PROGRAM-SPECIFIC COMPETENCIES - CHILD AND YOUTH CARE

Competencies are the skills, knowledge and attributes gained through every work, educational, volunteer and life experience.

UVic students in the Child and Youth Care program develop the following programspecific competencies. We worked with the Department of Child and Youth Care to develop this document.

OVERALL COMPETENCIES

Develops the following competencies specific to child and youth care

- Case assessment, case management, risk assessment (suicide, sexual abuse and family violence assessment)
- Program planning and development
- Therapeutic and crisis interventions
- Effective counseling and communication skills
- Developmental and culturally appropriate practice
- Critical thinking and ethical decision making

CYC KNOWLEDGE OUTCOMES

Applies a critical understanding of CYC perspectives (strength-based, developmental, ecological, social justice, pluralist, and relational) when working with individuals, families, groups and communities

- Describes and critically analyzes the complexities of human behaviour through the application of select developmental and planned change theories from diverse worldviews and traditions that inform CYC practice
- Applies a critical understanding of specialized knowledge (e.g. substance use, disabilities, legal contexts, family violence, child abuse and neglect, etc.) across multiple practice contexts

CYC SKILL OUTCOMES

Understands and uses appropriate skills when communicating with children, youth, families, groups and communities

- Provides services and support to children, youth, families, groups and communities
- Develops service plans and facilitates supportive strategies that enhance child, youth, family and/or community development through participation in a variety of therapeutic activities
- Uses advanced clinical and communication skills to offer support services to individuals, families, groups and communities
- Applies CYC professional communication, reporting and presentation skills