Anatomy/physiology courses completed elsewhere will also be considered a reserved EPHE course. Special

* See note 4 below

**Notes**
- A 1.5-unit course (equivalent to 3-4 credits at most institutions) meets for at least 3 hours per week for 13 weeks (one term).
- At UVic, ‘upper-level’ refers to 300 and/or 400-level courses normally taken in third and fourth year after introductory studies.

**Teachable subject area: Physical and Health Education (PHE)**

To qualify for the physical and health education teachable subject area, you'll need the 15 units of specified course listed below. Those who have completed equivalent course work elsewhere may also be eligible for admission (course descriptions or outlines will be needed). Optional: combine PHE with a second approved teachable subject area.

UVic students may explore taking the courses listed below (and possibly also the specified courses towards another teachable subject area) as follows: a) within any faculty’s first-degree program either as electives or as the Minor in Physical & Health Education, or b) as part of the Faculty of Education’s Recreation & Health Education degree program, or c) as part of the Faculty of Education’s Kinesiology degree program, or d) as non-degree studies if an undergraduate degree has already been completed. Consult the academic adviser for your chosen degree program to find out if these courses can be used in your first degree.

You’ll find the BC secondary Physical and Health Education curriculum documents on the BC Ministry of Education’s website.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>EPHE 201</td>
<td>Qualitative Analysis of Human Movement</td>
<td>1.5</td>
</tr>
<tr>
<td>EPHE 245</td>
<td>Motor Learning</td>
<td>1.5</td>
</tr>
<tr>
<td>EPHE 246</td>
<td>Strategies for Active Health</td>
<td>1.5</td>
</tr>
<tr>
<td>One of EPHE 350 (formerly 250)</td>
<td>Children and Youth with Special Needs in Physical Activities¹ OR EPHE 346 Motor Development and Physical Maturation¹</td>
<td>1.5</td>
</tr>
<tr>
<td>EPHE 352</td>
<td>Introduction to Physical Activity Instructional Techniques¹</td>
<td>1.5</td>
</tr>
<tr>
<td>EPHE 360</td>
<td>Exercise Prescription – see prerequisites²</td>
<td>1.5</td>
</tr>
<tr>
<td>EPHE 452</td>
<td>Strategies for Games in Physical Education¹,³</td>
<td>1.5</td>
</tr>
</tbody>
</table>

**Skill Performance and Analysis (SPA) studies, 4.5 units**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>EPHE 105</td>
<td>105 Swimming, 106 Track and Field, 107 Gymnastics, 109 Recreational Dance, 113 Golf, 114 Creative Dance*, 116 Badminton, 117 Tennis, 119 Contemporary Dance*, 120 Basketball, 121 Soccer, 122 Volleyball, 123 Rugby, 124 Field Hockey, 125 Softball*, 126 Orienteering, 133 Strength Training, 134 Yoga, 135 Martial Arts, 136 Lacrosse*, 137 Experiential Outdoor Education.</td>
<td>0.5</td>
</tr>
</tbody>
</table>

*No longer offered. See note 4 below for additional course options.

☐ Minimum B- average required on 9 units (all 300 and 400-level courses plus 200-level studies to bring the total to 9 units)

¹ Be sure to read course descriptions carefully and consult the online timetable (www.uvic.ca/timetables) before attempting to register in any of these courses. You may require special registration permission from the School of Exercise Science, Physical and Health Education. Please contact CJ Smith at epheprogram@uvic.ca for permission to register in a reserved EPHE course.

² Plan ahead: The prerequisites for EPHE 360 (normally offered fall term) are: EPHE 141 Human Anatomy followed by EPHE 241 Introduction to Human Systemic Physiology. Anatomy/physiology courses completed elsewhere will also be considered by the School of Exercise Science, Physical and Health Education towards this prerequisite requirement.

³ EPHE 352 is recommended before EPHE 452.

⁴ You may also choose from EPHE 439 Study of Gymnastics and Dance (1.5 units) and EPHE 487 Special Topics (Skill Performance Topic) (1.5 units).

Reviewed by Adviser: ___________________________ Date: ___________________________
Admission requirements

Undergraduate Bachelor's degree

Undergraduate Admissions and Records will confirm whether you have a recognized undergraduate bachelor’s degree upon UVic application.

☐ I was awarded a Bachelor’s degree by (name of university) ___________________________ in (month/year) ______________

☐ My Bachelor’s degree is in-progress. I expect to graduate from (name of university) ___________________________ by (month/year) ______________

My major is: ____________________________________________________________________________

My minor, if applicable, is: ____________________________________________________________________________

Please list all other post-secondary institutions attended. Include Advanced Placement and International Baccalaureate if applicable.

1. ____________________________________________________________________________ 3. ____________________________________________________________________________

2. ____________________________________________________________________________ 4. ____________________________________________________________________________

Approved English (3 units)

• 3 units of approved literature, or
• 1.5 units of approved literature and 1.5 units of approved English composition.

Examples of acceptable UVic courses include: ATWP 135*, ENGL (115* or 135* or 215*), 146, 147, 200A, 200B, 200C, 201, 202, 203, 207, 208, 209, or 260.

*English composition. (Note that ENGL 115 and ENGL 135 are no longer offered.)

Teacher Certification Branch regulations do not allow us to accept communications, creative writing, journalism, or technical writing courses or more than 1.5 units of composition*.

Approved English:

<table>
<thead>
<tr>
<th>Institution, Course, Grade</th>
<th>Notes</th>
<th>1.5 units</th>
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<tr>
<th>Institution, Course, Grade</th>
<th>1.5 units</th>
</tr>
</thead>
</table>

Written English Competency

• This will be satisfied with a grade of C+ or higher in each of two approved English courses.

Consult an education adviser if you’ve completed any English course with less than a C+ grade.

• See Faculty of Education calendar entry at https://www.uvic.ca/calendar/future/undergrad/index.php#/experiences/rJMBbwV6E

☐ Satisfied with grades of C+ or higher in each of the above approved English courses.

☐ Above approved English courses are planned or in progress.

☐ Not yet satisfied with grades on the above approved English courses.

Minimum Grade Point Averages

To be considered for selection by the Faculty, you’ll need:

• An average of at least UVic 3.00/C+1 on the most recent 30 units attempted to December 31. This GPA will be a factor in selection for program admission.

• An average of at least UVic 3.00/C+1 on the most recent sessional GPA of at least 12 units attempted to April 30.

• An average of at least UVic 4.00/B-2 on the specified courses included in the teachable subject area(s).

Grade point average calculations and conversions from other institutions are done by Undergraduate Admissions & Records upon UVic application.

Information about UVic’s grading system and a sample GPA calculation can be found at www.uvic.ca/registrar/students/policies/calc.

1 3.00 on UVic’s 9-point scale is equivalent to C+ (UVic 65 – 69%).

2 4.00 on UVic’s 9-point scale is equivalent to B- (UVic 70 – 72%).

Application deadlines

Application deadline __________________________________________________________ Applications are accepted during the fall term and up to: January 2

Document deadline (including transcripts showing grades to December 31 and in-progress registrations to April 30) ____________________________ January 31

Completion of all admission requirements including a degree __________________________________________________________ April 30

Final document deadline (transcripts from elsewhere showing grades for courses completed to April 30) ____________________________ May 31

Information about the application process is available from the Faculty of Education website www.uvic.ca/education from September to January annually