TAKE THE LEADING EDGE CHALLENGE

HOW TO GET STARTED

STEP 1: Login to UVic Leading Edge 2019-2020 in CourseSpaces. If you are not yet enrolled or you need help, email leadingedge@uvic.ca.

STEP 2:

✛ Start to answer the 4 big questions
✛ Explore the experience catalogue to choose experiences
✛ Check your student experience record to see which Leading Edge experiences you’ve already completed

STEP 3: Take part in and reflect on at least 1 experience in each of the 4 categories—which experiences will you choose?

✛ Academic experience ____________________________
✛ Co-curricular/extra-curricular experience ____________________________
✛ Diversity experience ____________________________
✛ Career-ready experience ____________________________

STEP 4: Pull it all together to create your Leading Edge statement and complete the Leading Edge challenge!

By participating in experiences and reflecting on the 4 questions, you’ll know:

WHAT YOU LOVE: You’ll know what motivates you, what you’re passionate about and how your interests align with possible career paths.

WHAT YOU’RE GREAT AT: You’ll recognize your strengths and will be able to clearly explain the competencies that you’ve gained through your education and experience.

WHAT THE WORLD NEEDS: You’ll know how to connect with communities to understand what is needed and find opportunities where you can make a vital impact.

WHAT YOU CAN BE PAID FOR: You’ll know how to align your skills and knowledge with employment opportunities and how to engage in a productive work-search.

UVIC.CA/LEADINGEDGE

WHAT’S YOUR LEADING EDGE?

The Leading Edge is reflective hands-on learning that helps you bring together your academic, co-curricular and work experiences to answer these 4 big questions:

WHAT DO YOU LOVE?
WHAT ARE YOU GREAT AT?
WHAT DOES THE WORLD NEED?
WHAT CAN YOU BE PAID FOR?

Take the Leading Edge challenge while you study at UVic to develop a strong understanding of yourself and your strengths and a clear plan for your future. You’ll learn why your talents are important, where they are needed most and how to use them to make a purposeful impact on the world. You’ll also receive a Leading Edge record to include on your résumé.
HOW THE LEADING EDGE WORKS

Over the course of your degree:
✛ Take part in at least 1 hands-on experience in each of these 4 categories.
✛ Reflect on each experience to answer the 4 big questions.

GAIN HANDS-ON ACADEMIC EXPERIENCE
Many UVic courses and programs provide dynamic, hands-on learning—these experiences take place in the classroom, in the community, in research settings and in the workplace. Academic experiences include:
✛ Academic courses
✛ Academic exchanges
✛ Community service learning courses (CSL)
✛ Co-operative education (co-op) work terms
✛ Field schools
✛ Internships
✛ Work Experience Program terms
✛ Practica

EMBRACE DIVERSITY
UVic offers many opportunities to help you become a stronger global citizen and make positive contributions to the world around you. Samples include:
✛ Academic courses (e.g., Gender, Power and Difference/GNDR 100)
✛ Diversity and inclusion workshops
✛ Global Community Student Advisory Council participation
✛ International exchange programs
✛ International work experiences (co-operative education work terms, internships, etc.)
✛ LE.NO.U.F Program experiences (for Indigenous students)
✛ Part-time or summer work experiences that support and engage with diverse individuals

GAIN HANDS-ON CO-CURRICULAR EXPERIENCE
Many UVic courses and programs provide dynamic, hands-on learning—these experiences take place in the classroom, in the community, in research settings and in the workplace. Co-curricular experiences take place outside your academic program and help you contribute to your communities, gain valuable experience and discover your strengths. Co-curricular experiences include:
✛ Community Leader positions (UVic Residence)
✛ Global Community Mentor positions (International Student Services)
✛ Orientation Leader positions (UVic Orientation)
✛ Recreation positions (Vikes Athletics)
✛ Research assistant positions (across campus)
✛ Student club participation (Vikes, etc.)
✛ and more…

CHOOSE YOUR EXPERIENCES

GAIN HANDS-ON ACADEMIC EXPERIENCE
See the full list of eligible academic and co-curricular experiences at uvic.ca/coopandcareer/hands-on.

GAIN HANDS-ON CO-CURRICULAR EXPERIENCE
See the full list of eligible academic and co-curricular experiences at uvic.ca/coopandcareer/hands-on.

EMBRACE DIVERSITY
Diversity-focused and career-ready experiences could include academic and co-curricular experiences (see uvic.ca/coopandcareer/hands-on) as well as opportunities offered by Career Services and other UVic departments.

BECOME CAREER-READY
A range of UVic programs, courses and experiences can help you develop the skills and confidence to manage your career and personal development. Samples include:
✛ Career coaching with your career educator
✛ Career Curiosity Workshop (Counselling Services)
✛ Career Workshop Series (Ace your Interviews, Résumé Lab, LinkedIn Essentials)
✛ Global Community Para-professional Training Program
✛ Horizons (career exploration) and Navigator (work search) programs
✛ Introduction to Professional Practice courses (for co-op students)
✛ and more…

Want to include an experience that isn’t listed? Email a description of the experience to leadingedge@uvic.ca.