PSYCH-LINKS
The Clinical Psychology Graduate Practicum Newsletter
University of Victoria

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Director of Clinical Training: Catherine Costigan
Clerical Support: Lori-Ann Larsen

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Practicum Coordinator’s Comments

Dr. Lara Robinson  It has been a busy 12 months with the accreditation process. I want to thank all of the practicum supervisors for responding to all of my requests for information. It really assisted me in pulling together strong documentation with regards to our practicum training. Please see the DCT comments section regarding the good news about our re-accreditation. Also, the new practicum evaluation form has been in use for just over one year. I look forward to hearing your feedback about the form at the practicum reception. If you cannot attend, please feel free to email me with any feedback you have about the form or any other updates you have regarding your practicum site.

As with every year, I continue to be grateful for the hard work and commitment of all of our practicum supervisors. For the January-November 2015 period, we had students at 19 practicum sites in the Greater Victoria Area and across Canada, including:

- UVic Psychology Clinic, Victoria, BC
- Anxiety Disorder Clinic, Island Health, Adult Mental Health Services, Victoria, BC
- UVic Student Counselling Centre, Victoria, BC
- Saanich Child and Youth Mental Health, Victoria, BC
- Victoria Child and Youth Mental Health, Victoria, BC
- Neuropsychological Services at QACCH, Victoria, BC
- Inpatient & Outpatient Mental Health Services at QACCH, Victoria, BC
- Youth Forensic Psychiatric Services, Victoria, BC
- VGH Outpatient Neurorehabilitation, Victoria, BC
- Forensic Psychiatric Services – Adult, Victoria, BC
- Mental Health Services, Canadian Forces, Victoria, BC
- Developmental Disability Mental Health Team, Island Health, Victoria, BC
- Medical Psychology Rotation, Children’s Hospital, Vancouver, BC
- Peggy Kleinplatz Private Practice, Ottawa, ON
- Clinical Health Psychology HIV practicum, Ottawa Hospital, Ottawa, BC
- Baycrest Centre for Geriatric Care, Toronto, ON
- Child & Adolescent Services, Clinical Health Psychology, Health Sciences Centre, University of Manitoba
- St. Boniface Hospital, WRHA Clinical Health Psychology Program

Many of these sites have provided supervision for more than one student during this time period. I would like to thank all of the practicum supervisors for your time, commitment and dedication to our students and contribution to our program’s commitment to delivering high quality training!  LR
Director of Clinical Training Update

Dr. Catherine Costigan

It is my great pleasure to share the news that our program has been granted re-accreditation by the Canadian Psychological Association for another full seven years. This is a longest period of accreditation that allow. We are naturally quite happy with this result, mostly because it shows that the quality of our training program is recognized and validated by others in the profession (and a little because it means that all of the work involved in the reaccreditation process is further in the future!). A sincere thank-you to all of you in our training community who contribute to the excellent training of the graduate students in our program; we definitely couldn’t do this without you. An extra thanks for the terrific turn-out in April during the site visit.

With more mixed emotions, I note the retirement of Dr. Kim Kerns at the end of this year. Our program has benefited tremendously from Kim’s exceptional knowledge of pediatric neuropsychology. Through her research, teaching, and clinical practice, Kim has played a key role in the training of a generation of neuropsychologists, to say nothing of the countless children whose lives she has touched. Although we will be sad for our program’s loss, we know that exciting adventures and peaceful island times await Kim during her retirement, and we wish her all the best.

In September we welcomed six new students to the program:

- **Hannah Mohun** (Clinical Lifespan, Dr. Ulrich Mueller, supervisor)
- **Keara Rodd** (Clinical Lifespan, Dr. Marsha Runtz, supervisor)
- **Vanessa Scarapicchia** (Clinical Neuropsychology, Dr. Jodie Gawryluk, supervisor)
- **Pauline Song** (Clinical Lifespan, Dr. Erica Woodin, supervisor)
- **Rebecca Venditelli** (Clinical Neuropsychology, Dr. Colette Smart, supervisor)
- **Ryan Wong** (Clinical Lifespan, Dr. Bonnie Leadbeater, supervisor)

We are happy to welcome these students to the program and we look forward to introducing them to our practicum supervisor at this year’s reception on November 19th at the University Club. CLC
**Highlights**  Clinical Psychology Faculty Members

Dr. Mauricio Garcia-Barrera, R. Psych., joined the clinical psychology faculty in July 2008, and is a now an Associate Professor. His main clinical interest is in the area of neuropsychological assessment, in which he has generated several book chapters, publications, and presentations. His experience in this area earned him a position as Associate Editor for the APA journal, *Psychological Assessment*. His research interest focuses on the study of executive functioning. In a broad scope, he is interested in studying the relationship between executive function and development, its impairments, ecological assessment, its neuroanatomical correlates, how it relates to other higher functions, and particularly, how it contributes to learning and behavioral self-regulation. His ultimate goal is to contribute to the literature with alternative ways to better define the construct, in order to create better instruments for its measurement and better intervention strategies. His research program also includes other areas of focus, including the assessment of cognitive sequelae of sports concussions in young adult athletes, error monitoring in language disorders, electrophysiological markers of executive functioning, and the impact of healthy typical aging in executive functioning.

Some of his current papers include:


* NOTE: Underlined are the names of students leading or contributing to the publications
**Highlights** Clinical Practicum Site

We are lucky to have a large number of clinical practicum sites that provide a high level of training and supervision to our graduate students. As the practicum coordinator I have the opportunity to connect with these supervisors. I am continually impressed with the dedication and professionalism with which these individuals approach their supervisory role. This dedication is evident with our practicum site at the Victoria Child and Youth Mental Health Team. This site has regularly taken 1-2 practicum students/year.  

**Victoria Child and Youth Mental Health Team**

Victoria Child and Youth Mental Health Services is an important practicum site for the UVic Clinical Psychology Program. The setting is an outpatient community mental health clinic funded and operated by the BC Ministry of Children and Family Development. Clients range in age from 3 to 18 years and present with acting out behaviours, attachment difficulties, anxiety disorders, mood disorders, personality disturbances, substance dependence, ADHD, learning disorders, and developmental disorders. Their team provides services in assessment, treatment and consultation to approximately 300 children and youth annually in the catchment area (core Victoria). The multidisciplinary team at Victoria Child and Youth Mental Health consists of psychologists, clinical social workers, a marriage and family therapist, Masters level clinicians, an occupational therapist, a part-time psychiatrist, and administrative support.

Part-time practicum opportunities are offered to clinical psychology graduate students who are seeking to complete their first therapy practicum (505) or advanced practicum (603) experience. Practicum students are exposed to a wide range of clinical experiences. They may conduct supervised clinical and behavioural assessments with children/adolescents and their parents. In addition, practicum students are supervised in developing and implementing treatment plans using evidence based interventions for children, youth and families, including CBT, IPT, and various parenting interventions. Individual, family, and group treatment formats are offered. Given the multidisciplinary nature of the team, the student will be exposed to interdisciplinary consultations. Practicum students are generally offered a range of clients and clinical experiences. Students may also benefit from occasional continuing education events. The supervision model used at Victoria CYMH involves a developmental approach and has the student, as appropriate, taking on an increasing level of responsibility and autonomy over their training experience.

Supervising psychologists include Dr. Alina Carter, Dr. Barbara Kennedy and Dr. Josh Slatkoff. Dr. Slatkoff is the practicum contact person for this site and the team is located at 302-2955 Jutland Road, Victoria, BC.
**Highlights**  Students on Internship (2015-2016)

These students have worked hard to achieve a high level of clinical and professional competency. They have been supported during this period by numerous practicum supervisors and practicum settings. I want to acknowledge the hard work and dedication of both these students and their practicum supervisors! LR

**Correne DeCarlo**

**Previous Practica:**
- 503: UVic Psychology Clinic - Assessment, Victoria, BC
- 505: Atholl Malcolm & Assoc., Victoria, BC
- 505: Anxiety Disorder Clinic, Adult Mental Health Services, Victoria, BC
- 603: Neurosciences, Victoria General Hospital, Vancouver BC
- 603: GF Strong Rehabilitation Centre, Vancouver, BC

**Current Internship:**
Calgary Clinical Psychology Program, Calgary, Alberta

**Anna Jeznach**

**Previous Practica:**
- 503: UVic Psychology Clinic - Assessment, Victoria, BC
- 505: Canadian Forces Mental Health Services, Victoria, BC
- 505: Anxiety Disorder Clinic, Adult Mental Health Services, Victoria, BC
- 603: Cognitive Rehabilitation, VGH, Victoria, BC
- 603: UVic Psychology Clinic – Assessment, Victoria, BC

**Current Internship:**
Vancouver Coastal Health Neuropsychology Track, Vancouver, BC

**Rylie Moore**

**Previous Practica:**
- 503: UVic Psychology Clinic - Assessment, Victoria, BC
- 505: Victoria Child & Youth Mental Health Team, Victoria, BC
- 505: Anxiety Disorder Clinic, Adult Mental Health Services, Victoria, BC
- 603: Adult Psychiatric Forensics, Victoria, BC

**Current Internship:**
Centre for Addiction & Mental Health, Toronto, ONT

**Hope Walker**

**Previous Practica:**
- 503: UVic Psychology Clinic - Assessment, Victoria, BC
- 505: Surrey CYMH Team, Surrey, BC
- 603: BC Children’s Hospital, Outpatient OCD Clinic, Vancouver, BC
- 603: BC Children’s Hospital, Medical Psychology Rotation, Vancouver, BC
- 603: BC Children’s Hospital, Mental Health Rotation, Vancouver, BC

**Current Internship:**
B.C. Children’s Hospital, Vancouver, BC

CONGRATULATIONS!!
Psychology Clinic Journal Club Update

The Psychology Clinic Journal Club is sponsored by the Graduate Program in Clinical Psychology and the Psychology Clinic. Journal club meetings are held on campus at the Graduate Students’ Centre from 5:15–6:45 p.m. on the third Wednesday of the month. The Journal Club reflects our intention to support and connect with Registered Ph.D. Psychologists within the Victoria area. It is also a mechanism for keeping in touch with and thanking community members who supervise our graduate students. Focusing discussion on research readings, the club assists local psychologists in meeting the CPBC required continuing education criteria for *Structured Interactive Activities*, providing a venue to discuss clinical, professional, and ethical issues in relation to current clinical research and literature.

The articles chosen cover a wide variety of clinical topics (e.g., therapy, assessment, psychopathology, and ethics) representing the Clinical Psychology Program’s lifespan-developmental perspective. Articles cover each of the following age groups: children and adolescents, adults, and older adults. The Psychology Clinic Director selects articles based upon feedback from the clinical faculty and journal club participants but tries when possible to emphasize ethics and clinical supervision.

To date this year the following articles have been discussed:

<table>
<thead>
<tr>
<th>Date</th>
<th>Age Group</th>
<th>Article</th>
</tr>
</thead>
</table>

The journal club is open to all registered PhD psychologists in the Victoria area, who can join by emailing us at *pjcclub@uvic.ca*. We look forward to continuing to offer this service and seeing you all in the future. *LR*
## Current Victoria Area Clinical Psychology Practicum Sites

<table>
<thead>
<tr>
<th>Site</th>
<th>Emphasis</th>
<th>Supervising Psychologists (*contact person)</th>
</tr>
</thead>
<tbody>
<tr>
<td>UVic Psychology Clinic</td>
<td>Assessment</td>
<td>Dr. Lisa VanBruggen, R. Psych.* &lt;br&gt; Dr. Claire Sira, R. Psych. (until Dec 2015) &lt;br&gt; Dr. Louise Fennel (starting Jan. 2016)</td>
</tr>
<tr>
<td>Youth Forensic Psychiatric Services</td>
<td>Assessment</td>
<td>Dr. James Sawchyn, R. Psych.* &lt;br&gt; Dr. Scott Bezeau, R. Psych. &lt;br&gt; Dr. Christine Schwartz, R. Psych. &lt;br&gt; Dr. Marei Perrin, R.Psych. &lt;br&gt; Dr. Louise Clark, R.Psych. (in Nanaimo)</td>
</tr>
<tr>
<td>UVic Counselling Services</td>
<td>Therapy</td>
<td>Dr. Rita Knodel, R. Psych. &lt;br&gt; Dr. Ai-Lan Chia, R. Psych. &lt;br&gt; Ms. Wendy Lum, M.A., Practicum Coordinator*</td>
</tr>
<tr>
<td>Victoria Child &amp; Youth Mental Health</td>
<td>Therapy</td>
<td>Dr. Josh Slatkoff, R. Psych. * &lt;br&gt; Dr. Alina Carter, R.Psych. &lt;br&gt; Dr. Barbara Kennedy, R.Psych.</td>
</tr>
<tr>
<td>Saanich Child and Youth Mental Health</td>
<td>Therapy</td>
<td>Dr. Laurel Townsend, R. Psych.* &lt;br&gt; Dr. Kim Lane, R.Psych. &lt;br&gt; Dr. Barbara Kennedy, R.Psych.</td>
</tr>
<tr>
<td>West Shore Child &amp; Youth Mental Health</td>
<td>Therapy</td>
<td>Dr. Shirley Graham, R. Psych.*</td>
</tr>
<tr>
<td>Anxiety Disorder Clinic, Victoria Mental Health</td>
<td>Therapy</td>
<td>Dr. Eric Ochs, R. Psych.*</td>
</tr>
<tr>
<td>Preschool Assessment at Queen Alexandra Centre for Children’s Health</td>
<td>Assessment</td>
<td>Dr. Mary Anne Leason, R. Psych.*</td>
</tr>
<tr>
<td>Neuropsychological Services at Queen Alexandra Centre for Children’s Health</td>
<td>Assessment</td>
<td>Dr. Kelly Price, R. Psych.                                                                                 &lt;br&gt; Dr. Chand Taneja, R. Psych*</td>
</tr>
<tr>
<td>Dr. Sylvain Boies, private practice</td>
<td>Therapy</td>
<td>Dr. Sylvain Boies, R.Psych.*</td>
</tr>
<tr>
<td>Forensic Psychiatric Services - Adult</td>
<td>Assessment/Therapy</td>
<td>Dr. Tony Dugbarney, R. Psych.* &lt;br&gt; Dr. Shauna Darcangelo, R. Psych. &lt;br&gt; Dr. Heather Scott, R. Psych.</td>
</tr>
<tr>
<td>Outpatient Neourehabilitation Services, Victoria General Hospital</td>
<td>Assessment/Therapy</td>
<td>Dr. Karen Kit, R. Psych*.</td>
</tr>
<tr>
<td>Inpatient &amp; Outpatient Mental Health Services at Queen Alexandra Centre for Children’s Health</td>
<td>Assessment/Therapy</td>
<td>Dr. Loren McMaster, R.Psych.* &lt;br&gt; Dr. Alissa Schachtman, R.Psych. &lt;br&gt; Dr. Lalita Thaiss, R.Psych. &lt;br&gt; Dr. Lisa Van Bruggen, R.Psych.</td>
</tr>
<tr>
<td>Mental Health Services/Canadian Forces Health Services Centre (Pacific)</td>
<td>Assessment/Therapy</td>
<td>Dr. Ron Penner, R. Psych. &lt;br&gt; Dr. Robert Kline, R. Psych. &lt;br&gt; Dr. Sam Morgan, R. Psych. &lt;br&gt; Dr. Janny Thompson, R. Psych. &lt;br&gt; Mr. Mark Carter, Manager*</td>
</tr>
<tr>
<td>Outpatient DBT Program, Victoria Mental Health</td>
<td>Therapy</td>
<td>Dr. Elisabeth Hallam, R. Psych.*</td>
</tr>
<tr>
<td>Developmental Disability Mental Health Team</td>
<td>Assessment</td>
<td>Dr. James Hill, R.Psych.*</td>
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Note: We are hoping to add some new supervisors as well as new practicum sites to this list soon.
Current Clinical Psychology Faculty Members

Catherine Costigan, Ph.D., R. Psych., Associate Professor, Director of Clinical Training

Marion Ehrenberg, Ph.D., R. Psych., Associate Professor

Mauricio Garcia-Barrera, Ph.D., R. Psych., Associate Professor

Jodie Gawryluk, Ph.D., Assistant Professor

Kimberly Kerns, Ph.D., R. Psych., Associate Professor

Catherine Mateer, Ph.D., R. Psych., Professor, VP Academic and Provost

Lara Robinson, Ph.D., R. Psych., Assistant Teaching Professor, Clinic Director & Practicum Coordinator

Marsha Runtz, Ph.D., R. Psych., Associate Professor, Associate Dean of Graduate Studies

Colette Smart, Ph.D, R. Psych., Assistant Professor

Holly Tuokko, Ph.D., R. Psych., Professor

Erica Woodin, Ph.D., R. Psych., Assistant Professor

Laurie Fitzgerald, M.Sc., Psychometry Instructor