

# KINESIOLOGY (THIRD YEAR)

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## Joe Smith

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### CAREER OBJECTIVE

To use my interpersonal and communication skills as well as my knowledge of and interest in physical movement, activity, performance and health to complement an organization's mission and assist participants in achieving their health goals.

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### EDUCATION

#### Bachelor of Science, Kinesiology

3<sup>rd</sup> year, University of Victoria

Sept 2011 – Present

**Relevant course work:** Program Planning, Exercise Prescription, Motor Development & Physical Maturation

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### RELEVANT WORK EXPERIENCE

Research Assistant

May 2012 – Aug 2012

*BC Centre For Disease Control, Vancouver, BC*

- Ensured efficient access to information by maintaining several databases of various communicable diseases utilizing Microsoft Access, Epidata and iPHIS (integrated Public Health Information System)
- Improved reporting by writing coding to develop new reports in the Vaccine Returns Database
- Saved staff members' time by acting as technical adviser for office computer problems and taking the initiative to take on additional tasks when necessary

Inclusion Facilitator

Jun 2011 – Sept 2011

*Recreation Integration Victoria, Greater Victoria, BC*

- Eased entry of children into day camps by establishing connections with parents, children and camp staff prior to start dates
- Fostered a team environment by building a network of support and friendship between colleagues and encouraging sharing of information
- Maximized integration of children living with a disability by gathering knowledge about issues and family dynamics

Operations Crew

May 2010 – Aug 2010

*Parks Canada, Gulf Islands National Park Reserve, BC*

- Ensured public safety and access by maintaining park trails
- Responded to public inquires in a courteous and friendly manner
- Maintained optimum performance of self and crew by attending to needs for "pacing", hydration, body mechanics and physical fitness
- Improved operational effectiveness by working as a team member, showing careful attention to detail and demonstrating the ability take on tasks with limited supervision

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## ADDITIONAL WORK EXPERIENCE

- Basketball Game Referee Jan 2012 – Apr 2012  
*Oak Bay High School, Victoria, BC*
- Research Assistant May 2010 – Aug 2011  
*BC School Fruit and Vegetable Nutrition Program, University of Victoria, Victoria, BC*
- Teacher Aide, English Sept 2011 – Dec 2012  
*Volunteer, Cloud Forest School, Monteverde, Costa Rica*
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## COMMUNITY INVOLVEMENT

- Volunteer Crew, Sail and Life Training Society (SALTS), Victoria, BC Jul 2010 – Present
  - Brain and Cognition Lab Research Assistant, University of Victoria Oct 2011 – Apr 2012
  - Human Anatomy Lab Assistant, University of Victoria, Sept 2011 – Present
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## CERTIFICATIONS / ADDITIONAL SKILLS

- St. John's Ambulance, Standard First Aid & CPR "C" (expires July 2014)
  - BC Class 4 Driver's License
  - comfortable with Microsoft Office 2011, Publisher, SPSS & inVivo
  - certified in Laboratory Biosafety protocol
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## ACADEMIC ACHIEVEMENTS AND AWARDS

- *Jamie Cassels Undergraduate Research Award* 2011  
Awarded to undergraduate students with a minimum GPA requirement of 7.0 who undertake a research investigation
  - *Thouvenelle Co-operative Education Scholarship* 2010  
Awarded to UVic students who engage in work terms related to community development
  - *Academic All Canadian – distance running* 2011, 2012
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## ADDITIONAL INTERESTS

- Accomplished pianist (won numerous awards, have performed with Victoria symphony)
  - Competitive badminton player (won city championships in high school and local tournaments)
  - Member of Bays United Division 2 Men's Soccer Team
  - 5-year member at Victoria Golf Club, 14 handicap
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## REFERENCES

Available upon request