

Spring 2019

Course	Instructor	Prerequisites & restrictions
<a href="#">EPHE 117</a> - Tennis	John Meldrum	Education programs only until July 10, then any program & year
<a href="#">EPHE 120</a> - Basketball	Craig Beaucamp	As above.
<a href="#">EPHE 121</a> - Soccer	Tracy David	As above.
<a href="#">EPHE 122</a> - Volleyball	Bruno Follmer	As above.
<a href="#">EPHE 133</a> - Strength Training	John Buxcey	As above.
<a href="#">EPHE 134</a> - Yoga	Ann Kilbertus	As above.
<a href="#">EPHE 141</a> - Human Anatomy	Kirstin Lane	None
<a href="#">EPHE 142</a> - Personal Health, Wellness & Potential	A01: Lara Lauzon A02: John Buxcey	None
<a href="#">EPHE 143</a> - Multidisciplinary Foundations of Physical Activity	A01: Kirstin Lane A02: Drew Commandeur A03: Steve Meikle	None Note: A03 is a distance education section, offered online.
<a href="#">EPHE 155</a> - Introduction to Nutrition: Concepts and Controversies	Sam Liu	None
<a href="#">EPHE 241</a> - Introduction to Human Systemic Physiology	Lynneth Stuart-Hill	Prerequisite: EPHE 141
<a href="#">EPHE 244</a> - Canadian Recreation Delivery Systems	John Meldrum	EPHE programs until July 10, then open to any program 2nd year & above.
<a href="#">EPHE 246</a> - Strategies for Active Health	Stephanie Field	As above.
<a href="#">EPHE 250</a> - Children and Youth with Special Needs in Physical Activities	Vivienne Temple	BEd Secondary Curriculum with PE teaching area, or with permission.
<a href="#">EPHE 252</a> - Leadership Methods for Recreation & Health Education	Steven Meikle	Note: This is a distance education section, offered online.
<a href="#">EPHE 253</a> - Program Planning	Dustin Silvey	EPHE programs until July 10, then open to any program 2nd year and above.
<a href="#">EPHE 311</a> - PE for General Classroom Teachers: B	A01&A02: Dan Geneau	BEd Elementary Curriculum Program
<a href="#">EPHE 312</a> - Overview of Elementary or Middle School PE	A01: Jennifer Gruno A02: Jennifer Gruno	Reserved for BEd Post degree Professional Program, Elementary Education

<a href="#">EPHE 341</a> - Biomechanics	Marc Klimstra	Prerequisites: EPHE 201; one of MATH 100 or 102 or 109; and one of PHYS 102, 102A or 110 Reserved for EPHE programs.
<a href="#">EPHE 344</a> - Care and Prevention of Athletic Injuries	Joanne Pady	Prerequisite: EPHE 241 or permission Reserved for EPHE programs.
<a href="#">EPHE 346</a> - Motor Development and Physical Maturation	Francisco Colino	Reserved for EPHE programs.
<a href="#">EPHE 348</a> - Psychology of Physical Activity	Alex Lithopoulos	Prerequisites: PYSC 100A & 100B. Reserved for EPHE programs until July 10, then open to any program 2nd year & above.
<a href="#">EPHE 355</a> - Functional Anatomy	Sandra Hundza	Prerequisites: EPHE 201 & 241 Reserved for BSc, Kinesiology.
<a href="#">EPHE 361</a> - Coaching Studies	Doug Tate	Note: This is the second half of a full-year course.
<a href="#">EPHE 380</a> - Motor Control	Francisco Colino	Prerequisites: EPHE 241 & 245 Reserved for EPHE programs.
<a href="#">EPHE 443</a> - Organization and Administration of PE	Doug Tate	Reserved for BEd Secondary Curriculum with PE teaching area, 3rd year & above.
<a href="#">EPHE 444</a> - Measurement and Evaluation in Exercise Science	Kirstin Lane	Reserved for EPHE programs 3rd year & above.
<a href="#">EPHE 447</a> - Kinesiology Seminar and Practicum	Lynneth Stuart-Hill	Note: This is the second half of a full-year course.
<a href="#">EPHE 451</a> - Leadership Issues in Fitness, Health and Wellness	Bruno Follmer	None
<a href="#">EPHE 452</a> - Teaching Strategies for Games in PE	Tim Hopper	Reserved for BEd Secondary Curriculum with PE teaching area. Recommended that students take EPHE 352 and EPHE 452.
<a href="#">EPHE 454</a> - Marketing for Health and Social Change	Joan Wharf Higgins	Prerequisite: 2 co-op work terms Reserved for BA, Recreation & Health Education 4th year & above.
<a href="#">EPHE 455</a> - Nutrition for Exercise and Health	Gregg Mulligan	Prerequisite: EPHE 155 Reserved for 3rd year and above.
<a href="#">EPHE 494</a> - Directed Studies	various	By special arrangement
<a href="#">EPHE 499</a> - Honours Thesis or Tutorial	various	EPHE Honours