

# PROGRAM-SPECIFIC COMPETENCIES - CHILD AND YOUTH CARE

---

Competencies are the skills, knowledge and attributes gained through every work, educational, volunteer and life experience.

UVic students in the [Child and Youth Care](#) program develop the following programspecific competencies. We worked with the Department of Child and Youth Care to develop this document.

---

## OVERALL COMPETENCIES

**Develops the following competencies specific to child and youth care**

- + Case assessment, case management, risk assessment (suicide, sexual abuse and family violence assessment)
- + Program planning and development
- + Therapeutic and crisis interventions
- + Effective counseling and communication skills
- + Developmental and culturally appropriate practice
- + Critical thinking and ethical decision making

## CYC KNOWLEDGE OUTCOMES

**Applies a critical understanding of CYC perspectives (strength-based, developmental, ecological, social justice, pluralist, and relational) when working with individuals, families, groups and communities**

- + Describes and critically analyzes the complexities of human behaviour through the application of select developmental and planned change theories from diverse worldviews and traditions that inform CYC practice
- + Applies a critical understanding of specialized knowledge (e.g. substance use, disabilities, legal contexts, family violence, child abuse and neglect, etc.) across multiple practice contexts

## CYC SKILL OUTCOMES

**Understands and uses appropriate skills when communicating with children, youth, families, groups and communities**

- + Provides services and support to children, youth, families, groups and communities
- + Develops service plans and facilitates supportive strategies that enhance child, youth, family and/or community development through participation in a variety of therapeutic activities
- + Uses advanced clinical and communication skills to offer support services to individuals, families, groups and communities
- + Applies CYC professional communication, reporting and presentation skills