

Psychology 100B – Introductory Psychology II

Social and Applied Emphasis
Summer (June) 2016, Section A01
MTWRF 10:30am-12:20pm
DTB A102



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WHAT IS THIS COURSE ABOUT?

Psychology is an exciting and complex scientific discipline, and it is an essential part of the helping professions as well. We designed PSYC 100A and PSYC 100B to provide an overview of:

- the main areas, findings, and methods of modern psychology
- various theoretical perspectives and professional orientations within psychology
- scientific methods of gathering information and forming conclusions from the study of human behaviour and functioning
- psychological principles that serve as a foundation for taking more advanced courses in psychology and related disciplines
- how psychological principles have been used to help people lead better, healthier lives, and to solve real world problems
- how to locate and utilize psychological research information

PSYC 100A focuses on the historical, methodological, biological, learning, and cognitive aspects of psychology. PSYC 100B focuses on human intelligence, personality, child and adult development, psychological disorders and psychological treatment. You do not have to continue on to PSYC 100A after you have completed PSYC 100B, but you should be aware that if you wish to take any further courses in Psychology at the University of Victoria you will have to complete both PSYC 100A and B.

This is a condensed and intensive course that meets for only three and a half weeks. We will meet **everyday** (Monday through Friday) from 10:30-12:20pm and our meetings will include a combination of lecture, class exercises and activities.

WHO DO I GO TO IF I HAVE QUESTIONS?

We get a lot of e-mails from the ~100 students in this class. In order for us to answer your questions in a timely fashion, please contact us only after you check if the answer is on the full course syllabus (available on CourseSpaces) or on other documents in CourseSpaces. You can also check if your peers know the answer to your question.

If you have questions regarding...	contact:
exam scoring, exam accommodations, iClicker points, practice quizzes, forums, and course content.	Teaching Assistant: John Sheehan
course content and questions your TA is not able to answer	Dr. Chim (chim@uvic.ca)
research participation bonus points	Research participation coordinator: Dr. Robert Gifford (p100res@uvic.ca)

MATERIALS: WHAT WILL YOU NEED FOR THIS COURSE?

Required Text

- Myers, D.M. and DeWall, C.N. (2015). *Psychology* (11th ed.) New York: Worth Publishers. You can purchase this required edition of the textbook at the UVic Bookstore, and you should have continuing access to it in order to master the material.
- A study guide comes included with the book if you purchase it through the UVic bookstore.
- You have the option to purchase the text in one of three ways: as a hard cover text, as looseleaf pages that go into a binder, or as an ebook. All three options include access to online resources, including an online version of the text, at the publishers LaunchPad website.

Required Technology

- An **iClicker 2 Personal Response System**. The *iClicker 2* can be purchased at the bookstore new or used. Only the second-generation *iClickers* can be used. If you use the original *iClicker* you may not be able to respond to all the questions in class. In order to receive participation points, you must **register your iClicker online**. See page 6 for more information.

Course Website

- All course materials, including lecture notes (after class), will be available through CourseSpaces (<http://coursespaces.uvic.ca>). This site will be your guide on what needs to get done every day. The course outline, online quizzes, and other material will be posted on the course website. You can sign into CourseSpaces using your NetLink ID.

Optional Online Resource Material

- **Textbook “LaunchPad” Online Study Resources:** You will have received an access code for the Textbook online site along with your paper textbook. If you wish to access the textbook online ("LaunchPad") go to:
<http://www.macmillanhighered.com/launchpad/myers11e/2437270>
PLEASE bookmark the page to make it easy to return to.
- If you have problems registering, purchasing, or logging in to LaunchPad, do NOT contact us until after you have contacted the publisher's Customer Support. You can reach a representative 24 hours a day, 7 days a week through the online form, by chat, or from 9 a.m. to 3 a.m. EST, 7 days a week by phone at (800) 936-6899

GENERAL FORMAT

For each chapter there will be (1) assigned reading from the textbook, (2) practice quizzes on CourseSpaces that are designed to be completed *after* reading the textbook but *before* coming to class, and (3) possible topics for your critical thinking exercises. In class we will cover material related to the chapter in various forms – through lecture, demonstrations, discussion, and videos with guided questions.

WHAT WE EXPECT FROM YOU

Psychology is a scientific discipline, and as such it requires considerable thought and time to develop an understanding of psychological research and principles. We expect students to complete the assigned readings before each class, to attend and engage in the classes, and to spend many hours a week towards mastering the course material.

Attend class regularly. Attending class regularly will help to increase your understanding of the material by providing you with opportunities to engage with and discuss the material.

Prepare for class. To facilitate discussion and allow you to clarify any questions you may have about the material, you should come prepared for class. Please complete the assigned readings before each lecture.

Check the CourseSpaces website often. All of the course materials, including lecture notes, will be available through CourseSpaces (<http://coursespaces.uvic.ca>).

Conduct yourself appropriately. You should listen to and interact with others in a respectful manner. We are all very diverse and have different values, beliefs, and opinions. Please maintain an open mind to these differences. You may argue with others who hold opinions different from your own, but you must remain respectful at all times. Respect also includes creating an environment conducive to learning, which means being on time, not leaving class early, turning off cell phones, listening, and only using computers to take notes and not to check e-mail or surf the web.

Provide constructive feedback. We are always looking for ways to improve the course to facilitate learning. You are highly encouraged to provide constructive feedback about your experiences in the course. Please see us in office hours to discuss your concerns or suggestions.

Let us know if there are any special circumstances. We learn in different ways and with varying degrees of success. If you know of any factors in your life that hinder your ability to learn up to your potential in this course, please contact the Resource Centre for Students with a Disability (RCSD; <http://www.rcsd.uvic.ca>) and let us know at once.

WHAT YOU CAN EXPECT FROM US

We are available to help. We are available to help via e-mail and office hours. For e-mail, please include “Psyc 100B:” in your subject headline and before you compose your e-mail, check the course syllabus, notes, with your classmates, and on CourseSpaces for the answer to your question.

Please attend office hours for your more detailed or complicated questions. We will be available during office hours to discuss your grades, understanding of the material, or discuss more generally your interest in Psychology.

We will upload class notes on CourseSpaces. Pre-class notes (a skeleton of the notes that will be covered in class) will be uploaded before class and full slides will be uploaded after class.

We will give and receive feedback. We will be available in office hours to give feedback on the critical thinking exercises and exams. We are also open to receiving constructive feedback about your experiences with the course.

HOW WILL WE EVALUATE YOUR PROGRESS?

Final grades will be based on the following criteria

Percent of grade	Evaluation tool	Date(s)
30%	Exam 1 (Chapters 5, 10, 11)	June 8 th
30%	Exam 2 (Chapters 12, 13, 14)	June 17 th
20%	Exam 3 (Chapters 15, 16)	June 24 th
16%	Forums	Due 7pm on June 5 th , 12 th , & 19 th .
4%	Clicker Participation	See syllabus for dates.

*Although you are expected to complete all course requirements (exams, forums, and clickers), you must complete all three exams to receive credit for the course. Students who do not complete all three exams will receive an “N” grade.

In addition, there are bonus points for research participation, up to a maximum of 3% (See CourseSpaces for details).

Grading Criteria

A+	A	A-	B+	B	B-	C+	C	D	F
90-100	85-89	80-84	77-79	73-76	70-72	65-69	60-64	50-59	0-49

Exam Format

You will write three in-class exams. 20-30% of the exam questions will be based on lecture material; the remainder will be drawn from information in the textbook. Exams will cover only material since the previous exam (i.e., they are not cumulative). The format of all three exams will be multiple-choice and short answer; be sure to bring a pen, and your valid student photo ID. You will have 80 minutes for each exam.

Exam Policies

You are responsible for attending exams as scheduled. **You will have to be present to write the exams during the scheduled class period. Be sure not to schedule any trips that overlap with exam dates.** If you miss one midterm exam due to illness, accident, or family affliction, you must supply documentation for your absence (e.g., doctor's note) within 4 days of missing the exam. If your documentation is approved, then we will inform you when the make-up exam will be held. You will have to write the make-up exam at the designated time.

All grades will be posted on CourseSpaces following each exam. Please take the time to check this posting to make sure the grade is correct.

Forums (16%)

Sixteen percent of your grade in Psyc 100 is derived from forums that you will submit each week in CourseSpaces by 7pm on Sunday. To give you flexibility you only need to complete 2 out of the 3 exercises. You have the option to complete all three and your best two out of three grades will count towards your final grade. More information about the exercises will be provided on CourseSpaces.

This aspect of the course is designed with the following goals in mind:

- To keep you involved in the course outside of classes and exams.
- To give you an incentive to read and think about the chapters prior to the class where we will discuss that chapter.
- To provide you with an opportunity to ask questions that you did not think of in class and to follow up on issues that we began to discuss in class.

Clicker Participation (4%)

We will base 4% of your final grade on your in-class participation using the *iClicker* Personal Response System. See below for more details.

Register your iclicker using one of two ways:

1. Go to <http://www.uvic.ca/iclickerreg> and sign in with your NetLink credentials and you should be taken directly to the iclicker registration page; or
2. log into the UVic portal (<http://www.uvic.ca/>) and click on: My page > Student Services > iClicker.

Note that iClicker serial numbers do not contain letter O's, only number 0's. For FAQ about the iClicker see: http://www.uvic.ca/til/services/services_iclicker/support-students/index.php

Why do we use clickers in class?

Clickers are used as a way to work together through questions posed in class. When used effectively, iclickers can increase your ongoing engagement and involvement, promote a safe environment to communicate your answers, and create lively discussions in class. Clickers can also provide immediate feedback about your understanding of the class material and help us figure out how to improve your understanding of a concept.

In order to receive the full 4%, you need to participate in 75% of the questions per class in at least 9 of the 12 lecture classes.

There are no opportunities to make up clicker points as the level of participation required to receive maximum points is set at 75% of all classes to allow you to occasionally miss a class, forget your clicker, or run out of batteries and still receive the maximum amount of clicker points.

It is an academic infraction to use or bring another student's clicker to class or to lend your clicker to another student. This will be treated similarly to other academic infractions (such as cheating on an exam) and will be subject to university disciplinary procedures. Please remember that the clickers provide you with an opportunity to enhance your in-class learning, and it is expected you will cooperate in making the system work to help you and your colleagues learn.

WHAT ELSE CAN YOU DO TO DO WELL IN THIS COURSE?

Check that you have completed all the work. Keep up with the reading and the critical thinking exercises. These are designed to help you keep up with the reading in our condensed semester.

Check your performance early in the course. Make sure you check your grades for iClickers, critical thinking exercises, and research participation ahead of time so that any discrepancies can be resolved early on in the semester. It is also important to check your marks on the exams. If you are not getting the marks you want, immediately come to office hours to ask for help improving the way you study the material. At the end of the term, if you are short of your target (pass, C+, A+), there are no extra opportunities to improve your grade.

Create study groups. You can meet regularly in groups of 2-4 people to work through the material together. Not only can it be helpful to have others explain concepts to you but it can also be helpful to have to explain concepts to others!

Complete the practice quizzes before class. The online practice quizzes are designed to give you some practice in utilizing and applying the concepts and studies discussed in the textbook. Because it is much easier to start learning the course material well in advance than on the night before the exam, you should try to complete the practice quizzes on a regular basis.

Tentative Course Outline

Week	Date	Lecture Topic
Part 1: Minds Developing, Solving Problems, and Working		
1	Thurs Jun 2	Course outline / Ch. 5 Developing Life Span
	Fri Jun 3	Ch. 5 continued / Ch. 10 Intelligence
2	Mon Jun 6*	Ch. 10 continued / Ch. 11 What Drives Us
	Tues Jun 7*	Ch. 11 continued
	Wed Jun 8	Exam #1 (Ch. 5, 10 & 11)
Part 2: The Emotional Mind, Who We Are, and What Can Go Wrong		
	Thurs Jun 9*	Ch. 12 Emotions, Stress, & Health
	Fri Jun 10*	Ch. 12 continued
3	Mon Jun 13*	Ch. 13 Social Psychology
	Tues Jun 14*	Ch. 13 continued
	Wed Jun 15*	Ch. 14 Personality
	Thurs Jun 16*	Ch. 14 continued
	Fri Jun 17	Exam #2 (Ch. 12, 13, & 14)
Part 3: Healing the Mind in a Social World		
4	Mon Jun 20*	Ch. 15 Psychological Disorders
	Tues Jun 21*	Ch. 15 continued
	Wed Jun 22*	Ch. 16 Therapy
	Thur Jun 23*	Ch. 16 continued
	Fri Jun 24	Exam #3 (Ch. 15 & 16)

*iClicker responses will count for marks on these days.

Last day to drop the course with 100% fee reduction or add the course is June 4th.

Last day to drop the course with 50% fee reduction is June 10th.

Last day to drop the course without penalty of failure is June 16^h.

Psyc 100B Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Jun 2	Jun 3	Jun 4
Week 1				Course outline Ch. 5 Developing Life Span	Ch. 5 cont'd / Ch. 10 Intelligence	
Jun 5	Jun 6	Jun 7	Jun 8	Jun 9	Jun 10	Jun 11
Week 2 Forum 1 due	Ch. 10 cont'd / Ch. 11 Motivation & Work	Ch. 11 cont'd	Exam 1 (Ch. 5, 10, & 11)	Ch. 12 Emotions, Stress, and Health	Ch. 12 cont'd	
Jun 12	Jun 13	Jun 14	Jun 15	Jun 16	Jun 17	Jun 18
Week 3 Forum 2 due	Ch. 13 Social Psychology	Ch. 13 cont'd	Ch. 14 Personality	Ch. 14 cont'd	Exam 2 (Ch. 12, 13, 14)	
Jun 19	Jun 20	Jun 21	Jun 22	Jun 23	Jun 24	
Week 4 Forum 3 due	Ch. 15 Psychological Disorders	Ch. 15 cont'd	Ch. 16 Therapy	Ch. 16 cont'd	Exam 3 (Ch. 15, 16)	

Legend

Red: Forum due at 7pm on CourseSpaces.

Bolded: In-class exam

UNIVERSITY OF VICTORIA
Department of Psychology

Important Course Policy Information
Summer 2016

Prerequisites

Students who remain in courses for which they do not have the prerequisites do so at their own risk. Students who complete courses without prerequisites ARE NOT exempt from having to complete the prerequisite course(s) if such courses are required for the degree program.

Program Requirements

For more information see pages 378-382 of the UVic Calendar 2015-2016.

Registration Status

Students are responsible for verifying their registration status. Registration status may be verified using My Page, View Schedule. Course adds and drops will not be processed after the deadlines set out in the current UVic Calendar.

Commitment to Inclusivity and Diversity

The University of Victoria is committed to promoting, providing and protecting a positive and supportive and safe learning and working environment for all its members.

In the Event of Illness, Accident or Family Affliction (See UVic Calendar, 2015-16, p. 59)

- ***What to do if you miss the final exam scheduled on the last day of classes***

Apply at Records Services for a "Request for Academic Concession", normally within 10 working days of the date of the exam. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation (for example, a deferred exam). Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record.

OR, you can download the Request for Academic Concession form here:

<http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf>

- ***What to do if you miss an exam other than one scheduled on the last day of classes***

Do not apply at Records Services for a "Request for Academic Concession". Instead submit documentation of the illness, accident or family affliction directly to your course instructor (or designated teaching assistant).

- ***What to do if you require additional time to complete course requirements***

Apply at Records Services for a "Request for Academic Concession", normally within 10 working days of the end of the course. Records Services will forward the form to the instructor. If the concession is granted, the instructor will determine how to deal with the situation. Where a concession is not applied for or where such application is denied, an N grade will be entered on the student's academic record.

OR, you can download the Request for Academic Concession form here:

<http://www.uvic.ca/registrar/assets/docs/record-forms/rac.pdf>

Policy on Academic Integrity including Plagiarism and Cheating

The Department of Psychology fully endorses and intends to enforce rigorously the Senate Policy on Academic integrity (<http://web.uvic.ca/calendar2016-01/undergrad/info/regulations/academic-integrity.html> , p. 54-57, UVic Calendar 2015-16). It is of utmost importance that students who do their work honestly be protected from those who do not. Because this policy is in place to ensure that students carry out and benefit from the learning activities assigned in each course, it is expected that students will cooperate in its implementation.

The offences defined by the policy can be summarized briefly as follows:

1. **Plagiarism.** You must make sure that the work you submit is your work and not someone else's. There are proper procedures for citing the works of others. The student is responsible for being aware of and using these procedures.
2. **Multiple Submission.** Only under exceptional circumstances may a work submitted to fulfill an academic requirement be used to satisfy another similar requirement. The student is responsible for clarifying this with the instructor(s) involved.
3. **Falsifying Materials Subject to Academic Evaluation.** This includes falsification of data, use of commercially prepared essays, using information from the Internet without proper citation, citing sources from which material is not actually obtained, etc.
4. **Cheating on Assignments, Tests, and Examinations.** You may not copy the work of others in or out of class; you may not give your work to others for the purpose of copying; you may not use unauthorized material or equipment during examinations or tests; and you may not impersonate or allow yourself to be impersonated by another at an examination. The Department of Psychology has a policy of not making old examinations available for study purposes. Therefore, use of old exams without the express written permission of the instructor constitutes cheating by the user, and abetting of cheating by the person who provided the exam.
5. **Being an Accessory to Offences.** This means that helping another student to cheat (for instance, by showing or communicating to them answers to an assignment, or by allowing them to view answers on an exam) is an academic offence.

Instructors are expected to make every effort to prevent cheating and plagiarism. This may include the assignment of seating for examinations, asking students to move during examinations, requests to see student identification cards, and other measures as appropriate. Instructors also have available to them a variety of tools and procedures to check for Internet and electronic media-based cheating. In instances of suspected or actual plagiarism or cheating, instructors, following prescribed procedures, are authorized to take steps consistent with the degree of the offence. These measures will range from a zero on the test or assignment or a failing grade for the course, probation within a program to temporary or even permanent suspension from the University.

Rights of Appeal are described in the Policy on Academic Integrity in the University calendar (on p. 54-57 in 2015-2016).

The definitive source for information on Academic Integrity is the University Calendar (p. 54-57 in 2015-2016) (<http://web.uvic.ca/calendar2016-01/undergrad/info/regulations/academic-integrity.html>)

Other useful resources on Plagiarism and Cheating include:

1. The Study Solutions Office: <https://www.uvic.ca/services/counselling/success/study/index.php>
2. The Ombudsperson's office: <http://www.uvss.uvic.ca/ombudsperson/pubsguides/plagiarism.pdf>
3. The English Department: <http://web.uvic.ca/wguide/Pages/CitPlagiarism.html>