

# NEWS & VIEWS

A COMMUNITY NEWSLETTER FOR STUDENT FAMILIES AT UVIC



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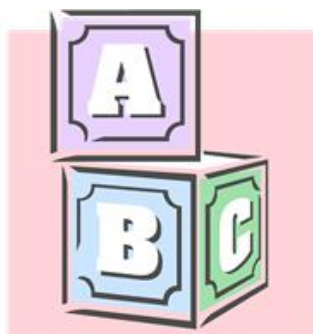
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## New at the Family Centre: Toy Lending Boxes Thanks to Island Savings Credit Union!!



The Family Centre is pleased to announce the launch of our newly formatted toy and book library. Through financial support provided by Island Savings, the Family Centre has a new system through which student families can access toys, books and CDs. We now have themed boxes, which families can borrow for up to two weeks. Each box contains a selection of books,

toys and CD's geared towards children that are under five years of age. We currently have four such boxes, 'Construction'; 'Cooking'; 'Families'; and 'The Farmyard'. The plan is to add more kits each year. The library also includes blocks, puzzles and other materials for loan. Come check it out!



## Come and Join the Halloween Fun

Celebrate Halloween with Campus Security and the Family Centre on Thursday, October 31st from 4:00 -6:00 pm.

There will be games, face painting and treat bags for the kids. Warm up with a hot chocolate and a cookie. Come in costume!

## Family Centre Weekly Programs

<b>Monday – Family Learn and Share</b>	10:00am-12noon
<b>Monday – Make and Take</b>	7:00-9:00pm
<b>Wednesday – Under 5 Playgroup</b>	10:00am-12noon
<b>Wednesday – Afterschool Program</b>	3:30-5:00pm
<b>Friday – Under 5 Playgroup</b>	10:00am-12noon

In addition to weekly programs, the Family Centre is open Monday (9:30-12), Tuesday (11-3), Wednesday (9:30-3:00) and Friday (9:30-12). For more information contact the Family Centre through Facebook or by email at [familyc@uvic.ca](mailto:familyc@uvic.ca).



Find us on Facebook

### Nature in Our Neighbourhood

The plant below is a variety of 'Burning Bush'. The burning bush, or *Euonymus alata*, is a popular deciduous landscape shrub. The reason it is so popular is because of the brilliant red color this plant displays each fall. The red fall color is stunning and right now you can witness it all around Family Housing.



### Home is a Beautiful Word: Kids and Teen Art Contest

GVPL asks: What does home mean to you? What would it be like to live without a home? Let your creativity fly free, create and submit an original piece of art between November 1-30, 2013 and be entered into a prize draw. For more information visit : <http://www.gvpl.ca/programs-and-events/contests-and-games>.



### Gobble Gobble!

Thanksgiving is just around the corner.

Wishing all who celebrate this holiday of stuffing and cranberries

a **Happy Thanksgiving** this October 14th!

### Introducing Kellie Lanktree

My name is Kellie, and I am in my 4<sup>th</sup> year of the Child and Youth Care program at UVic, specializing in the early years. I moved to Victoria from southern Alberta three years ago for school, and I don't plan on moving back there! Outside of school time, I enjoy to stay active by hiking, running, and anything else outdoors. I am excited to have my final practicum at the Family Center, and look forward to meeting you all!



### Introducing Rebecca Zunder



Hi! My name is Rebecca Zunder and I am a 3<sup>rd</sup> year transfer student in the Bachelor of Child and Youth Care program at UVic. Last year, I graduated from Algonquin College where I received my advanced diploma in Child and Youth Work. I have 5 years of experience working with children and youth in both school and recreational

settings. I'm so excited to join the amazing team at the Family Centre!

I just recently moved to Victoria from Ottawa, Ontario where I was born and raised. Back home, I enjoyed teaching competitive dance, spending time at the cottage, and hanging out with friends and family – especially my dog! I love to dance, travel, and explore new things and can't wait to see what Victoria has to offer me!

### After School Program October 2013

Wednesday October 9 - **Going for a Walk** - Come explore some of the near by trails of forest immediately behind family housing. We'll have some fun games and activities to keep you going!

Please come prepared with proper outdoor coats and footwear. If the weather is not helping us out, we will substitute for an indoor activity.

Wednesday October 16 - **Getting Crafty** - This week we'll be doing some great fall themed crafts. There will be different options to meet your crafting preferences, so even if crafts aren't usually your thing, we'll have something for you too!!

Wednesday October 23 - **Games Galore** - This week will be all about the games! Kids will choose what sort of games they would like to play,...Board Games, indoor games, outdoor games, big games, small games. The options are endless, and we will continue to discuss this throughout the month.

Wednesday October 30 - **All things Halloween!** Children are encouraged to come dressed up either in costume or Orange and Black. We will plan to do some halloween focused games, pumpkin carving and perhaps a few sweet treats!

As much as we can plan for our weekly activities, please note that we may need to change the order of things if necessary. Also please have your child prepared for outside play. Even if the weather seems dreary, we will take advantage of any outside play we can get--even if it's only a few minutes!



Thanks to everyone who joined us and brought yummy food to our Welcome Potluck in September!



Try these easy and healthy Halloween snacks. The banana ghosts are made with chocolate chips. The pumpkins are made of orange and celery sticks.

The UVic Family Centre will now be distributing its newsletter by email through the UVic Housing Office. If you would like the newsletter sent to an additional email, please send them to [familyc@uvic.ca](mailto:familyc@uvic.ca).

# Programs and Events

## Family Learn and Share

On Monday mornings from **10am-12noon** the Family Centre hosts a drop-in program for families to interact and learn from one another. Each week there is a designated focus topic and facilitator. Please see page 2 for more information. Please contact us by email, phone or Facebook if you have any questions or suggestions.

## Playgroups:

On **Wednesday and Friday** mornings from **10am-12noon**, the Family Centre hosts fun and energetic playgroups for children under five with their caregiver. Join us for arts and crafts, free play, circle time, and snack.

## After School Club:

School Aged Kids (Grades 1-6) are invited to the Family Centre's After School Club on **Wednesdays from 3:30 - 5:00 pm**. We will be doing a variety of activities each week. These might include outdoor games like soccer, tag, and croquet, as well as puzzles, projects, board games, talent shows and crafts.

## Make and Take:

Need a night out? The Family Centre is open on **Monday** evenings from **7-9pm**. Currently the group is working on knitting projects, but feel free to bring your own craft project along and work on it while getting to know other people in the community. Don't have a craft project? Can only make it for an hour? Come anyway! The kettle is always on and we'd love to see you!

## Book Club:

The Family Centre has a book club that meets on the third Thursday of each month to discuss a novel chosen by the group. If you enjoy reading and would like to get together with others please come along. To find out more go to our Facebook page.

# Community Events



## **Story Club**

**Nellie McClung Library**

**October 7th, 3:30-4:30pm**

Listen to stories, talk about your favourite books, and enjoy fun activities. Snacks included. This club is for kids who love stories regardless of reading ability. For ages 5-8.

## **Broom Bash**

**Uplands Park**

**October 19th and 20th, 1-4pm**

Become stewards of the Garry Oak Ecosystem. Bring your family, tools (loppers and pruners) and gloves to join in the fun of weeding out Scotch Broom, ivy and daphne. Meet on Beach Drive at the entrance to Cattle Point and sign in at the information and registration table. This is supported by Oak Bay Parks and helps this endangered ecosystem and the 31 rare plant species. Some tools and gloves are available. Refreshments.

## **Art with Andrea: What does home mean?**

**Nellie McClung Library**

**October 25th, Time to be announced**

Home is where the heart is, so what would it be like to live without a home? Explore media, look at art, and create your own mini-masterpiece on the theme of 'home' with Art Gallery of Greater Victoria instructor Andrea Soos. For ages 6-9. Supplies generously provided by the Art Gallery of Greater Victoria.

## **Batwings and Broomsticks**

**Oak Bay Library**

**October 31st, 10:30-11:30**

Try out your Halloween costume before the big night. Join us for a Halloween storytime filled with not-so-scary stories, fun songs, an easy holiday craft and a not-too-spooky film. For ages 3-5.