

Requirements are subject to change for future intakes. This worksheet is FOR PLANNING PURPOSES ONLY. In the event of any discrepancy, the academic calendar will be considered the authority. It is the student's responsibility to review the published admission requirements on the [program website](#) to ensure they satisfy all requirements when applying to the program.

## Secondary B.Ed. Post-Degree Professional Program Physical & Health Education (PHE) teachable subject area

Name: \_\_\_\_\_

Student #: \_\_\_\_\_

→ See the program website at [www.uvic.ca/education](http://www.uvic.ca/education) for complete information.

Annually each fall, it is updated with [program application instructions](#) and information for the following September intake.

Applicants must also satisfy the [experience requirement](#) described there.

UVic students may explore taking the courses listed below as follows:

- within a bachelor degree program as electives or as the [Minor in PHE](#) (which matches the course list below) , or
- as part of the Major in Recreation & Health Education degree (leading to a [Major in PHE](#)), or
- as part of the Major/Honours in Kinesiology degree, or
- as non-degree<sup>3</sup> (i.e. non-program) studies if a bachelor's degree has already been completed.

Consult the academic adviser for your bachelor's degree program to find out if these courses may be used in your first degree.

Some programs above have admission requirements and application deadlines (for example, b and c).

Equivalent course work completed elsewhere will also be considered (course descriptions or outlines will be needed for review upon application).

| Section A:<br>Course Requirements <sup>3</sup>                                                                                              | Your courses (1.5 units <sup>1</sup> each) | Grade |
|---------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------|-------|
| EPHE 201 Qualitative Analysis of Human Movement                                                                                             | 1.                                         |       |
| EPHE 245 Motor Learning                                                                                                                     | 2.                                         |       |
| EPHE 246 Strategies for Active Health                                                                                                       | 3.                                         |       |
| EPHE 260 <sup>4</sup> (formerly 360) Exercise Prescription<br>or EPHE 345 Health Education for Children & Youth                             | 4.                                         |       |
| EPHE 350 (formerly 250) Children & Youth with Special Needs in Physical Activities<br>or EPHE 346 Motor Development and Physical Maturation | 5.                                         |       |
| EPHE 352 Introduction to Physical Activity Instructional Techniques                                                                         | 6.                                         |       |
| EPHE 452 Strategies for Games in Physical Education (EPHE 352 recommended first)                                                            | 7.                                         |       |

| Section B:<br>Skill Performance &<br>Analysis (SPA) studies <sup>3</sup> | Notes                                                                                                                                                                                                                                                                                         | Your courses (note the unit <sup>1</sup> value of each)                    | Grade |
|--------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|-------|
| <b>Total 4.5 units</b>                                                   | <u>0.5-unit course options:</u><br>EPHE 105 – 137<br><br><u>1.5-unit course options:</u><br>EPHE 362 Principles of Strength and Conditioning<br>EPHE 437 Net Games<br>EPHE 439 Gymnastics & Circus Arts<br>EPHE 487 (variable topics) is accepted <u>if it's in a skill performance topic</u> | 8. (1.5 units):<br><br><hr/> 9. (1.5 units):<br><br><hr/> 10. (1.5 units): |       |

☐ Minimum B- (UVic 4.00) average required on 9 units (all upper-level<sup>2</sup> courses plus 200-level studies to bring total to 9 units).

### COURSE NOTES:

- 1.5 units is needed on each numbered line. A 1.5-unit course (equivalent to 3-4 credits at many colleges/universities) meets for at least 3 lecture hours per week for 13 weeks (one term).
- At UVic, 'upper-level' refers to 300 and/or 400-level courses normally taken in third and fourth year after introductory studies.
- Check for course prerequisites in [academic calendar course descriptions](#). Check for enrolment restrictions in the [course timetable](#). Please contact the School of Exercise Science, Physical and Health Education (EPHE) at [epheprogasst@uvic.ca](mailto:epheprogasst@uvic.ca) to request permission to register as a non-degree student in EPHE courses which have enrolment restrictions (complete & attach this worksheet) or if you have questions about course prerequisites.
- The prerequisites for EPHE 260 (normally offered fall term) are: EPHE 141 Human Anatomy followed by EPHE 160 Intro Human Systemic Physiology.

For Adviser use only: At least 12 units of TRB-approved PHE ☐ YES ☐ NO

Date: \_\_\_\_\_

**FOR SEPTEMBER 2026 PROGRAM ENTRY** - Based on the current calendar May 2025  
Questions? Visit [www.uvic.ca/education](http://www.uvic.ca/education) or contact Education Advising at [adve@uvic.ca](mailto:adve@uvic.ca).

## Undergraduate Bachelor's Degree

**Undergraduate Admissions Services will confirm whether you have a recognized undergraduate bachelor's degree upon UVic application.**

☐ I was awarded a bachelor's degree by (university) \_\_\_\_\_ in (month/year) \_\_\_\_\_

☐ My bachelor's degree is in-progress. I expect to complete it from (university) \_\_\_\_\_ by (month/year) \_\_\_\_\_

My major is: \_\_\_\_\_ My minor, if applicable, is: \_\_\_\_\_

Please list all other post-secondary institutions attended. **Include Advanced Placement and International Baccalaureate if applicable.**

|          |          |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

## Approved English (2 courses, each worth 1.5 UVic units)

**English (two literature courses OR one literature course with one composition course) (3 units):**

Two from **ENSH 101**=literature (formerly ENGL 146), **ENSH 102**=literature (formerly ENGL 147), **ATWP 135**=composition (formerly ENGL 135).

→ If you have not yet satisfied UVic's "Academic Writing Requirement" (AWR) then at least one of these two courses must be an AWR-designated course. (Refer to the online UVic academic calendar regarding this requirement.)

- If you otherwise satisfy the AWR above, then other similar courses in English literature or composition topics will be considered. The following would also be acceptable as English literature: ENSH 210, ENSH 211, ENSH 212, ENSH 213, ENSH 223A, ENSH 223B, ENSH 224, ENSH 250, ENSH 251, ENSH 253, ENSH 254, ENSH 255. *Note: While courses with similar titles at other colleges/universities might not be acceptable, the following UVic courses are also approved English literature: ENSH 200, 220, 221.*
- Preparatory/fundamental English courses which do not satisfy UVic's AWR are not acceptable. (For example, ATWP 101 (formerly ENGL 101) and ATWP 110 are not approved.)
- BC teacher certification regulations do not allow us to: waive the English requirement, accept two English composition courses, accept courses in business/technical writing, communications, creative writing, journalism, linguistics or some cultural studies.

**Two approved English courses:**

Literature: \_\_\_\_\_ ☐ INP ☐ COM & grade is: \_\_\_\_\_

Literature or composition: \_\_\_\_\_ ☐ INP ☐ COM & grade is: \_\_\_\_\_

## English Grade Requirement

**This will be satisfied with a grade of UVic 3.00/C+ or higher in each of two approved English courses above.**

☐ Satisfied ☐ In progress or not yet satisfied Notes: \_\_\_\_\_

## Grade Point Averages

To be considered for selection by the faculty, you will need to satisfy the following minimum GPA requirements:

- An average of at least UVic 3.00/C+ on the most recent sessional GPA of 30 units of graded studies attempted to December.
- An average of at least UVic 3.00/C+ on the most recent sessional GPA of 12 units of graded studies attempted.
- An average of at least UVic 4.00/B- on the specified courses included in the teachable subject area(s).

The GPA included as part of applicant selection criteria this intake: the most recent sessional GPA of 12 units of graded studies attempted to December 2025.

**Upon application, Undergraduate Admissions Services calculates applicants' GPAs and determines university admission eligibility.**

Information about UVic's 9-point grade scale and a sample GPA calculation is available at [www.uvic.ca/registrar/students/policies/calc](http://www.uvic.ca/registrar/students/policies/calc).

## Application Deadlines & Instructions

|                                                                                                                                        |                                                                            |
|----------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|
| Application deadline .....                                                                                                             | Applications are accepted during the fall term and up to: <b>January 2</b> |
| Experience requirement .....                                                                                                           | <b>January 2</b>                                                           |
| Two confidential references (via online application) .....                                                                             | <b>January 15</b>                                                          |
| Document deadline -including all official transcripts (other than UVic) showing grades to December 31, 2025 .....                      | <b>January 31</b>                                                          |
| Deadline for official transcripts (other than UVic) showing all <u>in-progress course registrations January-April 2026</u> .....       | <b>January 31</b>                                                          |
| Completion of all academic admission requirements including a bachelor's degree .....                                                  | <b>April 30</b>                                                            |
| Final document deadline -including official transcripts (other than UVic) showing grades for courses completed to April 30, 2026 ..... | <b>May 31</b>                                                              |

**See the program website in Fall 2025 for complete program application instructions.**

Oct 2025