

# News & Views

University of Victoria Student Family Housing Newsletter



The Family Centre  
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#### Hours for October

Tuesdays 9:30am - 5:30pm  
Wednesdays 7:00am - 3:00pm

#### Weekly events for October



**Tuesday mornings:**  
**Storytime and Coffee Klatsch**  
At the Family Centre  
10:00am - 12:00am



**Tuesday afternoons:**  
**Homework Club**  
At the Family Centre  
3:00pm - 5:30pm



**Wednesday mornings:**  
**Breakfast Club**  
At the Family Centre  
7:00am - 8:30am



**Wednesday mornings:**  
**Playgroup and Coffee Klatsch**  
At Childcare Services Complex B  
10:00am - 12:00pm



**Friday Night:**  
**Knitting Night**  
At the Family Centre  
7:00pm - 9:00pm

Welcome • Willkommen  
Bienvenue • Bienvenida  
Benvenuto • Welkom  
Bem Vindos • Witamy  
Maligayang Pagdating

## Halloween Party!

Halloween Bonfire and Barbecue! All UVic Families are invited to attend celebrations on Friday October 31st from 5:30 to 8 pm. Come in your costume and enjoy food, fun and treats for the whole family. Where: Parking lot 7 (near community gardens, by Mackenzie and Gabriola). Sponsored by Campus Security.



## Road Safety Concern

Parents! There continues to be a concern about children playing on the roads within Family Housing. Older children on bikes, skateboards and scooters need to be reminded that it is VERY DANGEROUS to ride past cars that are going in and out of parking spots! Sometimes the children are virtually invisible to the driver and we have had numerous close calls in the neighbourhood. Younger children should always be supervised by their parent /guardian when they are outside playing. We don't want to have any accidents that could have been prevented. Let's play safe!

## Knitting Night

Knitting night is back on every other Friday night, from 7:00pm to 9:00pm at the Family Centre. Knitters of all abilities welcome, as well as non-knitters interested in learning how. For October, knitting night will take place on October 10th and 24th.

## Changes in ResNet Fee Structure

The ResNet fee structure has been changed effective September 1st, 2003. The rate for students taking courses for credit towards a UVic degree is now 75 cents per day, with a \$10 administrative fee. The fee is waived for subscriptions or extensions of more than 30 day. For more information about ResNet services check out their website at [resnet.uvic.ca](http://resnet.uvic.ca)

## Submissions to the News & Views

Items for the newsletter may be sent via e-mail to the editor Katherine Tevaarwerk ([klt@uvic.ca](mailto:klt@uvic.ca)), and will be included on a first come, first served basis. Please limit your submissions to a maximum of 250 words, and include a name and contact address. Please note that due to incompatibilities between the many extant versions of the software, Microsoft Word (.doc) attachments will not be accepted. **Deadline for Submissions - 20th of each month**



## Family Centre News

### New Hours

New Hours at the Family Centre! Beginning in October, the Family Centre will be open Tuesdays from 9:30 am to 5:30 pm, and Wednesdays from 7:00 am to 3:00 pm. These hours will be to accommodate an early morning opening for those folks who normally can't make it in.

### Breakfast Club

The Breakfast Club is now happening! Drop by the Family Centre for an early morning visit, to grab a bite to eat before class, or just to refill your coffee mug. Healthy food and good company will be on the menu and best of all it's FREE! Everyone welcome. When: Wednesdays from 7:00 am to 8:30 am. Where: The Family Centre. Who: Everyone welcome! Why: We want the Family Centre to be more accessible to folks who can't normally make it in here and we know how important it is to start your day off with something to eat. This program will be sponsored by Dairyland and the Saint Vincent de Paul Society.



### Homework Club

Calling all school age children! The Homework Club is once again happening every Tuesday from 3:00 pm to 4:00 pm. Two Mount Doug High School students, Jordan and Juliya, will be providing tutoring assistance. Following the Homework Club, children are welcome to stay for a play time from 4:00 pm to 5:30 pm with our wonderful volunteer Kate as well as our new Child and Youth Care practicum student Dana. This is a drop in program, and children do not need to register.



### Good Food Box

Good Food Box! If you are interested in ordering a box of fresh produce for \$5, \$10 or \$15 please have your money to Martha at the Family Centre by the second Wednesday of the month (October 8th) and the food box will be ready for you to pick up at the Family Centre the following Wednesday afternoon (October 15th after 4:00 pm). If you want more information please call Martha at the Family Centre.



### Clothing Exchange

Clothing Exchange! We will once again be having a monthly free clothing exchange on Tuesday October 14th (all day). Come on by and get yourself a new outfit! We have a collection of clothes for both children and adults. We also will accept donations of clean clothes in good condition, but you do not have to give something to take something.

### Our New Practicum Student

My name is Dana Kimoto and I'm a third year Child and Youth Care student. I'm really enjoying the program and find every day I learn new things. Though I now consider Victoria my home, I'm originally from the Okanagan. When not busy with classes, schoolwork or my job, I enjoy reading and long-distance running. This semester I also hope to get back in to swimming. I have worked with children in a variety of settings starting with babysitting when I was 11 and continuing on to working in daycares, a preschool, Candystriping, teaching Sunday School, and teaching a pre-school dance class for several years. I'm really looking forward to doing my practicum at the UVic Family Centre.

### Parenting Through The Heart

Hey Parents!! Here's a rare opportunity to receive resources to nurture yourself, which will in turn enhance the wellness of your family. Parenting through the heart can make the tough job of parenting much more creative and joy-filled. Spiritual & Energetic Tools for Parenting October 25th (9:00 am - 4:30 pm) St. Aidan's United Church, 3703 St. Aidan's Street This program does not teach yet another parenting model for you to plug into. Instead it teaches you tools and resources that will help you as a unique individual to parent your unique children. Parenting can flow through you as the Spirit guides in the unfolding of the beautiful souls of your children!!

Leadership: Leslie Black, Holistic Therapist, Adult Educator, parent

Sponsored by: St. Aidan's United Church & UVic Interfaith Chaplains Services

To register: (before Monday October 13th!) Call St. Aidan's United Church (477-2089) for a brochure and registration form, or pick up a brochure/ registration form at UVic Interfaith Chaplains Services, Campus Services Building room 151.

Cost: \$50 for the day - includes a nurturing lunch!

### Cinecenta Kids Matinees for October

Saturdays and Sundays at 12:30pm

All Seats \$3.75

Daily Show Info: 721-8365/ [www.cinecenta.com](http://www.cinecenta.com)

October 4th & 5th - *Sinbad: Legend of the Seven Seas*

October 11th & 12th - *Spy Kids 3-D: Game Over!*

October 18th & 19th - *Pirates of the Caribbean*

October 25th & 26th - *Finding Nemo*



