited to work at UVic Family Centre because I will get a chance to work with families from different countries and backgrounds. I will get an opportunity to make relationships with not only those families but also with the staff at UVic Family Centre and to learn a lot from all of them. I really like to meet new people, know about them and their different culture, rituals and different ways of doing things. I feel I will have a great time at UVic Family Centre.

Hi everybody! My name is Jake and I will be working here at the Family Centre as a practicum student from September to April. I’m 23 years old and was born and raised in Chilliwack, BC. I’m currently studying Child and Youth Care here at UVic. When not studying or working, I love hanging out at Cadboro Bay, petting cats, watching Netflix and playing Mario Kart. I look forward to meeting you! – Jake

Music & Munch

Following the Early Learning Program on Wednesday, October 4th, please stay and join us for 'Music & Munch' where we’ll enjoy a lunch of vegetable soup & crackers together followed by a time to gather for songs and rhymes. This program is intended for 0 - 5 year olds with their parent/caregiver and will run from 12 noon to 1:00pm.

Halloween at the Family Centre

Stop by the Family Centre 4:30-6:30pm on Halloween for hot chocolate and cookies. They’ll be some goodies to take home too.
Afterschool Program (Grades 1-6)

Every Tuesday, 3:30-5pm. Come and join the fun!

Hello! We are your new Afterschool Program Coordinators. (From left to right) Jake is in his third year of the Child and Youth Care Program and a current practicum student at the Family Center, Leah is in her third year of the Child and Youth Care Program and Shayna is in her third year of the Elementary Education Program. We are all studying at University of Victoria. Our first day of the program is TUESDAY, October 3rd. We are so excited to meet you all and looking forward to a fun filled year ahead! See you on TUESDAY at 3:30pm!

Fall Term in Bangla School

Let’s continue learning Bangla! After the success of our first term in summer, we are ready to start another term this Sunday, October 1st 2017. Like before, we will gather every Sunday from 11am to 1pm until the winter holidays start at the UVic Family Centre at Lam Circle. Last term, we concentrated mostly on speaking. This term we will advance to reading and writing. Here is a fun fact about Bangla. Bangla is one of the languages where you “speak” what you “read”. There is a fancy term for it, “orthographic depth”, that measures how much the spoken form deviates from the written form. Bangla has very shallow depth (so it is easy to learn swimming in Bangla! just kidding!) like Spanish, Turkish and Finnish. So if one can read Bangla, they would be able to speak it very well. Come join us every Sunday to learn more about this widely-spoken language and make friends with people who speak Bangla. It will be fun!

Campus Security

For emergencies call 250 721-7599, non-emergencies 250 721-6683. The non-emergency number can be used for questions or requests for information or services.

Campus Security should be contacted any time there is a concern for safety or security, basically any situation where a person could be hurt or property could be damaged. In the event of a life-threatening situation, 911 should be contacted first, followed up by a call to Campus Security. This is important, as Campus Security can provide interventions such as CPR, assistance with evacuation or fire fighting, until Police or Fire departments arrive on scene.

Campus Security’s Personal Safety Coordinators Allison Eddy and Fiona Puszka are available to answer any questions regarding safety and security on campus. Their phone number is 250 721-8981, email is psc@uvic.ca.

For more information on Campus Security’s services and programs, check their website at www.uvic.ca/security.

THE MARKET

Free Groceries

WHAT? Tuesdays

WHEN? 6-8PM

WHERE? Family Centre

In Partnership with living edge
Programs and Events

**Family Learn and Share**
On Monday mornings from **10:00am-12:00pm** the Family Centre hosts a drop-in program for families to interact and learn from one another. Each week there is a designated focus topic and facilitator.

- **October 2nd** – Jane Wismer, Public Health Nurse
- **October 9th** – Thanksgiving – STAT Holiday no program
- **October 23rd** – Nadia Arif – Reduce, Reuse, Recycle! UVic Waste Management
- **October 30th** – All Things Orange! Come wearing orange and do some ‘orange’ activities!!!!

**Early Learning Program:**
Families are welcome to this drop-in program that runs on Wednesday and Friday mornings from **10:00am-12:00pm**. Learning through play is encouraged in an environment that promotes children’s inherent love of learning and sense of wonder. Each morning session concludes with a storytime with songs/music as well as an opportunity for outdoor play.

**After School Club:**
School Aged Kids (Grades 1-6) are invited to the Family Centre's After School Club on **Tuesdays from 3:30 - 5:00 pm**. We will be doing a variety of activities each week. These might include outdoor games like soccer, tag, and croquet, as well as puzzles, projects, board games, talent shows and crafts. **Please make sure your kids are dressed for the outdoors.**

**Book Club:**
The Family Centre has a book club that meets on the **third Thursday of each month** to discuss a novel chosen by the group. If you enjoy reading and would like to get together with others please come along. To find out more join our Facebook group or send us an email at familyhousingbookclub@gmail.com.

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**Goodlife Victoria Marathon. Oct 8th, 8am-3pm. Victoria Parliament Buildings.**
As renowned runner Bart Yasso stated “The course is the perfect combination of, downtown, picturesque waterfront, quaint neighbourhoods and Victoria charm”. Whether taking part or spectating, this is a fun event. There is a distance for everyone with the marathon, half marathon, 8K road race, marathon relay and kid’s run.

**Fernwood Student Dinner Night. Every Wednesday, 6-7:30pm. Fernwood Community Centre Gymnasium.**
Drop in for a healthy meal, games, activities, live music, and free groceries through the Food Share Network. All are welcome to attend the youth and student dinner night. **Cost: Drop-in/$5 suggested donation, no one turned away due to lack of funds.**

**Pumpkin Art on Oak Bay Avenue. Oct 27th-31st, 5-9pm. Located behind the Oak Bay Municipal Hall, 2167 Oak Bay Avenue.**
This fall Oak Bay Avenue will be transformed into a sea of orange. From the streetlights to the shop windows, pumpkins will take over this quaint village during the Halloween season. The event features hundreds of pumpkin carvings set up in themes featuring cartoon characters, prime ministers, presidents, TV personalities, The Royal Family and more.

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**Flu Shot**
Are you interested in getting a flu shot at the Family Centre? For the last number of years we have offered a flu shot clinic at the Family Centre. If you are interested in us offering this again please let us know (email us at familyc@uvic.ca) and we’ll see what we can do.