



Secondary B.Ed. Post-Degree Professional Program (September 2023* entry)

Self-Assessment Form

University
of Victoria
Education

Guidelines for determining admission eligibility with Physical & Health Education

Questions? Contact Education Advising: adve@uvic.ca

Name: _____

UVic student #: V

*Admission requirements are subject to change for future intakes. Please watch for updates on the program website below.

Program admission requirements

1. Admissibility to the university. Undergraduate Admissions Services determines eligibility for admission to UVic.
2. An acceptable undergraduate Bachelor's degree recognized by Undergraduate Admissions Services.
3. 3 units of approved English literature (or English literature and academic composition).
4. Demonstrated competency in written English (grade requirement; see page two).
5. See the three grade point average (GPA) requirements described on page two.
6. Approved academic studies in one or two teachable subjects relevant to the BC curriculum. A list of available subjects is provided on the website below.
7. Applicants must satisfy the experience requirement described on the program website below. Eligible applicants may also be invited to attend an interview.
8. For current applicant selection criteria, please see the program website below. This is subject to change for future intakes; please see the program website updated annually each fall for the upcoming intake.

→ In the fall, go to the **program website** for application instructions and information for following year's September intake:

www.uvic.ca/education (→ Our Programs → Teacher Education → Secondary Post-Degree Professional Program)

Notes

- A 1.5-unit course (equivalent to 3-4 credits at most institutions) meets for at least 3 hours per week for 13 weeks (one term).
- At UVic, 'upper-level' refers to 300 and/or 400-level courses normally taken in third and fourth year after introductory studies.

Teachable subject area: Physical & Health Education

To qualify for the physical and health education teachable subject area, you'll need the 15 units of specified courses listed below. Those who have completed equivalent course work elsewhere may also be eligible for admission (course descriptions or outlines will be needed). Optional: combine PHE with a second approved teachable subject area.

UVic students may explore taking the courses listed below (and possibly also the specified courses towards another teachable subject area) as follows:

a) within any faculty's first-degree program either as electives or as the *Minor in Physical & Health Education*, or b) as part of the Faculty of Education's *Recreation & Health Education* degree program, or c) as part of the Faculty of Education's *Kinesiology* degree program, or d) as non-degree studies if an undergraduate degree has already been completed. Consult the academic adviser for your chosen degree program to find out if these courses may be used in your first degree.

You will find the BC secondary Physical and Health Education curriculum documents on the BC Ministry of Education's website.

EPHE 201 Qualitative Analysis of Human Movement	1.5				
EPHE 245 Motor Learning	1.5				
EPHE 246 Strategies for Active Health	1.5				
One of EPHE 350 (formerly 250) Children and Youth with Special Needs in Physical Activities ¹ OR EPHE 346 Motor Development and Physical Maturation ¹	1.5				
EPHE 352 Introduction to Physical Activity Instructional Techniques ¹	1.5				
EPHE 260 (formerly 360) Exercise Prescription OR EPHE 345 Health Education for Children and Youth – see prerequisites ^{1,2}	1.5				
EPHE 452 Strategies for Games in Physical Education ^{1,3}	1.5				
4.5 units of Skill Performance and Analysis (SPA) studies. Write your course numbers to the right.					
Choose 9 of the following 0.5-unit courses.					
EPHE 105 Swimming, 106 Track and Field, 107 Gymnastics, 109 Dance, 113 Golf, 114 Creative Dance*, 116 Badminton, 117 Tennis, 119 Contemporary Dance*, 120 Basketball, 121 Soccer, 122 Volleyball, 123 Rugby, 124 Field Hockey, 125 Softball*, 126 Orienteering, 133 Strength Training, 134 Yoga, 135 Martial Arts*, 136 Lacrosse*, 137 Experiential Outdoor Education.	0.5	0.5			
	0.5	0.5			
	0.5	0.5			
	0.5	0.5			
You may also choose from the following 1.5-unit courses towards this 4.5-unit requirement:					
EPHE 362 Principles of Strength and Conditioning, EPHE 439 Study of Gymnastics, and EPHE 487 - Special Topics (must be a Skill Performance Topic).	0.5				
<input type="checkbox"/> Minimum B- (UVic 4.00) average required on 9 units (all 300 and 400-level courses plus 200-level studies to bring the total to 9 units)					

¹ Be sure to read course descriptions (www.uvic.ca/calendar) to check for prerequisites and consult the timetable (www.uvic.ca/timetable) to check for registration restrictions before attempting to register in these courses. You may require special permission from the School of Exercise Science, Physical and Health Education. Please contact CJ Smith at epheprogasst@uvic.ca to request permission to register in EPHE course(s) which have registration restrictions or if you have questions about course prerequisites.

² Plan ahead: The prerequisites for EPHE 260 (normally offered fall term) are: EPHE 141 Human Anatomy followed by EPHE 160 Introduction to Human Systemic Physiology (formerly EPHE 241, EPHE 241B). Anatomy/physiology courses completed elsewhere will also be considered by the School of Exercise Science, Physical and Health Education towards this prerequisite requirement.

³ EPHE 352 is recommended before EPHE 452.

Reviewed by Adviser: _____

Date: _____

Admission requirements

Undergraduate Bachelor's degree

Undergraduate Admissions Services will confirm whether you have a recognized undergraduate Bachelor's degree upon UVic application.

☐ I was awarded a Bachelor's degree by (name of university) _____ in (month/year) _____

☐ My Bachelor's degree is in-progress. I expect to graduate from (name of university) _____ by (month/year) _____

My major is: _____ My minor, if applicable, is: _____

Please list all other post-secondary institutions attended. Include Advanced Placement and International Baccalaureate if applicable.

1. _____	3. _____
2. _____	4. _____

Approved English (2 courses, each worth 1.5 UVic units)

We will accept two literature courses **OR** one literature course with one academic composition course.

Examples of acceptable English courses:

Literature: ENGL 146, 147, 200A, 200B, 200C, 201, 202, 203, 207, 208, 209, 260.
Composition: 1 of ATWP 135 (formerly ENGL 135 or 115) or ENGL 215.

BC Teacher Certification regulations do not allow us to accept courses in business/technical writing, communications, creative writing, journalism, linguistics, some cultural studies topics, or more than 1.5 units of composition. Preparatory/fundamental English courses which do not satisfy UVic's Academic Writing Requirement are not acceptable (for example, UVic ATWP 101, formerly ENGL 101).

Two approved English courses:

Notes

Literature: _____ ☐ INP ☐ COM & grade is: _____

Literature or composition: _____ ☐ INP ☐ COM & grade is: _____

Written English Competency Requirement

This will be satisfied with a grade of UVic 3.00/C+ or higher in each of two approved English courses.

- ☐ Satisfied with grades of C+ (UVic 3.00) or higher in each of the above approved English courses.
- ☐ Above approved English courses are to be taken in the future or in progress.
- ☐ Not yet satisfied with grades on the above approved English courses.

Minimum Grade Point Averages

To be considered for selection by the Faculty, you'll need to satisfy the following three GPA requirements (refer to program website updated annually each fall for more information):

- An average of at least UVic 3.00/C+ on the most recent 30 units of graded studies attempted to December.
- An average of at least UVic 3.00/C+ on the most recent sessional GPA of at least 12 units of graded studies attempted.
- An average of at least UVic 4.00/B- on the specified courses included in the teachable subject area(s).

This is calculated by Undergraduate Admissions Services upon application.

Information about UVic's 9-point grade scale and a sample GPA calculation is available at www.uvic.ca/registrar/students/policies/calc.

Application deadlines

Application deadline	Applications are accepted during the fall term and up to: January 2
Experience requirement and supporting documents	January 2
Document deadline (including all official transcripts showing grades to December 31 and in-progress registrations to April 30)	January 31
Completion of all academic admission requirements including a Bachelor's degree	April 30
Final document deadline (official transcripts showing grades for courses completed to April 30)	May 31

Information about the application process is available on the Faculty of Education website www.uvic.ca/education from **September** to January annually