

News & Views



University of Victoria Student Family Housing Newsletter

The Family Centre
Director: Martha McAlister
Faculty Coordinator: Barb Whittington
39208-2375 Lam Circle
mail: PO Box 1700 STN CSC
Victoria, BC V8W 2Y2.
tel: 472-4062 fax: 472-4669
e-mail: familyc@uvic.ca
web: web.uvic.ca/family-centre

Hours for January

Tuesdays 9:30am - 5:30pm
Wednesdays 7:00am - 3:00pm



Tuesday mornings:
Storytime and Coffee Klatsch
10:00am - 12:00am



Tuesday afternoons:
Chess club
3:00pm - 5:00pm



Wednesday mornings:
Breakfast Club
7:00am - 8:30am



Wednesday mornings:
Playgroup and Coffee Klatsch
At Childcare Services Complex B
10:00am - 12:00pm

Friday afternoons: (Jan. 23rd)
Latin American Mom's Group
12:30pm - 2:30 pm



Friday Night: (every 2nd week)
Knitting Night
7:00pm - 9:00pm

Welcome •Wilkommen
Bienvenue •Bienvenida
Bem Vindos • Witamy
Maligayang Pagdating

مرحبا

Our Long List of Thanks

Thanks to UVic Campus Security Lost and Found for a wonderful donation of items for our clothing exchange. Also, many thanks to Campus Security, especially Ken and Fiona for their donation of a Christmas Hamper for a UVic family.

Many thanks to the School of Social Work for their donations to students with families this Christmas season. With the money that they have given, we will be able to offer various gift certificates to families through the year to spread out the goodwill longer. Look for more news about this in the next newsletter!

Thanks to Susan and Dennis Anderson once again for their generous donation to the Family Centre toy library. Each year they like to give a gift in loving memory of their daughter. This is greatly appreciated and her spirit lives on in the joy that other children can receive from your generosity.

Many thanks to Lisa, one of our new parents in Family Housing, for organizing a very successful lantern walk. Almost 20 kids, along with their parents, made beautiful lanterns and then walked around the neighbourhood lighting up the night with their candles. We hope this will become an annual tradition!

We would also like to thank; Christine, our storytime storyteller, for all her work on Tuesday mornings; Jen, who volunteers at playgroup on Wednesday mornings; Dana, our social work practicum student, for all her work this term; and Sam, who delivers the newsletter.

Year End Closure

The Family Centre will be closed on Wednesday December 24th through until Tuesday January 6th for the Christmas holiday.



Submissions to the News & Views

Items for the newsletter may be sent via e-mail to the editor Katherine Tevaarwerk (klt@uvic.ca), and will be included on a first come, first served basis. Please limit your submissions to a maximum of 250 words, and include a name and contact address. Please note that due to incompatibilities between the many extant versions of the software, Microsoft Word (.doc) attachments will not be accepted. **Deadline for Submissions - 20th of each month**



Family Centre News

The Good Food Box

The Good Food Box. If you would like to purchase a box of fresh fruit and vegetables, please have your money (\$5, \$10, or \$15) to the Family Centre by Wednesday, January 14th at 3:00 pm.

Your box will be available for pick up at the Family Centre on Wednesday, January 21st between 3:00pm and 4:00 pm.



Clothing Exchange

Clothing Exchange will be on Tuesday January 20th. Come and check out our selection of clothing for all ages, or make a donation of clean, good condition clothes that you are finished with.

Latin American Mom's Group

Latin American mom's group! Beginning in January there will be a group meeting at the Family Centre every other Friday from 12:30pm to 2:30pm. The first meeting will be on January 23rd. If you are a Latin American mom, and would like to get together for discussion and support, please contact Veronica Pacini-Ketchaban (721-6478) at the School of Child and Youth Care for more information.

News & Views on Web

The Family Centre website now has past and current editions of the newsletter available to download in .pdf format. Just go to the website web.uvic.ca/family-centre and follow the News & Views link.

Students with Children Report Out Soon

A big thank you to Michelle Finkelstein who has just completed the finishing touches on the report "Who cares? The experiences of students with children at the University of Victoria." It will be available to read in the New Year.

Persian Language Classes for Children

Persian language classes for children continue on Saturdays from 9:30am to 12:00pm at the Family Centre. So far there are four children in the class. Call the teacher, Mrs. Nassagi at 477-7556 if you are interested.

Catching Our Breath

Catching Our Breath is a program for women who want to change their smoking behaviour. It is a facilitated group program specifically designed to meet the needs of women. Pregnant women and women with children up to 5 years of age are eligible. The program is free and participants meet once a week for 10 weeks. Each session is 2 hours in length. Participants are not required to have quit smoking by the end of the program, nor do they have to sign contracts, take blood tests or make any commitment. There is a childminding service for participants. It is available free of charge for children up to 5 years of age. Free bus tickets are also available for travel to and from weekly sessions. The program is offered three times in 2004: January 12th to March 15th at Saanich Neighbourhood Place, February 2nd to April 15th at Victoria Health Unit, 1947 Cook St., September to November in Western Communities - location to be announced. To apply for the program, drop by the Family Centre and pick up a brochure.

Farewell and Good Luck

After eight years living in Family Housing, Patty Hudson Brad Miller, and their sons Rowan and Mariet, moved south to Aiken, South Carolina at the end of December, where Brad secured a position as a nursery scientist for Weyerhaeuser. We wish them good luck with their move and in settling in to their new lifestyle. Hopefully they will write us in a few months and give us an idea of life as a Canadian in the Southern States.

Family Housing Representatives

Still looking for block reps in Family Housing! We would like to start a neighbourhood communication network making use of representatives from each block in Family Housing. This is a way for you to volunteer in your community without having to commit much time. The purpose would be to share information throughout the year about special events, perhaps to welcome new neighbours into your block, etc. You may have ideas of your own for how to build community through the use of a network. Please call or email the Family Centre and give us your name, email and unit number. For the apartment buildings we would like one representative from each floor. In the townhouses we will divide it up according to how many reps we get, but roughly unit numbers 100 to 400, 500 to 1100, 1200 to 1500, 1600 to 2000, 2600 to 3000, 3200 to 3700

Childcare Available

Do you need reliable childcare? Full-time, part-time or casual? Let's talk!

My name is Lori Harraway and I live here in family housing with my husband and 14 month old daughter. I can be reached at 721-5184. I love kids and have spent many years watching them grow. I can provide a safe, fun home or would consider coming to yours. Looking forward to meeting you.

Hummingbird Weekend at Swan Lake

Hummingbird Weekend: January 24 & 25, 12:00pm - 4:00pm
Visit the Nature Sanctuary and view displays and pictures about Hummingbirds.

Press Conference With Anna: Saturday, Jan 24, 1:00pm - 3:00pm

Be a member of the "Press Conference" and interview Ms. Anna Hummingbird the smallest bird living in Victoria. Find out how these birds feed, survive the winter and fly better than a helicopter. Displays and crafts for ages 5 and up. Drop-in program, donations appreciated.

Hummingbirds for Adults: Sunday, January 25, 2:00pm

How do you attract and keep hummers in your garden? Calvor Palmateer, gardener and owner of *For Wild Birds and Gardens* gives a slide illustrated presentation about Victoria's smallest bird. He'll share his knowledge of hummingbird foraging on both native and non-native plants, and fascinating facts about hummingbird biology. Hummingbird display. Donations appreciated.

Cinecenta

Children's Matinees at Cinecenta
Saturdays and Sundays at 12:30 pm
All seats \$3.75

www.cinecenta.com

January 10th & 11th - *Finding Nemo*

January 17th & 18th - *Good Boy!*

January 21st & 22nd - *Willy Wonka and the Chocolate Factory*

January 28th & 29th - *Brother Bear*



**Happy
New
Year!**

Updates from Family Housing Alumni.

Hello to everyone down in Victoria from Natasha, Luke, Callista, Anika, Josiah, and Alexander Teufel.

We lived in family housing for about three years and loved it. We moved up to Campbell River at the end of September 2003 and we are really enjoying living in our new house. It is about twice the size of our two bedroom townhouse and downstairs is perfect for the kids playing and home schooling. We can see the ocean and the mountains and we are about a five minute drive to downtown or the beach.

We've met up with some old friends and made a few new ones (We moved to Victoria from here) although we are living in a neighborhood of older people. We were the only ones with little kids so on Halloween it was a big deal going to each house. Christmas will be a bit crazy this year for us because we are around a lot of family.

Luke is really enjoying his job managing the White Spot and I've been keeping busy with home schooling and going to the different playgroups. They are well organized but it sure makes the kids and I miss living down there.

We have painted and replaced the floor in the dining room. I'm just finishing re-doing the cupboards in the kitchen....lots of work!!! We hope to plant a garden and build a sand box in the spring.

Anyways we are doing well but we sure miss the neighborhood down there...

We are thinking about all of you... God Bless...

Luke, Natasha, Callista, Anika, Josiah, and Alexander Teufel

New Swim Program for Children

The Lightning Fast Swim Series, for children ages 5 to 10, is a new and innovative skill-based swimming program designed to be mastered quickly by young children. Swimmers must have completed AquaQuest Level 5 or 15 metres freestyle. Class size 4-6 per instructor. Cap and t-shirt provided for each participant. Classes run on Saturdays, starting January 17th until March 13th, from 12:15pm - 1:00pm, at the McKinnon Pool. Cost for the eight lesson program is \$53.10 for RecPlus members, and \$59.00 for non-members. For more information see the new RecPlus guide, or visit the website at <http://web.uvic.ca/atrsweb/recplus>.





Make Money Tutoring

Interested in making some extra cash this spring? How about signing up to be a tutor? Looking for students to tutor almost any subject at any level (including high school). Sign-up now for the spring 2004 term at Career Services, Campus Services Building, Room 110 (same building as the bookstore). Open to currently registered UVic students only! Sorry, International Students are not eligible as this is considered "off-campus" employment.

Sign Up For SWAP

Looking to earn some extra cash this spring term? Sign up now for the Seniors/Students Work Assistance Program (S.W.A.P.) The program helps you to find casual work with senior citizens for \$10.00/hr. Sign-up now for the spring 2004 S.W.A.P. term at Career Services, Campus Services Building, Room 110.

CDC Final Report Published on Web

The final Report of the Campus Development Committee (CDC) Review Team is available on the Web at www.uvic.ca/campusplan/cdcreview/cdcreview-nov03.html. The review of the CDC has taken place over the last six months. The Terms of Reference for this review were developed following consultation with the broader community. As part of the review the Team carried out a detailed consultation. They received written and oral submissions from members of both the on- and off-campus communities and examined the campus planning processes at other universities. The Report presents constructive ideas for planning the development of the UVic Campus and outlines a total of 21 recommendations. Its recommendations include more consultation and transparency in the campus planning process, a restructuring of our advisory committee on campus planning, and increased support for Facilities Management to enable an enhanced focus on campus planning and sustainability.

Possible CUPE Strike in January

The University remains hopeful that the ongoing negotiations with members of CUPE Local 4163 Component 1 (Teaching Assistants) and Component 2 (Second Language Instructors) will lead to an agreement without the disruption of a strike. The Union has taken a strike vote. A mediator is currently working with the parties in an effort to reach a collective agreement.

However, job action may occur. The University does not control the timing and nature of a strike by the Union. It is possible that we may experience labour disruption on January 2nd or the first day of classes (January 5th). For more details, visit the Announcements section of the UVic website (www.uvic.ca).

Aiding Youth for Life (AYL)

Aiding Youth for Life (AYL) is a creative youth-based international aid organization that encourages the entrepreneurial quality of all those involved. AYL offers summer internship opportunities to North American University students wishing to spend their summers in East Africa. Our internships provide selected applicants the opportunity to empower and educate East African youth regarding ways to prevent HIV/AIDS in their communities, enabling these youth to limit the spread of HIV/AIDS in a sustainable manner. We are looking for help distributing our application package to as many post-secondary students as possible. The application submission deadline is January 15th (midnight EST) 2004.

Aiding Youth for Life provides an internship opportunity to students that is different from any currently offered, in terms of the level of self-direction and commitment required. As a 2004 AYL Intern, you will be making a one year commitment to AYL. Your commitment includes: A one week, pre-internship intensive HIV/AIDS training program in Canada (location TBA), a one week (40 hour) advanced Primary Care internship (participant-choice) with the Aga Khan Hospital in Dar es Salaam, Tanzania or Nairobi, Kenya, a six week integrative position with an international team of university students from Tanzania East Africa, Canada and the United States, working to increase public awareness of the present HIV/AIDS problem in Dar es Salaam, Mbeya and Mwanza, either Tanzania or Kenya.

To complete your internship you will be asked to convey your experiences and implement the lessons learned during your summer internship, through one talk at your local university, and one in your local community.

For more information about the project and Intern responsibilities, please see The AYL Reports (2002 & 2003) available at www.AYL.ca. For more information on how to apply, see Martha at the Family Centre. The application deadline is January 15th.

2004 Finnerty Gardens Calendar

The 2004 Finnerty Gardens Calendar (\$14.95) is available at the UVic Bookstore and other book and garden shops around the Capital Region. All proceeds from sales of the calendar will fund future additions and enhancements to the site, famous for its vast collection of rhododendrons. The UVic Finnerty Gardens are open year-round, free of charge. The main entrance is near the Interfaith Chapel (at Parking Lot 6) or visitors can walk in from Cedar Hill X Road. Campus parking is free on weekends and holidays.